

The Quail Runner

For and By the Residents
Of Quail Run



November—December 2015

Began Publishing 2003 www.QuailRunHudson.com Hudson, Massachusetts



Holiday Party

Saturday, 12 December. 7 P.M. \$2.00 per person BYOB

Appetizers, desserts and punch provided by the Social Committee

Gift exchange.

To take part, bring a generic new gift valued at \$10.00

A food item for the food pantry would be appreciated.

The Annual Budget Meeting held by the Board of Governors of The Villages at Quail Run Condominium Association at the Community Center is scheduled for Wednesday, 16 December at 7:00 P.M.

The purpose of this meeting is to review



with unit owners the approved 2016 Budget.

Board of Governors (BOG) News Page11

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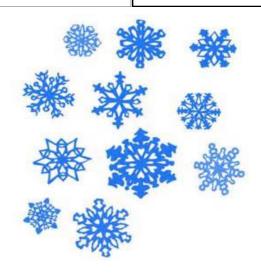
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4/9 Autumn Pat McKay & Kathy Palmaccio

5/7 Autumn Claire Kilcommins

6/11 Autumn Mary Lewis

1/3 Strawberry Sally Mauro

2/4 Strawberry Barbara Champine

5 Strawberry Lee Rouse

6/8 Strawberry **Toby Allen**

7/12 Strawberry Jovce Blank

1/4 Rotherham **Kevin Fitzgerald**

6 Rotherham Harry Morgan

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& Pete Recklet

What's Up — Beverly Beyloune Area News—Barbara Champine Healthy Living—Peggy Rittenhouse QR Real Estate News—Hugo Guidotti OR Cook Book—Claire Kilcommins

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<u>Published</u> first week of February, April, June, August, October, December

Deadline the 23rd of previous month.

Copies of the *Quail Runner* can be emailed to a friend, relative, or yourself. Contact the editor if interested.

Back issues of the *Quail Runner* are available from the editor.

Vacation Delivery

Give your reporter or the editor a <u>long envelope</u> with two first class stamps and your vacation address. Or you can get issues emailed to you, or view the current issue on

www.QuailRunHudson.com.

Editor's Desk

M.J Ebens, editor

We welcome two newcomers to the *Quail Runner* staff: **Barbara Morgan**, who takes over as Advertising Manager and **Joyce Blank** who will report on the 7/12 circle on Strawberry. Happy to have you both on board!



Barbara Picarello is still looking for a replacement to send out our Quail Run email notices, not a big job, but a necessary one. **Toby Allen** is giving up the chair of Curtain Call, and your editor would be happy to find a replacement. The *Old Timers* here at Quail Run have done a lot to make the community the active, involved and caring place it is. But, we are running out of steam, and need new people to think about taking on some of the jobs.

The BOG's snow removal agreement with Dave's is quite a change from the past and covers a lot more than previously. But before you request a service from Dave's be sure you're clear about the cost.

Barbara Champine's column (page 6) on the Senior Center is worth checking out. Hudson has one of the best Centers and its programs are top notch in our area.

The Richard F. Ebens sidewalk continues to progress — we all thought work had stopped on it, but now the sidewalk goes down both sides of Technology Drive. The curb cut at the end near the Stop 'n Shop end is in progress as of this writing. The cut outside of West Ridge is missing and we wonder if that is their responsibility or ...

Thank **Kevin Fitzgerald** for the **Idiot Sightings**, none here at Quail Run, I hope! MJ

Our Board of Governors

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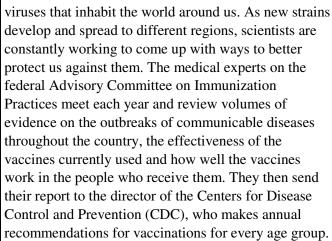
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This listing also appears on page 2 in the *Quail Run Directory*.

