



# The Quail Runner

For and By the Residents  
Of Quail Run



May - June 2017

Began Publishing 2003  
www.QuailRunHudson.com

Hudson, Massachusetts

## UPCOMING EVENTS

### Strawberry Social

Date: **FRIDAY**, June 16th

Time: 7:00 P.M.

Where: The Community Center

The Strawberry Social is \$2.00 per person.



Please sign up at the Community Center or contact Marlie Stott at 978-567-5912, or email her at [stottmj@comcast.net](mailto:stottmj@comcast.net) if you plan to attend.

\*\*\*\*\*

### Ice Cream Social



Date: **SATURDAY**, August 12th

Where: The Community Center

A sign-up sheet will be posted in July at the Community Center for this event.

More details will be forthcoming.

### **IMPORTANT Quail Run Trash Pick-up Information**

Beginning the week of June 6th: Your trash collection date will be changing from Tuesdays to Thursdays.

June 8th will be your first Thursday for trash and recycling pick-up.

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**SUMMER**  
ice cream  
sunshine  
FLIP FLOPS  
lemonade  
BARE FEET  
vacation  
**MEMORIES**

**Board of  
Governors (BOG)  
News  
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### The Quail Runner Staff

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5/7 Autumn Claire Kilcommins  
6/11 Autumn Jane Pugsley  
1/3 Strawberry Sally Mauro  
2/4 Strawberry Barbara Champine  
5 Strawberry Lee Rouse  
6/8 Strawberry Clare Moschella  
7/12 Strawberry Joyce Blank  
1/4 Rotherham Kevin Fitzgerald  
6 Rotherham Harry Morgan

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**Technology Corner -** Carole Perla & Pete Recklet  
**What’s Up -** Beverly Beylouné  
**Healthy Living -** Peggy Rittenhouse

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**Telephone Directory:** Pete Recklet  
**Email List:** Carole Perla

**Website:** [www.QuailRunHudson.com](http://www.QuailRunHudson.com)

**Published** first week of February, April, June, August, October, December.

**Deadline** the 23rd of previous month.

Copies of the *Quail Runner* can be emailed to a friend, relative, or yourself. Contact the editor if interested.

Back issues of the *Quail Runner* are available from the editor.

### Vacation Delivery

Give your reporter or the editor a long envelope with two first class stamps and your vacation address. Or you can get issues emailed to you, or view the current issue on [www.QuailRunHudson.com](http://www.QuailRunHudson.com).

### Editor’s Desk

Kareen Shaw, editor



Many thanks to **Mike Bleecker** and his wife **Karen** for offering the “Fun for Seniors” exercise class at our Community Center. It has been very well attended by our Quail Run residents, so much so, that Mike has offered to conduct two sessions per week in order to accommodate those that want to attend.

A friendly reminder that when you go out for a walk around the neighborhood, you should always take your cell phone with you. This is in case you may need help, have fallen or you see someone else that may need emergency assistance.

\*\*\*\*\*

### A Request from the Social Committee

For each of our events we post a sign up sheet at the Community Center and provide the name and phone number of the contact person. It is very important for us when planning for the food purchases and the seating arrangements to have an accurate number of attendees. It would be appreciated if you would sign up or call the contact person on or before the cut off date. If for some reason you cannot attend please notify the contact person so your name can be removed.

The same applies to the Juliets luncheons. A count is given to the restaurant so they can set up accordingly. If for some reason you cannot attend, again, please notify the contact person.

For all Saturday Morning Coffee Hours and the Ladies Coffee Hours you do not need to sign up.

Thank you for your cooperation,  
The Social Committee

### Our Board of Governors

**Les Malecki** [lmalecki@comcast.net](mailto:lmalecki@comcast.net) 978-212-5697

**Mike McCormack** [Mocrown@verizon.net](mailto:Mocrown@verizon.net)  
978-562-1266

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978-562-5227

**Klaus Schneller** [kssmet@verizon.net](mailto:kssmet@verizon.net) 978-562-1779

Also appears on page 2 in the *Quail Run Directory*.

