

# The Quail Runner

For and By the Residents  
Of Quail Run



September — October 2010

Began Publishing 2003  
www.QuailRunHudson.com

Hudson, Massachusetts

## From the Board of Governors

The Board of Governors would like to thank all who replied to the recently distributed questionnaire. We received 86 replies (58% of all unit owners). Many replies had additional comments added, and a simple total of the answers in each category is confusing since sometimes the totals are inconsistent with the comments, or distort the totals of other categories. We appreciate the comments that were added in as they are very helpful to the Board. Those replies are in the process of being reviewed by the Board.

As you noticed, the focus of the questions was to determine how well our property is managed. Some of the responses that owners gave indicate that they were not sure of the different responsibilities of the management company (Alpine) and of the Board of Governors. Because of that uncertainty, a few people were additionally upset with the Board.

At Quail Run, the Board is called the Board of Governors; other condominiums call this same group the Board of Trustees. Their duties and responsibilities are the same, as provided for in the condominium documents. Some replies suggest that the Board should manage the day to day operations and Board members receive and review each and every request or call from owners. The Board does not have an office staff, clerical help, or any budget for this, and we do not have the resources to fix problems. We are all volunteers. That is why we hire a management company. Once a management company is hired, the day to day operations of Quail Run are turned over to them.

(Continued on page 10)

## Octoberfest

October 30 at the Community  
Center 7:00 to 9:00

**Cost is \$4.00 per person at the Door**

**Appetizers, desserts, cider, coffee  
and tea or bring your own beverage**

**Costumes are optional; prize for the  
best costume plus a door prize**

**Sign up by October 23 at the Com-  
munity Center  
or call either  
Barbara Baker  
at 978-562-2460  
or  
Jan Mudgett at  
978-562-0598**

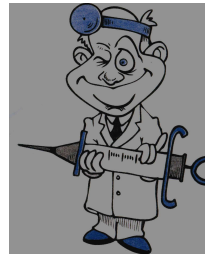


## Fall Flu Clinics

This year's vaccine will cover both the seasonal flu as well as the H1N1 virus in a single shot. Vaccine is free for seniors over 65 and veterans with proof of service.

The Board of Health's online registration should open by the weekend of the 25th. Look for it on the Town website or on the Facebook page.

- 10/23/2010 Saturday 9:30 to 12:30 both at Hudson High School
- 11/06/2010 Saturday 10:00 to 12:30 Hudson Senior Center



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### The Quail Runner Staff

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 5/7 Autumn **Terri Kilshaw**  
 6/11 Autumn **Carole Perla**  
 1/3 Strawberry **Sally Mauro**  
 2/4 Strawberry **Barbara Champine**  
 5 Strawberry **Lee Rouse**  
 6/8 Strawberry **Toby Allen**  
 7/12 Strawberry **Barbara Paradiso**  
 1/4 Rotherham **Kevin Fitzgerald**  
 6 Rotherham **Harry Morgan**

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**Technology Corner**—George Champine  
**What’s Up** — Beverly Beylouné,  
**Area News**—Barbara Champine  
**Healthy Living**—Peggy Rittenhouse  
**QR Real Estate News**—Hugo Guidotti  
**Senior Money Sense**—Howie Pearlman

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**Published first week of February, April, June, August, October, December;**

**Deadlines on the 23rd of the previous month.**



### Vacation Delivery

To Receive *Quail Runner* while away, give your reporter or the editor an extra long envelope with two first class stamps and your vacation address. The editor has some free extra large envelopes. Or you can get issues emailed to you, or view the current issue on [QuailRun Hudson.com](http://QuailRun Hudson.com).

### Ridge Garden

Thanks to all who have given to the Ridge Garden. We are not taking any more plants this year. Will start again next Spring.



### The Editor’s Desk

MJ Ebens, editor



Life here at Quail Run is not dull: things and people keep changing. See the *Transitions* column (page 3) for details.

Hugo noted in his *Real Estate* column that **Sue Macdonald Princiotta** and husband **Don** will soon be leaving us. Many of you may not have been here or don’t remember that Sue was instrumental in getting our newsletter, the *Quail Runner*, up and running. She and I talked about it and she offered her business copier, at no charge to us, to make the needed copies. She continued this generous offer until she retired. We wish them all the best in their new home in North Carolina, where I think they plan to play a lot of golf!

Rich and I took another River Cruise this summer traveling by boat up the Rhine from Antwerp, Belgium to Basel, Switzerland, with a side trip on the Mosel River. Our daughter, Linda, from Little Rock, Arkansas joined us. Some of you met her at the Ham and Bean Supper at the Community Center. We really had a wonderful time.

