



# The Quail Runner

For and By the Residents  
Of Quail Run



July—August 2016

Began Publishing 2003  
www.QuailRunHudson.com

Hudson, Massachusetts

## It's Ice Cream Time Again!!

### The Annual Ice Cream Social Saturday, 6 August at 7 P.M. at the Community Center.



As usual, there will be a selection of Ice Cream and delicious toppings.

Frozen yogurt and no sugar added are available.

Come and enjoy making your own Sundae.

\$2.00 per person! You can't beat the price!

Sign up at the Community Center or by calling Barbara Langley 978-212-5006

**Cut Off date is: August 3.**

### Contents

- Area Highlights— 6
- Astrology— 5
- Birthdays— 5
- Book Club—6
- BOG—1, 2, 9, 10
- Colonial Faire—9
- Condo Care—4
- Editor's Desk— 2
- Healthy Living— 3
- Juliets— 7
- Quail Runner Staff— 2
- Recommended
- Tradespeople— 8
- Romeo— 3
- Questions-3
- Stitch & Knit—4
- Social Commit.— 1,7
- Technology Corner— 8
- Thanks—3
- Transitions—6
- Trash—7, 9
- Update to Email—5
- Vacation Delivery—2
- Weight & Nutrition—5
- Welcome—4

### September 20 – Buffet Breakfast – Serving Begins at 9:30 A.M.

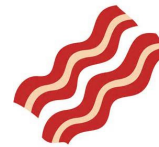


\$5.00 per person.

Quiches, breakfast casseroles, bacon, sausages, juices, etc.

Sign up at the Community Center or call **Marlie Stott** - 978-567-5912 Cutoff date is: September 7

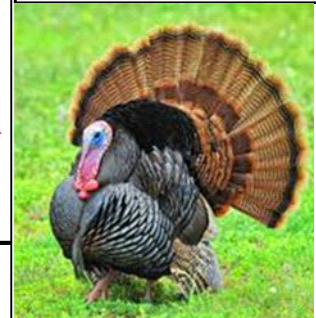
We invite you to arrive about 15-20 minutes before so that you can socialize with your neighbors and friends prior to breakfast.



### Town of Hudson water use restrictions

**Effective July 25, 2016**  
**No Outdoor Watering**

**\$100 fine**



### Board of Governors (BOG) News Page 9

### The Quail Runner Staff

**Editor:** MJ (Mary Jean) Ebens  
**Assistant Editor:** Barbara Langley  
**Assistant Distribution Manager:** Joyce Blank  
**Advertising Manager:** Barbara Morgan  
**Proof Readers:** Pat Ritter-Waltrup, Jan Painter  
 Barbara Langley, Bev Minot,  
 1/3 Autumn Shirley O’Connell  
 4/9 Autumn Kathy Palmaccio  
 5/7 Autumn Claire Kilcommins  
 6/11 Autumn Jane Pugsley  
 1/3 Strawberry Sally Mauro  
 2/4 Strawberry Barbara Champine  
 5 Strawberry Lee Rouse  
 6/8 Strawberry Toby Allen  
 7/12 Strawberry Joyce Blank  
 1/4 Rotherham Kevin Fitzgerald  
 6 Rotherham Harry Morgan

**Columnists:**

**Technology Corner—** Carole Perla & Pete Recklet  
**What’s Up —** Beverly Beylouné  
**Area News —** Barbara Champine  
**Healthy Living —** Peggy Rittenhouse

**Communications: Chair:** MJ Ebens. **Quail Run Email:** “Ted” Baker, **Directory:** Pete Recklet. **Email List:** Carole Perla

**Website:** QuailRunHudson.com

**Published** first week of February, April, June, August, October, December

**Deadline** the 23rd of previous month.

Copies of the *Quail Runner* can be emailed to a friend, relative, or yourself. Contact the editor if interested.

**Back issues of the *Quail Runner* are available from the editor.**

### Vacation Delivery

Give your reporter or the editor a long envelope with two first class stamps and your vacation address. Or you can get issues emailed to you, or view the current issue on

[www.QuailRunHudson.com](http://www.QuailRunHudson.com).

