

# The Quail Runner

For and By the Residents  
Of Quail Run



September — October 2009

Began Publishing 2003  
www.QuailRunHudson.com

Hudson, Massachusetts

## The Board of Governors Holding Open Meeting in the Club House

Thursday, October 22, 7 pm.

The purpose of the meeting is to update the community on the progress being made on the trim replacement project and the

**\$pecial assessment** which will have to be made to cover the cost of these repairs. The Board has received bids from three contractors and is now in the process of reviewing the bids and finalizing the scope of the work to be done.

**We urge everyone to make an effort to attend this meeting. Everyone needs to understand what we are doing and why.**



## Over 70 Attend Brunch

The Club House was full to overflowing for the Social Committee's first activity of the new season. Quail Runners dined on a delicious variety of breakfast and brunch foods served by smiling and helpful members of the committee.

Many of the new arrivals to Quail Run took the opportunity to meet their new neighbors in a very tasty way!

**Thanks to all who helped out.**

## Social Committee Announces Coming Attractions!!

**October 17th Monthly Saturday Morning Coffee** 10 - 12 \$1.00 p/p

**October 31st Oktoberfest Party\*\***  
7:00PM \$4.00 per person

**November 13th Pot Luck Supper\*\***  
6:00PM \$1.00 plus your favorite food to share

**December 11th Holiday Party\*\***  
7:00PM \$5.00 per person

\*\*More information about these events will be forthcoming very soon.

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## Accident Shakes up Quail Run

Story on page 8

Intel holding Fall Community PC/TV & Home Electronics Recycling Event on October 9<sup>th</sup> and 10<sup>th</sup> at Stop & Shop plaza.

Details on page 5.



### The Quail Runner Staff

**Editor:** MJ (Mary Jean) Ebens  
**Assistant Editor:** Terri Kilshaw  
**Advertising Manager:** Ruth Fay  
**Proof Reader:** Bob Freedman

**Reporters:**

- 1/3 Autumn **Peggy Kunz**
- 4/9 Autumn **Marilyn Hoffman**
- 5/7 Autumn **Terri Kilshaw**
- 6/11 Autumn **Carole Perla**
- 1/3 Strawberry **Sally Mauro**
- 2/4 Strawberry **Barbara Champine**
- 5 Strawberry **Lee Rouse**
- 6/8 Strawberry **Toby Allen**
- 7/12 Strawberry **Barbara Paradiso**
- 1/4 Rotherham **Kevin Fitzgerald**
- 6 Rotherham **Harry Morgan**

**Columnists:**

- Technology Corner**—George Champine
- What’s Up** — Beverly Beyloune,
- Area News**—Barbara Champine
- Healthy Living**—Peggy Rittenhouse,

**Communications:**

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Website [QuailRunHudson.com](http://QuailRunHudson.com)



Published first week of February, April, June, August, October, December; Dead Lines on the 23rd of the previous month.

### Vacation Delivery

To Receive *Quail Runner* while away, give your reporter or the editor an extra long envelope with two first class stamps and your vacation address. The editor has some free extra large envelopes. Or you can get issues emailed to you.

Or you may view the current issue on [QuailRunHudson.com](http://QuailRunHudson.com).

New Phone Book Coming in November.  
Preview the draft posted at the Club House to see if you’re in it correctly

### The Editor’s Desk

MJ Ebens, editor



Leo’s cat woes with raccoons struck a note of sympathy with a number of Quail Runners. **Lois Boemer** related the following about midnight visitors. “We don’t have a cat or bird feeders on our deck. When we lived in Newton, however, we were often visited by raccoons. One time I saw the mother, with five little babies in a line walking behind her go across our lawn. A police officer told us that at night they walked everywhere in the neighborhoods, visiting with one another!”

I’m pleased to welcome **Bob Freedman** as my third proof reader. His expertise should be a valuable addition to the accuracy of this newsletter.

I got a *Stop The Presses* from **Toby Allen** who just met our new neighbors at 8-G Strawberry (**Vinnie Graceffa**’s former resident). Welcome **Ron, Patti, and cat**. By the next issue we should have more complete information!

The influenza viruses are on everyone’s mind. Check out the various articles on it in this edition. **mj**

### Transitions

**John Palmaccio**, 2B Autumn, died on August 12. John lived here such a short time; the community didn’t have much of a chance to get to know him. We send our condolences to his wife **Kathy** and their children.

**Dean W Rouse**— Our condolences to **Richard and Lee Rouse** on the death of Richard’s son. Dean, 43, husband of Amy Rouse, died unexpectedly July 30, 2009, at a Bangor, ME, hospital. He was born May 26, 1966, in Marlborough, MA, the son of Richard Rouse and Beverly Maynard. Dean proudly served his country for nearly ten years, with the Massachusetts National Guard 972nd MP Company and the Maine National Guard 169th and 488th MP Company as a Sergeant.