HEALTHY LIVING

by Peggy Rittenhouse **Vaccinations You May Need**

Because the world is changing fast, so are the bacteria and



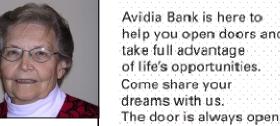
Since flu season is about to begin, it's a good time to review the vaccines you need and to have them soon. It can take about 2 to 5 weeks for a vaccine to become effective. Here are four vaccines you want to make sure you have if you're 65 or older. Because they are recommended, your insurance should cover all of them.

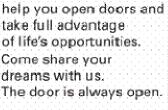
1. The flu shot:

Every year experts predict which of the many strains of influenza virus are going to predominate in the U.S. and design a vaccine to protect against them. Even if you got a flu shot and came down with the flu last winter, don't let that deter you from getting the vaccine this fall. Even if the vaccine isn't a perfect match, people who receive it are likely to have a milder case of the flu than those who don't get the shot.

2. The pneumonia vaccines:

Now two pneumonia vaccines are recommended one, PVC13 (Prevnar 13) protects against 13 strains of the pneumococcus bacterium; the other, PPSV23 (Pneumovax 23) protects against 23 strains. They're advised for all adults 75 or older.











ROMEO's

Retired Old Men Eating Out

(and having fun!)

Wednesday, 16 December at noon Allora Ristorante; 139 Lakeside Ave. Route 20, Marlborough

Please contact Pete Recklet at 978-562-2721 or precklet@live.com if you plan to attend.

The group is open to all men at Quail Run.

Healthy Living (From left)

3. The Tdap or TD vaccine:

If you didn't have the Tdap (tetanus, diphtheria, and pertussis) vaccine in childhood, you'll need it. If you've been vaccinated, you should have Td (tetanus and diphtheria)—a booster to the Tdap vaccine—every 10 years.



4. The shingles vaccine:

The shingles vaccine, Zostavax, offers some protection against the reactivation of the chickenpox virus, varicella-zoster, which, if it awakens from its dormant state within the body, produces shingles, marked by a rash and excruciating pain on one side. Zostavax is recommended for everyone 60 or older, even those who've already suffered through a shingles episode. You can still get the shingles, but the symptoms are less severe in people who've been vaccinated.

The above information taken from the October 2015 Harvard Women's Health Watch.

Condo care

Don't wrap or cover your air conditioner over the winter – that could cause serious condensation problems and it makes a cozy home for the small critters who do other types of damage

Window Washing at Quail Run — Our windows do tilt to the inside. Push the bottom pane up a few inches and then release the latches at either side of the top of that pane and pull forward. To do the top pane, pull it down a few inches and then release the latches at the top. Be careful with the window pane — they are very heavy! You may want to rest it on the back of a chair or something similar.

Oven Cleaning suggestions — empty the drawer under the oven and open the cabinet drawers on either side of the stove. The white cabinets are susceptible to the heat from the oven in cleaning mode.

Dish Washer Cleaner "afresh" is available at Hudson Appliance, \$8 for 6 tablets – 1 per cleaning. The suggested use is once a month. The **Ebens** discovered how much *ick* was inside the dishwasher when some repair work had to be done.

Game Night is Back

Every third Tuesday of each month at 7:00 P.M. at the Community Center.

We split into small groups and play whatever game you like. There are several at the Community Center including Rummicube, Dominoes, Bunko, Taboo, and Trivial Pursuit. Feel free to bring a different game. We play till 9:00.



Bring a snack to go with the coffee, and tea.

No need to sign up...just come.

It's FUN and it's FREE!!!!



Stitch & Knit

The group meets the second and fourth Tuesdays at 7:00 P.M. each month at members homes.

All knitters (or other types of handwork) are welcome.

Next Meetings:

December 8, **Barbara Edelstein** January 12, **Lorraine Cochran** January 26, **Barbara Baker.**

Contact **Marie Kapsalis** for additional dates and locations.

The group recently sent 5 knitted hats to the Hudson Food Panty. **Toby Allen** says they were gratefully received. The recipients were so pleased that someone would do something like this and the hats are "so nice and please tell them Thank You" The group plans to send more hats down to the pantry in time for the year end holidays.

