



The Quail Runner

For and By the Residents
of The Villages of Quail Run



July - August 2019

Began Publishing 2003
www.QuailRunHudson.com

Hudson, Massachusetts

UPCOMING EVENTS

Ice Cream Social

Date: Saturday, August 17th
Where: The Community Center
Time: 7:00 PM
Cost: \$2.00 per person



A sign-up sheet is posted at the Community Center
or you can contact **Barbara Langley**, 978-212-5006,
before August 7th.

Breakfast Buffet

Date: Saturday, September 21st
Where: The Community Center
Time: 9:15 AM - meet and greet neighbors
9:30 AM - serving breakfast
Cost: \$5.00 per person

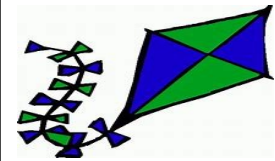
Contact **Marlie Stott**, 978-561-5912 on or before
September 16th. A sign-up sheet will be posted at the
Community Center in mid-August.

Progressive Dinner - October 19th

Save the date on your calendar, more details coming soon!

Contents

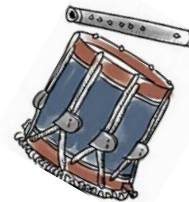
- Astrology - 5
- Birthdays - 5
- Book Club - 6
- BOG - 1, 2, 8, 9
- Communications - 2
- Condo Care - 6
- Curtain Call - 4
- Editor's Desk - 2
- Free Fun Fridays - 10
- Healthy Living - 3
- Hudson Food Pantry - 2
- Intel - 4
- Juliets - 7
- Local Events - 1, 10
- New Residents - 4
- Poker Players - 6
- QR Bowlers - 7
- QR Library News - 7
- Quail Runner Staff - 2
- Romeo's - 3
- Stitch & Knit - 4
- Social Commit. - 1,7
- Technology Corner - 9
- Vacation Delivery - 2
- Wayside Inn Faire - 1,7



**The Board of
Governors (BOG)**
Page 2, 8, 9

SAVE THE DATE!

Annual Colonial Faire and Muster
Longfellow's Wayside Inn, Sudbury, MA
Date: Saturday, September 28, 2019 (Rain or Shine)
Time: 10:00 - 4:00 P.M.
More details on page 7 of the *Quail Runner Newsletter*



The Quail Runner Staff

Editor: Kareen Shaw
Assistant Editor: Barbara Langley
Assistant Distribution Manager: Joyce Blank
Advertising Manager: Lelah Willoughby
Proof Readers: Pat Ritter-Waltrup, Jan Painter, Barbara Langley, Bev Minot

Circle Reporters:
 1/3 Autumn Shirley O’Connell
 2/4/9 Autumn MJ Ebens
 5/7 Autumn Claire Kilcommins
 6/11 Autumn Jane Pugsley
 1/3 Strawberry Sally Mauro
 2/4 Strawberry Barbara Champine
 5 Strawberry Lee Rouse
 6/8 Strawberry Clare Moschella
 7/12 Strawberry Joyce Blank
 1/4 Rotherham Kevin Fitzgerald
 6 Rotherham Harry Morgan

Columnists:
Technology Corner - Carole Perla & Pete Recklet
What’s Up - Beverly Beylouné
Healthy Living - Peggy Rittenhouse

Communications Chair: MJ Ebens
Quail Run Email Communications: Yossi Elaz
Telephone Directory: Pete Recklet
Email List: Carole Perla

Website: www.QuailRunHudson.com
Published first week of February, April, June, August, October, December.
Deadline the 23rd of previous month.

Copies of the *Quail Runner* can be emailed to a friend, relative, or yourself. Contact the editor if interested.

Back issues of the *Quail Runner* are available from the editor.

Vacation Delivery

Give your reporter or the editor a long envelope with two first class stamps and your vacation address. Or you can get issues emailed to you, or view the current issue on:
www.QuailRunHudson.com.

Editor’s Desk

Kareen Shaw, editor



Blue, pink, and white hydrangeas, what a beautiful flower to celebrate Summer. As I walk around Quail Run, there are so many flowers in the center circles, and the owners’ window boxes and flower beds...what a beautiful sight to see.

Please go out and walk the neighborhood, you will be amazed at what your neighbors have planted!