# HEALTHY LIVING

by Peggy Rittenhouse

Why sitting may be hazardous to your health



An easy chair by the fire is inviting, but don't get too cozy! Health risks increase with time spent sitting. Every time we think we have a handle on all the things that are bad for us, another one is added to the list.

A few years ago, researchers put inactivity on the roster of major health risks. We all know that smoking is bad for our health but it isn't common knowledge that physical inactivity is as powerful a risk factor as smoking, according to Dr. I-Min Lee, professor of medicine at Harvard Medical School and reported in *Harvard Women's Health Watch* (November 2016). She has studied the effects of exercise for more than a decade and was one of the first to identify inactivity as a health hazard. When researchers compared the health outcomes of study participants who were inactive - those getting less than 150 minutes a week of moderate exercise - to those who got more exercise, they found that inactivity alone counted for an increased risk of breast and colon cancers as well as heart disease and diabetes.



A study reported in *The Journal of the American Medical Association* (2013) showed that total sitting time increased and the number of breaks per hour decreased with age and body mass index. Interrupting sitting time with short bouts of walking lowers blood sugar and insulin levels in overweight or obese adults and that short bouts of activity improved the function of blood vessels.

In an analysis of 16 studies that tracked exercise and sitting over time, Dr. Lee and colleagues concluded that daily exercise may erase the detrimental effects of sitting. The team determined that 60 to 75 minutes of moderate exercise daily eliminated the risk of an early death conferred by eight hours of sitting.

It can be hard to remember to get up and move, especially when you're engrossed in a book or television program but it is important to remember to do it.

Come visit us at:  
42 Main St.  
221 Washington St.  
Hudson



Working together to make a stronger community.



**Avidia Bank**

800-508-2265 | [avidiabank.com](http://avidiabank.com)  
Member FDIC | Member DIF | NMLS# 422902



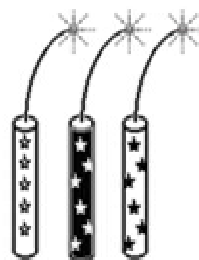
## ROMEO's

### Retired Old Men Eating Out (and having fun!)

**Pete Recklet** is checking out the options for the next lunch. He will send out an email with the details.

Please contact **Pete** at 978-562-2721 or [precklet@live.com](mailto:precklet@live.com) if you plan to attend.

The group is open to all men at Quail Run.



## 4th of July Word Search

BLUE  
CONGRESS  
ENGLAND  
FIREWORKS  
FLAG  
FREEDOM  
JULY  
KING  
LIBERTY  
PARADE  
RED  
STATES  
TAXES  
UNITED  
WAR  
WHITE

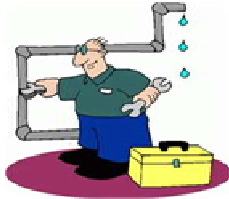
U R L W Z T O G B T  
N G U A K I N G S P  
I M K R S E T A T S  
T A X E S W Y L U J  
E M O D E E R F M B  
D F Y T R E B I L L  
A W E N G L A N D U  
R L L Z N W H I T E  
A S K R O W E R I F  
P J R U C Q L N L B

The Quail Run Community collects for the  
**Hudson Food Pantry.**  
Items can be dropped off at the Community Center.

# Condo Care

## Water Alarm

The **Watch Dog Water Alarm** Model BWD-HWA is a small device 3x4x1.5 inches that you place on the floor in an area that you want to monitor for water such as next to a water heater, washing machine, dishwasher or anywhere. It can detect as little as 1/32 of an inch of water. If it detects water it will sound an alarm as loud as a smoke detector. It takes a 9 volt battery that should be changed when you change the batteries in your smoke detectors. The alarm can be purchased at Home Depot for about \$12.00 each. A great device to protect your home from potential water damage. - Submitted by **George Shaw**



## Condo Care Reminders for June:

**Empty the built-in vacuum canister.**

**Switch your overhead fans** to the summer setting with the button down.

**Outside Dryer Vent** - now is a good time to clean the this dryer vent.

**Water turn-off valves** - the next time a plumber visits, ask him to check the water valves under the various sinks and toilets. These can freeze up over time and when there is an emergency such as the toilet flooding, the valve may not work.

