



# The Quail Runner

For and By the Residents  
of The Villages of Quail Run



January– February 2020

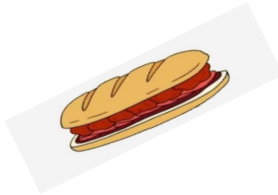
Began Publishing 2003  
www.QuailRunHudson.com

Hudson, Massachusetts

## UPCOMING EVENTS

### Chili/ Meatball Sub/ Game Night

**Date:** Saturday, February 8th  
**Where:** The Community Center  
**Time:** 6:00 PM  
**Cost:** \$5.00 per person, **BYOB**



### BINGO

14	29	38	52	74
4	18	33	46	62
7	16	★	60	71
9	27	44	51	67
12	23	35	47	73



Choices are Chili and Cornbread **OR** a Meatball Sub and Salad.  
Coffee/tea and dessert will be included. Contact person is **Sally Mauro**, 978-568-0821 or [sallymauro10@gmail.com](mailto:sallymauro10@gmail.com). Sign-up deadline is Wednesday, February 5th.

\*\*\*\*\*

### Polar Bear Dinner

**Date:** Saturday, March 21st  
**Where:** The Community Center  
**Time:** 6:00 PM (No early birds please). Meet and Greet from 6:00 - 6:25 PM.  
**Cost:** \$30.00 per person.  
PRE-PAID BY MARCH 14th and given to **Bonnie DeRusha** 8A Strawberry Lane or **Phyllis Novick** 6E Strawberry Lane.

All meals will include appetizer, a tossed salad, rolls, and butter, butternut squash, red potatoes, a brownie sundae, coffee and tea - BYOB.

Cut at the line below, enter names, check your meal choice, and submit this form with your check for \$30.00 per person, to one of the people listed above, prior to March 14th .



**Checks must be made out to Barbara Baker.**  
**No reservations will be held without a check received.**

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**The Board of  
Governors (BOG)  
News  
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Name: \_\_\_\_\_

Baked Haddock     Apple Stuffed Chicken Breast Supreme     Sirloin Tips, Pepper & Onions

Name: \_\_\_\_\_

Baked Haddock     Apple Stuffed Chicken Breast Supreme     Sirloin Tips, Pepper & Onions

## The Quail Runner Staff

**Editor:** Kareen Shaw  
**Assistant Editor:** Barbara Langley  
**Assistant Distribution Manager:** Joyce Blank  
**Advertising Manager:** Lelah Willoughby  
**Proof Readers:** Pat Ritter-Waltrup, Jan Painter, Barbara Langley, Bev Minot

### Circle Reporters:

1/3 Autumn Shirley O'Connell  
 2/4/9 Autumn MJ Ebens  
 5/7 Autumn Claire Kilcommins  
 6/11 Autumn Jane Pugsley  
 1/3 Strawberry Sally Mauro  
 2/4 Strawberry Barbara Champine  
 5 Strawberry Lee Rouse  
 6/8 Strawberry Clare Moschella  
 7/12 Strawberry Joyce Blank  
 1/4 Rotherham Kevin Fitzgerald  
 6 Rotherham Harry Morgan

### Columnists:

Technology Corner - Carole Perla & Pete Recklet

What's Up - Beverly Beylouné  
 Healthy Living - Peggy Rittenhouse

**Communications Chair:** Kareen Shaw  
**Quail Run Email Communications:** Yossi Elaz  
**Quail Run Telephone & Address Directories:** Peter Recklet  
**Quail Run Email List:** Carole Perla  
**Quail Run Website:** Mark Reid

**Newsletter Published** the first week of February, April, June, August, October, December.

**Newsletter Deadline** the 23rd of previous month.

You can view all the back issues that have been published of the *Quail Runner Newsletter* on: [www.QuailRunHudson.com](http://www.QuailRunHudson.com)

## Vacation Delivery

Give your Circle Reporter or the Editor a long envelope with two first class stamps, and print your name and vacation address on the envelope. Or you can view all published issues online at: [www.QuailRunHudson.com](http://www.QuailRunHudson.com)

### Editor's Desk

**Kareen Shaw**, editor

May you all enjoy the peace and quiet of after the holidays. They sure are fun with family and friends, but now we wait on the weather to be gentle with us as we all look forward to the warming of the sun to melt the snow, and to see the flowers that soon will be popping their heads out of the ground, joined by our little friends, the lovable chipmunks!



