



The Quail Runner

For and By the Residents
of The Villages of Quail Run



July - August 2020

Began Publishing 2003
www.QuailRunHudson.com

Hudson, Massachusetts

AROUND THE QUAIL RUN COMMUNITY

After the first weeks of isolation forced by the COVID-19 virus, my wife and I decided that reading, doing crossword puzzles, watching operas, and cleaning out no longer worn clothing and unused household goods was not going to hold our interest for long.

We needed something more challenging to occupy the time. Neither of us is a fan of jigsaw puzzles but we do like to create things. That's when we discovered that Legos are not just for kids. Searching the Lego and Amazon sites, I discovered a project that appealed to me as a sports fan; a replica of Old Trafford Soccer Stadium in Manchester, UK. I ordered it and a few days later a large box containing 21 bags of parts appeared on our front porch. Fortunately, there was a 365-page instruction manual to



tell us how the 3890 parts, some smaller than your pinkie fingernail, went together.

All told we spent about 40 hours completing the project, including some time needed to order some missing pieces. The completed stadium shown on the left, measures 18"x16"x 7.5".

We enjoyed the project so much that we decided to try another one. This time it is a replica of the Taj Mahal consisting of 5923 parts and measuring 20"x20"x16".

- Submitted by **Elaine and Peter Recklet**

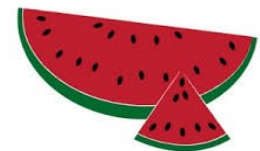
Does Anyone At Quail Run Want To Take On A Challenge?

Social Activities Cancelled

The Social Committee has cancelled all activities due to the current concerns regarding the COVID-19 virus and health concerns for our residents. For all other community activities, please check with the contact person listed in this Newsletter.

Contents

- Astrology - 5
- Birthdays - 5
- Book Club - 6
- BOG - 2, 8
- Communications - 2
- Curtain Call - 4
- deCordova Park - 11
- Editor's Desk - 2
- Friendships - 9
- Healthy Living - 3
- Hudson Food Pantry - 2
- Intel - 7
- Juliets - 7
- Mahjong - 5
- New Residents - 4
- Poker Players - 6
- QR Bowlers - 7
- QR Library News - 7
- Quail Runner Staff - 2
- QR Real Estate - 2
- Romeo's - 3
- Stitch & Knit - 4
- Social Commit. - 1, 7
- Transitions - 7
- Vacation Delivery - 2
- Voter Information - 9



Annual Meeting

The Annual Meeting and election of new Board members has been postponed. Please reference the Board of Governors article on page 8.

The Quail Runner Staff

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 6/11 Autumn Jane Pugsley
 1/3 Strawberry Sally Mauro
 2/4 Strawberry Barbara Champine
 5 Strawberry Lee Rouse
 6/8 Strawberry Clare Moschella
 7/12 Strawberry Joyce Blank
 1/4 Rotherham Kevin Fitzgerald
 6 Rotherham Harry Morgan

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Technology Corner - Carole Perla & Peter Recklet
What's Up - Beverly Beylouné
Healthy Living - Peggy Rittenhouse
Communications Chair: Kareen Shaw
Quail Run Email Communications: Yossi Elaz
Quail Run Telephone & Address Directories: Peter Recklet and Cathy Bernhardt
Quail Run Email List: Carole Perla
Quail Run Website: Mark Reid

Newsletter Published the first week of February, April, June, August, October, December.

Newsletter Deadline the 23rd of previous month.

You can view all the back issues that have been published of the *Quail Runner Newsletter* on: www.QuailRunHudson.com

Vacation Delivery

Give your Circle Reporter or the Editor a long envelope with two first class stamps, and print your name and vacation address on the envelope. Or you can view all published issues online at: www.QuailRunHudson.com

Editor's Desk

Kareen Shaw, editor



We have a new advertiser for the *Quail Runner Newsletter*, **Wayside Sewing**. Check out the many sewing items and services they offer their customers. More information about Wayside Sewing can be found on page 6. Please note the number for the Hudson Senior Center is 978-568-9639. There was an error in the Quail Run Directory that was sent out July 1st.