**Garbage Disposal:** To clean it, run ice cubes or baking soda and vinegar to scour away any gunky buildup.

**Utility bills:** Keep an eye on them to make sure there are no major changes from one month to the next; if there are, you've probably got a maintenance issue. For example if your electric bill suddenly jumps, one of your appliances, i.e. the refrigerator may have a problem.

*Flag Day,  
June 14th*



Residential \* Commercial \* Auto



978-562-2332

78 Cherry Street Hudson, MA 01749

Monday - Friday 8:00 - 5:00 Saturday (9:00 - 1:00)

[www.countryglass.com](http://www.countryglass.com)

## Stitch & Knit

### **Wanted new or rusty knitters!**

The Stitch & Knit group is trying something new. We are meeting at the Community Center on the 4th Tuesday afternoon each month from 2:00-4:00. Come join us. We have people ready and willing to help with your project.

Contact **Marie Kapsalis**, 978-568-0713 for additional information.



## Tradespeople / Services

**Bev Sager**, highly recommends Nicholas Langton, of Langton Painting, 978-507-4647. She recently had some painting done in her home, he was very reasonable, very prompt and easy to work with. He had good ideas...and got the job done right away.

### **Just plain neat information, did you know.....**

**Zero** is the only number that cannot be represented by Roman numerals.

**Nine out of every 10** living things live in the ocean.

**The Earth** gets 100 tons heavier every day due to falling space dust.

**Due to earth's gravity** it is impossible for mountains to be higher than 15,000 meters.

**Everything** weighs one percent less at the equator.

- Submitted by **Kevin Fitzgerald**

### Astrology - What's Up by Beverly Beylouné



#### CANCER June 21 - July 22

If you felt like you were stuck in glue and finding it hard to make any progress, that will change dramatically now. Mercury, the planet of communication, contracts, commerce, and negotiation, has been retrograde from the beginning of 2017. High tech items and software were down or hard to fix, and you found yourself at the repair shop and endless hours on the phone with high tech and airline customer support. All that is changing now. The tempo of your life is picking up and you started to see evidence of this around May's first week. The new moon that appeared April 26 will continue to be strong as you entered spring. It will gently light up your friendship/people/events sector, and that means you will have more fun interactions with friends and new people in coming weeks and into the summer. Another new moon that followed suggests the events will be beautiful and quite heavenly, with good food, flowers, and possibly even music. Things are about to get wonderful....enjoy the rest of the year!!

#### LEO July 23 - August 22

This full moon will bring to fruition a home-related project or this time (spring-summer) could turn out to be a surprisingly important career month for you, dear Leo. Whether you are working at a career job or part of a group/association. The new moon that appeared in Taurus energized your tenth house of professional honors, awards, and achievement. Venus is the planet that controls the Leo solar career sector, and because you have Taurus, the sign that Venus rules, at the top of your chart, the conversations Venus has with other planets always matter to your career or group association. This summer switch your attention to your home. Something is coming to fullness there concerning a possible move or renovation, repair, cleaning, or maintenance project, or a decor upgrade. It seems certain that an ongoing domestic project will be coming to a conclusion now. If you want to buy furniture, an appliance or an electronic item, you can do that very successfully now. A quick short travel may come up this summer, and it will bring needed change. It will be like opening a window and letting the sunshine and fresh air in!

### Quail Run Birthdays

#### June

- David Bernhart - 2
- Rosemary Hanlon - 2
- Dan O'Keefe - 3
- Bernie Strauss - 3
- Ray Samra - 4
- Harold "Ted" Baker - 5
- George Shaw - 5
- Mary Lewis - 7
- Marlynn Stott - 8
- Lee Rouse - 8
- James Donato - 9
- Sherry Lupien - 24
- Bill Dome - 24
- Carole Mahoney - 25
- Tom Haley - 27