The crew and staff on the boat represented 10 different countries — for many of them English was their only common language. A young woman from India, Netu, who served on us for most meals heard Linda referring to Rich as “Daddy”. Netu had great fun calling him that too!



**Rich & Netu**

Take a good look at George’s *Technology* column on email scams. We recently got one purporting to be about our Amazon account. A phone call to our card’s 800 number revealed the email to be yet another scam.

**mj**

### Phone and Email Updates

**Linda Borrelli** 7F Straw. [lindaandfluffy@verizon.net](mailto:lindaandfluffy@verizon.net)

See page 8 for info on New Directory Listing

### Building & Grounds Committee

Per request of the BOG, the B&G scheduled an inspection of the deck painting job just recently completed.



Members are: **Hugo Guidotti, Chairman, Harry Morgan, Kevin Fitzgerald, Roger Gagne, Allen Boemer, Frank Monte, Ken Hart, Bill McEvoy, Harold Edelstein, Ken Spears, Ron Chiasson, Peter Stott, Bruce Eckman, Les Malecki, Carole Perla**

9/10



Call or email for free sample of Basic-H2 multipurpose cleaner

Free membership and 15% discount for Quail Run residents (\$19.95 membership fee refunded after 1<sup>st</sup> order)  
All Shaklee products covered by a 100% satisfaction guarantee  
<http://healthy-attitude.myshaklee.com> or 1-866-212-8070

### Transitions

**Condolences to Joyce DiPaolo** on the death of her sister

**Condolences to Susan Ciampi** on the death of husband **Joseph E. Ciampi**, 76, of Quail Run, formerly of Shrewsbury and Concord, who died Sunday, Sept. 19<sup>th</sup>.

Joe was born and raised in Somerville and Medford, and a graduate of Medford High School, class of 1951. He later attended Bentley University of Waltham and Wentworth University of Boston. He served in the U.S. Army from 1957 to 1962. Joseph was employed as an Experimental Machinist in research at Harvard University in Cambridge for 37 years until his retirement in 1998. He was an avid golfer and member of the Monday Night Poker game at the community center. Donations in memory of Joseph may be made to: Juvenile Diabetes Research Foundation, (JDRF), 26 Broadway, 14th floor, New York, NY 10004.

**Congratulations to Elaine and Peter Recklet** on the arrival of two new grandchildren this summer. Sarah Madison arrived on July 3<sup>rd</sup> and Maia Nicole arrived on August 11<sup>th</sup>.

**Welcome Home to:**

**Justin Dennis**, son of **Bud Dennis** of 1-C Rotherham, recently returned from a one year deployment in Afghanistan with the U. S. Army

**David Wilson**, son of **Aileen Wilson** of 1-D Rotherham, recently returned from a one year deployment in Iraq with the Mass. Army Nat'l Guard.

Welcome home to both and thanks for your service.

**Barbara Edelstein**, 1-E Rotherham, recently underwent hip replacement surgery. Best wishes for a speedy recovery.

**Recovering**, George Champine — page 12

### ROMEO's

The next ROMEOS (Retired Old Men Eating Out) will take place on **Friday, November 5th** at 12 noon at the Community Center, with a meal provided by **Brad's Deli** consisting of Soup, Sandwich, Dessert, and Coffee.

ROMEOS is open to all men living at Quail Run. Come for conversation and planning the following meeting. The **Friday, December 3rd** meeting, also at the Community Center, will be a *daring first*, a **Pot Luck Dinner** supplied by the ROMEs themselves. This will give those who like to cook a chance to show off their talents.



If you plan to attend contact Rich Ebens, 978-562-7880, Frank Monte 978-562-0823, or sign up on the Community Center Bulletin Board.

### Welcome New Residents

Annette and William McPhail, 3-A Rotherham Way, 781-646-4449 [aruba109@verizon.net](mailto:aruba109@verizon.net)

James and Jaye Donato, 6-A Strawberry Lane, 978 562 2429

Email: Jaye [Jaye.donato@yahoo.com](mailto:Jaye.donato@yahoo.com) James [J.A.donato@yahoo.com](mailto:J.A.donato@yahoo.com)

We have a new canine resident at 1-C Rotherham Way. **Julie Hall** and **Bud Dennis** have a new Cocker Spaniel puppy named "*Rocket*" He has made friends with many of the Quail Run Dog population. Welcome to the neighborhood Rocket.



## Curtain Call

Toby Allen



We started our season with a Pot Luck luncheon after our meeting. We had 14 of our 22 members present. All are invited to join our group. We have a lot of fun socializing and selecting what we should see during the coming months.

Our first play was “The Fantasticks” put on by Acme Theater Productions. **For the month of October we selected a British Thriller by Norman Robbins called “Prescription for Murder” - Sunday, 2 PM, October 24.**

To become a member of our group, contact me, Toby Allen, 978-562-7437.