We would love to have more Quail Run residents send us articles to include in the *Quail Runner Newsletter*; interesting places to visit, favorite recipes, pictures of residents having fun at gatherings, articles of local events, etc..

Enjoy 2020!

### Real Estate Transactions at Quail Run

6C Strawberry, \$363,000, A style, SOLD  
 6F Strawberry, \$374,900, B style, active listing  
 5H Strawberry, \$369,900, A style, listing price, under agreement  
 - Submitted by **Barbara Kansky**



The Quail Run Community collects for the **Hudson Food Pantry**.  
 Items can be dropped off at the Community Center.

## Our Board of Governors

**Mike McCormack** [Mocrown@verizon.net](mailto:Mocrown@verizon.net) 978-562-1266  
**Bill McPhail** [aruba109@verizon.net](mailto:aruba109@verizon.net) 978-310-7000  
**Pat Ritter-Waltrup** [ritterwaltrup@gmail.com](mailto:ritterwaltrup@gmail.com) 978-562-5227  
**Klaus Schneller** [kssmet@verizon.net](mailto:kssmet@verizon.net) 978-562-1779  
**Diane Bemis** [dianegbemis@yahoo.com](mailto:dianegbemis@yahoo.com) 978-310-7676

This information appears on page 2 in the *Quail Run Directory*.

*BOG Monthly Meetings are open to all Quail Run Residents, please check for dates and times on the Community Calendar*

# HEALTHY LIVING

by Peggy Rittenhouse

What about CBD?



You've probably heard about a product containing cannabidiol, also known as CBD. It's in everything from drinks to pet products to chewable gummies. But many people still don't really know what CBD is. Is it marijuana? Is it legal? Does it actually work? Is it safe? The answers to those questions aren't necessarily straight-forward. The only thing that is clear at this point is "the marketing has gone way ahead of the science and the law when it comes to CBD products" says Dr. Donald Levy, medical director for Integrative Medicine at Brigham and Women's Hospital as recorded in the August 2019 issue of *Harvard Women's Health Watch*.

Is CBD marijuana? Yes and No according to the article. CBD is one of the two best-known active compounds derived from the marijuana plant. The other is tetrahydrocannabinol or THC, which is the substance that produces the "high" from marijuana. CBD does not get a person high, but Dr. Levy says that "it's not psychoactive" is something of a misconception. He says it does change your consciousness. You feel mellow, experience less pain and are more comfortable. Some CBD products do contain small amounts of THC. CBD can come from marijuana, and also from hemp, a related plant that is often used to make fabrics and ropes. As of 2018, Congress made hemp legal in all 50 states, the rules around marijuana-derived CBD are far less clear. Look on the Mass.gov website for the status of CBD in Massachusetts.

Does CBD work? There is moderate evidence that CBD can improve sleep disorders, fibromyalgia pain, muscle spasticity related to multiple sclerosis and anxiety.

Where should you purchase CBD products? According to the article it's best to seek one through a dispensary, which is an establishment legally licensed to sell marijuana. Dispensary products must be labeled so you can see exactly how much CBD is in the product and whether it also contains THC. A small amount of THC in a CBD product isn't typically problematic. But larger amounts could cause a "high" and may present a risk if you are going to drive says Dr. Levy.

There are many banks.  
We're the orange one.



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(Healthy Living continued)

Also keep in mind that CBD products aren't standardized and will vary. The safest way to take CBD is orally, as a tablet, chewable, or tincture. Is CBD safe? For adults, CBD appears to be a very safe product. CBD does produce side effects for some people, including nausea, fatigue, and irritability. It may also interact with certain medications, so always check with your doctor before use. Evidence regarding CBD is still building. More will be known in the next 10 years, including whether there are yet undiscovered problems associated with long-term use.

## Eye Glass Donations



The Stow, Ma. Lions Club collects old eye glasses. The glasses are sent to foreign countries for people who have no way to access eye glasses.

A donation box has been placed in the Community Center next to the large black bookcases for residents who wish to donate their old eye glasses.

Thank You!

- Submitted by **Arnie Johnson**

## ROMEO's

### Retired Old Men Eating Out

**Peter Recklet** is checking out the options for the next lunch. He will send an email with the details.

Please contact Peter at 978-562-2721 or [precklet@live.com](mailto:precklet@live.com) if you plan to attend. The group is open to all men at Quail Run.



**CURTAIN CALL**

Meetings are held on the FIRST Tuesday of the month, please join us and help select the performances we will attend as a group.