To include a birthday, contact your reporter or the editor

#### July

- John Smith - 1
- Barbara Edelstein - 8
- Connie Nefzger - 11
- Ginny Fullam - 12
- Phyllis Novick - 12
- Dot Haley - 25
- Ruth Carwile - 26
- Ginnie Samra - 27
- Ruth Durand - 29
- Marion Anderson - 30
- Arnold (Arnie) Johnson - 4

*Father's Day,  
June 18th*



### Murphy's Other 10 Laws

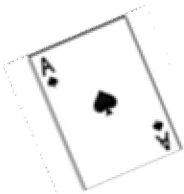
- Submitted by Kevin Fitzgerald

1. Light travels faster than sound. This is why some people appear bright until you hear them speak.
2. A fine is a tax for doing wrong. A tax is a fine for doing well.
3. He who laughs last, thinks slowest.
4. A day without sunshine is like, well, night.
5. Change is inevitable, except from a vending machine.
6. The 50-50-90 rule: Anytime you have a 50-50 chance of getting something right, there's a 90% probability you'll get it wrong.
7. The things that come to those who wait, may be the things left by those who got there first.
8. Give a man a fish and he will eat for a day. Teach a man to fish and he will sit in a boat all day drinking beer.
9. Flashlight: A case for holding dead batteries.
10. God gave you toes as a device for finding furniture in the dark.

**Tell our advertisers you saw their ad in the Quail Runner**

#### POKER PLAYERS WANTED

First and Third Monday of each month, 4:00-6:00 P.M., at the Community Center. Contact **Lenny Suslowicz** at 978-212-5141



**James J. Morais, GRI-CRS**  
Realtor Emeritus

**Village Real Estate, Inc.**  
56 Main Street  
Hudson, Massachusetts 01749

Office 978. 568. 8746  
Facsimile 978. 568. 8748



Email [village-re@verizon.net](mailto:village-re@verizon.net)

### Food For Thought

WHAT WAS THE BEST THING BEFORE SLICED BREAD?  
WHY IS THERE AN EXPIRATION DATE ON SOUR CREAM?

### Book Club

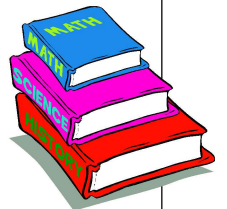
Meetings are at the Community Center, from 7:00-9:00 P.M., generally the last Wednesday of each month.

**June - Major Pettigrew's Last Stand by Helen Simonso**

**July - Inside the O'Brien's by Lisa Genova**

**August - The Curious Incident of the Dog in the Night-Time by Mark Haddon**

For more information, contact **Carole Perla**, 978-568-9979.



### Weight & Nutrition Support Group

Now that we are getting into our summer schedules, the Weight and Nutrition Group members have decided to take the summer off. We will check out our calendars come the September time frame and reschedule the meetings in the Fall.

The group is open to all ladies at Quail Run with different ideas and suggestions on healthy eating as well as watching their weight. There are no fees and no sharing of your weight.

Contact **Sally Mauro**, [sallymauro10@gmail.com](mailto:sallymauro10@gmail.com), 978-568-0821, if you have any questions.



July 4th,  
Independence Day

### JULIETS NEWS

Quail Run women are invited to  
Lunch

**June 15th, Thursday, 12:30, at  
Conrads Restaurant, Sudbury,**  
separate checks and choice of menu.

Contacts: **Alice Gagne, 508-653-0381, Theresa Bosio,**  
.978-568-1416.



**July 18th, Tuesday, 12:30, at the 110 Grill, Highland  
Commons, Hudson, separate checks and choice of  
menu. Contacts: Barbara Langley, 978-212-5006,  
Jan Painter, 978-568-0758.**

Sign up with these ladies or on the list at the  
Community Center.