If you would like to contribute a hat give the finished product to anyone in the group or to **Toby**. Contact **MJ Ebens** for an easy pattern or use your own.

Community Center Coat Rack Missing

The coat rack that belongs to the Community Center is missing. It's chrome and fairly large, so it's not something someone could remove by accident. Perhaps one of the caterers might have taken it by mistake.

If you have any idea where it might be, please contact **Marlynn Stott** at 978-567-5912.





Quail Run Birthdays

December

Janey Freedman, 2 Joyce Goodwin-Kent, 4 Rick Carwile, 4 Richard Ebens, 6 Jan Painter, 10 Theresa Bosio, 19 Renee Kossuth, 21 Diane Bemis, 21 Jean Meola, 28 Charles (Chuck) Kent, 29 Ken Spears, 29 Marilyn Hoffman, 29



January

Barbara Langley, 10 Helen Marckini, 13 Barbara Kansky, 17 Peggy Rittenhouse, 20 Terry Milot, 20 Shirley O'Connell, 27 Karen Hart, 31 Robert Bemis, 31

To include a birthday, contact your reporter or the editor

Weight & Nutrition Support Group



We meet on Wednesdays at 9:30 A.M. at the Community Center. Each of us set our own reasonable goal and the group helps us stay focused.

Open to all ladies here at Quail Run. Contact **Marcella Monte** for more information.

Polly, fed up with her dieting results, Takes aim at a new plan!

Astrology — What's Up By Beverly Beyloune Capricorn December 22 January 19

Recently you saw delays that might have forced you to rethink, readdress, or redo a project. No doubt

you were forced to be flexible when things went wrong or when any help was "missing in action". 9 It was enough to make you want to pull your hair out.

This month and into the new year by comparison, your life will proceed in smoother form. You will have to deal with a slightly stressful full moon at month's end (November), but compared to what you've been through, it should be a piece of cake to handle. You will have a sweet breather where you can make plans and not worry that someone will unexpectedly jump out of a potted plant behind you to torpedo your plans.

That won't happen for a long time! You will be able to get lots done now. The universe must have felt a little guilty about the tough times you've gone through and now sends the most darling, encouraging new moon of 2015. You have been working hard, but this new moon will open the door to weeks/months of social fun. As you socialize, not only will you have fun, but it looks as though you will get tips about finding funding or in getting ahead in many ways.

Aquarius January 20 - February 18

The year is ending on a wonderful note, dear Aquarius. Aspects are giving you a chance to celebrate the year-end holidays in a beautiful city in your own country or allow you to fly overseas for an exotic vacation on foreign shores. Venus will enter suggesting that you will love the accommodations you choose. This is a perfect time to shop for new things to wear.

Saturn will put a serious tone over what happens within the next two months. You may learn something you didn't know about a friend that you cannot ignore and that may upset you. Saturn could bring a separation, so you may have a falling out with this friend or you may simply need a little time alone to sort things out before you come together to talk. The latter option seems to be best.

This coming year you will have plenty of variety and balance, with unexpected opportunities and time for fun with friends too. Remember that you may like to go on a long trip for the holidays, so consult your calendar and buy your air ticket now. You may ring in the New Year in an exciting location and enjoy every moment of your time away.

Area Highlights

By Barbara Champine

HCOA: HUDSON SENIOR CENTER

I have just returned from a wonderful day trip to a dinner theater sponsored by our Hud-



son Senior Center. Those of you who have not used the many benefits of our center are missing out on many worthwhile activities. They have a very knowledgeable staff headed by **Janice Long**. Why not visit the center and sign up. It only costs \$7 to join and that covers the cost of the newsletter. There are so many activities available that I will only be able to touch on some of them here.

Dermatologists and Alzheimer experts are available. Free legal clinics (with a nice free lunch) are presented several times a year with topics useful to seniors. There are programs for fire safety and chronic disease management. There are programs on fall prevention. You can have your blood pressure taken.