### Editor’s Desk

MJ Ebens, editor



I sent email to the Board of Governors: and I need your help too.

I would like to retire as editor of the *Quail Runner* by the end of this year. In May I turned 80 and feel it’s time to turn the job over to someone else.

I started the *Quail Runner* in 2003 by distributing a single page to the community with the help of Sue Macdonald. (She was the original real estate agent for the contractor.) Sue felt, and I did too, that a newsletter would help build community and bring people together. Sue volunteered her company’s copier to do the newsletter and continued doing it until she retired. The six advertisers now cover the cost of printing, so there is no expense to the community.

I need your help to find someone to take this over. Can Dartmouth help in any way? What can they provide?

How important do you feel the *Quail Runner* is to the community?

The *Quail Runner* Staff is very loyal and hard working. They are listed to the left of this column.

As you may be aware, I’ve been advertising for someone to take on the job for quite some time with no luck. I don’t want to just walk away from the *Quail Runner*, so the questions are to the Board and to the residents of the community: “How important is the *Quail Runner* to you and the community?” “How can you help?” How would no *Quail Runner* make a difference to your life here?

MJ

### Our Board of Governors

**Les Malecki** [lmalecki@comcast.net](mailto:lmalecki@comcast.net) 978-212-5697

**Mike McCormack** [Mocrown@verizon.net](mailto:Mocrown@verizon.net) 978-562-1266

**Bill McPhail** [aruba109@verizon.net](mailto:aruba109@verizon.net) 781-646-4449

**Pat Ritter-Waltrup** [ritterwaltrup@gmail.com](mailto:ritterwaltrup@gmail.com) 978-562-5227

**Klaus Schneller** [kssmet@verizon.net](mailto:kssmet@verizon.net) 978-562-1779

Also appears on page 2 in the *Quail Run Directory*.

## HEALTHY LIVING

by Peggy Rittenhouse  
**“Mini-strokes” and Risk of Subsequent Stroke**



According to an article in the most recent edition of *Harvard Women’s Health Watch* (July 2016) it is very important to recognize the symptoms of TIA (Transient Ischemic Attack) and getting medical attention promptly even if the symptoms go away on their own.

The most common symptoms of TIA are sudden weakness, numbness, confusion, and difficulty walking or talking. Having a TIA (“mini-stroke”) has long been associated with a 12% to 20% risk of having a major stroke within the next three months. An international team of researchers studied a global registry of stroke patients to determine whether that prediction was still accurate. The team studied the records of 4,789 people with TIAs, about 80% of whom received care from stroke specialists within 24 hours of experiencing symptoms. The patients were given MRI or CT scans to detect causes, and those who had evidence of blockages in vessels to the brain or conditions like atrial fibrillation which increase stroke risk received the appropriate therapy. Within the next three months, less than 4% of the patients who received prompt care had a full-blown stroke, which is considerably better than 12% to 20% for untreated patients. (The results were published in *New England Journal of Medicine*, April 21, 2016.)



The article stressed that this should be a wake-up call for women, who are more likely to urge family and friends to get emergency care than to seek it for themselves, especially since so many effective treatments are available.

**Thanks** to all who supported me in my bid for a seat on the B.O.G. Congratulation also to **Mike McCormack**. Quail Run is a great community and I’m sure the new board will serve us well, as they have in the past. I wish them the best in their efforts. **Lenny Suslowicz**, 6-E Autumn Dr.

Come visit us at:  
 42 Main St.  
 221 Washington St.  
 Hudson



Working together to make a stronger community.



800-508-2265 | [avidiabank.com](http://avidiabank.com)  
 Member FDIC | Member DIF | NMLS# 422902



## ROMEO’s

**Retired Old Men Eating Out**  
 (and having fun!)

**Pete Recklet** is checking out the options for the next lunch. He will send out an email with the details.

Please contact **Pete** at 978-562-2721 or [precklet@live.com](mailto:precklet@live.com) if you plan to attend.

The group is open to all men at Quail Run.