We have a new advertiser for our Quail Runner Newsletter. Rick Mitchell, is the owner of **Rick Mitchell Window Cleaning Services**. He offers free quotes and is fully insured. Many people at Quail Run have hired Rick and were very pleased with his professionalism and the window washing services he provides. Please see Rick’s ad on page 6.



The Quail Run Community collects for the **Hudson Food Pantry**. Items can be dropped off at the Community Center.

Our Board of Governors

- Mike McCormack** Mocrown@verizon.net 978-562-1266
- Bill McPhail** aruba109@verizon.net 781-646-4449
- Pat Ritter-Waltrup** ritterwaltrup@gmail.com 978-562-5227
- Klaus Schneller** kssmet@verizon.net 978-562-1779
- Diane Bemis** dianegbemis@yahoo.com 978-310-7676

This information appears on page 2 in the *Quail Run Directory*.

BOG Monthly Meetings are open to all Quail Run Residents, please check for dates and times on the Community Calendar

HEALTHY LIVING

by Peggy Rittenhouse

Dinner Hour and Stroke Risk



Did you know that people who wait an hour or more after eating before going to bed have a 66% lower stroke risk? Well, according to a study out of Europe that is true and for every 20 minutes more that you wait, stroke risk drops another 10% says researcher Cristina-Maria Kastorini, MSC, a nutritionist at the University of Ioannina Medical School in Greece. According to an article in WebMD, results of the study were presented at the European Society of Cardiology Congress. Compared with people who went to bed within an hour of dinner, those who waited 60 to 70 minutes to two hours had a 76% lower likelihood of having a stroke. After two hours, the reduction in risk started to taper off, for reasons as yet unexplained.

The study analysis took into account a host of heart disease and stroke risk factors such as age, sex, physical activity, weight, smoking, diet, family history of heart disease, high blood pressure, high cholesterol levels and diabetes.

The study included 500 healthy people; 250 people who had had a stroke and 250 with acute coronary syndrome. Acute coronary syndrome is a common type of heart disease where typically there is reduced blood flow to the heart because of clogged arteries, which can lead to tightness in the chest and even a heart attack.

So maybe your mother was right when she told you not to eat just before going to bed!



The **2019 Hudson Farmers Market** will feature both new and returning vendors. In addition to abundant fruits and vegetables, this year's market offers locally sourced meat, cheese, milk, eggs, wine, pasta, soap, honey, greeting

cards, preserves, pickles, and sweet and savory baked goods. Due to a generous grant from the Hudson Cultural Council, this year's program will also bring back Market Music! Note that the Market will move next door to the Unitarian Church when construction begins at the Hudson Town Hall.

- Submitted by **MJ Ebens**

Come visit us at:
42 Main St.
221 Washington St.
Hudson



Working together to make a stronger community.



800-508-2265 | avidiabank.com
Member FDIC | Member DIF | NMLS# 422902



Do you need a REAL ID Massachusetts Driver's License/ID Card?

Please go to the "Massachusetts Real ID" website page at (www.mass.gov/REALID) for important information you need in order to get a REAL ID Massachusetts Driver's License Card.

Everyone needs to be aware that this is going to be **crucial if one wants to fly in the US, or to enter any federal building after 1/1/2021**. There are certain documents required when you apply to get this type of Massachusetts Driver's License/ID card:

1. **One (1) Social Security Number Document - (SSN card, or a W-2 Form)***
2. **One (1) Lawful Presence/Date of Birth Document - (US Passport, or a Certified Copy of your Birth Certificate, or SSA-1099 Form)***
3. **Two (2) Proof of Massachusetts Residency Documents - (Property Tax Form, or Lease, or Mortgage)***

* Please refer to the website as there are additional proof forms that may be used, than are listed above. Be aware that all documents must be original, photocopies will not be accepted.

- Submitted by **Susan Bleeker**

ROMEO's

Retired Old Men Eating Out

Pete Recklet is checking out the options for the next lunch. He will send an email with the details.

Please contact **Pete** at 978-562-2721 or precklet@live.com if you plan to attend. The group is open to all men at Quail Run.



CURTAIN CALL

Meetings are held on the FIRST Tuesday of the month for those who would like to join me and help select the performances we will attend as a group.