Details about future performances will be sent to those on the Curtain Call Mailing list. Please contact me if you would like to be added to the list - **Lorraine Cochran**, (lorrainecochran@comcast.net), 978-568-0165.



**HERITAGE CHORALE CONCERT  
THE SOUNDS OF COLOR**

John Finney, Music Director  
Join us in celebrating our 83<sup>rd</sup> Season  
Sunday, February 23, 2020 at 4:00 PM  
Keefe Tech HS  
750 Winter Street, Framingham

Spend a February afternoon in a world of color. Enjoy some familiar songs – and some you'll want to get to know. They'll engage us with sounds of color in all their beauty and variety, from Mood Indigo to The White World of Winter, from A Red, Red Rose to Bluesette, from Blackbird to Fields of Gold.

Advance Ticket Discount – [www.heritagechorale.org](http://www.heritagechorale.org), or for more information contact **Elaine Recklet** at 978-562-2721 or [erecklet@comcast.net](mailto:erecklet@comcast.net)

\*\*\*\*\*

**Do you love to sing?**  
**Are you committed to excellence in choral sound?**  
**Consider the Heritage Chorale for the 2019-2020 concert season, 83 years of Chorale Excellence.**

Winter Open Rehearsal and Auditions, February 25, 2020, 7:30 - 10:00 PM, at Scott Hall (First Parish Church in Framingham), 24 Vernon Street, Framingham Center.

For more information contact **Elaine Recklet**

***Stitch & Knit***

The Stitch & Knit Group meets at the Community Center the 4th Tuesday of every month from **1:00 - 4:00 PM**.

Please note the new time. Contact **Marie Kapsalis** at 978-568-0713 for more information.



**Tell our advertisers you saw their ad in the Quail Runner Newsletter**



**Presidents Day  
February 17**

***New Resident Information***

**Jackie Malloy**, 5C Autumn Drive, 508-615-9466, [Jackiemalloy@erakey.com](mailto:Jackiemalloy@erakey.com). Jackie and her son Rocco, moved here from Hudson.

Please contact **Barbara Langley** at 978-212-5006 if someone new moves to Quail Run.



**15 BONAZZOLI AVENUE, HUDSON, MA 01749**  
**877-7-CHAVES or 978-562-5309**  
[www.chaveshvac.com](http://www.chaveshvac.com)

***Snow Storm Reminder***

Please leave your outside carriage garage and porch lights on during snow storms to assist the people who will be plowing the roads, driveways, and shoveling snow from your front porch area.



Thank you.

**Quail Run Birthdays**

**February**

- Pat Trask -1
- Edward Houser -1
- Terry Hanlon -1
- Ron Ruest -2
- Alison J. Towle -2
- Susan Ciampi -3
- Mary Ellen Moynihan -3
- Evelyn Spears -5
- Kenneth Ward -5
- Lori Robak -8
- Barbara Baker -9
- Gerry Hegarty -9
- Frances Houser -10
- Bob Reid -11
- Jackie Malloy-16
- Joanne Frank -16
- Barbara Morgan -17
- Sarah Karloff -17
- Susanne Gird -19
- Michael Baker -22
- Carole Perla -23
- Elaine Recklet -27



To include a birthday,  
contact your Circle  
Reporter or the Editor

**March**

- Bob Frame -1
- Philip Durand -2
- Sherry Schneller -3
- Peter Recklet -4
- Mike Willoughby -5
- Beverley Duncan -6
- Janice Owen -6
- Barbara Chisholm -6
- Sue Rosen -9
- Clare Moschella -14
- Joseph Lalli -14
- Pat Dykeman -22
- William Lyons -26
- Kevin Fitzgerald - 29

**Players meet at the  
Community  
Center  
Wednesday and Friday  
at 1:30 PM**



**Valentines Day  
February 14**



**Astrology - What's Up  
by Beverly Beyloun**



**PISCES February 19 -  
March 20**

The confetti has settled, the music has stopped, and everyone is getting ready for business as usual - except you. You seem to have worked extra hard in the past, so the universe is planning a special year, filled with fun, friends, and lots of fresh starts. This is your time to run with the banner, for you have the stage, and everyone is being attentive to all you have to say. You've been dealing with Saturn's vigorous training for awhile and it was hard. I'm sure there may have been days you said to yourself, gee, I volunteered for this? These periods are never easy, as Saturn demands much and gives very few rewards while you are under his tutelage, but Saturn has finished his work with you and you can sit back now and reap the rewards, and they will be very generous - have faith that all your hard work will be worthwhile.