### LOCAL EVENTS

**FALL season events are not available as of this  
Quail Runner Newsletter issue.**

**Hudson High School's Drama Society Theatre Group**  
conducts plays in the auditorium and in their Intel Mini  
Theatre. These plays are open to the public.  
Website - HHS Drama Society

**Symphony Pro Musica**  
[www.SymphonyProMusica.org](http://www.SymphonyProMusica.org).

**Heritage Chorale Pops Concert** Chorale website -  
<http://heritagechorale.org/>

### SPRING /SUMMER Cleaning?

**"Fresh Start" Furniture Bank, a Local Hudson  
Charity**

This charity is always looking for donations of furni-  
ture, housewares and linens. All they ask is that items  
be clean and in good working condition. They need  
lamps, pot and pans, towels, sheet sets, blankets, com-  
forters, matching kitchen chairs, small TV stands, art-  
work and microwaves. All donations are tax deducti-  
ble, [www.FreshStartFurnitureBank.org](http://www.FreshStartFurnitureBank.org).

Drop donations off on Tuesdays and Thursdays from  
10-12 and Saturdays 9-12 at 34 Tower Street, Hudson.  
They will pick up larger furniture items on Saturdays.  
They can be reached at 508-485-2080 option 3, leave  
them a message and they will see if your items qualify  
for a pick-up. Call **Carol Suslowicz, 6E Autumn  
Drive, 978-212-5141, if you have any questions.**

**Great Lengths**  
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and women  
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### Curtain Call

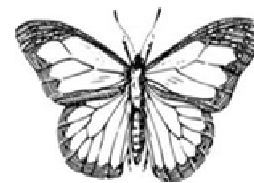


A group of Quail Runners attended  
"The Brookline Boy" at the Acme  
Theater in Maynard in May. It was an  
excellent production and greatly enjoyed by all.

In June, a small group will be attending "Riverdance" at  
the Hanover Theater in Worcester. That will be the last  
event for this season. Monthly meetings will start again  
in August, on the second Tuesday of the month at 2:00  
P.M.

If you are interested in possibly attended any perform-  
ances in the future, please be sure to notify Lorraine so  
that you can be added to the mailing list. While updates  
on the activities will be included in the *Quail Runner*,  
specific and timely details required for attending per-  
formances will be provided through the mailing list.

**Lorraine Cochran, [lorrainecochran@comcast.net](mailto:lorrainecochran@comcast.net)**  
978-568-0165.



### Social Committee Plan Ahead Schedule

June 16 - Strawberry Social (Friday Night) 7:00  
June 19 - Ladies Coffee Hour 10:00

July - No Social Committee events  
scheduled

August 5 - Coffee Hour 9:30  
August 12 - Ice Cream Social  
August 21 - Ladies Coffee Hour 10:00



## Technology Corner

by Peter Recklet



### What is ransomware?

In the recent *Quail Runner* technology survey, this question appeared to be on the minds of many residents. Certainly, the recent spate of worldwide government, hospital, banking and business shutdowns reported by newspapers and TV have caught our attention. But what is causing all this chaos?

Just the name "ransomware" lets you know it's bad news. If you left your front door unlocked, and someone entered, took your computer and left a note saying if you didn't pay \$300, you would never see your personal files again. That's ransom we all understand.

Ransomware gets on your computer like any regular virus, perhaps by your response to a phishing email or by clicking on a link to a sketchy website. Unlike most viruses that remain hidden, ransomware will quickly make its presence known. The ransomware virus encrypts your documents, pictures, videos and any other personal files on your computer and external drives so you can't open or view them. It then launches a ransom note in a text file. The note generally says that "you need to pay a service fee for the decryption" and asks for the fee to be paid, using a digital currency (Bitcoin) that is difficult to trace, and sent electronically to a specified address. The only sure way to regain control of your computer is to pay the ransom. The ransom can range from a few hundred to thousands of dollars. Some viruses will gradually raise the cost of the ransom over time to convince you to quickly pay. The good news, if you can call it that, is that paying the ransom usually does get your files back.

Ransomware is evolving rapidly and becoming more widespread. Today, any criminal can buy an exploit kit containing ransomware and launch advanced attacks against thousands or millions of computers.

### Stop ransomware from getting on your computer

Your best option to defeat ransomware is to keep it off

your computer in the first place. Up to date security software will block most attempts by hackers to slip viruses on to your system. If a virus does get downloaded, security software can often stop the virus before it causes damage. While security software can protect your computer against many threats, keeping your operating system and web browser(s) up to date is also critical. Security vulnerabilities in these two areas can allow hackers to bypass your security software to load malicious files on to your system.