### Phone Book Updates & Changes

Beverly & Toffy Beyloune—[sagerbev@comcast.net](mailto:sagerbev@comcast.net)  
Marlynn and Peter Stott, [mjandpkstott@yahoo.com](mailto:mjandpkstott@yahoo.com).  
Marcella and Frank Monte, [marcellamonte@comcast.net](mailto:marcellamonte@comcast.net)



## HEALTHY LIVING

by Peggy Rittenhouse

### H1N1 (Swine flu)

The H1N1 virus is a new influenza virus causing illness in people. It was originally referred to as “swine flu” because laboratory testing showed that many of the genes in this new virus were very similar to influenza viruses that normally occur in pigs in the US. But further study has shown that this new virus is very different from what affects North American pigs.

Flu viruses are spread mainly from person to person through coughing or sneezing by people with influenza or by touching something with flu viruses on it and then touching their mouth or nose. The symptoms of H1N1 virus in people include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. A few people report having diarrhea and vomiting. Apparently this new H1N1 virus has ranged from mild to severe. Most people recover without needing medical treatment, but as we have all heard hospitalizations and deaths from this infection have occurred.

People who have been infected with this 2009 H1N1 virus shed virus and may be able to infect others from 1 day before getting sick to 5 to 7 days after. The Center for Disease Control and Prevention recommends taking these everyday steps to protect your health:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after use.
- Wash your hands often with soap and water for 15 to 20 seconds, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people. If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone. Emergency warning signs in adults that need urgent medical attention include:
  - Difficulty breathing or shortness of breath
  - Pain or pressure in the chest or abdomen
  - Sudden dizziness
  - Confusion
  - Severe or persistent vomiting

(Continued at right)




**It's cold and flu season!**



**Basic-G** - germicidal cleaner proven effective against flu viruses  
**Nutriferon** - stimulates production of natural interferon, shown to suppress flu in recent clinical studies  
**Defend and Resist Complex** - high quality zinc and Echinacea  
**Optiflora** – probiotics for a healthy immune system

Free membership and 15% discount for Quail Run residents  
 (\$19.95 membership fee refunded after 1<sup>st</sup> order)  
 All Shaklee products covered by a 100% satisfaction guarantee  
<http://healthy-attitude.myshaklee.com> or 1-866-212-8070

## ROMEO's

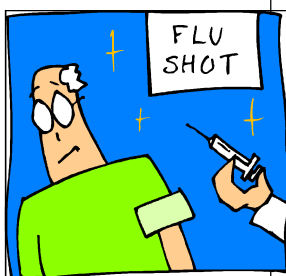


Contact Harold Edelstein, 978-567-5909, [tsvihesh38@comcast.net](mailto:tsvihesh38@comcast.net) or Hugo Guidotti, [hugosally@aol.com](mailto:hugosally@aol.com), 978-562-6501 for details.

### H1N1 (Swine flu) continued

- Improve but then return with fever and worse cough.

There are medicines available to treat 2009 H1N1 infections. These are antiviral drugs, available by prescription, that fight against the flu by keeping flu viruses from reproducing in your body.



The H1N1 vaccine will be available soon and it is recommended for pregnant women, people who live with or care for children younger than 6 months of age, healthcare and emergency medical services personnel, persons between the ages of 6 months and 24 years old and people ages 25 through 64 years of age who are at higher risk for H1N1 because of chronic health disorders or compromised immune systems.

**Snow Birds** —The H1N1 vaccines are available on a national basis. Dr. Sam advises those staying in FL during winter to do 2 things before they leave Hudson: 1. Check with your primary care physician in MA, as many of them are also H1N1 vaccine providers. You might be able to get vaccines there. 2. Contact the City/County health dept in FL where you'll be staying and ask about their vaccination schedules.



## Curtain Call

Toby Allen



We had our first meeting for this season on September 16th with 12 present. Our next meeting is October 14th at 2 PM in the Club House. Lynn Fishman provided refreshments and a Birthday Cake and we all sang "Happy Birthday" to three of our members, (Maria Morrison, Sally Mauro and Barbara Paradiso).

We picked our first play for this year, "Hair - The American Tribal Love Rock Musical". Sunday matinee at 2 Pm, October 11th. Reservations must be in to Toby by Wednesday, September 30th. Many of you may remember it back in those HIPPIY Days. I remember there is one brief nude scene.

Date & Time: October 11th at 2PM. Place: Turtle Lane Playhouse - 283 Melrose St., Auburndale (part of Newton), Ma 02466. It is not difficult to get there. It takes about 30 minutes.

Price & Seating: I have been to this theater before and all the seats are good. This particular play all seating  
(Continued at right)

### Curtain Call continued

will be cabaret. There are 2 prices -\$30.00 and \$27.50. The BEST news, there is a \$5.00 DISCOUNT for seniors sooo deduct \$5.00 from the above.

Make check out to Toby Allen. Call me 978 562-7437 or reply back As Soon As Possible.