September 7th

The Quail Run Community collects for the Hudson Food Pantry. Items and/or checks can be dropped off at **Barbara Baker's** home at 4D Autumn Drive. There is also a collection box for items at the Community Center.

Real Estate Transactions at Quail Run

Sold: 3E Autumn Dr. - \$375,000, A style
 Sold: 3G Autumn Dr. - \$392,000, B style
 Sold: 3A Strawberry Lane - \$419,000, A style
 For sale: 7A Strawberry Lane - \$424,900, C style



Our Board of Governors

Mike McCormack Mocrown@verizon.net 978-562-1266
Bill McPhail aruba109@verizon.net 978-310-7000
Pat Ritter-Waltrup ritterwaltrup@gmail.com 978-562-5227
Klaus Schneller kssmet@verizon.net 978-562-1779
Diane Bemis dianegbemis@yahoo.com 978-310-7676

This information appears on page 2 in the *Quail Run Directory*.

BOG Monthly Meetings are open to all Quail Run unit owners, please check for dates and times on the Quail Run Community Calendar on our website page.

HEALTHY LIVING

by Peggy Rittenhouse

The Best Medicine



Over 2,000 years ago Hippocrates, the father of medicine, said, "Walking is man's best medicine".

Today there is more and more evidence that we should lace up our sneakers and start walking. For example, you can reduce your risk of dying from heart disease by 35% just by walking 25 minutes a day, according to folks at Harvard Medical School. It helps lower blood pressure and cholesterol, reduce your risk for diabetes and cancer, ease depression, and help keep your memory sharp. Walking gets you the stress-relieving benefits of meditation without having to sit still. And all you need for equipment is a good pair of shoes.



The latest research shows sitting may be more harmful to your health than smoking! Once in a while we all need a reminder to get moving. Start walking and you can:

1. Lower blood pressure
2. Fight heart disease
3. Reduce the risk for type 2 diabetes
4. Relieve depression
5. Improve memory
6. Improve circulation
7. Lighten your mood
8. Improve sleep
9. Strengthen muscles
10. Add years to your life

And it's free. So lets get out there and move!



The COVID-19 Virus can not slow me down!

- Bob Bemis

There are many banks. We're the orange one.



Honest to goodness Avidia Bank

Member FDIC | Member DIF | NMLS# 422902 | avidiabank.com



September 19th

Tweet others as you would like to be tweeted

Self Distancing "Chat Time" on Autumn Drive



Eye Glass Donations



The Stow, Ma. Lions Club collects old eye glasses. If you would like to donate, please contact me. Thank you!
- Submitted by **Arnie Johnson**

ROMEO's

Retired Old Men Eating Out

Peter Recklet is checking out the options for the next lunch. He will send an email with the details.

Please contact Peter at 978-562-2721 or precklet@live.com if you plan to attend. The group is open to all men at Quail Run.



CURTAIN CALL

Meetings are held on the FIRST Tuesday of the month, please join us and help select the performances we will attend as a group.

Details about future performances will be sent to those on the Curtain Call Mailing list. Please contact me if you would like to be added to the list - **Lorraine Cochran**, (lorrainecochran@comcast.net), 978-568-0165.



Do You Need New/Extra Mailbox Keys?

The duplicate mailbox key we had made at the local hardware store was not working so we went to the Post Office to talk about options. For \$35 the P.O. installed a new lock on our box and gave us 3 new keys which all work properly without sticking! We paid by credit card at the P.O. and the new lock was installed within a week. We did need to return to the P.O. to pick up the keys. This was done in the Summer of 2019.

- Submitted by **Joseph and Susan Lalli**

Stitch & Knit

The Stitch & Knit Group meets at the Community Center the 4th Tuesday of every month from **1:00 - 4:00 PM.**



Please note the new time. Contact **Marie Kapsalis** at 978-568-0713 for more information.

A Sign of the Times

So can we expect car insurance to go down since nobody can go anywhere? Just wondering... Jake, from State Farm...

People keep asking "is coronavirus really that serious?" Listen up! Casinos and churches are closed. When heaven and hell agree on the same thing, it's probably pretty serious!