Details about future performances will be sent to those on the Curtain Call Mailing list. Please contact me if you would like to be added to the list - **Lorraine Cochran**, (lorrainecochran@comcast.net), 978-568-0165.

Residential * Commercial * Auto



978-562-2332

78 Cherry Street Hudson, MA 01749

Monday - Friday 8:00 - 5:00 Saturday (9:00 - 1:00)

www.countryglass.com

Stitch & Knit

The Stitch & Knit Group meets at the Community Center the 4th Tuesday of every month from 2-4 PM. Contact **Marie Kapsalis** at 978-568-0713 for more information.



New Email Manager: Yossi Elaz

Yossi is taking over from **Ted Baker**. Ted did a marvelous job and decided it was time to pass the job on to someone new. Yossi says this about himself: I moved/downsized to Quail Run from North Andover, MA in 2015, after the passing of my wife.

I was born in Poland, immigrated and lived in Israel 1957 - 1981, and then immigrated to the US in 1981. From 1981 - 1993 I worked and lived in Buffalo, NY. I moved to North Andover, MA in 1993, and worked as a VP in R&D at Siemens Medical and Dräger Medical. From 2008 - 2018 I transferred to Boston to MedTech Advisors, and worked as a Senior Advisor.

It was as a MedTech (Medical Technology), that I became an "email junkie". I have three grownup daughters, the oldest living in MA, the middle one living in CA and the youngest one living in NY.

I look forward to getting to know the residents at Quail Run, yelaz@outlook.com, 978-902-6312, 2E Rotherham Way.

- Submitted by **MJ Ebens**

WARNING - PLEASE WASH THOSE CANS!

A woman went boating one Sunday taking with her some cans of coke which she put into the refrigerator of the boat. On Monday she was taken to the hospital and placed in the Intensive Care Unit and passed away on Wednesday.

*An autopsy concluded she died of **Leptospirosis**. This was traced to the can of coke she drank from, and not using a glass. Tests showed that the coke can top was infected by dried rat urine and hence the disease **Leptospirosis**.*



*Rat urine contains toxic and deathly substances. It is highly recommended to thoroughly wash the upper part of **all cans or containers** before drinking out of them or opening the cans to consume the food inside. All canned goods are typically stocked in warehouses and transported straight to the shops without being cleaned.*

A study at NYCU has showed that the tops of all cans are usually contaminated (i.e.).. with germs and/or some type of bacteria. So wash these items with water before putting them to your mouth or opening them for feeding your family. This will help you avoid any kind of fatal food poisoning that may be on the top of the cans or drink/food containers.

Please remember to wash all fruits and vegetables before eating them!

- Submitted by **George Shaw**

New Resident Information

Alan Goldsworthy, 9A Autumn Lane, 508-981-4536, alan262@rcn.com. Please contact **Barbara Langley** at 978-212-5006 if someone new moves to Quail Run.



15 BONAZZOLI AVENUE, HUDSON, MA 01749
877-7-CHAVES or 978-562-5309
www.chaveshvac.com

July 2019 Telephone Directory Update

The following information contains corrections/updates for the July release:

- Sheila Mahoney, 11D Autumn, 978-562-3148, mathlady32@gmail.com
- Barbara Millett, 7D Autumn, 508-630-6950, barb.millett@gmail.com
- Yossi Elaz, 2E Rotherham, 978-902-6312, yelaz@outlook.com

Quail Run Birthdays

August

- Faith Marcello - 9
- Nancy Sweeney - 16
- Ginny Bosio - 17
- Cathy Bernhard - 25
- Jayne Donato - 25
- Janet Bucceri - 28



September

- Klaus Schneller - 11
- Lenny Suslowicz - 11
- Marcella Monte - 12
- Sally Mauro - 14
- Sally Guidotti - 15
- Carol Suslowicz - 19
- Stephen Hoffman - 20
- Kathy Palmacchio - 23
- John DeRusha - 24

To include a birthday, contact your reporter or the editor

Intel Please contact **Rachael Hamer** directly for any questions/concerns regarding **Intel** at 978-553-2158, Rachael.hamer@intel.com.

