

The Quail Runner

For and By the Residents
Of Quail Run



May — June 2010

Began Publishing 2003 www.QuailRunHudson.com Hudson, Massachusetts

BOG Elections

The verified results for the new Board of Governors is as follows: **Bob Freedman**, **MD - President**, **Vince Picarello - Vice President**, **Dianne Potter - Secretary**, **Stan Gordon - Treasurer**, **Marie Kapsalis - Member at Large** (Taking over for the remaining year of Terry Troyer's seat.) More BOG news on pages 5, 7

Newly Elected BOG Members



Bob Freedman



Vince Picarello



Dianne Potter



Stan Gordon Marie Kapsalis



The new Board wishes to acknowledge the previous group for the tremendous work that they have done:

Rich Ebens - who has served longer on the Board than anyone else at this time

Bob Freedman, MD - who was re-elected to a new two year term

Stan Gordon - who will be serving for the remainder of a two year term

Evelyn Spears - who has given very sound advice on so many matters

Terry Troyer - will be leaving Hudson. His expertise will be sorely missed.

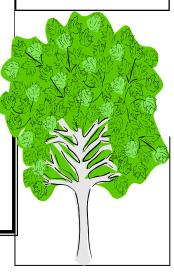
Call for new or renewing Volunteer Committee Members

Those interested in joining one of the committees should let Bob Freedman know at <u>quailrunhudson@gmail.com</u> The committees are 1)Buildings and Grounds, 2) Social 3) Communications.

More BOG pictures on page 5

Contents

Area Highlights—9 Astrology—7 Birthdays—5 BOG-1, 5, 7 Book Club-10 Communications C—8 Condo Care—3, 6 Curtain Call—4 Editor's Desk—2 Gardening — 6 Hudson Clean Up—11 Ice Cream Social—3 Juliets—11 Mark Your Calendar—10 Phone Book Update — 2 Real Estate—4 Romeo - 3 Runner Staff—2 Sale / Free / Wanted—3 \$enior Money \$ence-8 Stitch 'n' Knit—5 Social Committee—11 Technology Corner—12 Transitions — 8 Vacation Delivery—2 Welcome New Res.—4 Yard Sale— 5



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6/11 Autumn Carole Perla

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2/4 Strawberry **Barbara Champine**

5 Strawberry Lee Rouse

6/8 Strawberry **Toby Allen**

7/12 Strawberry Barbara Paradiso

1/4 Rotherham Kevin Fitzgerald

6 Rotherham Harry Morgan

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Technology Corner—George Champine What's Up — Beverly Beyloune, Area News—Barbara Champine Healthy Living—Peggy Rittenhouse QR Real Estate News—Hugo Guidotti \$enior Money \$ense—Howie Perlman

Communications:



Phone, email address list: Maria Kapsalis, Website QuailRunHudson.com

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Lines on the 23rd of the previous month.

Vacation Delivery

To Receive *Quail Runner* while away, give your reporter or the editor an <u>extra long envelope with two first class stamps</u> and your vacation address. The editor has some free extra large envelopes. Or you can get issues emailed to you, or view the current issue on **QuailRun Hudson.com.**

Volunteers Needed for All Committees

Quail Run Committees are organizing for the new year. This is a wonderful way to get to know your neighbors and have fun at the same time.

Give the idea some thought.

The Editor's Desk

MJ Ebens, editor

As noted in Barbara Champine's column, the *Quail Runner* has been in operation for over 40 issues. Were you as surprised as I was to read that? Our newsletter wouldn't be possible without the dedication and work done



by all those listed on the left plus all the rest of the community who support and encourage us in many ways. We should also thank **Sue Macdonald - Princiotta**, 4-A Autumn, for providing that initial push plus the copying for a number of years.

Thanks to a suggestion from **Joanne Doherty**, archived copies of past *Quail Runners* will be in the bookcase in the Community Center

Peggy Rittenhouse's *Healthy Living* column will resume with our next issue. Peggy just got back from Brazil — what a wonderful excuse for missing a deadline!