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04/11

## Quail Run Real Estate News

Hugo Guidotti

Again we have bad news and good news. Not very much has changed in the market place with August being the slowest month in terms of sales in the last 25 years. There are still a huge number of foreclosures waiting to happen and that certainly bodes ill for people looking to sell at this time.

A couple of more positive things for Quail Runners you should be aware of is that there is only one listing available at QR and I priced that one at \$309,000 because of “supply and demand” economics. True, it is listed \$20,000 above the most recent sale here at QR in July. But my list price is higher because there is no competition here at QR and recently a unit sold for \$317,000 at Crane Meadow in Marlboro and there are 2 other units listed in the \$340's.

**Sue Macdonald Princiotta** listed her house at 4A Autumn Dr for the unbelievable price of \$389,900 and **got an accepted offer** on the fourth day. Now the buyers must get past the Appraisal hurdle if they are in need of financing and that may be difficult. If it appraises then all QR folks benefit! Her home is exceptional with a beautifully finished 3 rooms in the lower level, a third full bath in the loft, gorgeous drapes, and huge entertainment center all included.

This is a big plus for QR owners when it comes to the real estate appraisal that must be done before selling a home.

I have 3 qualified buyers waiting for a model with 2 bedrooms on one floor. Also I have buyer who must have 2 car garage in any style unit.

This recent news regarding reverse mortgages: HUD has just approved a new and less expensive system called HECM Saver to allow owners to increase their cash flow while still maintaining their home. I can get more info if you need it.

## Smile



Smiling is infectious.  
You catch it like the flu  
When someone smiled at me  
today  
I started smiling, too.

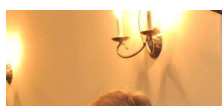
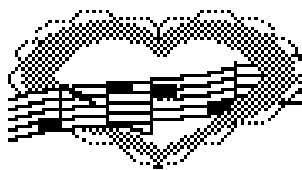


I passed around the corner,  
And someone saw my grin,  
When he smiled I realized,  
I'd passed it on to him.

I thought about that smile,  
Then I realized its  
worth  
A single smile just  
like mine  
Should travel the  
earth.



So, if you feel a  
smile begin  
Don't leave it unde-  
tected,  
Let's start and epidemic  
And get the world infected





## Quail Run Birthdays

### October

Dolly Gordon, 4  
 Barbara Picarello, 5  
 Vinnie O'Brien, 6  
 Ginger Pearlman, 6  
 Jeannine Bensette, 9  
 Ken Hart, 12  
 Helen Montgomery, 17  
 Ruth Fay, 22  
 Nancy O'Brien, 22  
 Harold Edelstein, 26  
 Allen Boemer, 28  
 Harry Morgan, 30



### November

Shirley Howard, 3  
 Ed Rawson, 4  
 Rosemary Fitzgerald, 4  
 Regina Darcy, 9  
 Bob Rittenhouse, 11  
 Vincent Picarello, 16  
 Aida Fallon, 20  
 Beverly Beyloune, 23  
 Donna Milot, 25

To include a birthday, contact your reporter or the editor

## Heritage Chorale Announces 74<sup>th</sup> Season

### Comfort and Joy

Sunday, Nov. 21, 2010, 4:00 PM — *Requiem* by John Rutter and *Music for the Holiday Season*

St. Mark's School Performing Arts Center, 25 Marlborough Road, Southborough, MA



### Pops Concert

Sunday, Feb. 13, 2011, 4:00 PM — Popular song selections from light opera, Broadway, and movies

Nevins Hall Memorial Building, 150 Concord Street (Rt. 126), Framingham, MA

### Spring Concert

Saturday, May 14, 2011, 7:30 PM — *Missa Brevis in D Major* by Wolfgang Amadeus Mozart and other selections to be announced

St. Mark's School Performing Arts Center  
 25 Marlborough Road, Southborough, MA

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03/11

## Senior Money Sense

by Howie Pearlman

### The Consequences of Long-term Care on Your Family & Retirement Portfolio Part 2

(Continued from July August Issue)

What if I don't need care? You may not. But how would your family and retirement portfolio be affected, if you didn't? That's why it is important to start thinking about a plan. There's no guarantee that you won't need care. But you can create a plan that will help protect your spouse and children if you do. The plan has two goals: **FIRST**, to preserve your family members' emotional and physical wellbeing by allowing them to hire professionals to provide care; **SECOND**, to preserve your retirement portfolio.