***** Wanted *****

If you have the white PVC window flower boxes that most Quail Run residents are using on their front porches, and you no longer are using them to



*hold your Spring, Summer or Fall flowers, I am willing to purchase them from you. Please call me at 978-562-4482. Thank you!
- Sue Fox*

**Astrology - What's Up
by Beverly Beyloun**



Virgo 8/25 - 9/22

It looks like you are about to make a new friend after the new moon solar eclipse appears just about now. it will light your eleventh house of friendship. This eclipse will receive golden beams from Uranus, the planet of unexpected developments, and will be very friendly, so it is also possible that a friend will help you in a substantial way quite out of the blue. Uranus is currently in your ninth house of foreign people and places, so you may travel overseas with a friend or do business with a friend who is based overseas. You might consider starting an import/export business together, or you may be a consultant or columnist for your friend. Be careful to maintain your professional/ personal reputation, and don't lose your cool during this time just before the Fall and into it. Ask a lawyer to be involved in all negotiations. At this time the moon takes center stage, and it will receive lovely vibrations from Uranus, and that is the reason I feel things will ultimately work to your benefit. At this time, you can now widen your influence through social media.

Libra 9/23 - 10/22

This time will be an important time where you will want to move forward and make decisions, but the planets won't cooperate—they will set roadblocks to deliberately slow you down. You'll have to be patient, but delays will benefit you, a truth you will see later, in hindsight, as you move a little beyond the next few months. Mercury will retrograde in Leo, your house of friendship, for part of the time, which means you will likely run into at least one old friend, and it will be exciting to see one another and catch up. With Saturn in your fourth house of home, it appears that your home has started to feel too small, that you require more space. You might want to browse websites with photographs of apartments or houses so you will have an idea of how much you'd have to spend if you move. You may feel tension, pulled between the demands of higher-ups at work and family members who are depending on you at home. Or, if family or work is not on your mind, your concern might be about what to do about your residence, a vacation home, or other property you hope to rent or buy, or already have, and want to fix up. You will handle the lunar eclipse fairly well, despite initial jitters, because your ruling planet is Venus, and thankfully, she is beautifully positioned in your chart.




**Rick Mitchell
Window Cleaning Service
Fully Insured**
**Call for a Free Quote
978-430-4523**
**rmitchell82@comcast.net
www.rmwindows.com**



Will Rogers, who died in a 1935 plane crash, was one of the greatest political sages, (a very wise man distinguished for wisdom and from experience), this country has ever known.
Some of his famous sayings:

- Never slap a man who's chewing tobacco.
- Never kick a cow chip on a hot day.
- There are two theories to arguing with a woman. Neither Works.
- Never miss a good chance to shut up.
- Always drink upstream from the herd.
- If you find yourself in a hole, stop digging.
- The quickest way to double your money is to fold it and put it back into your pocket.
- Good judgment comes from experience, and a lot of that comes from bad judgment.

-Submitted by **Kevin Fitzgerald**

**James J. Morais, GRI-CRS
Realtor Emeritus**

Village Real Estate, Inc.
56 Main Street
Hudson, Massachusetts 01749

Office 978. 568. 8746
Facsimile 978. 568. 8748

 **MLS** Email village-re@verizon.net

Condo Care

Ultra Sonic Rodent Repellent Devices
For those of you who may want to either get rid of, or deter mice from entering your unit, there are Ultra Sonic Rodent Repellent devices available to accomplish this.

These devices can be purchased at Lowes, Home Depot or Amazon. They are electronic devices that plug into a wall outlet. These devices send a high frequency noise that critters can't stand. The noise can not be heard by humans (but may bother hamsters or some dogs).


There are many different types and price ranges. I have used a device that costs about \$30.00 and covered about 300 sq. ft. The sonic frequency does not go around corners or through walls, so if you have more than one room or a large open area where you need this device, you may need to purchase multiple devices. They do come pre-packaged in multipacks.

Please calculate the square footage on how much area you want the device(s) to cover. The information/ instructions on the package will state the coverage for the device you choose.
- Submitted by **George Shaw**




Book Club

Meetings are at the Community Center, from 7:00-9:00 PM, generally the last Wednesday of each month.
Book selections will be done at the monthly meetings.