Tell our advertisers you saw their ad in the Quail Runner Newsletter

Never in my whole life would I imagine my hands would consume more alcohol than my mouth!

New Resident Information

Please welcome **Jodi Shulman**, 3 E Autumn Drive, 774 -245-5259, kjmeehan@aol.com and **Christopher Garrity**, 774-261-2729, garritman@aol.com and also their dog Skippy to Quail Run.

Mary J. Brown, 3A Strawberry Lane, 978-212-5358, therealMJTB@gmail.com and her cat May.

Please contact **Barbara Langley** at 978-212-5006 if someone new moves to Quail Run.



And just like that...having a mask or even two or three of them, rubber gloves, and duct tape in your trunk is OK.

Ask not what staying home on the couch can do for you, but staying home on the couch can do for your country.

I don't like the fact that my chances of survival seem to be linked to the common sense of others.

I overheard a conversation where a man mentions to his friend, "It's been a blessing being home with the wife for four months now. We've caught up on everything I've done wrong for fifteen years."

- Submitted by **Pat Ritter-Waltrup**

Transitions

Karin Lewis Lynde of 12 D Strawberry Lane died peacefully Wednesday, June 10th at St. Patrick's Manor in Framingham, MA. Karin and her husband **Dick** have lived at Quail Run for many years but a long ago accident prevented Karin from participating in our Quail Run activities. Her neighbors at 7/12 Strawberry Lane will always be grateful to have known her sweet smile and gentle spirit.



P: 978.562.5309
P: 877.7CHAVES
F: 978.562.1026

15 Bonazzoli Avenue
Hudson, MA 01749
www.chaveshvac.com

Quail Run Birthdays

August

Faith Marcello - 9
 Nancy Sweeney - 16
 Ginny Bosio - 17
 Cathy Bernhardt - 25
 Jayne Donato - 25
 Janet Bucceri - 28

September

Klaus Schneller - 11
 Lenny Suslowicz - 11
 Marcella Monte - 12
 Sally Mauro - 14
 Sally Guidotti - 15
 Merrill Pierce - 16
 Carol Suslowicz - 19
 Stephen Hoffman - 20
 Kathy Palmacchio - 23
 John DeRusha - 24



To include a birthday,
 contact your Circle
 Reporter or the Editor

Astrology - What's Up by Beverly Beylouné



VIRGO 8/23 - 9/22

It looks like you are about to make a new friend after the new moon solar eclipse appears just about now. It will light your eleventh house of friendship. This eclipse will receive golden beams from Uranus, the planet of unexpected developments, and will be very friendly, so it is also possible that a friend will help you in a substantial way quite out of the blue. Uranus is currently in your ninth house of foreign people and places, so you may travel overseas with a friend or do business with a friend who is based overseas. You might consider starting an import/export business together, or you may be a consultant or columnist for your friend. Be careful to maintain your professional/personal reputation, and don't lose your cool during this time just before the Fall and into it. Ask a lawyer to be involved in all negotiations. At this time the moon takes center stage, and it will receive lovely vibrations from Uranus, and that is the reason I feel things will ultimately work to your benefit.

LIBRA 9/23 - 10/22

This time will be an important time where you will want to move forward and make decisions, but the planets won't cooperate. They will set roadblocks to deliberately slow you down. You'll have to be patient, but delays will benefit you, a truth you will see later, as you move a little beyond the next few months. Mercury will retrograde in Leo, your house of friendship, for part of the time, which means you will likely run into at least one old friend, and it will be exciting to see one another and catch up. With Saturn in your fourth house of home, it appears that your home has started to feel too small, that you require more space. You might want to browse websites with photographs of apartments or houses so you will have an idea of how much you'd have to spend if you move. You may feel tension, pulled between the demands of higher-ups at work and family members who are depending on you at home. Or, if family or work is not on your mind, your concern might be about what to do about your residence, a vacation home, or other property you hope to rent or buy, or already have, and want to fix up. You will handle the lunar eclipse well, despite initial jitters, because your ruling planet is Venus, she is beautifully positioned in your chart.