Bay Path provides an afternoon per week for structured time in a safe environment. You can access state home care services and information on nursing homes. Meals on Wheels is available. There is a bus for food shopping. Fitness, yoga, line dancing, Tai Chi, and cooking classes are available. There are water aerobics and a walking club. There is a hearing clinic and



a podiatry clinic. There are also classes in quilting, painting and photography. There is a movie day each week, a lending library, gift shop, and group games available.

The trips provided by the center are excellent. They include day and overnight trips. They take care of you from start to finish so you have

no worries about travel. Buses pick you up in Hudson. If you fly to your destination you will be taken directly to Logan and picked up there after your trip.

SHINE advocates will help you with health insurance. They offer fuel assistance. They will work with you to keep you in your own home.

There are many chances to volunteer in the library, gift shop, meals on wheels etc.





Book Club

Meetings are at the Community Center on Wednesdays, from 7 to 9 P.M., generally the last Wednesday of each month.

Carole Perla, 978-568-9979. is now chairing the group.

The group's reading list for the rest of the year is:

November - All the Light We Cannot See by Anthony Doerr December - The Boston Girl by Anita Diament

Area Highlights (Continued from left)

AARP tax preparers are available at no charge, February to April 15 each year.

Vans can take you shopping, to medical appointments, banking etc. in Hudson and Marlborough. Noon meals are available each day at the center. There are other meals provided during the year, some free and others with a modest charge.

Marlborough Hills has a Lunch and Learn program with free lunch and topics of interest to seniors. There is a program for Veterans to get together and "talk". A flu clinic is provided each year. There is also a Day Break program once a week to help those who need assistance and give a break to caregivers. There is a class in Genealogy.

There are many more things going on here, so if you have not yet paid a visit to our Senior Center; please do so soon and get a copy of the latest newsletter. They are at 29 Church Street, Hudson. Tel: 978-568-9638.

JULIETS NEWS

Quail Run women are invited to Lunch

December 15, Tuesday at 12:30 at Bistro Limoncello Restorante 290 W Main St, Northborough Pick from menu; separate checks Contacts: **Alice Gagne** 508-653-0381 and **Theresa Bosio** 978-568-1416

January 14, Thursday at Epicurean Room at Assabet High School Buffet start time for us will be at 11:45; Price \$8.75 contact person Claire Kilcommins 978 562 3336

Sign up with these ladies or on the list at the Community Center.



Condolences to **Angela Donato** and the many friends of **Josephine Fierro**, 3D Rotherham Way, who passed away in October.

Condolences to Ann on the death of her husband, Dr. Julian Demeo Jr., 88, 4E Strawberry who died 27 November. They had been married 62 years. Instead of flowers, donations may be made to the Apostolate of Opus Dei, do Chestnut Hill Center, 481 Hammond Street, Chestnut Hill, MA 02467. Complete obituary may be viewed www.CollinsFuneral.com.

For Sale — Free — Wanted

Free: Kirby vacuum cleaner with attachments Two metal file cabinets, 2 and 4 drawer.

Linda Palmer- 978-568-9141

FOR SALE: LaZy Boy - High Leg, Wing Back Recliner. 41"H x 29.5"W x 37.5"D. Blue/gold print.; Excellent Condition - \$50. Call **Marcella Monte** – 978-562-0823

Wanted: Cooks to Share Their Recipes with the *Quail Runner*!

Send your recipes to **Claire Kilcommins**, 978-562-3336 or okck@verizon.net

TELL OUR ADVERTISERS
YOU SAW THEIR AD IN THE
QUAIL RUNNER.



Recipe Book

Apple Cake

- 2 cups sugar
- 4 cups chopped Apple (Granny Smith)
- 12 eggs
- 1/2 cup vegetable oil
- 2 1/2 tsp vanilla
- 2 cups flour
- I 1 tsp cinnamon
- 1 tsp nutmeg
- 1 tsp baking soda
- 1 tsp baking powder
- I 1 tsp salt
- 1 cup chopped walnuts
- 1 cup raisins

Set oven to 350°

Stir chopped apples with sugar and set aside
Beat eggs, vegetable oil and vanilla on medium
speed, just until fluffy

Pour beaten egg mixture over apples and mix with a spatula.