November's selection is "Steel Magnolias" at the Acme Theater in Maynard, November 29th matinee. More on this later. **Please join us.**



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04/10

### Quail Run Real Estate Activity for the Last 12 Months

So many people here at QR have concerns about the Condos sold and on the market that I thought I would do a simple update for the Quail Runner. The bad news is that property values have dropped considerably; but the good news is that there is a demand for units here. I even have a couple of prospective buyers waiting for something to become available. If you would like a free market analysis please call me.

Below is the MLS listing info on QR for the last 12 months. DOM means days on market; L means listed by Hugo; S means sold by Hugo.

STATUS	ADDRESS	DOM	LIST \$	SALE \$	HUGO
UAG	8G Strawberry	530	\$265,000		L, S
Pending	2C Rotherham	83	\$274,900		S
Sold	2E Strawberry	177	\$279,900	\$273,000	
Sold	1D Rotherham	606	\$279,900	\$265,000	
Sold	6E Strawberry	145	\$283,900	\$275,000	L
Sold	6E Autumn	52	\$283,900	\$280,000	L
Sold	7A Strawberry	72	\$290,000	\$280,000	
Sold	7C Strawberry	52	\$293,900	\$288,000	
Sold	12G Strawberry	156	\$299,000	\$285,000	
Sold	6H Rotherham	14	\$299,000	\$285,000	S

### Hudson News Library Book Sale October 17 – 18

### Hudson Loses Out on Stimulus Fund Allocation

“It’s disappointing to find out they aren’t really going to consider those projects,” said Paul Blazar, executive assistant in Hudson, which submitted a \$22.8 million wish list of infrastructure projects that will get no stimulus money this year.

**Taxes On Warrant** - Selectmen on Monday gave their stamp of approval to new meals and hotel taxes in town. The board voted 4 to 1, with Carl Leeber dissenting, to place the new taxes on the warrant for the Nov. 16 Town Meeting, and to endorse their approval. The new local-option taxes, an extra 0.75 percent on restaurant meals, and an increase from 4 percent to 6 percent on hotel or motel stays — would bring in about \$170,000 a year, Executive Assistant Paul Blazar said.

Boston Globe



### Intel to hold Fall Community PC/TV & Home Electronics Recycling Event

**October 9 (Friday) from 12 noon to 6 p.m.**  
**October 10 (Saturday) from 8 a.m. to 2 p.m.**  
**At the Stop & Shop plaza.**

Open to the entire community and provides residents and small businesses the opportunity to properly dispose their electronic-waste. A minimum donation of \$10 and \$20 will be requested from individuals and businesses, respectively. Donations will benefit the United Way of Tri-County, and Intel volunteers will assist with unloading.

October 9<sup>th</sup> and on October 10<sup>th</sup> (Items NOT accepted for recycling include – home appliances (microwaves, stoves, refrigerators etc.) and electronic devices that contain liquid or gas. The event is sponsored by Edens & Advant, owner of the Center at Hudson. For information contact Ann Hurd at 978-553-7733 or Dan Hogan at 978-553-2368.



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 **Stitch & Knit**

The group meets the second and fourth Tuesdays at 7:00 each month at members homes. All knitters (or other types of hand-work) are welcome.

For more information **Barbara Baker**, 978-562-2460.


### Quail Run Birthdays

**October**

- Dolly Gordon, 4
- Barbara Picarello, 5
- Vinnie O’Brien, 6
- Ginger Pearlman, 6
- Jeannine Bensette, 9
- Abe Fernandes, 12
- Ken Hart, 12
- Helen Montgomery, 17
- Ruth Fay, 22
- Nancy O’Brien, 22
- Harold Edelstein, 26
- Allen Boemer, 28
- Harry Morgan, 30

**November**

- Shirley Howard, 3
- Ed Rawson, 4
- Rosemary Fitzgerald, 4
- Regina Darcy, 9
- Bob Rittenhouse, 11
- Vincent Picarello, 16
- Aida Fallon, 20
- Beverly Beyloune, 23
- Donna Milot, 25



To include a birthday, contact your reporter or the editor at 978-562-7880 or RmjEbens@Verizon.net

# Condo Care

**Warning:** There can be a problem using Corning / Pyrex dishes made in the last 25 years due to a change in the materials used. The dishes may explode and/or break when handled while containing hot food. The explanation is complicated and the results can be deadly. Check out this website to see if you are in danger. <http://www.snopes.com/food/warnings/pyrex.asp>

**Air Conditioner Care** NStar does not recommend covering the air condition unit over the winter. The units are pretty well weatherproofed, so you don't have to cover it at all. You can put a cover over the top to keep out debris, if you want, but don't wrap the sides. Wrapping the whole unit will result in serious condensation problems.