**Funding your plan:** Once your plan is in place you need a source of funding to pay for it. Long-term care insurance can be an effective solution. There are now hybrid products that combine investment with a Long-term care rider, in case you never need to use it, your investment will still be there. Implemented correctly they provide a stream of income that pays for professionals to help keep you at home and/or residential alternatives such as assisted living facilities or nursing homes. This allows... Your family to supervise rather than provide care, therefore helping to protect their emotional and physical wellbeing. Your retirement income to continue funding your life style, therefore allowing you to help keep your financial promises and help you to preserve the financial viability of a surviving spouse or children and/or grandchildren who may need inheritance.

Long-term care doesn't happen to you. It happens to people you love. When asked, many people think long-term care is about nursing homes. The reality is that long-term care is not a place, but a full-scale response to an event or condition. It describes the care that you need if you become incapacitated, either physically or cognitively, due to a degenerative disease or incident such as Parkinson's, stroke, diabetes or Alzheimer's. By definition, these conditions severely compromise your ability to get through the most basic of daily routines. In reality, the need for long-term care is a safety issue that requires 24 hour a day attention. Put simply, if you ever need long-term care, your life is not going to end. Someone else's life, that you love, is going to end.\*

# Condo Care

George Shaw provides the following information on the paints used on our units by the contractor:

**Deck paint:** California, Enduradeck color: Round-Up 8275D

**Inside white trim:** Pratt & Lambert semi-gloss

**Finish:** Z8371 Color: 114772

**Walls:** Pratt & Lambert flat Navajo white

**Finish:** Z8291 Color: 114774

The inside paint can be purchased at Nal's paint center in Worester, 508-852-2133 At Nal's, the inside paint is called Quail Run trim and Quail Run Navajo because the original painters purchased a lot of the paint there. So at Nal's it's in their computer with those names.



My advice to anyone repainting the inside of the unit walls: use a matt finish instead of flat. Flat finish is very hard to clean where matt is easy. I just had my living room painted with the matt finish and you cannot tell the difference between matt and flat.

## Condo Calendar — Time To:

- Switch overhead fans to the winter setting with the button up.
- Replace the two AA batteries that run the LuxPro PSP511 thermostat. If the batteries die, according to the LuxPro tech, the thermostat defaults to about 40° and will continue to turn the furnace off and on. You have 30 seconds to swap the batteries before your program is lost.
- Replace the 9V batteries in the smoke detectors once a year. They are at the 2 bedrooms, dining/living area, loft, and the often forgotten basement.
- Replace carbon monoxide detectors 9V batteries.
- Replace the battery in the outdoor garage door opener key pad.
- Check your smoke detector-- push the button, perhaps with a broom handle, and make sure they are still functioning.
- Turn-off outside water faucets
- **Don't** wrap your air conditioner over the winter – that could cause serious condensation problems

## Great Lengths HAIR SALON



Appointment \_\_\_\_\_

176 Maple Street, Marlborough, MA 01752  
(508) 481-8086

9/10

## Sale / Free / Wanted

**Wanted to Buy:** Card Table — Contact Rich Ebens  
978-562-7880

## Hudson Recycling

**Intel** will NOT be sponsoring a Fall Electronics recycling event. There will be one, however in the spring of 2011 around the time of Earth Day in April.



**Robinson's Hardware** accepts used bubble wrap and Styrofoam peanuts at the UPS desk.

**Apple Valley Florist** on Main St. takes used flower vases.

## Colonial Faire and Muster

at the Wayside Inn  
**Sherry and Klaus Schneller** (left) are re-enactors



**Jeannine Bensette, Barbara Langley and Joyce Blank** (right) in front of the Martha Mary Chapel, among other Quail Runners there.





1/11



**OWNER**  
**RON CHIASSON**  
ELECTRICIAN

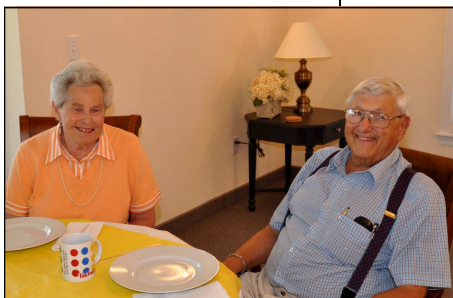
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## Ham & Bean Supper



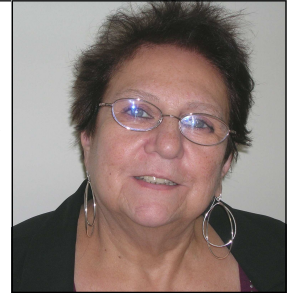
## Astrology — What's Up

By Beverly Beylouné

**SCORPIO** October 24 – November 23

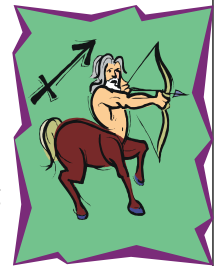


The stars may bring you great news that possibly a friend or relative is on his/her way for an overdue visit. Maybe they are there already! This year you may also find yourself able to 'get away from it all' and relaxing during long weekends. Your social life will begin to sparkle as Mars enters your 'party zone'... Its warrior spirit rubs off on you as you become more assertive in all aspects of your life. Your personal life will blossom as you make a connection with someone special (if you're single) and married couples will consider expanding their circle of friends. During this time as Venus heightens your charisma and Jupiter brightens your outlook you'll discover more joy, fun and excitement in your life.