If you have any questions or comments for any of our columnists and staff, contact information is always on page 2 of each issue

This morning as I was eating breakfast I got to thinking about the hungry of the world. Here I have one room in my home devoted to food with cupboards and refrigerators full. Yet there are people who scrounge in trash barrels, haunt food pantries, and community meals in order to have a full stomach. How lucky I am and you too? **Drop off a donation of food at the next Coffee Hour.**

Quail Runners did a wonderful job picking up litter to celebrate **Earth Day**. But I think everyone wished that some nice group would fix lunch for us. If you're not up to all the stooping and bending and would still like to contribute to the effort, give it a thought for next year. Perhaps Stop & Shop could be persuaded to make a lunch donation since we are picking up their trash around their area.

Thanks also to **Barbara Baker** for organizing this a second time. **m**j

Phone and Email Updates

Peggy Kunz is now <u>peggykunz@verizon.net</u> Eleanor Chase is now lampshade03@verizon.net.

9/10

Sale / Free / Wanted

Ken Ward, 2-E Strawberry, would like to rent out one space in a Quail Run **garage** starting right away. Contact him at 978-212-5679 after 4:00PM or on his cell phone 978-333-9310.

Tennis Player Wanted Five seniors need a sixth member to play doubles tennis for the September through May season on Thursday mornings from 9 to 10:30 am at the Longfellow Tennis Club on Route 20 at the Sudbury Wayland town line. An additional member allows greater flexibility in scheduling. If interested and for details contact **Rich Ebens** 978-562-7880.



Part 1

Trash Reminder Now that the days are longer and warmer, more residents are out enjoying their front porches and evening walks. PLEASE don't put your trash and recyclables out until Friday morning. Let us enjoy the evenings without seeing the barrels and bins in the driveways. It's not a pretty sight and when the wind comes up its no fun to pick up the trash.



Remember the rules and regulations state you cannot put it out until the morning it is picked up and papers and cardboard should be tied or otherwise secured. We don't need any litter blowing around our hill top.

A whole house surge protector

was recently installed by **Sal Palumbo.** This device is for protection against electrical surges due to lightening storms. This protects appliances, audio and video as well as heating and cooling equipment. The work was completed in under an hour. Sal used Ron Chiasson Electric who can be reached at 978-618-4648. The cost starts at approximately \$300.00 and there are various models available. (Ron is the son of our neighbors, Betty and Ron Chiasson.)



Call or email for free sample of Basic-H2 multipurpose cleaner

Free membership and 15% discount for Quail Run residents (\$19.95 membership fee refunded after 1st order)
All Shaklee products covered by a 100% satisfaction guarantee http://healthy-attitude.myshaklee.com or 1-866-212-8070

ROMEO's

The *Retired Old Men Eating Out* group, will continue under the leadership of **Frank Monte** and **Rich Ebens**, who are taking over from **Harold Edelstein** and **Hugo Guidotti**.. The group is open to all men at Ouail Run.

<u>Friday, June 11th</u> at 12 noon we will gather at the **Piccadilly Pub**, located on Route 85 near the Marlboro Hudson Town line.

Wednesday July 14th we will meet at the Community Center here at Quail Run, with food supplied by a local deli.

We also want to organize for future meetings. If you are planning to attend call either Frank (562-0823) or Rich (562-7880).

Ice Cream Social – Save the date

Saturday, August 14





Hudson Days

The Hudson Library is looking for gently used toys for their fund raising efforts on **June 5** in connection with Hudson Days.

Curtain Call

Toby Allen

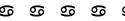
Curtain Call members attended 3 plays this year. We end our season in June with a luncheon in the Community



Center for all members. If you are a member please let me know if you are planning on joining us.(NO LATER than Tuesday, June 1st.) We have to know how much food to prepare. Many of the group have offered to bring food. Sandwiches provided by C.C.

Our meetings start again in September. We meet in the Community Center the second Wednesday of each month at 2 PM. You are welcome to join us. We will decide what LOCAL PLAYS to see including LOCAL High School plays.

To become a member of our group, contact me, Toby Allen, 978-562-7437.