### Questions for Retired People:

- How many days in a week? 6 Saturdays and 1 Sunday
  - When is a retirees bedtime? 3 hours after he falls asleep on the couch
  - How many retirees does it take to change a light bulb? 1, but it might take all day
  - What’s the biggest gripe of retirees? Not enough time to get everything done
  - Why don’t retirees mind being called “Senior”. It comes with a 10% discount
  - Why are retirees so slow to clean out the basement? They know their adult kids will want to move back in
  - What’s the common term for a senior who still works and refuses to retire? Nuts
  - What’s the best way to describe retirement? A never ending coffee break
- As always, thanks to Kevin Fitzgerald.

# Condo Care

This is a good time to run the various / seldom used features of you unit occasionally, i.e. ceiling fans, vent fans, showers, faucets—indoors and out, and the oven cleaner to be sure they haven't *frozen, rusted or stuck*.

This is particularly true in the showers where the diverter/hot-cold-balance valve will freeze and not respond on the hot water side. The valve should be used once or twice a week by running the hot water for a minute or two.



## For Sale — Wanted — Free — Services

- Free to the first to call, a slightly used, new looking, powder room light fixture. It is the standard Quail Run "A" unit fixture with two bulb capacity. Used about 1-2 years and replaced. Call **Harold** or **Barbara Edelstein** at (978) 567 5909.
- **For sale:** High back computer chair in black faux leather, \$25. Call **Linda Palmer** at 978-568-9141
- **\$35 Tune up for Windows PCs and Laptops**  
 Repair of Registry errors. Hard disk clean up to prove efficiency. Identification of applications and services slowing the startup process.  
 Installation of missing program updates and missing device drivers.  
 Assessment of antivirus and spyware protections, user accounts and passwords, browser settings and plug-ins with recommendations for improving security and privacy.  
 \$50 Setup new Windows computers and laptops including file transfers  
 Contact **Pete Recklet** at 978-562-2721 or [precklet@comcast.net](mailto:precklet@comcast.net)

**Country Glass Company, Inc.**  
 978 562-2332  
 Custom Frameless Showers • Mirrors  
 Replacement Windows • Entry Doors  
 Insulated Glass Replacement • Medicine Cabinets • Table Tops • Storm Doors and Windows • Screen Repairs • Full Shop Service  
*The Best in Glass and More*  
[www.countryglass.com](http://www.countryglass.com) 9 Bonazzoli Ave, Suite #6 Hudson, MA

## Stitch & Knit

The group meets the second and fourth Tuesdays at 7:00 P.M. each month at members homes. All knitters (or other types of handwork) are welcome.

### Next Meetings:

- Aug 9 **Ginny Fullam**
- Aug 23 **Nicole Baker**
- Sept 13 **Barbara Edelstein**
- Sept 27 **Marie Kapsalis**
- Oct 11 TBD
- Oct 25 TBD



The group continues to knit hats from left-over yarn to go to the Hudson Food Pantry. Contact **MJ Ebens**, if you need a hat pattern.

Contact **Marie Kapsalis**, 978-568-0713, for additional information about the group.


## Welcome New Residents

**Phyllis and Leonard Novicks**, 6E Strawberry recently moved here from Acton. 978-263-0659 They are "downsizing and reducing responsibilities around the house." They commented on the friendliness of all they have met.

**Pam and Fred Thomkins**, 6B Autumn, 978-897-7667; [pamela.thompkins@comcast.net](mailto:pamela.thompkins@comcast.net); Fred is at [fredkto@alum.mit.edu](mailto:fredkto@alum.mit.edu) They are downsizing from Dover, and think Quail Run is a nice place to live with friendly neighbors

**Alessandra and Edward Abellera**, 1B Strawberry; 408-426-500 [ambvabellera@yahoo.com](mailto:ambvabellera@yahoo.com)  
 Edward [95132@yahoo.com](mailto:95132@yahoo.com)

Let **Barbara Langley** or **Barbara Edelstein** know when someone moves into your neighborhood.


1/14

**OWNER**  
**RON CHIASSON**  
ELECTRICIAN

**COMMERCIAL**  
**RESIDENTIAL**  
**INDUSTRIAL**

Free Estimates  
**Call Today**  
978-562-5510

.....