September
28th

Players meet at
 the Community
 Center Wednesday
 and Friday at 1:30 - 4:00 PM.



Contact **Claire Kilcommins** at 978-562-3336.

Residential * Commercial * Auto



978-562-2332

78 Cherry Street Hudson, MA 01749

Monday - Friday 8:00 - 5:00 Saturday (9:00 - 1:00)

www.countryglass.com

Store Hours:
 Sunday 10-2* Wed-Friday 10-6
 Monday Closed Saturday 10-4
 Tuesday 10-7 *1st Sunday of month 10-4 info@waysidesewing.com



Wayside Sewing
 MetroWest's full service sewing center

1021 Boston Post Rd. East
 Marlborough, MA 01752

Ph: 508-481-2088
 Fax: 508-481-2188
 http://waysidesewing.com

BERNINA, Husqvarna Viking, Bernette, Singer & Koala

Wayside Sewing

Welcome to Wayside Sewing, MetroWest's full service sewing center. We are an authorized Bernina, Husqvarna Viking and Singer sewing machine dealer, and so much more.


From outside we look tiny, but step inside and check out our two floors of sewing fun. See what we have in store - fabrics, sewing accessories, notions, furniture, luggage, classroom offerings, and our repair center.



We are a small family owned, and operated business. Our doors opened in 2007 and we proudly continue to serve our community. As Hudson residents we are happy to see so many of our friends and neighbors dropping by to pick up some fabric, or grab a baby kit from our NICU outreach cradle. Our staff and patrons have made and donated almost 5,000 quilts to the Brigham and Women's NICU; that is an accomplishment we can all be proud of.

Next time you are ready to start a new sewing project, have a question about your sewing machine, or are just looking for a new place to check out, stop by, we are in the Wayside Country Store plaza on Route 20.

Hope to see you soon - Jill, Michael, Mike, Charlene, Mary & Erin
 ** Call to verify new COVID-19 store hours**



James J. Morais, GRI-CRS
 Realtor Emeritus

Village Real Estate, Inc.
 56 Main Street
 Hudson, Massachusetts 01749

Office 978. 568. 8746
 Facsimile 978. 568. 8748

MLS Email village-re@verizon.net

Town of Hudson Status Update

The Hudson Public Library services are available Monday through Thursday 9 AM - 7 PM, Friday 9 AM - 6 PM, and Saturday 9 AM - 5 PM. They are closed to the public, they are working behind the scenes to offer the following services; curbside pickup, book drop returns, interlibrary loans, museum & recreational pass reservations, virtual programs, and socially distant Summer reading events and activities.

Curbside service is available every day, beginning one hour after opening and ending one hour before closing, during library business hours. Contact the library at least 30 minutes in advance before picking up reserved items. Returns are accepted every Saturday via the main entrance book drop until it reaches capacity. Telephone number is (978) 568-9644.

The Senior Center is not currently open to the public. The staff is working both in the office and remotely during regular business hours, Monday through Friday 8 AM - 3:30 PM. All social service needs including health insurance, prescription drug plans, fuel assistance, SNAP benefits and home care service referrals have been taken care of over the phone. Meals on Wheels is delivering a full weeks supply of food to seniors on Tuesdays and Fridays. In August, they will add Wednesdays as another day for food delivery. Telephone number is (978) 568-9638.

- The information above is summarized from the Town Hall Update, dated July 16, 2020. Please go to the Town of Hudson website to view details of all Town of Hudson Services.

- Submitted by **MJ Ebens**

Book Club

Meetings are at the Community Center, from 7:00-9:00 PM, generally the last Wednesday of each month. Book selections will be done at the monthly meetings.

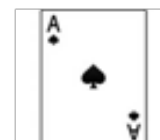


The contact person is **Phyllis Novick**, 978-263-0659.



POKER PLAYERS WANTED

Every Monday of each month, 4:00-6:00 PM, at the Community Center. Contact **Lenny Suslowicz** at 978-212-5141.



JULIETS NEWS

The Juliets Luncheons are cancelled due to the current concerns regarding the COVID-19 virus and health concerns for our residents.