## Calendar:

- Time to switch overhead fans to the winter setting with the button up.
- This is a good time of year to replace the two AA batteries that run the LuxPro PSP511 thermostat. If the batteries die, according to the LuxPro tech, the thermostat defaults to about 40° and will continue to turn the furnace off and on. You have 30 seconds to swap the batteries before your program is lost.
- Also a good time to replace the 9V batteries in the smoke detectors once a year. They are by the 2 bedrooms, dining/living area, loft, and the often forgotten basement.
- And your carbon monoxide detectors 9V batteries.
- Some of us have garage door openers that have a key pad outside the garage door. Don't forget to replace the battery in the key pad.
- Check your smoke detector-- push the button, perhaps with a broom handle, and make sure they are still functioning.
- Turn-off outside water faucets

We are in the process of trying something new with both the Condo Care column and our website. We will try to publish past Condo Care items on the site so that they will be there as a ready reference for new residents. We are also investigating adding "Tradesmen Recommendations" too. However, we will still continue to publish the Condo Care column in its usual spot.

9/10

## Great Lengths HAIR SALON

Appointment \_\_\_\_\_

176 Maple Street, Marlborough, MA 01752  
(508) 481-8086

## Cinema Night

Next Showing is Friday, October 2 at 7:30. The movie is "Shipping News" with Kevin Spacey, Julianne Moore, Kate Blanchard and Judi Dench. It is a very powerful gripping movie which will grab and keep your attention throughout the story.

The movie selection for each month is announced on the Quail Run web calendar.



## "Do not call" Phone Registry

Contrary to what some of the email campaigns are saying, (see page 11 on Email Baloney) the federal government does not maintain and is not establishing a separate Do-Not-Call list for wireless phone numbers.

The Federal Communications Commission (FCC) and the Federal Trade Commission (FTC) established the national Do-Not-Call list to enable consumers to reduce the number of unwanted telemarketing calls to their residential or personal wireless phones.

Wireless phone subscribers have always been able to add their personal wireless phone numbers to the national Do-Not-Call list, either online at [donotcall.gov](http://donotcall.gov), or by calling toll-free to 1-888-382-1222 from the phone number they wish to register. The do-not-call rules require callers that aren't exempt from the rules to stop telemarketing calls 30 days after you register a number.

Contrary to information in certain e-mails, there is no deadline for registering a number on the national Do-Not-Call list. There is also no longer any need to re-register a number – it will stay on the national Do-Not-Call list until you cancel your registration or discontinue service.



### Comments from Residents

My name is **Bruce Eckman** 7A Strawberry Lane. My wife, **Audrey** and I moved in to Quail Run on July 24th and we have really fallen in love with the community. We spent 37 years in Easton before selling our home in late 2007 and renting until this recent move. After considerable time shopping for the next best place to live we found this wonderful location.

Every person I have met seems warm and friendly and very willing to engage in conversation. One of my criteria in searching for a home was to find a location that had a vibrant and active social center and clearly we hit a home run on that count.

home sweet home

met seems and very conversation. searching for a location that active social hit a home run

For those we have met “Thank you for your warm welcome” and for those to be met going forward we look forward to that time.

We had an official “welcome to the neighborhood” get together hosted by our neighbors Barbara and Jeannine. They provided the venue for the folks in our cul-de-sac to meet and greet one another and it was a terrific afternoon.

Thanks to you, **Barbara Langley** and **Jeannine Bensette**.



The neighbors at 7 & 12 Strawberry held a party at Barbara Langley and Jeannine Bensette’s home to welcome Audrey, Bruce, and **Lester and Jean Malecki**.

### Welcome New Residents

**Audrey and Bruce Eckman**, 7 A Strawberry, 978-212-5628

**Barbara Chisholm and Kenneth Ward**, 2E Strawberry Lane, 978 212 5679, [BCHIS@comcast.net](mailto:BCHIS@comcast.net)

**Jeanne and Les Malecki**, 12 G Strawberry Lane, 978 212 5697, [JEMalecki@comcast.net](mailto:JEMalecki@comcast.net)

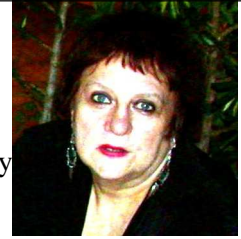
**Roger and Helen Montgomery**, 6H Rotherham, 978 212 5206

**Robert and Charlotte Sullivan**, 6E Autumn, 978-212-5483, [robertdsullivan@comcast.net](mailto:robertdsullivan@comcast.net)  
[Charlotteasullivan@comcast.net](mailto:Charlotteasullivan@comcast.net)



### Astrology — What’s Up

By Beverly Beyloun



#### LIBRA Sept 23 – Oct 22

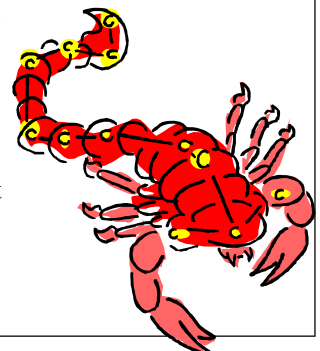
This will be a busy month. You may find yourself on the sidelines helping others or you'll be on call to get things ‘done’ in your own house. Either way, you will come through this month tired but fine. As September began, the full moon in Pisces gave you the urge to finish a big work project you started awhile ago. You will have a short time more to complete what you want before you think about abandoning the whole thing! You may receive money from commissions or from some other source over the next couple of months. This may also be a good time to buy a lottery ticket. Good Luck!