Sift the flour, cinnamon, nutmeg, baking powder, baking soda and salt. Add to the apple mixture and mix till smooth using a spatula.

I Fold in nuts and raisins.

Pour batter into a lightly greased and floured (bottom and sides) 9x13 pan. Bake 45-50 min until a pick inserted near center comes out clean.

| Barbara Edelstein



Claire Kilcommins







Why Won't Microsoft Just Leave Me alone?

We already know that Microsoft thinks everyone should be running Windows 10 on their computers, laptops, tablets and phones. That's the reason why Windows 10 is being offered as a free upgrade for existing users of Windows 7 and Windows 8 until July 29, 2016. For some of us however, the Company's efforts to coax us into downloading Windows 10 have reached annoying levels.

It started with Microsoft's reservation system that was downloaded to Windows 7 and 8.1 computers as one of the regular updates. Then, even before Windows 10 launched, we were encouraged to reserve a copy. After the Windows 10 launch, popups regularly reminded us to upgrade.

Next, beginning in early 2016, Microsoft intends to change Windows 10 from an "optional" update to a "recommended" update. That means if your computer installs updates automatically (as it should do for security reasons), by the time you see a popup asking if you want to upgrade, set up files for Windows 10 will have already been downloaded. This may not be good news if you have limited hard drive space or a slow or data-limited internet connection. There is some good news however. Microsoft says it's only going to do that once. If you opt out of installing Windows 10 at that point, Microsoft says it will leave you alone, which is great for people who are happy to continue using Windows 7 or 8.

You've probably noticed the icon in your taskbar that looks like the new Windows logo. Clicking on it opens a Windows 10 reservation page. If you don't want Windows 10 and want that icon to go away, you can hide it by right-clicking on the taskbar and choosing Properties. Go to the Taskbar tab and under "Notification area," click the Customize button. Find the Windows 10 icon, and next to it select "Hide icon and Notifications" and then click the OK button.

If you want to eliminate this icon, you'll need to uninstall a specific Windows update. In Windows 8, using a mouse, right-click in the lower right corner of the screen and choose Control Panel. If you're using a touch screen, swipe from the right of the screen and tap Settings>>Control Panel. In Windows 7, go to Start>>Control Panel. In Control Panel, click "System and Security" and then under Windows Update, click "View installed updates." Find update KB3035583, click on it and then click the "Uninstall" button near the top of the Windows Update screen.

Ok, I have upgraded to Windows 10, how do I...

1. Get rid of the tiles

If you thought the tiles in Windows 8 were going away ...

surprise, they are still here. They are part of the new, outsized Start Menu, but they don't have to be. If they are "Live" tiles that connect to services like news, weather or the stock market, you can right click on a tile to either turn it off or unpin it to make it completely disappear. The other tiles serve as shortcuts to programs installed on the computer. Right click on a tile and you can do a number of things: resize the tile; unpin it from the Start Menu Screen; pin it to the Taskbar; open the file location or uninstall the program. Unpinning a tile will not prevent you from using the program. Click on "All Apps" at the bottom left corner of the Start Screen, to see an alphabetical list of all installed applications. So while tiles may afford a link to your commonly used applications, there are other easy means of access and removal of all the tiles will leave you with a Start Menu that takes much less space on your desktop.

2. Find Control Panel?

It hasn't gone away, it's just hidden. Most of its previous functions have been assigned to "Settings". The Settings Screen is accessed from the lower left corner of the Start Menu. The numerous categories in Control Panel have been condensed to just nine Settings icons. If you can't find exactly what you need, use the search box in the upper right corner of the screen to generate a more focused list of options.