Fully Licensed and Insured  
Lic. # E29975  
Email: Ron\_Chase@msn.com  
Emergency Service 978-618-4648

**Quail Run Birthdays**

**August**

- Peggy Kunz, 4
- Frank Monte, Faith Marcello, 9
- Jeanne Malecki, 13
- Ginny Bosio, 17
- Owen Kilcommins, 22
- Nancy McMahan, 23
- Cathy Bernhardt, Jayne Donato, 25
- Joan Ferri, 28



**September**

- Klaus Schneller, 11
- Marcella Monte, 12
- Sally Mauro, Aileen Wilson, 14
- Sally Guidotti, 15
- Stephen Hoffman, 20
- Alessandra Abellera, Kathy Palmaccio, 23

To include a birthday, contact your reporter or the editor

**Weight & Nutrition Support Group**

We meet on Wednesdays at 9:30 A.M. at the Community Center. Each of us set our own reasonable goal and the group helps us stay focused.

**Sally Mauro**, 978-568-0821, [srednims@aol.com](mailto:srednims@aol.com) is the new contact for this group.

Open to all ladies here at Quail Run.



**Updates to Phonebook / Directory**

**Mike McCormack's** new email address: [mocrown@verizon.net](mailto:mocrown@verizon.net). Mike is a new member of the Board of Governors



**Astrology —  
What's Up**

By Beverly Beylouné

VIRGO

August 23–September 22

This has been a strange year so far. The beginning seemed as if you were constantly dragging your feet. But now things are opening up. You will begin to feel surges of energy increasing as the year goes on. Even your finances are changing. Monies are coming through with little effort on your part. Monies or payments that were held up or owed to you are all of a sudden being paid back or you may be on the receiving end of a commission or bonus. You may belong to a group or club where you could meet someone...an acquaintance...a friendship that will grow into a long term association. You may even meet someone new through your current group of friends. You still have influence from a favored planet...the giver of gifts and luck. It is on your side adding the element of fun and possibly profit from mixing and mingling with others. You may also see monies through something you wrote, whether that is through a manuscript for a book, lyrics to a song, codes for an app, or a speech that you have to give. This year you will discover communication-oriented projects will be fruitful. Enjoy!!



**LIBRA September 23 - October 22**

As the year began you had a crown of stars twinkling at the very top of your chart.... In your house of honors, awards and achievements. If you are working, expect a banner year. Opportunities will begin to show up allowing your creative nature to explode. Your work will stimulate your houses of career, success and salary, so it appears you can get the compensation you want if you negotiate. August is the beginning of any type of communication. You can sign contracts or other important papers. In fact anything that would be considered communication would do.....writing, speaking, translating, editing, researching, teaching, or negotiating would all be favored in an outstanding way. Any type of confidential meeting, negotiation, interview or presentation will have fantastic results. During the rest of the year your home will be a focus. If you have scheduled painters, contractors or decorators and find delays finishing the project .... Don't give up... you will be surprised...your efforts to beautify and appreciate the value of your property will end worthwhile!

## Area Highlights

By Barbara Champine



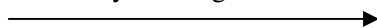
### Balance Rock Farm

Area Highlights this month will be a bit different as it is about a nearby farm store. There are many small farm animals to see if you should wish to take grandchildren. Our editor, MJ, told me about this small store. I shall now be going back many times. Balance Rock Farm has been in the same family for over 5 generations.

They have a small country store in a building which was once a cobbler's shop in the cottage shoe industry of the 1900s. Currently they raise naturally grown, grass fed beef and lamb. They also raise veal, chickens, pork and have cage free eggs, all without the use of added hormones or routine antibiotics. They also offer quite a few products from other local farms and businesses that they like to support. I was told that they go to such things as local fairs to find new products.

A large variety of soups on hand in their freezer come from Chef Paul Correnty of the Harvard MA public schools. A portion of the profits from the soup goes directly to the Harvard school lunch program. Milk in glass bottles comes from Oakhurst Dairy, Byrne Dairy and their neighboring farm from Lunenburg, Stillman Dairy Farm. These dairies do not use artificial growth hormones and never will. Oakhurst Dairy is one of only 12 dairies in the country to have perfect scores from meeting rigorous federal standards known as HCAAP. Oakhurst donates 10% of their profits to children's charities and environmental organizations throughout New England. Byrne Dairy was named the "Safest Fleet in New York State." Stillman Dairy now bottles their grass fed jersey milk in Balance Farm glass quart bottles.