**SAGITTARIUS** November 23 – December 20

You'll find this year brings more calm in your life as Jupiter helps transform your home into a stress-free sanctuary. You'll find that some big event will bring your family together during the year. Whether you decide to take some courses, read books or take a long dreamed of trip... one thing is sure – you'll be going places...traveling both literally and figuratively. You may even step outside the box and try new things with GREAT SUCCESS. This is a good year when you are feeling a huge sense of relief. You are brimming with newfound confidence and able to turn every challenge into a victory!



## Extra '11 Calendars?

**Bev Minot** is collecting the 2011 calendars. She passes them on to a **Veterans** group where they are much appreciated. Drop them off at 8F Strawberry



# HEALTHY LIVING

by Peggy Rittenhouse

## New CPR Guidelines

I happened to be in Idylwild Farms a while back and witnessed a man suddenly collapse.

Fortunately for that man, someone immediately called 911 and started compression-only cardiopulmonary resuscitation (CPR). Within a few minutes the ambulance arrived and the paramedics took over.

When an adult has a sudden cardiac arrest, his or her survival depends greatly on immediately getting CPR from someone nearby. Unfortunately, less than 1/3 of those people who experience a cardiac arrest at home, work or in a public location get that help. Most bystanders are worried that they might do something wrong or make things worse. That's why the American Heart Association (AHA) has simplified things. Don't be afraid. Your actions can only help.

Sudden cardiac arrest results in an instant stoppage of blood flow through the blood vessels. This stoppage of blood flow means that fresh, oxygenated blood is not transported to the brain, which will die within about four minutes. There is a significant amount of oxygen in the bloodstream capable of sustaining brain tissue for several minutes, even without breathing. Proponents of doing CPR without rescue breathing argue that continuous chest compressions get blood flowing better than chest compressions interrupted by rescue breaths, and that blood flow is the only way oxygen can reach vital organs such as the brain.

Since 2008, the AHA has recommended compression-only CPR based on studies reported in the *New England Journal of Medicine*.

So then two steps to save a life are:

- Call 911
- Push hard and fast (100 times per minute) with the heel of your two hands (one on top of the other) in the center of the bare chest

Remember, any CPR you can get, even if it isn't of the highest quality, is better than nothing.

We would like to have a CPR class for interested residents of Quail Run and are currently in the process of arranging for a teacher. We will keep you posted of our progress.



Supporting our local residents is just part of what makes us your community bank.

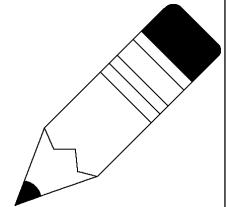


3/11

## Communications Committee

The Updated Address and Phone Number Directory Listing for Quail Run will be published in November.

**Check the draft posted on the Communications Committee's bulletin board in the Community Center to verify that your new email address is correct!**



A field has been added to allow for an alternate phone number. You many list a seasonal residence or your cell phone.

Along with this change in the directory, the Social Committee and the Communications Committee are discontinuing the Emergency Phone Listing. **You are now responsible** for making sure there is some alternate way to contact you, in an emergency.

The Quail Run email distribution policy is included in the new directory. There has been some confusion in the past as to what is and is not to be sent out under the Quail Run distribution. This should clarify the process.

Contact Barbara Picarello, [vpicarello@verizon.net](mailto:vpicarello@verizon.net) to have an email sent out on the Quail Run distribution.



## Area Highlights

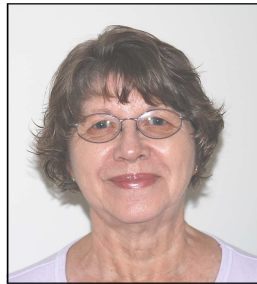
By Barbara Champine

**Gore Place** is the Historic Governor Gore Estate, the Federal period historic house and estate of Massachusetts Governor Christopher Gore. It includes a small farm with sheep, goats and poultry. The elegantly furnished mansion has been called “the Monticello of the North” and architectural historians consider it to be the most significant Federal period mansion in New England. The mission of the Gore Place Society is to preserve and promote the 1806 estate of Christopher and Rebecca Gore as a unique educational resource to inspire an appreciation of early 19<sup>th</sup> century America. The mansion served as the summer home for the Gore family and such notable dignitaries as Daniel Webster and James Monroe were entertained there.