If Men Played Cards as Women Do was a sell-out!

A copy of the video taken by George Champine is in our DVD library in the bookcase next to the French doors. Please return it promptly so that others may borrow it.

DVDs are available for \$1.00 each of the evening, including the audience and musicians. Contact Sally Mauro if you want to buy one.

Still pictures used in the play are now available on the Quail Run website: www.QuailRunHudson.com. You may download any or all of them. Remember the

names have been changed to protect the guilty!



Plans for another play in the spring are already in the planning stage. If everything works out, we may even have a stage!

Welcome New Residents

Klaus and Sherry Schneller, 8 D Strawberry Lane; Phone # 978 562 1779; kssmet@verizon.net

Mary and George Lewis, 6-A Autumn; Mary Lewis at galewis22@hotmail.com





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Quail Run Real Estate News

Again, some bad news and some good news! Bad news is we are losing some great neighbors; the good news is we will be gaining some new neighbors.

Terry and Vickie Troyer, 6A Strawberry will soon close on their home and be moving to Indiana. They will be sorely missed but be ready to meet the new folks, Jim & Jaye Donato from California. Lois Rawson, 5H Strawberry will be moving to Marblehead to be near her son and the new owners will be Leonard and Dorothy Lattanzi coming from Delaware. Dave Weintraub, formerly of Northboro has purchased 5B Autumn Dr., the former home of Paul and Claire Davis.

Recent developments in Real Estate: The stimulus fund program has ended and this may slow future sales a bit, but interest rates have dropped and are now below 5% which may counter the loss of the stimulus money.

The **recent bank foreclosure** at a 2 B Strawberry, formerly owned by **Everett Dexter**, is now on the market at \$289,900.

Quail Run sales and purchases are hardly affected by state and nation wide trends but when we still have to deal with skittery bank appraisers, and we must take this into account when considering selling. It does little good to find a buyer willing to pay a great price if financing is required and the bank appraisal is not high enough to provide the needed funds. Of course cash sales are not affected by bank appraisals and we find a lot of buyers here have sold their homes and are cash buyers that can purchase. (Continued on page 9)

Stitch & Knit

The group meets the second and fourth Tuesdays at 7:00 each month at

members homes. All knitters (or other types of handwork) are welcome.

For more information Barbara Baker, 978-562-2460.

Election Percentages

In the past we have not posted vote percentages, but as it was requested by one of the candidates, the numbers are presented here.

The numbers are as follows:

Owners voting (in person or by proxy) 86% of 100%

beneficial interest

Vince Picarello 72.7 % of the 86 % voted

Bob Freedman 69.3 % Diane Potter 60.0 % Marie Kapsalis 57.3 % Bruce Eckman 30.6 % Charlotte Sullivan 30.6 %

Retiring BOG Members





Other Candidates for the BOG





Thanks to all for their participation and service; **Volunteers Keep Quail Run Running**



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03/11

Quail Run Birthdays

June

Sandra Mocanu, 2

Ray Samra, 4

Marlynn Stott, Lee Rouse, 8

Audrey Eckman, 11 Hugo Guidotti, 12 Bruce Eckman, 17 Nancy Reid, 18

Sherry Lupien, 24 Tom Haley, 27

Kay Aiello, 28

July

Barbara Edelstein, 8 Connie Nefzger, 11

Elaine McGoldrick, Ginny Fullam, 12

Sharon Evans, 19 Julio Bosio, 20

Ginny Fernandes, 21 Dot Haley, 25

To include a birthday, contact your reporter or the editor

Joyce DiPaolo, Ginnie Samra, 27

Peter Stott . 29 Kent Callahan, 31

Yard Sale Follow Up

Toys, books, videos, CDs, DVDs can all be donated to the **Hudson Library** for their fund raising efforts. The items can be dropped off at the library desk.

Small household goods including dishes, linens, lamps, etc. can be given to the Bradbards, 1-B Strawberry for Project Home Again for homeless people who finally have a home and now have nothing to furnish it. If you have any questions about the suit-

ability of items, call 978-562-7249.