Ice cream is available as well. There is cheese from Smith's Country Cheese. Cheddar and Gouda cheese is made of milk from Smith's own dairy cows. The farm store carries homemade butter. They also carry maple syrup from Adda Farm in Berlin, and an amazing assortment of homemade jams from Dawn's Delights. There is wildflower honey from Maine. Hogan Brothers, a local Micro-Roaster located in Webster, supplies specialty coffee and you can get chocolate



**CHAVES**  
THE KEY TO YOUR COMFORT  
**Heating & Air Conditioning, Inc.**  
15 BONAZZOLI AVENUE, HUDSON, MA 01749  
877-7-CHAVES or 978-562-5309  
www.chaveshvac.com

## Book Club

Meetings are at the Community Center, from 7 to 9 P.M., generally the last Wednesday of each month.

2016

August - A Touch of Starduct by Kate Alcott

September - Left Neglected by Lisa Genova

October- One Plus One by JoJo Moyes

November- The Unlikely Pilgrimage of Harold Frye by Rachel Joyce

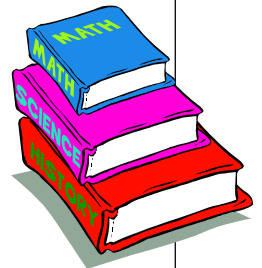
December - Ordinary Grace by William Kent Krueger

2017

January - Still Life With Breadcrumbs by Anna Quindlen.

February- A Fall of Marigolds by Susan Meissner

For more information, contact **Carole Perla**, 978-568-9979 chairing of the group.



candies called Bog Beans with no fillers or artificial ingredients.

So, if you want some meat, dairy, soup, fresh eggs or other products that not only taste the best but are also completely natural, try Balance Rock Farm.

Balance Rock Farm is open 9 A.M—9 P.M. everyday but Thursday. They are located at 104 Highland St., Berlin, MA. Take route 62 west until you come to the center of Berlin. Right before the church turn right onto Carter St. which becomes Highland. In 1 mile you will see a big red barn on your right, a big white house on the left, and right after the house, the red store "Udder End" of Balance Rock Farm. Bon Appetit!



### JULIETS NEWS

#### Quail Run women are invited to Lunch

August 18 (Thursday) 12:30

**Horse Shoe Pub** (up stairs)  
Choose off menu; separate checks; contacts: **Dean McEvoy** 978-562-5238 **Susan Ciampi** 978- 568-1625



September 15 (Thursday) 12:30

**Lotus Blossom Restaurant**  
394 Boston Post Road (Rt 20)  
Sudbury; Choose off lunch menu (various prices) or choose buffet for \$11.50; checks by table; Contacts: **Alice Gagne** 508-653-0381 **Theresa Bosio** 978 568-1416

Sign up with these ladies or on the list at the Community Center.

### Social Committee

#### Plan Ahead Schedule

August 20 – Coffee Hour – 9:30 A.M.



September 20 – Buffet Breakfast – 9:30 A.M.

\$5.00 per person. Serving: quiches, breakfast casseroles, bacon, sausages, juices, etc.

Sign up at the Community Center or call Marlie Stott - 978-567-5912 Cutoff date is: September 7

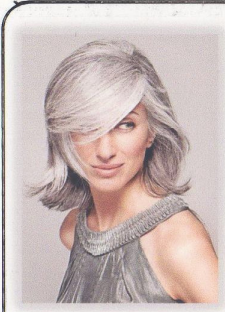


We are doing something different this year. The breakfast will be served at 9:30. We invite you to arrive about 15-20 minutes before so that you can spend time socializing with your neighbors and friends prior to breakfast.

October 15 – Progressive Dinner - 6 P.M.

November 12 – Pot Luck Supper – 6 P.M.

December 10 – Holiday Party - 7 P.M.