If you really miss Control Panel, it is still available. Open Settings, type "Control Panel" in the search box. Click on "Control Panel" in the list of search results to open it. It will function similarly to previous Windows versions except you cannot use it to change Windows Update settings. Some other functions are linked back to the Settings Menu. If you want to have direct access to Control Panel, create a desktop shortcut and then "pin" it to the taskbar on the desktop.

3. Enable Windows 10's secret User's Manual? Prior to the launch of Windows 10, Microsoft relied on thousands of independent testers to look into every nook and cranny of the operating system to identify bugs. They also uncovered some pretty interesting features. One of these is something called "GodMode". GodMode essentially provides a unique access to Windows 10 by putting all of the operating systems functions onto a single menu, allowing a user to scan and scroll through settings and functions that otherwise would be scattered throughout the operating system. This allows users to more easily customize Windows 10 for their specific needs. It is the ultimate on-line User's Manual. To enable GodMode on your computer, you first must have full administrator privileges on your computer. Next, right click on your Windows 10 desktop screen. Create a new folder and give it this exact name: GodMode. {ED7BA470-8E54-465E-825C-99712043E01C}. This will create a God-Mode icon. Just double-click on the icon to start customizing Windows 10.

(Continued on page 9)

Technology Corner (Continued from page 8)

4. Roll back the Windows 10 installation? I upgraded but now I want to go back.

You went through with the Windows 10 upgrade and there are problems or you just don't like it. For 30 days after you upgrade, you can go back to the version of Windows that you upgraded from.

To go back, click on Start>>Settings and choose the Update & Security icon. Then go to the Recovery section and under "Go back to Windows 8.1" or "Go back to Windows 7," click "Get Started." Windows will ask why you're going back, give you some warnings and then do its thing. It's simple, although it could take a while.

Unfortunately, this isn't a complete fix. Some program icons might be missing or not working, even though the programs are still installed. Also, clicking on some links or files might not open them in the right program anymore. You'll have to spend some time recreating icons and telling Windows which programs you want to use.

The lesson to be learned here is that it is often a good idea to wait a while before installing any new software application. This allows time for the bugs to get worked out before you upgrade. For most of you there is no immediate pressure to upgrade. Although Microsoft's mainstream support (updates and security patches) for both Windows 7 and 8 has ended, extended support (security patches only) will continue to January 14, 2020 for Windows 7 and January 10, 2023 for Windows 8. Your only concern going forward may be whether you need to replace your computer before then.

\$35 Tune up for Windows PCs and Laptops

Repair of Registry errors.

Hard disk clean up to improve efficiency.

Identification of applications and services slowing the startup process.

Installation of missing program updates and device

Assessment of antivirus and spyware protections, user accounts and passwords, browser settings and plug-ins with recommendations for improving security and privacy.

\$50 Setup new Windows computers and laptops including file transfers

Contact Pete Recklet at 978-562-2721 or precklet@live.com



After almost 10 years of serving as Chairperson for the Curtain Call group, I have decided it's time to resign. I have enjoyed presenting the available plays to the members and purchasing tickets as



well as attending the plays myself. I have **Toby Allen** made very good contacts within the local theaters and will provide the names and phone numbers to my successor.

The group meets once a month to select plays based upon flyers that are sent directly to me. Once a decision is made, I make the reservations, collect the money and help arrange for transportation. The plays are generally Sunday afternoon matinees.

Please consider taking over the role of Chairperson for the group. We all have a great time. You can contact me directly with any questions.

Toby Allen

New Chairperson needed to work with

Toby to arrange for future plays. How about you?



IDIOT SIGHTINGS

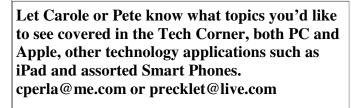
My daughter went to a local Taco Bell here in Dallas, TX, and ordered a taco. She asked the person behind the counter for "minimal lettuce."

He said he was sorry, but they only had iceberg lettuce.

9 9 9 9

I handed the teller at my bank a withdrawal slip for \$400.00. I said, "May I have large bills, please."