Care Care

Carbon Monoxide Detectors

Massachusetts has a law requiring carbon monoxide detectors in residential buildings containing any equipment that burns fossil fuel which may emit carbon monoxide as a by-product or which has parking facilities within the building. Since all the units at Quail Run have gas-fired water heaters, gas forced hot-air furnaces and gas fireplaces; this law affects all our residents. As relevant to residents, the Regulations which have been developed under this law require each Unit Owner to install an approved device on each level of the Unit and within ten (10) feet of each sleeping area by March 31, 2006. A sleeping area is defined as any space where someone might fall asleep (loft on 2nd floor of "B" & "C" units). If you have 2-bedrooms on the first floor, each room should be monitored separately. You can use the location of your smoke detectors on the first & second floor as a guide. Basements and attics only need to have an alarm if finished and furnished for living purposes. Unit Owners are required to inspect the detectors annually and, anyone selling their Unit on or after April 1, 2006 will need to furnish a carbon monoxide alarm certificate. As with a smoke detector certificate, the new certificate can also be obtained from the fire department. If applied for at the same time, only one fee for both certificates will be required.

To comply with these new requirements, Unit Owners may install any of the following types of carbon monoxide alarms in the required locations:

- 1. Battery powered alarms;
- 2. AC plug-in powered alarm with battery back-ups;
- 3. Low voltage or wireless alarm systems; or
- Combination smoke detectors and carbon monoxide alarms powered by battery or AC with battery back-up. (Note: AC units are not available yet) Carbon monoxide detectors can be purchased at many

locations including local Hudson hardware stores, Home Depot and Monnick Supply in Marlborough and Lowes.

•In case of area wide loss of power and you need help, contact the **Emergency Operation Center, 978-**562-3434



Gardening at Quail Run

The planting at Autumn Dr. and Rotherham has been completed. I want to thank all those who helped us (Jeannine Bensette, Sally Mauro and me.) Helpers were -- Allen Boemer, (besides digging he also, donated the lovely Fir Trees), Joyce Blank, Rich Ebens, Kevin Fitzgerald. Roger Gagne has volunteered to share the watering at Rotherham with **Harry Morgan**. he and Allen took charge of transplanting the trees with-Kareen Shaw, and Peter Stott. A special thank you to Pat Ritter-Waltrup for donating her son, David, for Rotatiling Rotherham. We were very happy not have to turn the soil by hand!

All plants are perennials and will be cut back for the winter. Plants were purchased at Feriulian's Farm Stand. We thank **Aaron**, owner, for helping us pick the proper plants for each area and showing us how to place them.

The Special Hostas were a gift from a friend of MJ's.-**Doug Kimmens of Great Lengths.** A special thanks to him. He even separated his gorgeous Hostas for us. The common green and white Hosta, which is sooo common around here, comes from Q.R. I have named it The Quail Run Hosta.

The Ridge garden is starting to grow and we hope to see more and more color up there. We will start working there next week. I have a list of names from those who called me last year. I will be calling you soon. If you have some plants to be thinned out - give me a call. My gardening partner, Helen Marckini and I will come and thin the plants for you. If you see us working on The Ridge - come on up. Any helping hands will be greatly appreciated.

If I have forgotten to mention your name - please forgive me, and let me know. Toby Allen (Pictures page 10)



Annual Meeting Report Summary

At the Annual Meeting on May 19, the outgoing Board of Governors gave a summary of their work this past year. This is a recap.

- 1)The major item was replacing of the rotting and deteriorating trim. The previous Board had done preliminary work to identify the extent, and had started repairs to the rotted areas. Specifications were set to replace all the deteriorating trim, bids gotten, financing obtained, a contract signed and the work done. Doing this in the winter allowed the work to be completed and we can enjoy our greenery this spring. The porch trim was included and that periodic painting maintenance is eliminated from future budget considerations. The entire project was completed substantially under what it would have cost spread out over the next several years, saving all of us money that would have shown up in much higher condo fees in the future otherwise.
- 2) It was brought to our attention also that there had never been a defined Condo Fee payment grace period. That is now set at 15 days
- 3) The Rules and Regulations that had previously been in place was reviewed by a committee that met over several months last year as well as being on-line for comments, and that led to a new document incorporating several changes for consistency and clarity. You will be getting a copies of both items 2) and 3).
- 4) The Clubhouse boiler was replaced with a much larger capacity one.
- 5) We switched to a new landscaper (Waverly).