**ARIES March 21 - April 19**

After the hustle and bustle of the holidays you'll appreciate the slow and gentle start that the new year will offer you. Like tiny white snowflakes falling on a freshly fallen snow, the silence of your environment may be beautiful, as well as soothing and rejuvenating. You may slip into the new year easily, hardly noticing that something has changed - the year. It may occur to you when asked to date a check, but aside from that, you seem very relaxed and enjoying the low-key environment. You can ease into your schedule at your own pace, without anyone demanding too much from you. Experts say the more you can imagine yourself in a future situation, in a setting that holds a near-cinematic scene, down to the tiniest details, the more likely you will be able to make that dream a reality, detail is the key to seeing your future dreams become a reality. Open your mind this year of 2020 to a new way of thinking and to others' concepts and opinions!



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**The Year “2020”**  
 Interesting warning about the new year:


People should NOT abbreviate 2020 as “ /20” (e.g., 5/19/20), on any important document.

As the “20” could easily be forged into “2021” or “2025” by an unscrupulous person penning in the digits after-the-fact.


So, the National Association of Consumer Advocates, is encouraging folks to ALWAYS write the full “2020” year on any of your documents.

Refer to the full article on: [www.cnn.com/2020/01/04, “Don’t abbreviate 2020. It’s for your own good.”](http://www.cnn.com/2020/01/04/Don't_abbreviate_2020)

- Submitted by **Dave Bernhardt**



**Jeannine Bensette and Barbara Langley** welcomed in the New Year with their neighbors at 7 and 12 Strawberry Lane with a get-together on New Years Day. It was a great afternoon catching up with those we sometimes see only at the mailboxes during the Winter months.




**James J. Morais, GRI-CRS**  
 Realtor Emeritus

**Village Real Estate, Inc.**  
 56 Main Street  
 Hudson, Massachusetts 01749

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 Facsimile 978. 568. 8748

MLS Email [village-re@verizon.net](mailto:village-re@verizon.net)

**Did you know...**



"Stewardesses" is the longest word typed with only the left hand, and "lollipop" is the longest word typed with only the right hand.

"Dreamt" is the only English word that ends in the letters "mt".

The words "racecar", "kayak", and "level" are the same whether they are read left to right or right to left.

There are only four words in the English language which end in "dous": tremendous, horrendous, stupendous, and hazardous.

There are two words in the English language that have all five vowels in order: "abstemious" and "facetious".

"Typewriter" is the longest word that can be made using the letters only on one row of the keyboard.

A "jiffy" is an actual unit of time for 1/100th of a second.

An ostrich's eye is bigger than its brain.


Rubber bands last longer when refrigerated.

Leonardo Da Vinci invented the scissors.

- Submitted by **Kevin Fitzgerald**

**Book Club**

Meetings are at the Community Center, from 7:00-9:00 PM, generally the last Wednesday of each month. Book selections will be done at the monthly meetings.



The contact person is **Phyllis Novick**, 978-263-0659.

**POKER PLAYERS WANTED**

Every Monday of each month, 4:00-6:00 PM, at the Community Center.

Contact **Lenny Suslowicz** at 978-212-5141



### JULIETS NEWS



**February 26**, Wednesday, 12:30, at **Applebee's Restaurant**, in Hudson, separate checks. Contacts: **Bonnie DeRusha**, 508-481-6315 and **Lee Rouse**, 978-562-6673.

**March 24**, Tuesday, 12:30, at the **Welly's Restaurant**, Marlboro, separate checks. Contacts: **Rosemary Fitzgerald** 978-562-3230 and **Ginny Bosio** 978-568-0301.

Sign up with these ladies or on the list at the Community Center.



#### Great Lengths

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### Social Committee Plan Ahead Schedule



- February 1 - Monthly Coffee Hour 9:30
- February 8 - Chili/ Meatball Sub/ Game Night 6:00  
*Bring your appetite and some fun games to play with your neighbors*
- February 17 - Ladies Coffee Hour 9:30
- March 7 - Monthly Coffee Hour 9:30
- March 16 - Ladies Coffee Hour 9:30
- March 21 - Polar Bear Dinner - 6:00. *This is a prepaid event*



**Exercise your right to vote - Every vote counts**

**Presidential Primaries will be held on Tuesday, March 3, 2020 in the State of Massachusetts**

**Are you a new resident of Quail Run?  
Make sure you are eligible to vote in Hudson at your new address.**

#### Changing Your Address

You must update your voter registration every time you move. If you have moved, you may update your registration by filling out a new voter registration form. If you move after the deadline to register to vote in a state election or primary, you should wait to update your registration until after the date of the election or primary, and return to vote at your previous polling place in Massachusetts. State law allows you to vote from a previous address in a state election for up to six month after you have moved, as long as you have not registered elsewhere.