Christopher Gore was elected to represent Boston at the Philadelphia convention to ratify the new United States Constitution. A year later George Washington appointed Gore the first United States Attorney for Massachusetts. President Washington again appointed Gore to a diplomatic position in 1796. The Gores traveled to England and remained there for eight years while Christopher served on the Jay Commission. Gore was also charge’ d’ affaires in London. The work on the mansion began in 1805 upon the Gores return from England. The cost was \$24,000, a very large sum for its day. The grounds were altered to a more European design.

Soon after completion of the new mansion, Gore was elected to the Massachusetts Senate. He ran for Governor of the Commonwealth in 1807 and 1808 before winning a one year term in 1809. In the spring of 1813 he was appointed to the U.S. Senate, and he and Rebecca spent three years in Washington.

The house is furnished with fine art and antiques of the eighteenth and early nineteenth centuries. The grounds are open, FREE, from dawn to dusk with free parking. Tours of the mansion are Monday thru Friday at 1pm and Saturday at 12, 1 & 2pm, also the 2<sup>nd</sup> & 4<sup>th</sup> Sun in Sept, Oct & Nov at 12, 1 & 2pm. There is a (Continued page 11)



## Ireland Trip by Marie Mangan

I was asked to write a small article for the Quail Runner about my recent trip to Ireland and England. I had a wonderful time, saw everyone I wanted to see and managed to see a few sights as well. The weather was pretty good; we had some rain showers but no all-day drenchings so that was very nice indeed.

I started my trip in Dublin, Ireland but, on my arrival, received sad news of a dear cousin’s death so I left Dublin the following day by train for Kerry in the Southwest of Ireland. This was good and bad for me. Good because I saw a lot more relatives I might not have seen and bad because it was a bit tiring. Still, I managed to see the beautiful Killarney and its lakes before returning to Dublin (for one day) to prepare for my trip to Ash, Surrey, via London. There I mostly visited with old friends with no sightseeing planned.

Back to Dublin 5 days later. I visited such beautiful places as Greystones, County Wicklow, Howth, Malahide Castle, Donabate and saw lovely harbors and dined in many nice restaurants. Spent a glorious day on the beach at Rush, County Dublin and also visited Bray, County Wicklow (where my parents spent their honeymoon) and the weather was really nice for most of these. In between, I managed to catch up with several old school and work colleagues which was wonderful. For the last weekend my nephew, his wife, son and her aunt and I visited Park in Derry (or Londonderry as it is known now) and stayed at a beautiful home in the grounds of Learmont Castle (the castle belonged to the Beresford family who had town homes in Dublin in the 1800’s). Sadly, the castle is derelict but the new owner wants to refurbish it and bring it back to its glory of former days. Indeed, he has already refurbished the stables into an ultra modern home for his family on one side, and a beautiful holiday home on the other side.

While in the North of Ireland, we visited the city of Derry where the “Troubles” erupted in the 1960’s and visited a museum telling all the tales of this war which has been well reported on over the years. We also visited the Giant’s Causeway in County Antrim - a magnificent structure which it is believed was created 60 million years ago by a volcano - resulting in what looks like steps of stairs. Well worth seeing. I had a grand time.

I found the rate of exchange for my dollars in all three countries to be abysmal — Euros in Ireland, Pounds in Northern Ireland which are not acceptable in Britain - although Northern Ireland will accept British Pounds. I found the different types of monies confusing - I shouldn’t have worried as it didn’t stay in my wallet for very long!! Finally, I want to say that I had many wonderful meals in restaurants and hotels in all three countries. Some of the nicest meals were in Pubs. I hope many of you can visit Ireland one day.



### From the BOG (continued from page 1)

The Board oversees the management company, sets priorities regarding planned maintenance and repair schedules, develops appropriate cost objectives, approves major expenditures, and tries to anticipate future expenses. It reviews all financial arrangements and reserve funds. It chooses the various contractors that service us from multiple proposals and bids. Our actions and deliberations are posted as "Minutes" on our web site.

The management company is responsible for all exterior or common area problems. They should be called for problems with the irrigation system, deck repairs, and replacing burned out bulbs in the common areas. Items such as timely refuse pickup, broken or missing keys in mailboxes, icicles needing to be knocked down in winter, and determining when roadways need patching also fall under their supervision. They determine if and when the lawn needs spraying. They get involved if there is a "common element" inside, if for example, the sprinkler pipe has a leak or if there is a crack in the basement walls. They handle the accurate collection of fees and pay the bills of our vendors.