Going forward, at least 50 decks will be painted this summer. Budget projections will be re-figured, and we hope to start a regular schedule of siding painting, as (Continued at right) low.

Astrology — What's Up By Beverly Beyloune

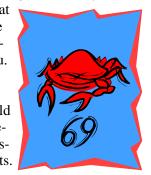
CANCER June 21 - July 22

During the summer months Venus in your house of communication makes it easy for you to reveal your



desires and hopes and wishes. Your mate and those close to you will be all ears and eager to fulfill your

dreams! You may feel somewhat stressed during this time but the 'clouds' will left in July as transits bring positive energy to you. During the month of June your judgment on a new investment may not be as clear as you would want. Beginning July things become a lot clearer and you'll discover talents that can turn profits. Embrace a fresh start!!



LEO July 23 - August 22

All is well in love as well as with friendships...Sparks will fly this year and passion makes a triumphant swing your way. Any money woes during the last two years



are coming to an end. 2010 your ship can come in! Adventure awaits you this summer. Plant the seeds now and reap lucrative rewards come fall. Your luck in contests and games of chance improves dramatically now and your horizons expand with more opportunities to travel and enjoy yourself. This year your wishes will come true.

Annual Meeting Report Summary (continued)

well as putting an initial paint coat on the trim. The water pumps are costly to run and their design was obsolete when installed. There is a cost saving replacing them with modern equipment, but initial upgrade costs are substantial. The payback period by saving electricity is estimated to be about 5 years. Ice dams were not a major problem this past winter as

we had a relatively light snowfall. We know our major problems and will continue to look for solutions and keep our costs low.



The Quail Runner

\$enior Money \$ense

By Howie Pearlman

Alternatives to Certificates of Deposit (CDs)

When looking for a low-risk investment for their hard earned cash, many people turn to CDs. In combination with recent market volatility, these CDs and other cash equivalents, such as savings deposits, treasury bills, money market deposit accounts, and money market funds, can be an important part of a diversified portfolio.

The principal concern for individuals is inflation risk, which is the risk that inflation will outpace and erode returns over time. The national average for a 1 year CD is .70 and the national average for a 5 year CD (\$25,000 Minimum) is 2.12. An alternative to these very low rates is a Fixed Indexed Annuity. You get guaranteed minimum return and the opportunity to earn gains in the stock market. You get a 2% guaranteed return on your investment and a guaranteed death benefit increase of 3% per year.

There are different ways of participating in market gains, but in general if the S&P 500 index rises from the start of the contract year to the next, depending on the product, you can increase your value by 5, 7, or even 8.5%. If you invested \$100,000 in the S&P 500 index in 1999, at the end of 2008, 10 years later, you had only \$74,776. This same time period has become known as "The Lost Decade". However if you invested in a Fixed Index Annuity, your principal was protected during the negative years in the market, and when there were gains, they were locked in. So at the end of this 10 year period you would have had \$140,260 vs. \$74,776, with the same amount of safety as a CD.

The worst you can do right now in the Index Annuity is the best you can do at the bank. While you pay taxes on any interest earned in a CD, even if you leave it in the CD, with the Indexed Annuity, if you don't take your earnings out, your money grows compounding tax-deferred.

Volunteers Needed for All Committees

All of the Quail Run Committees are organizing for the new year. This is a wonderful way to get to know your neighbors and have fun at the same time.

Give the idea some thought.

Supporting our local residents is just part of what makes us your community bank.



3/10

Transitions

Condolences to **Beverly Beyloun**e, 3-D Strawberry, on the death of her husband "Toffy", age 80. He died on Saturday, May 1, 2010. "Toffy" was born in Paterson, NJ. He was the owner and operator of *Toffy's Trucking* from 1963 until his retirement in 2000. He was a licensed pilot and a U.S. Air Force veteran of the Korean War as well.