Great Lengths

Hair & Nails
Specializing in all phases of hair & nail care for men and women

508-481-8086
176 Maple Street, Marlborough

**Social Committee
Plan Ahead Schedule**

All activities are cancelled due to the current concerns regarding the COVID-19 virus and the health concerns for our residents.



QUAIL RUN BOWLERS -

We are still looking at other locations where they offer Candlepins (small balls). Stay tuned. If you have any questions, please call **Carole Mahoney**, 508-746-8635, **Alison Towle** 978-568- 0806 or **Donna Milot** 978-562-6603. *This activity will resume when a location is found and the COVID-19 restrictions are lifted.*



**Green Energy Consumers Alliance
* Shave The Peak***

The information contained in his article is from the Green Energy Consumers Alliance.

Shave the Peak only works through us all working together. Share our program with a friend to grow your impact!

Summer's peak will be from 3 PM - 7PM. Help us avoid dirty power plants coming online by keeping your electricity use low during those hours.

- If you're leaving the house, double-check appliances and your thermostat before you go.
- AC is the biggest energy user. You can pre-cool your home with AC in the morning, then turn it up a few degrees at 3PM; or set your programmable thermostat to do that!
- Don't run high-energy appliances like washing machines, dryers, and dishwashers during peak hours. If you have one, don't charge your electric car during the peak.

Together we can make a difference for our climate. Thank you!

- Submitted by **MJ Ebens**

Intel Please contact **Rachael Hamer** directly for any questions/concerns regarding **Intel** at 978-553-2158, Rachael.hamer@intel.com.

You can also call the security line at 978-553-5858.

QUAIL RUN LIBRARY -



At this time, **we can not accept any more book donations**, we are out of space for displaying the books. Thank you for using our baskets for returns. Any questions, please call Alison Towle or Carole Mahoney.

CLEVER PARAPROSDOKIANS

(A paraprozdokian is a figure of speech in which the latter part of a sentence is unexpected and often times very humorous.)

Is it wrong that only one company makes the game Monopoly?

Women sometimes make fools of men, but most guys are the do-it-yourself type.

Men say women should come with an instruction manual; but since when has any man stopped to read the instructions.

-Submitted by **George Shaw**

CONDO CARE

Now is a good time to have your **dryer vent and heating/cooling ducts cleaned**. Recommended vendor is AIRTEK, in Hudson, Ma. 978-567-1072.

July Board of Governors (BOG) News



Welcome to an extremely hot and dry Summer. Do hope everyone is still practicing safe guidelines by social distancing and wearing face masks.

The Community Center will continue to be closed. This is per legal counsel advise from Perkins & Anctil regarding issues related to a reopening of the Community Center now that Massachusetts has proceeded with phase three (3) of its reopening plan. The Board was advised that this is for liability purposes. This includes the main gathering room and the Community Center deck. Opening our Community Center would require that we adhere to all guidelines set forth in the reopening plans in place by the Commonwealth. This includes, but is not limited to, monitoring visitor entries and exits, ensuring social distancing, and reconfiguring the layout of the Community Center. Adherence to these requirements in a community of our size would present a substantial burden. We did ask if requiring a signed waiver, by owners, would make a difference. The answer is we would still be required to adhere to the guidelines identified above.

The Annual Meeting continues to be delayed due to COVID-19. All current Board members will continue in their current roles for the foreseeable future.

All residents need to read and understand the Rules and Regulations. If you do not have a copy, they may be found on the Quail Run web site under the Governance tab. There have been several incidents over the past several weeks that the Board has dealt with due to violations. Without Board intervention the applicable unit owners would have received a violation letter which goes into the unit owner's file. **PLEASE** read the document and adhere to the rules.

The irrigation system was on for a brief period. However, due to the Town of Hudson water ban restrictions, it has been turned off. Hand watering is still permitted. Due to our lack of rain, we will closely monitor potential further restrictions. The reseeded of grass damaged by snow removal has been postponed until the Fall. Topsoil was put down behind 1 Autumn where repairs were made last year, but grass seeding must wait. This also includes repair of the damage to the back lawns of 1/3 Autumn caused by heavy equipment last Fall.