#### Great Lengths

**Hair & Nails**  
Specializing in all phases of hair & nail care for men and women

508-481-8086

176 Maple Street, Marlborough

4/16

### Social Committee

#### A REQUEST FROM THE SOCIAL COMMITTEE

We would like to ask everyone who plans on attending one of our events to be sure to sign up either at the Community Center or call the contact person on or before the cutoff date.

It is very important for us to have a proper head count in order to set up the seating as well as having the right amount of food.

The sign up sheet is usually posted in the Community Center 3-4 weeks prior to each event.

We will no longer accept any reservations after the advertised cutoff date.

Sign up is not required for coffee hours

Thank you for your cooperation.



### Blowing Trash

Trash is blowing off decks in the upper end of Autumn and probably other places too.

Please be careful when using your decks to avoid trash blowing off your decks into other yard space.

Remember: Our mail carrier says this is the windiest part of his route!



**TELL OUR ADVERTISERS YOU SAW THEIR AD IN THE QUAIL RUNNER.**

**Technology  
Corner**

**Don't Be Hacker Bait:  
Do This One-Hour  
Security Drill**

5 Steps to make your digital self less attractive to hackers, phishers and overly aggressive marketers

By GEOFFREY A. FOWLER

Updated Feb. 3, 2016 3:13 P.M. ET Continued from last issue:

**4. Bolster your browser privacy:** Why it matters: The browser is the No. 1 venue snoopers and aggressive marketers use to exploit you. But there are ways to keep them at bay.

**Quick fix:** Start with a clean sweep of everything in your browser—sometimes called “clear browsing data” or “remove website data.” Doing this will delete passwords saved in the browser (which isn't a safe place to store them), and may require you to re-login to some sites that previously remembered you.

While we're focused on security, this checkup provides a good chance to shake off some unwanted marketers: Activate Do Not Track in the settings for your browser and install a browser extension like Ghostery, Disconnect or EFF's Privacy Badger to block spying ads and trackers.

**Deeper dive:** Disable Adobe Flash in your browser; it is one of the most common means of transmitting malware.

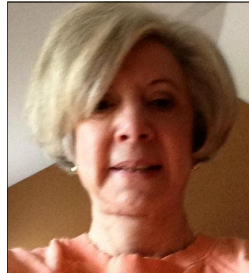
To further escape tracking by the ad industry and companies like Facebook, go to aboutads.info/choices and request an opt out from more than 120 participating companies.

**5. Conduct an app census**

Why it matters: The rise of the app economy means more businesses are watching where you're going and what you're doing every minute of the day—which is both a privacy and a security concern.

**Quick fix:** On your phone, check to see which apps have access to your location and other data. Turn off access or delete any you don't really use. (Bonus: This will save you battery life!)

On iPhone: Go to Settings, then Privacy, and be sure to check Location Services, Contacts and Health.

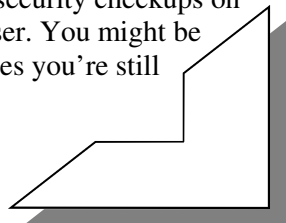


**Carole Perla**

On Android: To review permissions based on category such as location in the latest Android 6 (Marshmallow), go to Settings, then Apps or Application Manager, and tap the gear icon and App permissions. On Android 5 (Lollipop), you have to check the permissions of each app individually.

**Deeper dive:** Inspect your Facebook apps, and clear out ones you don't care about—many have your personal info. When I checked, I had 210, including one called “How hipster are you?”

Perform the Google and Facebook security checkups on your accounts from any Web browser. You might be surprised how many different devices you're still logged in on.