Donations may be sent to the Special Olympics of New Jersey, c/o Butler Police Department, attn. Officer George Beyloune, 10 High St., Butler, NJ 07405.

"Toffy" attended ROMEO's until his health deteriorated. Beverly writes our Astrology column.

The **Dick and Patty Rooney** are now renting 1-B Autumn, having moved from Rotherham.

Condolences to **John Ogden** on the loss of his stepmother.

Communications Committee

The committee is looking for a replacement for **Marie Kapsalis** who handled our Quail Run email distribution. She did an excellent job and will be missed. The BOG's gain is the committees loss.

Contact **MJ Ebens** if you're interested in this position. We generally meet about 4 times a year.

It has been brought to the attention of the Communications Committee that there are some individuals who are using the e-mail addresses provided in the Quail Run directory to send out unsolicited mail, otherwise called "Spam". This is contrary to the conditions under which the addresses were collected. We respectfully request that you do not do this in the future.

Area Highlights

By Barbara Champine

The first issue of the *Quail Runner* was published in the Summer of 2003. I wrote my first column for the November-



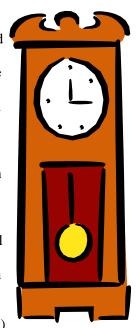
December issue that year. This will be my fortieth Area Highlights column. Many of you were not yet living in Quail Run those first years, so from time to time I will update some of the earliest columns of the most interesting place to see. In this issue I will revisit the Willard House and Clock Museum. If you know of any nearby gems that I have not covered, or that you would like me to update, please let me know.

WILLARD HOUSE AND CLOCK MUSEUM

The Willard House is Grafton's oldest building. The house was built in 1718 by Joseph Willard in the Indian settlement known as Hassanamisco. Four of Joseph's grandsons, Benjamin, Simon, Ephraim and Aaron Willard would become America's preeminent 19th century clockmakers. They made their first clocks in 1766 in their small Grafton workshop. In 1802, Simon Willard obtained a patent for his Improved Timepiece, or "banjo" clock. Today the banjo is considered to be one of the most significant styles of early 19th century American timepieces.

The museum opened in 1971 and features the world's largest collection of Willard clocks. The collection is displayed in period room settings in the 1718 Joseph Willard homestead, the 1766 Benjamin Willard Clock Manufactory and three modern galleries, and includes more than 90 Willard clocks, family portraits and furnishings, Colonial, Federal and Empire period furniture, antique Oriental rugs, 19th century women's costumes, 18th century American and English pewter,

(Continued at right)



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Area Highlights (continued)

Victorian doll and doll furniture, military and hunting weapons, Nipmuc Indian artifacts, and original documents signed by Thomas Jefferson and James Madison. Take the 1 hour guided tour. We found this very informative. Directions: Take Rt.9 West to Rt.30. Go south on Rt. 30 through Westborough center. As soon as you cross the Grafton town line look for Tufts Veterinary center and Willard Road. Take a left on Willard Road about one half mile. The distance from Quail Run is only about 13 miles. If you wish to use a GPS the address is: 11 Willard Street, North Grafton, MA. Telephone is (508) 839-3500.

Regular hours are April-December; Wednesday – Saturday 10 to 4; Sunday 1-4; Closed major holidays; Winter Hours are January – March—Friday and Saturday 10 to 4, Sunday 1 to 4; Admission Fees: Adults \$7, Seniors \$6, Students \$6, Children 6-12 \$3, Under 6 Free.

Quail Run Real Estate News (continued)

At the present time it appears the banks will appraise QR homes in the \$275,000 to \$285,000 price range. We have succeeded in getting that range to increase to that level in the last 6 months but it is moving upward at a painfully slow pace.

I still have a few folks still looking to purchase a home at Quail Run but these people are looking for a B or C unit with 2 bedrooms on the first floor. Even if you are just thinking of selling I would be happy to meet with you and discuss what options may be available to you. I continue to do Broker Price Opinions for Quail Runners as a service to my neighbors at no charge or obligation.