#### Need answers to your questions?

Contact the Hudson Town Clerk  
Monday - Friday: 8:00AM to 4:30PM  
78 Main St, Hudson, MA 01749  
Phone: (978) 568-9615

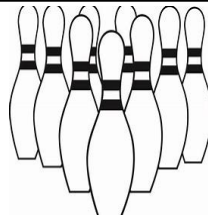
OPEN 8:00AM - 8:00PM  
Wednesday, February 12, 2020,  
last day to register to vote for  
the Presidential State Primary

Early Voting February 24-28, 2020

- Submitted by **Elaine Recklet**

### QUAIL RUN BOWLERS -

We meet every Thursday, 10:00 AM to noon at the Drome Bowling, 267 Main St., Acton, where they have Candlepins (small balls). Couples and singles, \$12.50 per person cash, FREE-SHOES. We bowl 3 strings. Carpooling is available. To sign up, please call **Carole Mahoney**, 508-746-8635, **Alison Towle** 978-568- 0806 or **Donna Milot** 978-562-6603.



### QUAIL RUN LIBRARY -

New books every week! We have fiction, non-fiction and mysteries. This is a sharing library and you are welcome to take any book and pass it on to your friends. Thank you for using our baskets for returns and donations. Any questions, please call Alison Towle or Carole Mahoney.



### January Board of Governors (BOG) News



Hope everyone had a happy and healthy holiday season. It's a leap year so an extra day of Winter, but as of February 1<sup>st</sup> only 49 days until Spring!

The 2020 Master Insurance policy has been signed. The new policy is with Greater New York and is \$708.25 less than the expiring total premium. A summary of the coverage will be sent to all unit owners imminently.

The Building and Grounds Committee's October inspections documents were turned over to Patricia Ritter-Waltrup the second week of January. There was an initial list of deck structural issues that had been compiled. We had Scott Forbes repair everything on that list. The data was summarized the week ending January 17<sup>th</sup>. The Dartmouth Group has been requested to provide us with a series of quotes for Board review. The general findings include the following:

- \* Driveways that have dropped below garage door or have other issues. We will have Sal from ARR-MAX look at the list in the Spring with the Board and make recommendation of what needs repair this year.
- \* There is a list of landscaping items that need attention. The list will be sent to J&J&Son to review, and as needed, consult with the Board (e.g., tree replacement, hillside between 11 Autumn and 2 Strawberry, etc.).
- \* It appears that most, if not all, basement case-ment windows are rusted. We are obtaining a quote from Eagle Painting to have them painted.
- \* Once again, we have rusted nails on stair risers, garage trim, etc. We will address this issue with Eagle Painting.
- \* There is a list of touch up painting needed where paint is damaged or replaced siding needs paint. We will obtain a quote from Eagle Painting.
- \* There are many boring bee holes on porch ceilings. To the best of our knowledge we sprayed

for all active bees. However, the holes remain. We will obtain a bit to plug these holes.

- \* There is a list of structural repairs that we are forwarding to Scott Forbes. Once he has reviewed the list, he will get back to us.
- \* There is a list of dryer vent covers, electrical box covers, etc. that need replacing/addressed. The Board will form a work party to address this list in the Spring.

Based on the cost of the quotes we receive, not everything may be accomplished this year.

Scott Forbes will again be retrofitting our deck railings starting in March based on the weather.



Kraft Power installed protection to the generator wiring due to rodents building nests inside the unit and damaging the wiring.

J&J&Son will be cleaning the swale installed by the developer behind 1 Autumn. It was discovered when the back of 1 Autumn was cleaned. It is totally overgrown and until cleaned, doesn't serve its purpose.

The Board approved a bid to have our catch basins cleaned in the Spring.

The Board agreed, and approved, to reimburse the Social Committee \$82.00 for the two replaced tables.

#### **Please don't drive beyond the property posted speed limits!**



The days are getting longer and hopefully the rest of our Winter won't be too bad.