POKER PLAYERS WANTED

First and third Monday of each month, 4:00-6:00 PM, at the Community Center. Contact **Lenny Suslowicz** at 978-212-5141



Tell our advertisers you saw their ad in the Quail Runner Newsletter

JULIETS NEWS



August 13, Tuesday, 12:30, at Conrads Restaurant, Route 20, Sudbury, separate checks and choice of menu. Contacts: Marie Kapsalis 978-568-0713, Lorraine Cochran, 978-568-0165.

September 18, Wednesday, 12:30, at Welly's Restaurant, 153 Main Street, Marlboro, separate checks, choice of menu. Contacts: Carol Suslowicz, 978-212-5141, Betty Chaisson, 978-562-7087.

Sign up with these ladies or on the list at the Community Center.

Social Committee Plan Ahead Schedule

August 3 - Monthly Coffee Hour 9:30
August 17 - Ice Cream Social 7:00
August 19 - Ladies Coffee Hour 9:30



September 7 - Coffee Hour 9:30
September 16 - Ladies Coffee Hour 9:30
September 21 - Buffet Breakfast 9:00

October 19 - Progressive Dinner, details to be announced at a later date



Great Lengths

Hair & Nails
Specializing in all phases of hair & nail care for men and women

508-481-8086
176 Maple Street, Marlborough

QUAIL RUN BOWLERS -

We meet every Thursday, 10:00 to 12:00 at the Drome Bowling, 267 Main St. Acton, where they have Candlepins (small balls). Couples and singles, \$12.50 per person cash, FREE SHOES. We bowl 3 strings. Carpooling is available. To sign up call Carole Mahoney,

508-746-8635, Alison Towle at 978-568-0806 or Donna Milot 978-562-6603.



QUAIL RUN LIBRARY -

New books have arrived! We have fiction, non-fiction and mysteries. This is a sharing library and you are welcome to take a book and pass it on to your friends. Thank you for using our baskets for returns and donations. Any questions, please call Alison Towle or Carole Mahoney.



Annual Colonial Faire and Muster

**Date: Saturday, September 28, 2019 (Rain or Shine)
Time: 10:00 - 4:00 P.M.**

**Place: Longfellow's Wayside Inn (in the field opposite the Inn)
72 Wayside Inn Road
Sudbury, MA 01776
978-443-1776**

**Admission: Adults - \$2.00
Children 12 and under - Free**

(This admission fee includes a chance to win one of 2 \$50 gift cards to the

Wayside Inn)

This annual faire, run by the Sudbury volunteer re-enactment group has living history demonstrations, children's games and activities, fife and drum muster, crafts, a variety of food vendors and a colonial parade at noon! The Sudbury Ancient Fife and Drum Company will perform traditional colonial music throughout the day, including dramatic refrains that accompanied Revolutionary War soldiers on their way to battle.

- Submitted by Sherry Schneller

July Board of Governors (BOG) News



Welcome to Summer. Let's hope the high temperatures that we had in the middle of July are no indication of what's to come for the rest of the Summer.

By the time this is published you should have received a hard copy of the Amended Rules and Regulations. Please read carefully as changes have been made throughout the document to bring it into alignment with the Master Deed. One item that was changed to conform with the Master Deed, was the weight of dogs (i.e., from 35 pounds to 30 pounds). Please rest assured, the Board has no intentions of checking to see if the current dogs meet this requirement.

The deck railing project for the first 50 units is in progress. The unit owners whose decks have been or will be retrofitted in 2019, were notified. As of the writing of this document, the decks at 7 and 12 Strawberry are complete. Scott Forbes is working on 1 Autumn.

Per prior communication, unit owners were given the option of paying for the budget amendment in total by September 1st, 2019, or monthly at \$82.00 per month for three years effective September 1st of 2019. If as a unit owner you choose to pay monthly, the final payment would be \$60.00 as the \$82.00 is a rounded-up figure. As indicated previously, the Board chose not to finance the deck railing project through a bank loan. That would have increased the cost of the project. As each phase of the project is complete the contractor must be paid. If only the units in phase one were asked to make payments, there would not be enough money to pay the contractor without passing on the total amount of the budget amendment to those unit owners and not giving them the option to make monthly payments. The same would be true for the second and third phases of the project. To be equitable, the cost has been spread over the life of the project and the amount due is the same for all unit owners. Also, the option for paying for this project at \$1,000 per year for three years was tabled due to the accounting nightmare this would create.