Of course, even the best security software along with current updates to your operating system and browser, cannot protect you if you fall for tricky phishing scams that ask you to download attachments to unsolicited emails or click on links to unknown website links.

### Stop ransomware before it runs

If despite your best efforts, you end up with a ransomware virus on your computer, there's a way you can stop it before it starts. Before ransomware can activate and encrypt your files, it must first "call home". This means it must contact the hacker-controlled server to get a unique encryption key. This is what lets you decrypt your files after you've paid the ransom. The good news is that if you can block the ransomware from phoning home, by unplugging the Internet cable or turning off the Wi-Fi, it won't be able to run. This will provide you with time to counteract the threat.

It may seem odd that hackers would go to this much trouble to make sure you can get your files back. However, if people couldn't reliably get their files back, then no one would pay the ransom. Some hackers have even set up legitimate tech support systems to help people who paid the ransom recover their files when they have trouble.

### Plan for the worst: Have a backup plan

No security system is foolproof and despite your vigilance a ransomware bug might find its way onto your computer. While you should already have a file backup system should your computer suddenly decide to crash, this new threat gives you another reason for backing up your files.

(continued on page 9)



**Technology  
Corner (continued)**

Having backed up copies of your important files and settings, means you can erase your computer's hard drive to eliminate the virus, reinstall the operating system and start over without losing any of your priceless files and pictures. It may take a little time, but it won't cost you a bundle of money.

There are three basic options to consider when deciding on a backup system: Cloud Backup, Cloud Storage (file sharing systems) and local backup. These backup systems will not save your program files so it is important to store your original program CD's and installation documentation in a safe place

Cloud Backup systems like Carbonite, and iDrive install software that every time you press "save", automatically backs up your files up to the provider's remote secure servers safe from hackers and malware. Cloud Backup systems are the easiest way to protect your important files from computer crashes, natural disasters, thieves and killer viruses. These are subscription services and annual fees can start at \$60 and escalate depending on the amount of data storage you need.

A second option is Cloud Storage, a file sharing service like DropBox, Google Drive, Apple's iCloud or Microsoft OneDrive. Backup is not automatic. Only files saved to and updated in a specially designated folder or folders will be stored. These systems provide limited free storage, usually 2-5 gigabytes, before imposing monthly fees. You can access them from any computer while getting your system up and running again. After wiping your contaminated hard drive clean and reinstalling your operating system and programs, restoring your files is a snap, although, depending on the speed of your internet connection, restoration might take several hours.

The advantage of both these options is that your backed-up files are not stored on a device attached directly to your computer and cannot be reached by malware.

A third back up option to consider is backing up to an external hard drive or USB (thumb) drive. Most operating systems have installed backup systems that are easy to set up, schedule and run. You select the files and folders you want backed up, the type of backup (full or incremental), schedule the time for the backup and, most importantly, select an external drive where the backed-up files are to be stored

**Important:** If you choose the third option, remember to unplug the external device when the backup is completed, otherwise your backed-up files are at risk if ransomware strikes.

If I select the third backup option, how much storage do I need? If you are the only one using your computer, a 75 to 120 gigabyte USB, costing \$30 to \$50, is probably adequate. If your personal files include thousands of high quality photographs, consider purchasing an external storage drive (500 gigabytes to 1 terabyte).

**DO NOT PEEK AT THESE TRIVIA FOR SENIORS  
ANSWERS - UNTIL AFTER YOU ANSWER THE QUESTIONS  
ON PAGE 12!**

1. The Lone Ranger left behind a silver bullet.
2. The Ed Sullivan Show
3. On Route 66
4. protect the innocent
5. The Lion Sleeps Tonight
6. The limbo
7. Chocolate
8. Louis Armstrong
9. The Timex watch
10. Freddy, The Freeloader and 'Good Night and God Bless.'
11. Draft cards (Bras were also burned. Not flags, as some have guessed)
12. Beetle or Bug
13. Buddy Holly
14. Sputnik
15. Hoola-hoop
16. Lucky Strike/Means Fine Tobacco
17. Howdy Doody Time
18. Shadow
19. Monster Mash
20. Speedy

**Welcome New Residents**

Let **Barbara Langley** or **Barbara Edelstein** know when someone moves into your neighborhood.