Book Club

Recent Book Selections: *The Help*, written by Kathryn Stockett and *The Forgotten Garden*, written by Kate Morton.

Meetings are the Clubhouse on Wednesdays, from 7 to 9 PM; generally the last Wednesday of each month.

Contact **Marcella Monte** for more information; 978-562-0823 or marcellamonte@comcast.net



Rotor tiller and friends



Allen Boemer, Harry Morgan, Toby Allen digging and planting. Where is Digger O'Dell?



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MARK YOUR CALENDAR

June 5: Hudson Days. The high school group, "Camerata" will be singing at Cellucci Park at 1:15. This group was formed to go on a school trip to Germany and has performed in Boston and won awards. There are many fun things to do and good food to eat at Hudson Days, so enjoy.

June 16: Yesue Memorial Concert in Wood Park, Hudson, at 6:30 pm. Performing are the River's Edge Band, Chorale and Pro Musica Youth Chorus. Bring your lawn chair and enjoy this free concert in the open air by the Assabet River.

July 10 to August 14: Saturdays at South Street. Free performances vary and begin on Saturdays at 2pm in Cellucci Park, Food is available for a fee.

Congratulations to Kent Callahan on

receiving his 5000+ Volunteer Hour's pin from Marlborough Hospital. Thanks for all your time and work in such a worthwhile effort.

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From Terri Kilshaw:

Some people may not have received my e-mail so I want to repeat my heartfelt thanks to all those who said prayers, offered help and sent such beau-



tiful cards to me when I was sick Each one meant so much to me...and I believe brought about my 'miracle'. What wonderful folk live in Quail Run!

Social Committee

The Social Committee is looking for new members for the upcoming year. We generally meet twice a month but more time is needed when we are getting ready for an event. It's a great opportunity to meet and

ready for an event. It's a great opportunity to meet and work with your neighbors on various projects. The committee is always looking for new ideas and better ways of doing things.

Please consider joining us. If you have any questions or are interested in joining the group, please contact Sally Mauro 978-568-0821. The first meeting for the upcoming year that begins in September will be held in August.

The Social Committee recently hosted "A Sweet Evening" at the Club House. Various specialty desserts, fresh fruit, baked brie and other cheese and crackers were served. The event was well attended and a very nice social evening was had by all.

The final Coffee Morning for the summer will be held at the Club House on Saturday, June 19th beginning at 10:00. We had over 40 residents attend our last coffee and hope to have even more in June.



Please bring along an item(s) for the Hudson Food Pantry. If you cannot make it, feel free to leave your donation at the Club House. Thank you.

JULIETS NEWS

June 15, Tuesday at 12:30 at Stephen Anthony Restaurant, 999 Boston Post Road, Marlboro. Choose from the menu and separate checks. A sign up sheet will be posted in the club house or call either Marlynn Stott at 978-567-5912 or Alice Gagne at 508-653-0381.

July 22, Thursday at 12:30 at Blue Coyote Grill, 137 Main Street, Maynard. Contact Barbara Langley 978 212 5006 and Jeannine Bensette 978 212 5006

All Quail Run women are invited to these events.

Earth Day / Trash Pick Up

A big "Thank You" goes out to the folks who participated in the *Trash Clean-up Day*. It is so nice to drive along Reed Rd. Technology Drive and Forestvale St and see grass and trees and shrubs and NO trash! If only it would stay this way! We collected 23 bags (HUGE bags) of trash plus odds and ends like a mattress, 2 floor lamps, and parts of cars.

The hard-working people are: Toby Allen, Barbara Baker, Joyce Blank, Alan Boemer, Sue Bohall, George and Barbara Champine, Lorraine Cochran, Rich and MJ Ebens, Joe and Aida Fallon, Hugo and Sally Guidotti, Janice Hornberg, Maria Kapsalis, Sally Mauro, Harry Morgan, Jeff and Pam Nesbit, Nancy O'Brien, Charlotte Sullivan, Peggy Sullivan. Kent Callahan picked up all the loaded bags and transferred them to lower Autumn Drive where they were collected.