A solid majority of respondents are either satisfied or very satisfied with the manner in which policy is set by the Board. Most people are also satisfied in the manner in which Alpine handles their problems, but there is a significant number who are very unhappy with the response, time, or resolution of problems as reported to the manager. Because of this, we have met with the owner of Alpine to look into this and he has promised improvement. He will be at our next open meeting in November to personally answer any questions that you may have.

We hope that this article will help those who are unsure of the responsibilities of the Board and the management company and clarifies the status of each.

### Announcements from the BOG

#### New Treasurer for Quail Run Association:

The Board of Governors has received the resignation of **Stan Gordon** who has served as Treasurer for the past several months. The remaining members of the Board have voted **Bob Reid** in to take over for the rest of the term. He served as Treasurer when the first Association Board took over from the developer in the early

(continued at right)



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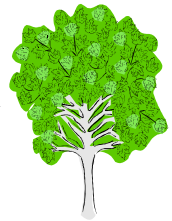
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### From the BOG (continued from right)

months of Quail Run. We will all benefit from his expertise and experience as work on the budget for fiscal year 2011 will need to be started soon.

### Utility Panels

Several owners have expressed an interest in beautifying the area around the utility panels. The Board of Governors has asked **Bruce Eckman** to chair a committee to research the potential options to improve the panel areas.. Bruce and the BoG are looking for volunteers to join this committee. If you would like to participate, please email your name to [president@quailrunhudson.com](mailto:president@quailrunhudson.com). At present, there are no plans or timetable for this and currently there is no budget for this.



### Intel

Many of the residents of units adjacent to the Intel plant have complained about elevated noise levels coming from the factory. Intel is aware of the fact that their site is creating high levels of sound and are working on this.

Last spring the cooling towers adjacent to their loading docks were rebuilt to increase their efficiency and conserve energy. They have installed more sophisticated control systems, but almost from the first time they restarted the system in late April, they have had difficulty calibrating the operating system to have maximum efficiency and minimum noise. This has been made more difficult given the hotter than normal summer we've experienced, but still, they are not happy with the results.

Intel retained an acoustical engineering firm to advise them on additional measures they might undertake. Intel hopes to resolve the problem soon.

### Social Committee

The following events are being planned by the Social Committee. Mark your calendars now and watch for specific details as we get closer to the events. We would like to hear any new ideas or suggestions.



**Don't Miss**

**October 30 Octoberfest 7:00 to 9:00** Cost is \$4.00 per person. Details on page 1.

**November 6 Saturday Morning Coffee 10:00 to 11:30** Cost is \$1.00 and donations for the food pantry will be welcome.



**November 13 Pot Luck Supper 6:00 to 9:00.** Cost is \$1.00 plus your favorite recipe.

**December 11 Holiday Party**

**December 18 Saturday Morning Coffee 10:00 to 11:30.** Cost is \$1.00 and donations for the food pantry will be welcome.



The Social Committee Members are:

- Chairperson - **Sally Mauro**
- Secretary - **Barbara Baker**
- Treasurer - **Barbara Paradiso**
- Community Center Rentals—**Barbara Langley & Ginny Fullam**
- Juliet's - **Theresa Bosio & Ginny Fullam**
- New Residents - **Theresa Bosio & Paula Bradbard**

Other Members: **Peggy Sullivan, Leland Bradbard, Alice Gagne, Marlynn Stott, Jan Mudgett, Lynn Fishman, Jeannine Bensette, Audrey Eckman.**

### JULIETS NEWS

**October 13th** , Wednesday 12 noon *Carbone's Restaurant* on route 85 (280 Cedar St) Hopkinton

\$13.75 per person includes salad, entree, coffee or soda and tax and tip. Choice of four entrees: 1) chicken parm, 2) fried haddock, 3) teriyaki steak tips, 4) baby fried shrimp



All come with French fries or Italian roasted potatoes

Contact: **Sherry Lupien** 978-562-5825 or **Joanne Doherty** 978-562-3164

**November 9th** Tuesday 12:30 PM *Georgio's Restaurant* ,757 Boston Post Road (Route 20), Marlborough

Separate checks; order from menu; deadline Nov 5th Friday; Contact people **Jan Mudgett** 978-562-0598 **Ginny Fullam** 978-562-2787 or **Lynn Fishman** 978-562-1254

**All Quail Run women are invited**

### Area Highlights (continued from page 9)

farm dinner on Oct 14, a pumpkin day on Oct 23, Jane Austin Tour on Nov 14, a Jane Austen Tea Dec 4, 10, 11, 17 & 18 at 1 & 3pm. In season the farm stand is open Wed-Fri, 10am-7pm. There is a sheep shearing festival on Sat. April 30, 2011. You can take a walking tour of the grounds Mon through Fri 10am to 3pm and Sat at 12, 1 & 2pm

Admission to the mansion is \$10; \$5 ages 5-12. There is a \$1 discount for AAA, WGBH, AARP, and MTA. The museum shop is open during regular office hours, M-F, 9 to 4. A map of the grounds is available during regular operating hours.