**Kathy Middleton**, 4A Rotherham Way, 987-443-3846, [RKMiddleton1@gmail.com](mailto:RKMiddleton1@gmail.com).

Kathy moved to Quail Run because she wanted to downsize from her last home.



### May Board of Governors (BOG) News

Thanks to everyone who attended our Annual Meeting and to all of those who were unable to attend but voted for the incumbent Board Members. We had a quorum of 63 plus percent. So, the Board remains the same and the roles remain the same.



A copy of the Annual meeting presentation materials will be emailed by The Dartmouth Group to all residents.

The Board of Governors (BOG) monthly meetings are generally held at the Community Center from 7:00 P.M. to 9:00 P.M. Unit owners wishing to attend a Board meeting to listen may do so without prior notice, but need to understand that they cannot address the Board. They may be asked to leave if there are closed items that need to be discussed under executive session. However, if a resident wishes to present a topic to the Board they need to provide notice to the Board a minimum of one week prior to when they would like to come before the Board and on what topic they wish to present and/or discuss. If the Board already has a full agenda for the requested meeting date, the unit owner will be asked to select an alternate date or be advised that if they need to attend on a specific date when the Board has a full agenda, they may be told that the time allotted needs to be curtailed and why.

Again, The Dartmouth Group's emergency number is not to be used unless there is a real emergency (i.e. a tree falls on a roof or across a road, the basement flooded, there is significant water infiltration, etc.) Every call costs the Association \$15. A broadcast message was sent to all residents with an email address on December 16, 2016 indicating that non-emergency calls **would be billed to the applicable unit owner. Before making a call, do make sure it's an actual emergency.**

Spraying for winter moths and other insects that impact trees occurred May 19<sup>th</sup>. Fertilizer and weed control will be applied to the lawns the week of May 22<sup>nd</sup>.

The maple trees along the street side of 4 and 6 Rotherham have been removed. They were planted too close to the buildings thus were growing against the side of the units and more importantly interfering with the irri-

gation and gas lines. The stumps still have to be removed.

Dig safe has been out and marked the lines. Apparently the irrigation and gas lines run under the tree stumps and there will be some difficulty getting the stumps removed. Also, the irrigation and gas lines are only down about two inches. Therefore, only sod and grass will be placed along the sides of these units. The two dead maples between 9 Autumn and 1 Strawberry satellite parking have been removed. That area will also have the stumps ground, be sodded and seeded.

The Association purchased an Automated External Defibrillator (AED) for installation in the Community Center. It is still to be installed and classes need to be scheduled on how to use.



There is a main water line leak along the satellite parking area at 7 Autumn. This has to be fixed by the Association. The leak has been located and marked by the Hudson Water Department. We are obtaining bids for the repair. One good bit of news is we are not paying for the water leakage as it is before the water meters.

The Board and/or The Dartmouth Group will let residents in that area know when this repair will occur since the water has to be shut off at the street.



The power washing of front porches and porch ceiling staining continues. This includes cleanup of any residual stain and the painting of damaged white trim. This project will be followed by staining deck railings/supports that had pressure treated wood replaced last spring and/or summer. All pressure treated wood replaced during the fall and winter months must wait until fall to be stained.

(continued on page 11)

### May Board of Governors (BOG) News

Other items in progress/approved or on the agenda are:



-The replacement of damaged and/or buried sprinkler heads is being worked. The last previously known irritation leak at 1/3 Autumn is in the process of being identified and fixed.

-The Board approved the quote for mulching along the tree line behind units where previously mulched. At this time we do not have a date when this will occur. However, that's why we still have a mulch pile in the parking area at the Community Center. Not all of the backs of units will be mulched.

-The repair of two (2) catch basins on Rotherham Way has been approved. This also includes filling small holes on the catch basin at 6A Strawberry Lane and fixing the berm at 5D Strawberry (damaged by snowplowing and to be billed back to Dave's Landscaping). We are waiting on the availability of the contractor. This should happen within the next two weeks or so.