Mark Campbell and Mike Veseskis of J&J&Son have repaired all irrigation issues. All rain sensors were replaced. The sensor will shut down the irrigation system when there is 1/4 inch of water in the sensor. Lawns were fertilized on July 15th. All shrubs were pruned and/or removed as needed on July 17th. The mower heads have been set to four inches due to grass burning. **NO ONE IS TO TOUCH THE OUTSIDE IRRIGATION BACKFLOWS OR THE IRRIGATION HEADS.** If, as a unit owner, you detect an issue please contact Jen Bouley at jbouley@thedartmouthgroup.com.

The Board has approved a bid to plant shrubbery around the relocated Village of Quail Run sign on Rotherham.

Big kudos and 'at-a-boys' go to:

- The Social Committee for putting flags around the front planting areas on Autumn and Rotherham for every appropriate day to honor our veterans.
- Sally Mauro and Barbara Baker for working for several days to organize the Community Center storage room.
- Dick DiBuono and Bill McPhail for cutting all low branches on the street trees. They will also be cutting low branches on trees in the circles imminently.

During the July 4th holidays the air conditioner compressor on the Community Center burned out and the starter capacitor failed. It required repair quickly as there was a private rental scheduled on Sunday. We had it repaired on Friday which was a holiday for Chaves Air Conditioning and were billed time and a half for the labor. The technician doing the repairs pointed out several issues with the air conditioner. He indicated that we need to replace it within the not too distant future. In the meantime, the Board has received and approved a maintenance contract for the Community Center air conditioner from Middlesex Cooling and Heating.

Gutters will be cleaned within the next week or so.

(BOG News continued on page 9)

**Technology
Corner**

By Carole Perla



When To Use Reply, Reply All, and Forward when using Email

Does it bother you to receive an email and see multiple email addresses that have nothing to do with you? That is because someone in the group clicked on Reply All instead of Reply. Are you thrilled when you just see the name of the group?

If you are one of these offenders who doesn't pay attention to where your replies/responses are being sent, it generally means you have allowed your mouse to hover over the Reply All for more than 30 seconds or you have not paid attention to what is popping up in the Mail program.

Below are a couple of examples of when to use Reply versus Reply All.

Reply is when your email goes to a single person. This is usually the person who sent the original email.

Reply All is when your response goes to everyone in the thread. If you use Reply All, every person who received the original email will see your reply.

You should ask yourself some questions before deciding between Reply and Reply All.

- Is the email addressed to me?
- If so, who has to know my answer?
- Does everyone in the thread need to know my answer or only the person who originated the email?
- If I don't use Reply All, will other members of the group be concerned if they don't see my reply?

If an email is addressed to you but only one person needs to know your response, use Reply.

If your response will impact multiple people, use Reply All.

If you are on an email chain where it is important to know what all the participants are doing, you might want to use Reply All. That way, if someone who responds in the affirmative doesn't show up, the group can check if that person is okay.

An example of when you should use Reply is when your response is about purchasing tickets for an event. The only person who needs to know if you are going to participate is the person buying the tickets. So if you want to go to that baseball game, use Reply.

Please spare the members of a group from having to read emails that are not pertinent to everyone in the thread.

So what is **Forward**? It is simply a way of forwarding/sending an email you received, to another person or multiple people.

(BOG News continued from page 8)

ARR-Max will be on site in the next several weeks. They have a "laundry list" of needed repairs. Several items on the list were published in the previous Board *Quail Runner* article. They will also be repairing the drive area along the berm by the mailbox on Rotherham and the sink hole at 7G Strawberry.



Crack sealing will be scheduled once ARR-MAX has completed all pavement repairs.

J&J&Son will be replacing the clean out pipe at 12G Strawberry that they damaged and pay to have a piece of siding at 9 Autumn replaced.

If you have bees around your porch railings, please buy a can of bee spray and contact either Mike McCormack or Bill McPhail to spray if you are unable to do so. To have Hudson Pest Exterminators spray the bees costs the Association \$195 per front porch. Thanks in advance for your assistance.

Don't drive beyond the property posted speed limits!

Hopefully everyone will have a very enjoyable Summer.