The next couple of months, communication will be clouded or the information that comes to you faulty, so you will need to go to more than one source for your most important information. People around you will be indecisive too, but in that regard, be patient and don't push. Everything will clear up before the holidays, but for now, September/October will be times to carefully watch and wait, and not make any key decisions or announcements quite yet.

#### SCORPIO Oct 23 - Nov 22

This will be one of those crazy months, when Murphy's Law will prevail: “If it can happen, it will happen.” You will need to check all your assumptions to be sure you are being realistic. Sometime during the month, you will be given information you did not have before, and when it comes it may shock or surprise you, but even so, it is the way the universe will work to protect you. You will also have an opportunity to help others, and it appears you will be more than ready to do so. You seem to be moving around on quite a lot of public conveyances for awhile, more than usual, whether around town or going to other cities, so make sure you have not left a treasured electronic item behind before you leave the taxi, train, bus, or airplane.







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## Graham Cracker/Strawberry Jell-O Dessert Squares

- 1 ½ Cups graham crackers, finely crushed (about 20 squares)
- ½ Cup sugar, divided
- 6 Tbsp melted butter or margarine
- 1 ½ 8 oz. pkgs Neufchatel cream cheese, softened
- 1 tbsp skim milk
- 1 Cup thawed Cool Whip Lite
- 2 Cups boiling water
- 1 8-serving pkg sugar-free, fat-free Strawberry Jello
- 1 ½ cups cold water
- 2 8 ¼ oz cans mandarin orange segments, drained

Mix graham crackers, ¼ Cup sugar and the melted butter. Press into bottom of a 13 X 9 inch baking pan. Set aside. Beat cream cheese, ¼ Cup sugar and milk until smooth. Fold in Cool Whip. Spread over graham cracker crust. Stir boiling water into gelatin for at least 2 minutes till completely dissolved. Stir in cold water. Refrigerate 1-1 ½ hours till slightly thickened. Stir in oranges. Spread over cream cheese filling. Refrigerate 3 hours or till firm. Cut into squares and serve.

## Low Fat Refreshing Dessert

- 1 10 oz can Mandarin Oranges
- 1 15 oz can Lite Peaches, cut up
- 1 20 oz can unsweetened pineapple chunks
- 3 bananas
- 1 package cook and serve sugar free /fat free vanilla pudding.

Drain fruit thoroughly into a bowl. Cook the pudding according to package directions, using 1½ cups of the drained fruit juice in place of the milk. Cool slightly.

Slice the 3 bananas into the bottom of an (approximately) 11 X 9 baking dish. Cover immediately with the drained fruit. Pour the pudding over all, making sure the bananas are covered. Serve as is or chilled, and with or without Cool Whip.

## Sale / Free / Wanted

### Kenmore Ultra Stitch Portable Sewing Machine.

Includes Owner's Manual, bobbins, assorted feet; makes buttonholes, stretch stitches, zig-zag, forward, reverse. In good condition. \$50 or best offer. Just the thing for a college-bound student.

Sewing Table – desk style with 2 drawers, maple, \$25 or best offer. Contact **Elaine McGoldrick**, 978-562-6364 on either



Brand new Microsoft Word 2007/Windows and Vista (now at \$95 on Amazon, sell for \$79)

Genuine Icon Gramercy Notebook Case (laptop briefcase), used one time (usually \$60 - \$90, sell for \$30)

4-port USB port with AC Adapter (usually around \$35-40, sell for \$20)

Weight set, two-handed barbell, two separate hand barbells, 100+ weights sell for \$30

Call **Tony Palmer** at 978-568-9141 (3B Autumn Dr)



Don't forget "Home Again" donations if you're still Down Sizing. Contact Paula Bradbard 978-562-7249.

## Amazing Accident

Barbara Edelstein, Rotherham, survived an amazing accident, when her car veered left into a nearby driveway, glancing off the back of a Lexus SUV before running over three young trees, about 15 feet tall.

The car then swerved across the street, striking a transformer and sparking a fire, before traveling over an evergreen bush and down a short embankment. There it hit the deck supports of the Freedman's home and came to rest on the passenger's side, wedged under the deck and partially through a sliding-glass door.

It took firefighters 30 minutes to free Edelstein. She was conscious and alert the whole time. She was taken to Marlborough Hospital but released after a short time.

Dave Cabicchi, of Alpine Property Management, was doing repairs when he saw the Honda veer toward and hit the transformer at high speed, he said. Cabicchi ran to the car; Edelstein was suspended by her seat belt and hanging toward the passenger door and the ground, he said. He ran to nearby homes and banged on doors, asking residents to call 911. Marlborough FD assisted with equipment and mutual aid.