**Let Carole, cperla@me.com, or Pete, precklet@live.com, know what topics you'd like to see covered in the Tech Corner, both PC and Apple, other technology applications such as iPad and assorted Smart Phones.**

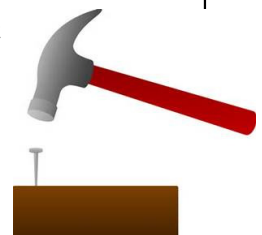
**Recommended Tradespeople**

Two contractors/businesses that are reliable and do great to work for you. Recommended by **Lenny and Carol Suslowicz**

- Changing counter tops kitchen or bath; **Silvio** at Arts 279 Brigham St Hudson, 508-203-6781
- **Browns appliance and TVs**, 243 W. Main Street Northborough 508-393-8713

**Cafe 641** 45 Main St., Hudson. Great place for breakfast and lunch. Fits right in with the publicity Hudson's been getting with our choices of places to eat. They are under new management, so if you weren't too pleased before, give them another try. Also a great place to check out their beautiful mural of the old LaPoint Machine Shop. Recommended by **Ebens**

**Handy Man Services** offered by **Brett Baker**, 978-870-3356 BAK-ER13@comcast.net, available for odd jobs around the house. \$20 per half hour. Recommended by **Ebens**





**Colonial Faire & Muster of Companies of Fifes and Drums  
Living History Demonstrations  
Historical Re-enactments**



Children’s Games & Activities  
 Craft Vendors  
 Parade of Fife and Drums 12:00 PM  
 Followed by Fife and Drum Muster!  
 Food Court  
 When: Saturday, September 24th, 2016 Time: 10:00 AM to 4:00 PM  
 Where: Longfellow’s Wayside Inn Wayside Inn Road, Sudbury, MA 01776  
 Your Hosts: the Sudbury Ancient Fife and Drum Company and the Sudbury Companies of Militia and Minute  
 Admission: Adults \$2.00, Children Under 12 Free!

Includes Raffle Ticket for two \$50 Gift Certificates to the Wayside Inn.  
 Parking: Free! but limited, come early!  
 Rain Date: None, Event held rain or shine!  
[www.Sudburyminutemen.org](http://www.Sudburyminutemen.org)

**Delayed Trash Pick-up Dates for the rest of 2016**

Labor Day	September 5
Columbus Day	October 10

**James J. Morais, GRI-CRS**  
*Realtor Emeritus*

**Village Real Estate, Inc.** Office 978. 568. 8746  
 56 Main Street Facsimile 978. 568. 8748  
 Hudson, Massachusetts 01749

MLS Email [village-re@verizon.net](mailto:village-re@verizon.net)

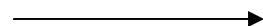
**July Board of Governors (BOG) News**

As you are well aware we are having an extremely dry and hot summer. Hopefully we will soon get rain.

Our irrigation system is aging and in case you never heard the rumor, it was not installed properly. Bringing up the irrigation system was delayed this year as the Board had serious discussions about shutting down the irrigation system forever. This discussion centered on the previous yearly annual repairs to the irrigation system along with the cost of the water. The Board made a commitment to bring up the irrigation system this year and incur whatever costs were encountered.

Dave’s Landscaping has told us that the irrigation lines were put in without sleeves and before the final top soil and grade. Therefore, irrigation lines are very deep, sitting in crushed stone, and subject to leaks. These leaks will continue to occur. At least one irrigation line is more than a foot and a half deep. The lines are also under every driveway. Thanks to our prior landscape company, many of our sprinkler heads were buried and/or non-functioning. Sprinkler heads have been repaired.

It took Dave’s Landscaping significant time to identify and remedy the irrigation issue at the Community Center; it’s now operational and the lawn is currently being watered daily for the next week to try to green up the grass. Several irrigation leaks have occurred in lawn area and have been fixed. Now the bad news; there are four driveways that have irrigation leaks under them requiring excavation. Three of the four driveways are double wide. The irrigation leading to these four driveways has been shut off. There is a fifth driveway that has an irrigation leak, but since it’s at the end of the irrigation line a battery operated valve can be installed to water the one last grass area. The Board approved the



**Bog News (Continued)**

quotes for this work at the July Board meeting held on July 19.

Note: Dave's Landscaping attempted to find an irrigation line from the side of a driveway to determine if a trench could be bored under the driveway instead of other options and couldn't get there. Also, there are other irrigation zones that Dave's Landscaping is still trouble shooting in order to fix. Dave's Landscaping has also made certain that we have no water traveling down the roads. While this may leave us with some brown spots, at least we are conserving on our water costs.