#### **Fedex Scam Alert**

FedEx does not send unsolicited text messages or emails to customers. Any suspicious text messages or emails should be deleted without being opened, and reported to [abuse@fedex.com](mailto:abuse@fedex.com)





**LOCAL SITES FOR TWO OSCAR NOMINATED FILMS**

Two of the films nominated for Oscars this year were partially filmed at local sites.

**Little Women**

Louisa May Alcott's *Little Women* has finally been filmed where the story take place. Many of the sites can be visited as they are preserved by The Trustees of Reservations. The town of Harvard's General Store stands in for The Concord General Store and its Town Hall is used as a Concord church. Also in Harvard are scenes from the Fruitlands Museum. Of course the Alcotts actually spent time there in the farmhouse. Outdoor scenes also are from the Fruitlands. This museum is worth a visit if you have not been there. You can even get a snack in season.

A bit further from Hudson is Castle Hill in Ipswich which stands in for Paris and Crane Beach used in the beach scenes. Concord sites include the Alcott House (mostly a mock up of this) and The Old Manse, both open to the public. The Eleanor Cabot Bradley in Canton was also used for interior scenes. Other sites for this film were The Arnold Arboretum, Boston; Emerson Colonial Theatre, Boston; Fairmont Copley Plaza, Boston. Also filmed were The Gibson House Museum and William Hickling Prescott House, both in Boston. Gibbet Hill in Groton was the site of the Fall foliage scene. The cast includes Saoirse Ronan, Emma Watson, Laura Dern, and Meryl Streep among others.



**Knives Out**

*Knives Out* has even closer film scenes to us at Quail Run. Unlike *Little Women*, the story for *Knives Out* is not an old masterpiece. This film is a murder mystery that would make Agatha Christie smile. A wildly successful mystery writer is dead. It looks like suicide. There are some questions and a famous detective arrives to figure things out. This is a whodunit that is revealed in unexpected ways. Just when you think you have everything figured out, it doesn't add up.

As to the filming: The former octagonal RMV building on RT 85 (525 Maple Street) is the scene of a fire, Marlborough firefighters and their equipment are used as extras. In Maynard there is a car chase, the former Gruber Furniture Store across from the mill, becomes John's Cleaners.

(Oscars Films continued)

Also used are the Ames Borderland Mansion in North Easton, The Hunnewell Estates Historic District and scenes using the Medfield State Hospital.

My daughter thinks that a chase scene is across the Causeway over Fort Meadow but I could not verify that. The cast includes, among others, Daniel Craig (007), Jamie Lee Curtis, Christopher Plummer and Don Johnson.

- Submitted by **Barbara Champine**



**British vs Irish**



This is the transcript of the ACTUAL radio conversation between the British and the Irish, off the coast of Kerry, October 1998. Radio conversation released by the Chief of Naval Operations on October 2001:

IRISH: "Please divert your course 15 degrees to the south, to avoid collision,"

BRITISH: "Recommend you divert your course 15 degrees North, to avoid a collision."

IRISH: "Negative. You will have to divert your course 15 degrees South to avoid a collision."

BRITISH: "This is the Captain of a British navy ship. I say again, divert YOUR course."

IRISH: "Negative. I say again. You will have to divert YOUR course."

BRITISH: "THIS IS THE AIRCRAFT CARRIER HMS BRITANNIA! THE SECOND LARGEST SHIP IN THE ATLANTIC FLEET. WE ARE ACCOMPANIED BY THREE DESTROYERS, THREE CRUISERS, AND NUMEROUS SUPPORT VESSELS. I DEMAND THAT YOU CHANGE YOUR COURSE 15 DEGREES NORTH OR COUNTER-MEASURES WILL BE UNDERTAKEN TO ENSURE THE SAFTY OF THIS SHIP."



IRISH: "We are a light house. Your call."



- Submitted by **George Shaw**

Daylight Savings Time  
March 8



Remember any of the following?

Someone asked me the other day, 'What was your favorite fast food when you were growing up?' 'We didn't have fast food when I was growing up, I informed him, 'All the food was slow.' 'C'mon, seriously, where did you eat?'

It was a place called 'at Home,' I explained. Mom cooked every day and when Dad got home from work, we sat down together at the dining room table, and if I didn't like what she put on my plate I was allowed to sit there until I did like it.'