She looked at me and said, "I'm sorry sir, all the bills are the same size."





Welcome New Residents

Arthur and Ginnie Mathews, 7G Strawberry Ln
Phone: 978-567-0803. They sold their home in Natick,
wanting to downsize. Hudson and Quail
Run was familiar to them as their daughter had
lived here. Ginnie still works but Arthur is recently retired. They don't have any pets.

Let Barbara Langley or Barbara

Edelstein know when someone moves into your neighborhood.



QUAIL RUN REAL ESTATE

by Hugo Guidotti

Hugo was recently released from the hospital and a stay at Marlboro Hills. He's now home and recovering and hopes to have a column for the next issue.



2015

December 12, Holiday Party

<u>2016</u>

January 16 - Coffee Hour



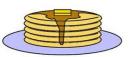
February 13 - Polar Bear Dinner

March 12 - Coffee Hour



April 16 - Pizza and Horse Racing

May 14 - Pancake Breakfast



June 17 - Strawberry Social



IDIOT SIGHTING

At a good-bye luncheon for an old and dear coworker who was leaving the company due to 'downsizing,' our manager commented cheerfully, "This is fun. We should do this more often."

Not another word was spoken. We all just looked at each other with that *deer-in-the-headlights* stare. This was a lunch at Texas Instruments.

99 99 99 99

I was at the airport check in when an employee asked, "Has anyone put anything in your baggage without your knowledge?"

I replied, "If it was without my knowledge, how would I know?"

He smiled knowingly and nodded, "That's why we ask."

Are You Email Conversant?

Barbara Picarello is looking for someone to take over her position as *Sender Outer* of emails to the Quail Run community. The work is easy and can be done in your home. **Barbara** will be glad to provide training. Contact her at 978-568-5358 or bpnonna11@ gmail. com

Be the first to know the news!

November Board of Governors (BOG) News

The Annual Budget Meeting is scheduled for December 16th at 7:00 P. M. at the Community Center. Hope to see everyone there.

By now you should have received notice of the budget adjustment for the 2015 budget year. The deficit in the budget is directly related to winter damages not covered by the insurance claim. To keep this adjustment as low as possible all non-essential projects were placed on hold until 2016. This adjustment is late due to the delayed receipt of the Arbella insurance claim monies. For those who may question, the portion of unit owner insurance monies related to porch repairs as documented in the insurance claim have been held by the Association for repairing porches. They are part of the common area. Porch repairs will take place in early 2016.

The Board spent a great deal of time, along with The Dartmouth Group, putting together a conservative budget for 2016. After many reviews and revisions, the 2016 Budget was approved. Unfortunately we had to increase the condominium payments beginning January 2016. By now you should have received a notice documenting the increase in the payment for your unit. The Revised Rules and Regulations were mailed to all residents. Hopefully you have had a chance to read them. The Board intends to enforce them to the best of their ability. Below are a few new rules and regulations that unit owners/residents need to follow:

- Vehicles may not be parked for more than three consecutive days without being moved and only one vehicle per unit owner/resident is permitted at any one time (parking in the satellite parking areas is limited and to be shared by all).
- No hanging plants or other items are permitted to hang from porch ceilings (porch ceilings are common elements; holes in the porch ceilings allow for insect infiltration and subsequent needed repair).
- No debris is permitted at any time under decks, in back yards, or other common elements. This includes but is not limited to deteriorated window boxes, used flower pots, plant clippings, etc. (many back yards look very unsightly and need to be cleaned up for a neat appearance).
- Trash and recycle bins may be moved to the street no earlier than 6:00 P. M. the evening prior to trash pickup day. They must be put out by 8:00 A. M.

- the day of trash collection and returned to garages no later than 8:00 P. M. the same day.
- Also as a reminder, vehicles may not be parked overnight on the streets. This includes the streets within the circles. Vehicles parked sideways across the bottom of driveways with two car garages taking up street space are also not permitted.