Eagle Painting should be on site in early Fall to take care of the list of items needing paint.

Scott Forbes completed retrofitting our decks. He has also repaired several other needed items.

J&J&Son Landscaping completed, or are in the process of addressing, the following:

1. Removed four dead/dying pine trees and two maple trees on the 1A Autumn side of the road. Once the four pine trees were removed it was discovered that there are two more dying pine trees that need to be removed. Additional work is needed to pull the stumps and landscape the area. Sprayed all street and ornamental trees for the second time.
2. Fertilized the lawns for the second time.
3. Cleaned up the fence line behind Rotherham and Strawberry.
4. Will prune flower bed shrubs and, as needed, remove plant growth too close to the siding the last week of July weather permitting.

The Board met with Sal of ARR-MAX. Several road surfaces have been sprayed with orange paint indicating needed repairs. Not all areas where repairs will be made were marked. Work includes addressing the drainage issue 6/8 Strawberry. Sal and his crew are due back sometime in August. During this period ARR-MAX work equipment will be parked in the Community Center parking lot.

The Board continues to investigate options to slow down the traffic on our roadways. As details are finalized you will be advised.

Do not drive beyond the property posted speed limits!

Hope everyone is staying cool during the heat wave and will continue to follow all safety rules.

IMPORTANT - Master Keys

If you have replaced your door locks, please make sure they are re-keyed to the master key. If emergency access is required to enter a unit due to a fire, water leak, etc., force will be used (e.g., break the latch on a kitchen window or break the door lock, etc.) and repairs are at the unit owner's expense.

The master key is used for emergencies only. Please call Warner Eldridge, at Eldridge Locksmith, Hudson, Ma. at 978-562-7546 to have your front door re-keyed. *Thank You!*



As many of our residents have noticed we have quite a few wild animals roaming the community during the daytime hours and at night. We have many deer, turkeys, foxes, coyotes, ground hogs, squirrels, rabbits, hawks and lots of little chipmunks. Please do not put out food for any of these animals.

Also, as a reminder, all dogs and cats **must** be on a leash when you let them outside...no exceptions allowed.



EXERCISE YOUR RIGHT TO VOTE – EVERY VOTE COUNTS

The State of Massachusetts PRIMARY will be held on Tuesday, September 1, 2020

**Major race is for Senator in Congress
Edward J. Markey
Joseph P. Kennedy**

**In person Early Voting dates for the State Primary are
Saturday, August 22nd – Friday, August 28th, 2020.**

**GENERAL ELECTION will be held on Tuesday,
November 3, 2020**

Major race is for the President of the United States

**YOU NOW HAVE THE OPPORTUNITY TO
VOTE BY MAIL**

No worries about the weather, getting to the polls, exposure to the Covid-19 virus or waiting in long lines.

Just fill out the form you recently received in the mail.

**Application Deadline:
Primary – August 26
Election – October 28**

(continued)

**ARE YOU A NEW RESIDENT OF QUAIL RUN?
Make sure you are eligible to vote in Hudson at your new address**

Changing Your Address

You must update your voter registration every time you move. If you have moved, you may update your registration by filling out a new voter registration form. If you move after the deadline to register to vote in a state election or primary, you should wait to update your registration until after the date of the election or primary, and return to vote at your previous polling place in Massachusetts. State law allows you to vote from a previous address in a state election for up to six month after you have moved, as long as you have not registered elsewhere.

Need answers to your questions?

Please contact the Town Clerk's Office for any additional information or questions: 978-568-9617 or email jwordell@townofhudson.org.

OR

Click on this link for more information <https://www.sec.state.ma.us/ele/eleidx.htm>

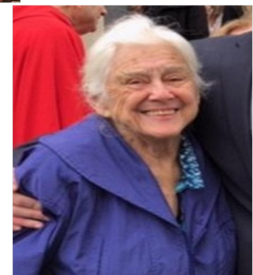
- Submitted by **Elaine Recklet**



One way to stay busy while home is making a quilt for a friend. In this case, I'm using fabric from Carole Painter's stash. (Sadly Carole, who



used to live at Quail Run, has memory problems and developed Covid -19 too.) She started a quilt and I'm finishing it for Jan Painter, her sister-in-law who lives on Strawberry Lane.