Some parents NEVER owned their own house, never wore Levis, never set foot on a golf course, never rode a train, never flew on an airplane, or even had a credit card. Although, in their later years, they had something called a revolving charge card. The card was good only at Sears Roebuck. Or maybe it was Sears & Roebuck. Either way, there is no Roebuck anymore.

My parents never drove me to soccer practice, or to a movie, or to drop me off to be with my BFF's. This was mostly because we never had heard of soccer, movie theaters were not locally available, and my Dad used our only car to get back and forth to work. But I had a bicycle that weighed probably 50 pounds, and only had one speed - slow! So if I wanted to go visit my friends, I had to put my feet to the peddles!

We didn't have a television in our house until I was in my teens. Some of our neighbors were not as lucky as our family, so we invited them over to watch the TV with us.

I never had a telephone in my room. The only phone in the house was in the living room and it was on a party line. Before you could dial, you had to listen and make sure a person you did not know, wasn't already using it, (some of the gossip you overheard was quite something!)

I never had a computer, cell phone, nor an ipad, I really don't know how I survived my childhood!

Pizzas were not delivered to our home, but milk was. We did not buy salad dressing, we made it with ketchup and mayonnaise - the best ranch dressing ever!

Ahhhh.... the good old days! How many other unique things can you remember?

- Submitted by **Kevin Fitzgerald**

This is a real 911 call ....

Dispatcher 911: "What is your emergency?"

Caller : "Yeah, um..... my wife got attacked by a warthog and she's hurt real bad, and I need someone to come with an ambulance to pick her up."

Dispatcher 911: "Ok sir. Can you give me your address?"

Caller: "Uh..... yeah, we're at 1825 Eucalyptus Drive"

Dispatcher 911: "Ok, can you spell that address for me sir?"

Caller: "Uh, I'm going to drag her over to Oak Street and you can pick her up there."

- Submitted by **George Shaw**

Happy St. Patrick's Day  
March 17





**Retiring as Chair of the Communications Committee**  
- By MJ Ebens

I retired as Chair of the Communications Committee as of December 31, 2019 after holding this position since 2003.

This committee is mainly self-directed. The new committee today consists of Kareen Shaw as Chair, Yossi Elaz - Quail Run email, Peter Recklet - Quail Run Directories, Carole Perla - updates to our Quail Run email database, and Kareen who is also the editor of the *Quail Runner Newsletter* (she has her own staff which does not come under the Communications Committee), and Mark Reid - our Quail Run website master.

Some history of the Communications Committee: Way back in 2003 in the “dark ages” of Quail Run, we had no resident run organizations or a Board of Governors. Franchi, the building contractor was still in charge. I spoke to Sue MacDonald who was the realtor working for Franchi to facilitate the selling of the Quail Run units. She was eager to support a *Quail Runner Newsletter* and offered to do the copying for us through her office. I became the de facto editor. Sue continued to provide the copying for several years until she retired and moved from away from our community. At that point we started to use advertisers in our newsletter to pay for the copying. We used a number of services for the copying until settling on UPS in the Stop & Shop Center. UPS does the *Quail Runner Newsletter* copying for us currently.

Bob Reid had started to collect names and phone numbers of our residents as they moved in for his own information and found that everyone he talked to wanted a copy too! This later became the *Quail Run Directory*. He was added to the *Quail Runner Newsletter* staff. Later email addresses were added and Peter Recklet took over the job from Bob Reid, 14 years ago.

Peter has added cell phone numbers, manages and tracks all of the information (old, new and updated) data received from each resident, so now we have two Quail Run Directories, one “**Listed by Name**” and one “**Listed by Address**”. Each January, Peter emails these two Directories out to all residents via the email addresses he keeps on file in his Quail Run database.

(Communications Committee continued)

This is why it is so important to keep Peter informed of any changes to your email address, or home/cell phone numbers.

Meanwhile, George Champine began work on a website for our community. Later when he became ill, Mark Reid, Bob and Nancy Reid’s son, took over the job and continues to this day as our webmaster.

Carole Perla took over keeping our online email listings up to date. Several people have held the post of actually emailing information to the community. These include Barbara Picarello and Ted Baker. Yossi Elaz is the current “sender-outer” of our Quail Run emails.

There is also an updated *hard copy release* of the Quail Run “**Listed by Address and Telephone Directory**”, and this is distributed to all the residents in mid-July by the *Quail Runner Newsletter* staff.

Being Chair of the Communications Committee has been interesting, but now I’m glad to turn the job over to Kareen and I wish her well.