For more information: [www.goreplace.org](http://www.goreplace.org).

Directions: 52 Gore Street, Waltham, MA; Take Rt. 20 East and cross I 95/128. Then travel 3 1/2 miles to Gore Street.

### MARK YOUR CALENDAR:

*THE LITTLE SHOP OF HORRORS* at Hudson High Oct 28, 29, 30: time 7pm, charge \$7

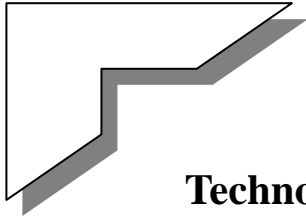
### Stitch & Knit

The group meets the second and fourth Tuesdays at 7:00 each month at members homes. All knitters (or other types of handwork) are welcome.



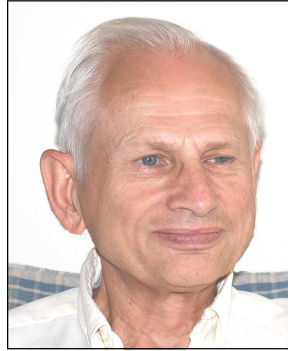
For more information **Barbara Baker**, 978-562-2460.





## Technology Corner

By George Champine



### Don't help spammers!

Many Quail Runners use email extensively to send out notices because it is quick and effective. However, when you use email with several recipients, you should be careful to hide the recipients from being seen by spammers who are out there all of the time. Here is how. Put the addresses or address list in the "bcc" field. That way no addresses are exposed. If the bcc address field is not visible, it can be activated by clicking on the "Show BCC" at the right end of the "CC" field if you are using Comcast email.

### What will they think of next?

Here is an amazing new service. If you need information to get a phone number, call 1-800-goog-411. It is better than 411 because it is free. It is all voice activated. Just give your location, and speak the business name or business category you are interested in. You will get a list of matches, and if you pick one, the service will dial it for you. See [www.google.com/goog411](http://www.google.com/goog411) for a tutorial video. This is one number you will probably want in your speed dialing.

### Interesting and useful web sites

- Free Wi-Fi hot spots are becoming increasingly useful. You can search 300,000 hot spots on [www.jiwire.com](http://www.jiwire.com), both free and charge in 144 countries.
- To find the wholesale cost of a car you are interested in, visit [www.truecar.com](http://www.truecar.com).
- To learn about problems and repair costs in a car model, visit [www.carcomplaints.com](http://www.carcomplaints.com).
- By the way, you can save 30 percent on ink jet ink by creating documents in the Century Gothic font rather than Times New Roman.

### WirelessHD

One problem that has not been solved is the mass of wires behind the TV. Finally there is a small improvement. A small improvement is coming in the form of WirelessHD. It eliminates the coaxial cable

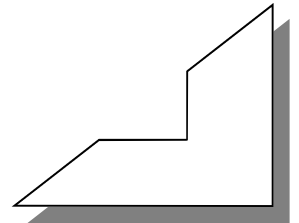
that connects the set to the cable TV network. There is a transmitter attached to the wall outlet and the receiver is built into the TV. This is especially helpful for wall-mounted TVs. You still need a power cable, the range is limited to 33 feet, and it is expensive. However, the prices should drop rapidly.

### Microsoft Office 2010

I have long been happy with Office 2003, which did everything I needed. Just as we got use to Office 2007, Office 2010 has been announced. Office 2007 had few new features, but had a new human interface, called the Ribbon Display, that made things harder to find. Office 2010, however, moves significantly into the Internet. You can now link Internet videos into documents and presentations, so that they become integral parts of the document or presentation. You can also include Internet services such as Facebook, MySpace, YouTube, and LinkedIn. The word processor now includes the ability to retouch and modify images. None of these features is an absolute "must have" feature, so the cost of \$120 to \$500 (depending on which version you get) can be burdensome.

Fortunately there is a good alternative available free. It is the Open Office suite from Sun Microsystems at [Http://www.openoffice.com](http://www.openoffice.com).

I have used it for the last 2-3 years and have found it to be quite good. The human interface is slightly different from Office, but quite understandable.



## Official News Flash!!

**George Champine has returned home from Mass General Hospital and is able to move around the house after his recent bout with leukemia and pneumonia.**

**He is extremely weak after a month in bed and chemo therapy. However he feels good and is gaining strength every day.**

**He is quite active on the internet so keep him in your email messages. He will let us know when he is ready to receive visitors.**