The Board has contracted with Dave's Landscaping for both snow removal and landscaping for a three year fixed price contract with additional costs for special projects (e.g., landscaping on the hillside between 11 Autumn and 2 Strawberry, removal of the dead pine tree behind 4 Strawberry, etc.). The snow removal contract includes:

- Removing snow around mailboxes wide enough for a wheel chair plus cleaning the drive curbing in front.
- Cleaning out fire hydrants plus shoveling a path to the fire kiosk and a path to the pump house.
- Shoveling the walkway to the Community Center plus the back ramp for access to the trash and recycle bins.
- Shoveling around vehicles parked in driveways:
- Vehicles must be parked four feet from the garage door. This gives access to the work crew for snow removal from the garage door.
- The driveway area closest to the front porch will be shoveled. If this is not the driver's side of the vehicle, the vehicle needs to be parked in backwards for access. <u>Both sides of the vehicle will</u> not be shoveled.
- The back of the vehicle will be cleared within one foot of the bumper.
- Once the car is moved, the rest of the driveway will be cleared, providing Dave's Landscaping is still on site in your area.
- Push back of snow from the Rotherham and Autumn entrances three times.
- Satellite parking spaces will be plowed providing vehicles are moved in a timely manner and Dave's Landscaping is still on site. There will be no shoveling around Vehicles parked in the satellite parking areas.
- The contract does not include removal of drifted snow from any location once Dave's Landscaping is off site.

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- The cost to the Association for Dave's Landscaping to return to the site for "special" service is \$200 plus per hour.
- Dave's Landscaping will also shovel heat and dryer vents, and/or gas meters for unit owners at \$55.00 per hour. This is unit owner's responsibility and use of this service will be billed to the applicable unit owner.
- They will also shovel snow off decks again for an hourly rate, again the unit owner's responsibility. Use of this service will be billed to the applicable unit owner.



The Board wishes everyone a happy and healthy holiday season.

Trash — What is / Isn't "Single Stream" items that are acceptable

- Aluminum food and beverage containers
- Brown, clear or green glass containers
- Plastic containers (#1-7) please no caps
- Newspaper, white paper, magazines, catalogs, telephone books, junk mail and other paper; Corrugated Cardboard

Do Not Include:

- Microwavable trays
- Mirrors, Window glass, Light bulbs
- Plastic bags
- Hangers
- 3-ring binders and spiral binders
- Cookware and bake ware

Please note:

All containers need to be empty and free of metal caps and rings and contain less than 5% food debris. All fiber products (paper, etc.) must be dry and free of food debris and other contaminating material. Tissues, paper towels and other paper products that have been in contact with food are not acceptable.

Make it Easier for Others to See You.

When you drive with your lights on during the day, other drivers can see you at a distance of about 4,700 feet, compared to about 2,500 feet with no lights on.



IDIOT SIGHTING

My daughter and I went through the McDonald's takeout window in Lebanon, TN and I gave the clerk a \$5 bill. Our total was \$4.25, so I also handed her a quarter. She said, "You gave me too much money." I said, "Yes I know, but this way you can just give me a dollar bill back." She sighed and went to the manager, who asked me to repeat my request. I did so, and he handed me back the quarter, and said, "We're sorry, but we could not do that kind of thing." The clerk then proceeded to give me back \$1 and 75 cents in change.

Do not confuse the clerks at McD's!

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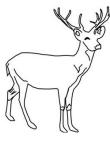
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I live in a semi rural area. We recently had a new neighbor call the local township administrative office to request the removal of the DEER CROSSING sign on our road.

The reason: "Too many deer are being hit by cars out here! I don't think this is a good place for them to be crossing any more."



Intel News

Intel expects increased activity at the HD1 loading dock adjacent to Quail Run starting in October while we are decommissioning Fab 17 and shipping out tools. Loading dock hours (6:30 a.m. to 7:30 p.m.) will not change, and trucks will continue to access the site via Technology Drive.

If you have any questions or concerns, contact **Ann** Hurd (978)761-5998 or the Intel Security Desk.