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**Symphony Pro Musica**

Symphony Pro Musica has performances on Saturday, March 28 at 7:30 PM at Hudson High School and Sunday, March 29 at 3:30 PM at St. Mark's in Southborough. The program will be *Symphonic Farewells* including Lili Boulanger's D'un matin de printemps, Bartok's Piano Concerto No. 3 with soloist Sean Botkin, and Tchaikovsky's Symphony No. 6 "Pathetique".

Each of these works were one of the composers best and the last works. **Phyllis Novick** is offering \$10 tickets to Quail Run residents and their guests by calling 978-263-0659 or email [phyllisnovick8@gmail.com](mailto:phyllisnovick8@gmail.com).

**Intel** Please contact **Rachael Hamer** directly for any questions/concerns regarding **Intel** at 978-553-2158, [Rachael.hamer@intel.com](mailto:Rachael.hamer@intel.com). Rachael will be on leave starting January 15<sup>th</sup>, 2020 and returning the middle of June 2020. During this time, please contact Jeff Supernor at 978-553-5991, [jeff.supernor@intel.com](mailto:jeff.supernor@intel.com) or Erika Edgerly at 505-893-0437, [Erika.edgerly@intel.com](mailto:Erika.edgerly@intel.com).

You can also call the security line at 978-553-5858.



### ***Quail Run Email Distribution Policy***

The purpose of the policy is to provide information of general and local interest as well as that specifically related to Quail Run residents.

Email to residents will be limited to:

- Information from the Board of Governors.
- Information from the Town of Hudson and town sponsored groups, e.g., Senior Center.
- Announcements that are time sensitive e.g., Intel will be repaving their parking lot.
- Items that may be approved by the Chairperson of the Communications Committee.

Emails should not involve political messages, fund raising, or donation requests.

Emails will be sent out using blind copies which cannot be used as a reply all.

Requests to send out emails from residents or other groups must meet the following guidelines:

- All messages must be signed and dated.
- No inappropriate language, profanity, or pornography will be allowed.
- No statements that could be considered slanderous or libelous will be allowed.
- No business promotion topics are allowed. Vendor recommendations should be sent to the *Quail Runner Newsletter* editor, for listing under Tradesmen Recommendations.

Messages that are brief and concise are encouraged. The Quail Run Email Communications person will review all email messages to enforce these rules. Any message that does not conform to these rules will be deleted.

If you have questions, comments, or opinions that you would like to express about this policy, contact the Chairperson of the Communications Committee. *Thank You.*

### ***A Closet Surprise***

We had just returned from a wonderful concert given by Symphony Pro Musica. I went into our bedroom and into our walk-in closet to hang up my jacket. As I was getting the hangar, I noticed something slithering under the chair in our closet. I took one quick look and was horrified to see a wide tail with long coarse white hair on either side of the tail with a black stripe running down the middle. I gasped and beat a hasty retreat. I called for my daughter-in-law Lauren and my husband Bob to see what was in our closet. They took one quick look and we all pronounced that it had to be a SKUNK!! We retreated to the kitchen and said "Now what do we do?" We decided to at least close the closet door, which I did. I tried to look up the phone number of the animal rescue officer in the telephone book. I couldn't find it in my haste so decided to call 911. Soon two police officers arrived and they also looked in the closet and confirmed that it was indeed a skunk. They called the animal rescue officer. They stayed and talked with us for at least 45 minutes waiting for the animal rescue officer to show up.

Lauren noted that when she had come home from the concert, my cat was waiting at the door and was meowing and she thought that was quite strange. Finally, the animal rescue officer arrived and spent a bit of time in the closet with no results. He mentioned to us that he hoped we had some other place to sleep that night! He eventually captured the skunk in a net on the end of a long pole and shoved him quickly out the bedroom window which he had previously opened and taken off the screen. The skunk sprayed a little but not so much that we couldn't stay in the bedroom that night. The closet and the hallway definitely had a skunk smell, but all in all we were very lucky! We wondered how in the world that skunk had gotten in our closet. We surmised he must have walked into the garage when the door was opened to put the car in the garage. I remembered that I had left the door leading from the house to the garage open a little before we left for the concert because the cat had wanted to go in the garage. I wish I could have seen the reaction of my cat as the skunk ventured into our house for a visit!

- Submitted by **Peggy Rittenhouse**

*Lesson Learned - this was all the cats fault!*