## Area Highlights

By Barbara Champine

### Glorious Fall Foliage

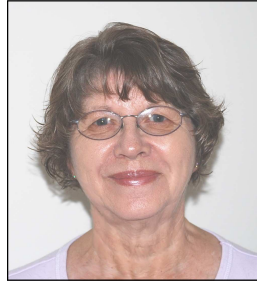
October is a glorious time in Massachusetts. One of the scenic beauty spots of the world is the Mohawk Trail. It was over this same trail that five tribes including the Pocumtuck and Mohawk Indians traveled westward in the olden days. In 1914 this trail was declared America's first scenic automobile route. It winds its way through the lush rural landscape and charming small towns of the state's northwest corner. The hilly terrain and abundance of sugar maples results in dazzling fall colors. The Mohawk Trail runs about 63 miles along Rt. 2 from Millers Falls to Williamstown. Try to give yourself a full day to really enjoy the scenery.

If you take Rt. 2 west from 495 you will be able to make a stop at the Massachusetts rest stop and information center on the right hand side of the highway. Here are maps and informational folders for your trip. This entire route is very beautiful but the trail really begins for me around Gill or Turners Falls. The Northfield Mountain Environmental and Recreational Center is 2 miles north of Rt. 2 on Rt. 63 in Erving. The visitor center has maps and interpretive displays. There are also many hiking trails. Make a picture stop at the small parking area on the west side of the magnificent French King Bridge over the Connecticut River.

Back on the trail, Shelburne is the place where the first Yale locks were manufactured. More picture spots are here at the falls or maybe the glass blower will be at work in his studio. There is a good ice cream shop there too. Shelburne Falls is perhaps best known for the Bridge of Flowers. In 1929 some enterprising local gardeners planted some 500 species of flowers on the town's abandoned trolley bridge. There are blooms from spring to fall.

Further along Rt. 2 you'll drive through the Mohawk Trail State Forest whose 6,457 acres abut the 10,500 acre Savoy State Forest, forming the largest tract of open space in Western Massachusetts. Many old Indian trails still exist here. One of the most popular foliage spots is the Whitcomb Summit, the highest point along the Mohawk Trail at 2,240 feet. From here is a view of 4 states. Enjoy the fantastic view from the hairpin turn before North Adams. In North Adams the Western Gateway Heritage State Park makes for an interesting stop. The park was created out of a freight yard and features many 19<sup>th</sup> century structures renovated to house exhibits.

(Continued right)



3/10  
DENNIS CAMPBELL  
617 448-3837

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### Glorious Fall Foliage continued

From North Adams you will want to make a trip to 3,491 foot Mount Greylock, the highest peak in the state. From the summit you can see a panorama of five states. Bascom Lodge provides snacks. This is a stop on the Appalachian Trail. Near North Adams is the Bissell covered bridge and several museums, including the new Mass MocCA art center in a 12 acre complex.

Williamstown is the last town on the drive with Williams College and the free Sterling and Francine Clark Art Institute. Return the same way you came or go back through southern Vermont or down the Berkshires to the Mass Pike.

You will never forget the beautiful fall colors. Be sure to take pictures. This is a very popular route so if you can plan your trip mid-week you'll find fewer cars on the road. Be adventurous and explore some back roads. There are many very good spots to view the foliage in Massachusetts but George and I believe that the Mohawk Trail is one of the best. ENJOY!

## Book Club

Our Book Club met on August 26 at the Clubhouse.

**Ginny Curll** lead the discussion on *Sarah's Key*, written by Tatiana deRosnay. Refreshments were provided by **Teresa Bosio** and **Alice Gagne**.

Meetings are at our Clubhouse on Wednesdays, from 7 to 9 PM and are generally scheduled for the last Wednesday of each month.

Contact **Marcella Monte** for more information; 978-562-0823 or marcellamonte@comcast.net



## Volunteer Committees

### Social Committee

Chairperson—Sally Mauro

Co-chairs - Jeannine Bensette, Marlynn Stott

Treasurer - Barbara Paradiso

Secretary - Barbara Baker

Welcoming New Residents - Theresa Bosio, Barbara Baker

Juliet's - Theresa Bosio

Club House Private Rentals - Barbara Langley, Sherry Lupien

Other Members - Alice Gagne, Jan

Mudgett, Lynn Fishman, Ginny Fullam,

### Please Help Us Go Green



The Social Committee is making an effort to reduce the amount of non-biodegradable products that we are using in the Club House.

Please try to help us out by bringing your own mug for Saturday Morning Coffee and your own place setting for our food events. This is optional, but your support will be greatly appreciated. If you have any extra place settings of silverware that you are not using and would like to donate

to this effort, we will be glad to accept whatever you might have.