The costs of the irrigation repairs this year far exceed our budget. The associated costs must be covered. What the future holds is undetermined, but if this year is any indication this only gets worse for several years to come.

In follow-up to the break in the main water joint in the basement of 3F Rotherham, all exterior main water shut offs have been flagged. The "T" bar has been purchased and stored in the pump house. All internal lock nuts on the water pipes going into buildings have been checked and as needed the lock nuts tightened. By tightening the lock nuts, we hopefully avoid another flooded basement.

When we lost power a couple of weeks ago it was noticed that the generator did not cycle on. There was a belt that needed to be replaced and a fan that also needs to be replaced. The belt has been replaced and the quote for the fan has been signed. This should be addressed imminently.

The deck repairs and painting is on-going. The replacement caps have been received and are to be painted the same color as the deck siding. There are several units with structural damage. The Board has decided that repairs to these units are to be made by an independent licensed carpenter rather than Majestic Painting. We are waiting on the bids from two contractors. In the meantime, the Board has inspected every deck and noted all items needing attention on an Excel Spreadsheet. This "punch list" has been given to Majestic Painting. It's anticipated that all noted items except the structural damage will be addressed. The Board will continue to monitor this situation.

The Board has also signed a contract with Majestic Painting to power wash our front porches and stain the ceilings. This project will not commence until the decks are finished. At that time all hooks in porch ceilings will be removed and filled, and all boring bee holes will be filled. Note: this does not include hooks on the white trim which are permitted. Unit owners will be notified before the power washing begins so porch furniture, hanging plants and planter box flower inserts may be removed. Please reference the Revised Rules

and Regulations on the use of plant hooks – limited number on the white trim and none on the porch ceilings.

The Board signed a contract with Dave's Landscaping to replace four ornamental trees that are dead or almost dead, replace the dead maple beside the satellite parking area by the back of 9D Autumn, and plant a tree in the front of 4C Autumn. Due to this year's severe weather conditions no trees will be planted in the open space beside 2 Autumn.

In the meantime, the Board met with Jeff Bourque from SaveATree. The first and fourth maples on the right side of Autumn when coming off Reed Road are suffering from stem cankers and the first tree also has a girdling root around the base of the tree and some gypsy moth caterpillars (look at the oak tree on the corner – high up on the Reed Road side, it has been munched pretty good by gypsy moths caterpillars). The stem cankers cause a disease to the vascular system that causes the tree to not take in water. We are going to lose these trees. The maple at 3A Autumn is suffering from stem cankers and will die. The distressed but not yet dead tree by the parking lot between 6 Autumn and 1 Strawberry is also suffering from stem cankers. We are going to lose this tree. The Board and Jeff also looked at other distressed trees (e.g., losing leaves or not looking too good). Response: water, water, water. Turn the hose on low and put at the base of the tree and let it run for an hour every other day. Also, one can purchase 10/10/10 fertilizer and put around the base of the trees. It's also critical that the tree root base be exposed in order to breath – a couple of tree bases were dug out.

On July 19<sup>th</sup> shrubs were pruned. The Board clearly understands that many of the shrubs were planted by unit owners and they have blue stakes. However, many of these shrubs grow quite tall and wide, and have been planted in very small flower beds. In order to establish some type of standard for maintaining our grounds in an attractive and appropriate fashion, rules were established regarding the height of these shrubs. Please reference the latest Revised Rules and Regulations, Section 22, (a) and (b):

"For planting beds marked with a blue stake the unit owner/resident is responsible for the maintenance of the plantings. Shrubs and bushes in the front of all units will be pruned annually by the landscape company without regard to the blue stake to make sure they are properly maintained (i.e., no growth over the bottom of a kitchen window or top of the front porch)."

"Plants must not rest against the wall where they can abrade the paint."

The Board does recognize that the Rose of Sharon should not have been pruned quite this early; however, these shrubs do need to be maintained when in the front of units.

We also do acknowledge that in a couple of cases the crew was overly aggressive and pruned things that did not need to be cut back. This has been addressed.

By the way, calling The Dartmouth Group emergency number costs the association \$15 per call. Please do make sure that when you call that number it is actually an emergency.

Do have an enjoyable summer season.