**Summer
is
Time
For
Picnics**

**FREE FUN FRIDAYS
AUGUST LOCATIONS**

Since 2009 *Free Fun Fridays* has drawn more than 900,000 visitors to venues throughout the Commonwealth. The program has grown to include participating venues in every corner of the state, helping them to open their doors for free to the community.

AUGUST 2

Franklin Park Zoo, Franklin
Boston Symphony Orchestra at Tanglewood, Lenox
Chatham Shark Center, Chatham
Concord Museum, Concord
International Volleyball Hall of Fame, Holyoke
Museum of Russian Icons, Clinton
Naumkeag, The Trustees, Stockbridge
Old State House, Boston

AUGUST 9

Boston Harbor Islands National and State Park
Davis Museum at Wellesley College, Wellesley
Gore Place, Waltham
Hancock Shaker Village, Hancock
JFK Hyannis Museum, Hyannis
Museum of the National Center of Afro-American Artists, Boston
New Bedford Whaling Museum, New Bedford
Old Colony History Museum, Tauton
Worcester Historical Museum, Worcester
The Greenway Carousel, Boston

AUGUST 16

John F Kennedy Presidential Library and Museum, Boston
Cahoon Museum of American Art, Cotuit
Discovery Museum, Acton
Fruitlands Museum, The Trustees, Harvard
Fuller Craft Museum, Brockton
Harvard Museum of Science and Culture, Cambridge
Paragon Carousel, Hull
Provincetown Art Association and Museum, Provincetown
USS Constitution Museum, Charlestown

AUGUST 23

The Institute of Contemporary Art/Boston, Boston
Boston Athenaeum, Boston
Fort Devens Museum, Devens
Freedom Trail Foundation, Boston
Heritage Museum and Gardens, Sandwich
Museum of African American History, Boston
The Mary Baker Eddy Library and Mapparium, Boston

AUGUST 30

Cape Cod Museum of Natural History, Brewster
Griffin Museum of Photography, Winchester
Hull Lifesaving Museum, Hull
Mass Audubon's Ipswich River Wildlife Sanctuary
MASS MoCA, North Adams
Museum of the First Corps Cadets, Boston
Osterville Historical Museum, Osterville
Capron Park Zoo, Attleboro
EcoTarium, Worcester

For more information call 617-969-8900

VISIT HIGHLANDSTREET.ORG OR CALL 617-969-8900 FOR MORE INFORMATION.

- Submitted by **Barbara Champine**

Happy Birthday



Bev Minot of Strawberry Lane celebrated her 95th Birthday with friends and family at Longfellow's Wayside Inn on June 15th.

Bev turned 95 this year and is as vibrant and young as she was in her 20's. All the guests enjoyed the wonderful food and especially the Birthday cake. A quilt was made by Bev's grand daughter-in-law, Samantha, that was made available for all the guests to sign. Many pictures of Bev were displayed around some of the rooms at the Wayside Inn, from when she was a little girl to all the way up to her 90's.



A wonderful time was had by all who attended this great celebration. Bev had a gift offering for all her guests to take home, which was a cutting of an ivy plant that had been part of her wedding bouquet many years ago.

What a wonderful gift to all who attended, and a memorable gesture from Bev!





**Do you love to sing?
Are you committed to excellence in choral sound?
Consider the Heritage Chorale
for the 2019 – 2020 Concert Season
83 Years of Choral Excellence**

Fall Open Rehearsals: September 3 and 10, 2019
Auditions: September 12, 2019 by appointment
Scott Hall (First Parish Church in Framingham),
24 Vernon Street, Framingham Center
For more information contact Elaine Recklet
at 978-562-2721 or erecklet@comcast.net

Hudson Department of Public Works
Water Update:

Chestnut Treatment: The Town along with their engineers continue to work on controls and testing out chemical injection systems and analyzers. The full system startup scheduled to be done the week of July 22nd.

Cranberry Well: As of Friday July 12th this well is now providing 500 GPM of water into the distributions system.

If you want more details on Hudson’s Water Supply, please follow the link below to the 2018 Consumer Confidence Report:
https://www.townofhudson.org/sites/hudsonma/files/news/2018_hudson_ccr.pdf.

Please continue to check the Town website for any current updates.