### Building & Grounds

Committee Chair—Vince Picarello

Coordinator with SWS our window/door vendor — Roger Gagne

Members — Allen Boemer, Harry Brown, Charles Bosio, Frank Monte, Ginny Fullam, Harry Morgan, Ken Hart, Ken Spears, Kevin Fitzgerald, Lee Jacobs, Peter Scott, Ron Chaisson- Hugo Guidotti



**Senior State Park Pass:** get a free Senior Pass to the Mass State Parks with proof of birth and address to DCR Boston Office, 251 Causeway Street., Suite 600-700, Boston, MA 02114. Handicapped vehicles park free.

**Useful News Letter with Membership:** The Arts Alliance quarterly news letter and discounts to show tickets. Membership is \$35 for friend and \$50 for a couple at 155 Apsley Street, Hudson, MA.



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### Communications

**MJ Ebens** — Chair and editor of the Quail Runner.

**George Champine** — Quail Run website.

**Peter Recklett** — Quail Run phone book database.

**Marie Kapsalis** — Phonebook copying, distribution.

Club House (Com Com) bulletin board



### New Phone Book

We plan to publish the new phonebook in November. The current draft of the phonebook is posted in the Club House.

Please take a moment to look at it to verify that your information is correct, particularly your email. You should also note on the draft how many copies of the phonebook you want. The first copy is free, courtesy of the BOG; extras will be \$1 each.

### MARK YOUR CALENDAR

**Hudson High Drama Soc.,** “Diary of Anne Frank”, Oct 22-24, High School, 69 Brigham Street 7pm.

**Community Arts Series:** 35<sup>th</sup> Parallel intriguing music of non-western musical instruments as well as electronic devices. Friday, October 23, 7:30 pm, Hudson Town Hall.

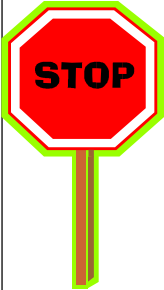
**Rivers Edge Players,** “A Night with the Players” an evening of Music and Comedy, Saturday, November 7, Riverview, 13 Port Street, Hudson.

**Hudson High Drama Society,** “A Midsummer Night's Dream, Nov 19-21, 69 Brigham Street 7pm

**Sounds of Stow,** Haydn-Sinfonia Concertante in E-Flat, etc. Christmas Cantata, Hale Mid. Sch., Nov 22, 55 Hartley Rd. Stow 3pm.

### Email Baloney

How can you recognize “Email Baloney”? It differs from “Email Spam” that generally involves money in some way.



The Baloney version generally starts out with a huge list of “forwards” from well-meaning friends who want to be sure you are warned or alerted to some life-saving technique or safety tip.

Check out [www.snopes.com](http://www.snopes.com) before you swallow the baloney, This website is devoted to exposing bogus emails.

Your gullibility might cause real harm! Spreading bad health information is not very friendly! Just because it is in print doesn’t make it true – especially from the internet.



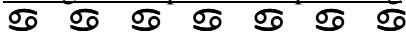
### Don’t List My Email Address!

Email addresses are listed two ways in the Quail Run databases. The first listing is in the Quail Run phone book. The second is on the Quail Run website and used to send out email to residents. The website email list can only be accessed by a very limited number of people and not used to send out personal emails. We never send out Email Baloney through this (see above).

**Email addresses can be listed in both, either, or none.**

If you chose not to be listed in the website email than you will miss out on Quail Run activity reminders, notices of Town of Hudson functions of interest to seniors such as flu shots, and when Emergency Shelters are open, and also Intel notices of their activities that may affect Quail Run.

If you aren’t currently listed in the Quail Run website database and want to be, send email to George Champine [George.Champine@computer.org](mailto:George.Champine@computer.org)



### Symphony Pro Musica's 27th

**Season** will start Nov. 7 (Hudson) and November 8 (Westborough) . The Program is Gabrieli - "Sonata pian e forte", Strauss Four Last Songs - Sara Jakubiak, soprano, and Mendelssohn "Symphony No3 (Scottish). Flyers in the Club House about future programs.



### JULIETS NEWS

OCTOBER 21, Wednesday 12:30 at the Club House.

Its theme “**LUCY, ETHEL AND FRIENDS AT EASE**”. Contact people are Sherry Lupien @ 978-562-5825 and Joanne Doherty @ 978-562-3164.



All reservations must be in by October 15, 2009. There will also be a sign up sheet at the Clubhouse as always.

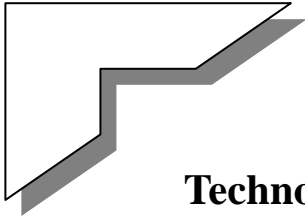
NOVEMBER 19, Thursday 12:30 at Coral Seafood, Marlboro. Order from the menu; individual bills. Sign up at the October Juliets or on the list at the Club House. Contact Terri Kilshaw

### Heritage Chorale’s 73rd Season

Sunday, November 22, 2009, 4:00 p.m. - “A Celebration of Felix Mendelssohn’s 200th Birthday” (At St. Mark’s, Southborough) This concert will be accompanied by full orchestra, and will be entirely devoted to music by Mendelssohn, including his glorious setting of Psalm 42.