Some of the Clean Up Crew









By George Champine

Leave me alone

One of the worst offenders in

the junk mail battle is preapproved credit card offers. Not only do they kill trees, but they make identity theft easier. Under the Fair Credit Reporting Act, you can opt out of credit card offers from banks using the four major credit reporting firms. To opt out, go to http://www.optoutprescreen.com or call 1-888-567-8688.

Communications companies like Comcast and Verizon accept charges from other communications companies and put them on your bill. This was intended to reduce the number of telephone bills that the customer received. Now, however, everything from ring tone charges to on-line gambling debts can show up on your bill. Normally the charges are legitimate, but sometimes they are bogus. This is called "cramming". This happens because there is little or no security in processing these bogus charges. To prevent cramming of unauthorized charges to your monthly bill, you can call your communications carrier to block them. The numbers are: Comcast (800-266-2278), Verizon (800-837-4966), AT&T (800-288-2747), Quest (800-491-0118).

Blu-Ray DVD players and download devices

New DVD players are coming on the market at a reasonable price that let you enjoy the full resolution of your new HD television. One example is the Samsung BDP1590 Blu-ray Disk DVD player for about \$120 that displays Blu-ray discs in high-definition resolutions up to 1080p. You can also stream Netflix movies from the Internet directly to your HDTV, giving you immediate access to movies without bothering with a DVD. An HDMI cable is required to connect the player to the television. HDMI gives much better quality than the old style RGB cables because the signal stays digital from start to display. Netflix has a trial program for \$9 per month where you can order a movie from their catalog of 17,000 selections and instantly view it as it steams to your TV over the Internet. Amazon has a similar program with 45,000 titles where their movies start at \$0.00 (yes, free) and go up to about \$10.

Update on Windows 7

If you recently purchased a new computer you may

have gotten one with Vista installed and with a free upgrade to Windows 7. Windows 7 has gotten good reviews and in my limited use it looks very good. Fortunately the upgrade from Vista is very easy. Just insert the Windows 7 upgrade disk and follow the onscreen instructions. All files, settings, and applications remain in place and your machine will run faster and better. Upgrading from XP is a totally different story. First you need to verify that your hardware is Windows 7 capable (especially the video section) by going to: http://www.windows.microsoft.com and finding the Windows 7 Upgrade Advisor, a program you download to determine if your hardware is Windows 7 capable. If it is, the Windows 7 upgrade is a "clean install", meaning that you must save all data on an external disk, delete everything from the disk by formatting, then install Windows 7. After installation of Windows 7 you must restore all data, settings, printer drivers, and applications software. This is not a job for the timid.

Here comes 3-D

Just as we got done paying for our large screen High Definition TV, it will soon be obsolete because of the advent of 3-D television. The first ones should be available this summer from Samsung and others. The first cable channel to offer 3-D will be ESPN for sports, and later in 2011 Sony and others will create a TV channel that is only 3-D. Of course a new TV set will be required for 3-D. The early ones will require the wearing of glasses, but there will also be sets available that do not require them. However the sets that do not require glasses will have a rather narrow viewing angle. Blu-ray disks will also be provided that show 3-D: those should be spectacular. TV sets that provide 3-D will initially be 10%-20% more expensive than HD sets, but the price should come down in a couple of years. Technology for viewing 3-D has been around since 1840, and was popular around the turn of the last century for viewing stereo cards with a stereoscope (I still have one). My grandparents had a large collection of stereo cards, and I learned a great deal about the wonders of the world by looking at them. There was an attempt to popularize 3-D movies in the 1950s with the 1952 film "Bwana Devil" and the 1953 film "House of Wax" starring Vincent Price color that used cheap polarized glasses that did not work very well. House of Wax was always shown in dual interlocked 35 mm projection with polarized glasses. *House of Wax* is sometimes is shown at Disneyworld in color with the same type of glasses. Starting about five years ago movie goers showed that they would

pay more for 3-D movies using polarized glasses. The movie industry took notice and now the 3-D movie business is growing rapidly.