- Submitted by **MJ Ebens**

**FOR SAFETY SAKE!
Safety Tips Written by a Policeman**

1. If a robber asks for your wallet and/or purse,..... DO NOT HAND IT TO THEM. Toss it away from you. Chances are that they are more interested in your wallet and/or purse than you, and they will go for the wallet/purse, AND RUN AND SCREAM LIKE MAD IN THE OTHER DIRECTION!

2. If you are ever thrown into the trunk of a car, kick out the back tail lights and stick your arm out the hole and start waving like crazy. The driver won't see you, but everybody else will. This has saved lives.

3. People have a tendency to get into their cars after shopping, eating, working, etc., and just sit (doing their checkbook, or making a list, talking on the phone, etc.)... DON'T DO THIS! AS SOON AS YOU GET INTO YOUR CAR, LOCK THE DOORS, PUT ON YOUR SEAT BELT AND LEAVE.

If someone is in the backseat of your car and starts to threaten you, DO NOT DRIVE OFF!
Instead gun the engine and speed into anything, damaging the car. Since you already have your seat belt on, your Air Bag will save you. If the person is in the back seat, they will not be prepared for a crash, will not have their seat belt on, and will get the worst outcome of the unexpected crash.

As soon as the car crashes and stops.....BAIL OUT, SCREAM FOR HELP AND RUN!!!!

4. A few notes about getting into your car in a parking lot, or parking garage:

- BE AWARE... look around you, look into your car, at the passenger side floor and in the back seat.

- If you are parked next to a big van, enter your car from the passenger door. You do not want to be pulled into a van while you are attempting to get into the car.

- Look at the car parked on the driver's side of your vehicle, and the passenger side. If anyone is sitting alone in the seat near your car, walk back into the mall, or work, and get a guard/policeman to walk you back out. It's always better to be safe than sorry.

5. Always take the elevator instead of the stairs. Stairwells are horrible places to be alone and the perfect crime spot.

6. Water scam! If you wake up in the middle of the night to hear all your taps outside running or what you think is a burst pipe..... DO NOT GO OUT TO INVESTIGATE! This may put you in danger.

Bad people or thieves have been known to turn on all outside water taps so that the homeowner will go out to investigate and then may attack the homeowner. Stay inside the house and call **911 and wait for them to investigate**. Stay alert, keep safe, and look out for your neighbors!

Please forward this information to someone you care about.

- Submitted by **George Shaw**

Adventures in Alaska

Sherry Lupien, Marlie Stott, Marie Kapsalis, Theresa and Charlie Bosio, Sally Mauro



Our tour began in Fairbanks, Alaska and included a visit to the Morris Thompson Cultural Center and the University of Alaska Museum of the North. We also had an opportunity to learn about the TransAlaska pipeline, do some panning for gold and take an authentic Alaskan sternwheeler cruise along local rivers. On the river cruise we visited an Old Chena Indian Village to get a glimpse into Alaskan life and history and see a dog sled demonstration. A visit to Denali National Park was a guided natural history tour to learn about the local native culture.



Holding up the Alaska Pipeline!

- Submitted by **Sally Mauro**

Our ocean cruise began in Anchorage (Whittier) and we did scenic cruising at Hubbard Glacier, the Glacier Bay National Park, and with land visits to Skagway, Juneau and Ketchikan where we enjoyed shopping and talking with the local residents.

Wild life spotted were moose, bald eagles and whales. We all enjoyed the trip and will remember the beauty of the mountains, rivers, lakes and streams that were created by the movement of the glaciers.



In June I traveled the coast of Alaska through Alaskan Fjords and Glaciers on an "Uncruise Adventure" boat the Wilderness Explorer. The small boat traveled from Juneau to Ketchikan. Stopping along the way, we anchored the boat, and headed out to explore in inflatable skiffs, paddle boards and kayaks.

We traveled through Dawes Glacier and ice rich Endicott Arms on to Misty Fjords National Park. We saw lots of wildlife - Bears, Sea Lions, Whales, Dolphins and lots of Bald Eagles and so much more. An unbelievable adventure with scenery having to see to believe. Wonderful memories and new friends. The small boat was able to travel to scenic areas the big cruise ships are unable to visit.

- Submitted by **Sue Fox**



Glaciers all around