Saturday, February 6, 2010, 7:30 p.m. - “A Night Out on the Town” (At Nevin’s Hall, Framingham). Our annual Pops Concert features selections from great movies and musical theatre. 150 Concord Street (Rt. 126), Framingham

Saturday, May 8, 2010, 7:30 p.m. - “International Sampler” (At St. Mark’s, 25 Marlborough Road /Route 85, Southborough) Featuring Morten Lauridsen’s sublime cantata “Lux aeterna” as well as splendid settings of American spirituals and folk hymns. We will also be singing short works by Mozart and Dvorak (in recognition of the Heritage Chorale’s first European tour to Vienna and Prague in the summer of 2010).; contact Elaine Recklet, 4F Rotherham, 978-562-2721, [erecklet@comcast.net](mailto:erecklet@comcast.net).



## Technology Corner

By George Champagne

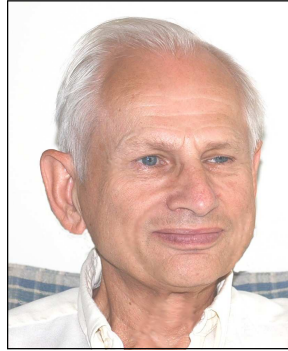
### Windows 7 is coming

Just when we were getting used to Vista, Windows 7 is now coming. Windows XP was an excellent operating system, but its follow-on Vista got a lot of negative review. Windows 7 is getting much more favorable treatment.

General retail availability for Windows 7 is set for October 22, 2009, less than three years after the release of Vista. Most computers purchased now will come with Vista and a free upgrade to Windows 7. My experience with upgrades like this is not good. You might want to consider postponing a purchase of a new computer until you can get one with Windows 7 already installed.

Unlike Vista, which introduced a large number of new features, Windows 7 is intended to be a more focused, incremental upgrade to the Windows line, with the goal of being fully compatible with applications, drivers, and hardware with which Windows Vista is already compatible. In fact, Windows 7 can be considered as a new major upgrade of Vista rather than a new operating system as Vista was. New features include a new taskbar, a greatly improved home networking system, and performance improvements. Some applications that have been included with prior releases of Microsoft Windows, including Windows Calendar, Windows Mail, Windows Movie Maker, and Windows Photo Gallery will not be included in Windows 7 but will instead be offered separately as part of the free Windows Live Essentials suite which can be downloaded or obtained as an installation disk.

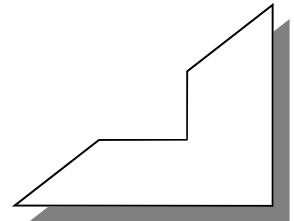
The *Gadget* sidebar on the left of the Vista screen is gone because it took too much screen space, and gadgets can now be placed anywhere on the desktop. The list of recently used documents has been integrated with the Start menu allowing faster access to documents. Organization of files has been greatly improved as has the search function. Icons have been made to be “self-revealing”, showing their contents when the



mouse pointer is positioned over them. Windows 7 does a much better job of recognizing external devices such as flash media cards, USB drives, and digital cameras. Rather than showing them with drive letters, they will be shown with device name. For those who have Windows XP that they would like to continue to use, an XP virtual machine is provided to support them. Windows 7 comes with Internet Explorer 8 and Windows Media Play 12 installed.

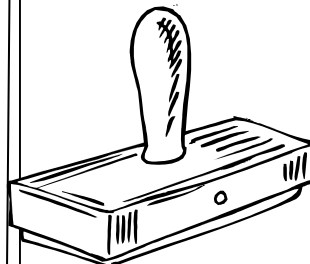
The taskbar has seen the biggest visual changes, where the Quick Launch toolbar has been replaced by putting icons of applications on the taskbar. Buttons for applications are integrated with the task buttons. These buttons also enable the *Jump Lists* feature to allow easy access to common tasks. The revamped taskbar also allows the reordering of taskbar buttons. To the far right of the system clock is a small rectangular button that serves as the *Show desktop* icon. Hovering over this button makes all visible windows transparent for a quick look at the desktop. Clicking this button minimizes all open windows, and clicking it a second time restores them. Additionally, there is a feature named *Aero Snap* that automatically maximizes a window when it is dragged to either the top or left/right edges of the screen. This also allows users to snap documents or files on either side of the screen to compare them. When a user moves windows that are maximized, the system restores their previous state automatically.

The versions of Windows 7 that will be available in the U.S. are: Home Premium, Professional, Business, and Ultimate.



## Notary Publics at QR

**Evelyn Spears**, 1-E Strawberry, **Ray Samra**, 7-D Strawberry, and **Joe Aioloa**, 6\_E Strawberry are Notaries and have offered to provide this service to residents of Quail Run. This is a very generous offer on their part.



In order to have something notarized, in addition to the form itself, you will need to bring your driver's license or other form of identification.