The picture on the right is of Carole in happier times, and in the picture above, Jan and I are looking over the almost finished quilt.

- Submitted by **MJ Ebens**

NO NURSING HOME FOR ME!!!!

I'll be checking into a Holiday Inn!

With the average cost for nursing home care being \$275.00 per day, there is a better way when we get old and too feeble. I've already checked on reservations at The Holiday Inn. For a combined long term stay discount and senior discount, it's \$79.00 per night. Breakfast is included, and some have happy hours in the afternoon.



That leaves \$196.00 a day for lunch and dinner in any restaurant we want, or room service, laundry, gratuities and special TV movies. Plus, they provide a spa, swimming pool, a workout room, a lounge and washer dryer, etc. Most have free toothpaste and razors, and all have free shampoo and soap. \$10 worth of tips a day you'll have the entire staff scrambling to help you. They treat you like a customer, not a patient.

There's a city bus stop out front, and seniors ride free. The handicap bus will also pick you up (if you fake a decent limp). To meet other nice people, call a church bus on Sundays.

For a change of scenery, take the airport shuttle bus and eat at one of the nice restaurants there. While you're at the airport, fly somewhere. Otherwise, the cash keeps building up.

It takes months to get into decent nursing homes. Holiday Inn will take your reservation today. And you're not stuck in one place forever -- you can move from Inn to Inn, or even from city to city.



Want to see Hawaii ? They have many Holiday Inns there too. TV broken? Light bulbs need changing? Need a mattress replaced? No problem. They fix everything, and apologize for the inconvenience.

The Inn has a night security person and daily room service. The maid checks to see if you are ok. If not, they'll call an ambulance . . . Or the undertaker.

If you fall and break a hip, Medicare will pay for the hip, and Holiday Inn will upgrade you to a suite for the rest of your life.

And no worries about visits from family. They will always be glad to find you, and probably check in for a few days for a mini vacation.

The grand-kids can use the pool. What more could I ask for?

So, when I reach that golden age, I'll face it with a grin.

AIDS WARNING!

**SENIOR CITIZENS
ARE THE NATION'S LEADING CARRIERS OF
AIDS!**

HEARING AIDS

BAND AIDS

ROLL AIDS

WALKING AIDS

MEDICAL AIDS

GOVERNMENT AIDS

AND MOST OF ALL,

MONETARY AID TO THEIR KIDS!