-All repairs to the irrigation system will be addressed as issues are discovered.

-We are still waiting on a quote for the replacement of dead trees and arborvitae. Again not all distressed trees and arborvitae are on the list due to budget constraints.

-We will continue to replace damaged shingles. There is a list of shingles that need be replaced as quickly as possible. The replacement of the shingles on the list along with several open work orders are waiting on the availability of the contractor.

-The Board has approved the installation of new signage to hopefully address the speeding issue at The Villages of Quail Run.

#### DO ADHERE TO THE SPEED LIMITS.



Let's hope for a summer with enough rain to not again have a total water ban!



### REMINDER Farmer's Market opening June 6th in Hudson

The market will be open Tuesdays from 3:00 P.M. to 6:00 P.M., beginning June 6th and run through October 31st. The market will be in the drive-thru area of Avidia Bank behind Town Hall.

### Changing your email or phone number?

New email updates as of this QR newsletter release:

- **Marlynn Stott**, new email: stottmj@comcast.net
- **Joyce Blank**, new email: joyceblank947@gmail.com
- **Beverly Beyloun**e, new email: sagerbev888@gmail.com



May 29th

### Intel

There are no changes to the Intel project timelines since the last QR newsletter article. Please do not hesitate to contact **Rachael Hamer** directly if you have any questions/concerns throughout the Intel project at either 978-553-2158 or at [Rachael.hamer@intel.com](mailto:Rachael.hamer@intel.com).



# TRIVIA FOR SENIORS

The answers are located in this QR newsletter (page 9). Have some fun, this is a test for us 'older kids', but don't cheat, try to answer them first...

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- 1. After the Lone Ranger saved the day and rode off into the sunset, the grateful citizens would ask, Who was that masked man? Invariably, someone would answer, I don't know, but he left this behind. What did he leave behind? \_\_\_\_\_
- 2. When the Beatles first came to the US, in early 1964, we all watched them on The \_\_\_\_\_ Show.
- 3. 'Get your kicks, \_\_\_\_\_.'
- 4. 'The story you are about to see is true. The names have been changed to \_\_\_\_\_.'
- 5. 'In the jungle, the mighty jungle, \_\_\_\_\_.'
- 6. After the Twist, The Mashed Potato, and the Watusi, we 'danced' under a stick that was lowered as low as we could go in a dance called the '\_\_\_\_\_.'
- 7. Nestle's makes the very best.... \_\_\_\_\_.'
- 8. Satchmo was America 's 'Ambassador of Goodwill.' Our parents shared this great jazz trumpet player with us. His name was \_\_\_\_\_.
- 9. What takes a licking and keeps on ticking? \_\_\_\_\_
- 10. Red Skelton's hobo character was named \_\_\_\_\_ and Red always ended his television show by saying, 'Good Night, and '\_\_\_\_\_'
- 11. Some Americans who protested the Vietnam War did so by burning their \_\_\_\_\_.
- 12. The cute little car with the engine in the back and the trunk in the front was called the VW. What other names did it go by? \_\_\_ & \_\_\_\_\_

- 13. In 1971, singer Don MacLean sang a song about, 'the day the music died.' This was a tribute to \_\_\_\_\_.
- 14. We can remember the first satellite placed into orbit. The Russians did it. It was called \_\_\_\_\_.
- 15. One of the big fads of the late 50's and 60's was a large plastic ring that we twirled around our waist. It was called the \_\_\_\_\_.
- 16. Remember LS/MFT \_\_\_\_\_ / \_\_\_\_\_ ?
- 17. Hey Kids! What time is it? It's \_\_\_\_\_ !
- 18. Who knows what secrets lie in the hearts of men? Only The \_\_\_\_\_ Knows!
- 19. There was a song that came out in the 60's that was "a grave yard smash". It's name was the \_\_\_\_\_ !
- 20. Alka Seltzer used a "boy with a tablet on his head" as it's Logo/Representative. What was the boy's name? \_\_\_\_\_

## Summer Is Finally Here!