**Not forgetting HIV
(Hair is Vanishing)**

- Submitted by **Pat Ritter-Waltrup**



Summertime = Great Food

<p style="text-align: center;">Born 1925 - 1955</p> <p style="text-align: center;"><i>Generations after future generations will never experience what we did.</i></p> <p><i>As infants and children, we would ride in cars with no car seats, no booster seats, no seat belts, no air bags, bald tires and sometimes no brakes.</i></p> <p><i>Riding in the back of a pick-up truck on a warm day was always a special treat.</i></p> <p><i>We drank water from the garden hose and not from a bottle.</i></p> <p><i>We shared one soft drink with four friends, from one bottle, and no one actually died from this.</i></p> <p><i>No one was able to reach us all day and, we were OK.</i></p> <p><i>We would spend hours building our go-carts out of scraps and then ride them down the hill, only to find out that we forgot about brakes. After running into the bushes a few times, we learned to solve the problem.</i></p> <p><i>The idea of a parent bailing us out if we broke the law was unheard of... They actually sided with the law!</i></p> <p><i>These generations have produced some of the best risk-takers, problem solvers, and inventors ever!</i></p> <p style="text-align: center;"><i>If you are one of those born between 1925 & 1955, CONGRATULATIONS!</i></p>	<p>The Indian Hills Community in Canada is at it again, enjoy reading the following signs they post along the roadways....</p> <ul style="list-style-type: none"> * I'm terrified of elevators, I am taking steps to avoid them. * My relationship with whiskey is on the rocks. * Silence is golden, duck tape is grey. * I have a chicken proof lawn, it's impeccable. * I ate a frozen apple.....hard core. * Drink wine. It isn't good to keep things bottled up. * Cows have hooves because they lactose. * Double negatives are a no-no in English. * Huge fight at a local seafood diner! Battered fish everywhere! <p>-Submitted by Pat Ritter-Waltrup</p>
<p style="text-align: center;">deCORDOVA SCULPTURE PARK</p> <p>Are you getting tired of being at home most of the time? Would you like a bit of culture? Some museums are beginning to open but you are still a bit wary of going inside unless it is really necessary. Then there is a great place for you to visit OUTDOORS.</p> <p>The outdoor sculpture park at the deCordova museum in Lincoln is now open. This is probably the best known and largest sculpture park in all of New England. There are 30 rolling acres of lawns, forest, meadows, gardens and terraces on the hillside above Flint's Pond. You can see the blue water of the pond through the trees.</p> <p>There are about 60 sculptures on display. Some are modest in size but many loom like gentle giants above</p>	<p>(deCORDOVA continued)</p> <p>the park landscape. The chance to engage up close and personal with art is one of the great appeals of the deCordova. Touching is discouraged but you can get up closer than 6 feet.</p> <p>Picnics are encouraged at the deCordova. If you are visiting on a weekend and don't want to pack your own, you can pre-order meals up until Wednesday that week. The picnic lunch menu is limited, but it's all fresh food packed by the family-owned restaurant Real in Lincoln. (shopthetrustees.org/products/decordova-picnic-lunch).</p> <p>The deCordova is at 51 Sandy Pond Road in nearby Lincoln. There are timed entry slots from 10 AM to 3 PM. Entry and parking is \$15 per vehicle by advanced reservation only. (Eventbrite.com/e/decordova-sculpture-park-entry-and-parking-tickets-10228293904). Telephone 781-259-8355. Check their website for updates on the opening of the inside art museum. (decordova.org).</p> <p>- Submitted by Barbara Champine</p>

Definition of Coronacoaster

noun: the ups and downs of a pandemic.



One day you are loving your bubble, doing work-outs, taking long naps, watching all your favorite re-runs on TV, and the next thing you know you're complaining about everything, drinking gin for breakfast, (this might not cure you but may make you feel better), and missing people you don't even like!

- Submitted by **Anonymous**

Be the kind of person your pet thinks you are!

Ladies Gathering at Alice Gagne's Home

*"MASKS OFF, ...1,2,3,
...HOLD YOUR BREATH, ...SMILE, ...MASKS ON"!*



*With all this rain we need an ark. Fear not!
(wait for it...) we noah guy.*



Ice Cream Flavors

Y	M	T	R	L	C	H	O	C	O	L	A	T	E
A	S	K	C	A	R	T	E	S	O	O	M	E	T
P	Y	V	A	N	I	L	L	A	S	N	O	T	E
M	K	D	E	T	D	E	A	C	F	A	N	A	A
C	A	T	N	L	I	N	N	A	O	C	O	O	E
O	K	P	O	A	A	G	O	D	K	E	A	E	T
E	C	U	L	N	C	A	E	F	O	P	L	R	N
D	O	T	A	E	E	N	O	R	Y	W	E	E	E
O	C	B	O	A	W	Y	O	T	T	E	O	I	E
C	O	I	E	A	A	A	R	T	S	A	O	A	R
R	N	T	T	C	R	A	L	E	T	N	I	A	G
E	E	G	D	U	F	O	S	N	I	O	V	L	T
D	A	O	R	Y	K	C	O	R	U	A	C	G	T
A	E	E	T	U	N	O	C	O	C	T	P	E	S

- COTTON CANDY
- MAPLE WALNUT
- PECAN
- BANANA
- TIGER TAIL
- MOOSE TRACKS
- COCONUT
- ROCKY ROAD
- GREEN TEA
- FUDGE
- REESES
- CHOCOLATE
- VANILLA



*Peggy and Bob
Rittenhouse
on their
Terratrikes*