



The Quail Runner

For and By the Residents
of The Villages of Quail Run



March - April 2022

Began Publishing 2003
www.QuailRunHudson.com

Hudson, Massachusetts

UPCOMING EVENTS

Birthday Party and Game Night

Date: Saturday, April 9th

Where: The Community Center

Time: 7:00 PM

Cost: \$3.00 per person

Contacts: **Bonnie DeRusha**, 508-481-6315, **Carol Suslowicz**, 978-212-5141



Progressive Dinner

Date: Saturday, May 14th

Where: The Community Center

Time: 6:00 PM

Cost: \$10.00 per person

THIS IS A PRE-PAID EVENT, MAIN COURSE IS SPAGHETTI AND MEATBALLS

Contacts: **Theresa Bosio**, 978-568-1416, **Sally Mauro**, 978-568-0821, and **Donna Milot**, 978-562-6603

Progressive Dinner



Please sign up on the sheet at the Community Center **on or before May 7th**. Please indicate on the sign up sheet if you are willing to be a Host or Hostess for this event. We are looking to have 6-7 Host Homes.

The deadline for sign-up is absolute, and payment must be received by one of the contact people listed above on or before May 7th.

For the Progressive Dinner on how it works, please see page 7.

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The May Annual Meeting is scheduled for May 19th at 7:00 PM in the Community Center. Hope to see everyone at the meeting.



Board of
Governors News
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The Quail Runner Staff

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Newsletter Published the last week of January, March, May, July, September and November.

Newsletter Article Deadlines: articles must be submitted to the QR editor by the 23rd of the month listed above to be included in the newsletter.

You can view all the back issues of the Quail Runner Newsletter on:
www.QuailRunHudson.com

Vacation Delivery

Give your Circle Reporter or the Editor a long envelope with two first class stamps, and print your name and vacation address on the envelope. Or you can view all published issues online at:
www.QuailRunHudson.com

Editor’s Desk, Kareen Shaw



Hudson Light & Power maintains a list of oxygen users. Users at Quail Run should contact Customer Service at 978-568-8736 to ensure the proper information is recorded with them. Hudson Light & Power tries to be aware of critical users and contact them when necessary with a backup strategy if/when we lose power.

Three free “N95 Masks” per person, will be available for all Americans. As of the beginning of March, many local pharmacies and stores (CVS, Walgreen’s, Walmart, etc.) have received the masks. Please call to find out if your store has them available, or request the mask at the front counter when you enter the store to shop.

The Rotary Club of Marlborough is having a “Recycle Your Junk” Fundraiser on April 2nd from 10:00 AM - 2:00 PM. They will come to the Quail Run Community to pick up items. For pricing and more details, go to www.marlboroughrotary.org, or call Elaine McDonald at 978-875-0097.

If you shop or use the services of any of our newsletter advertisers, please let them know you saw their ad in our *Quail Runner Newsletter*, thank you!

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Our Board of Governors

- Mike McCormack** Mocrown@verizon.net 978-562-1266
- Dave Bernhardt** dbernhardt@twotonedog.com 978-568-1671
- Pat Ritter-Waltrup** ritterwaltrup@gmail.com 978-562-5227
- Klaus Schneller** kssmet@verizon.net 978-562-1779
- Diane Bemis** dianegbemis@yahoo.com 978-310-7676

This information appears on page 2 in the *Quail Run Directory*.

BOG Monthly Meetings are open to all Quail Run unit owners, please check for dates and times on the Quail Run website.

HEALTHY LIVING

by Peggy Rittenhouse

Shingles



Shingles is definitely an illness to avoid if you can.

Known for a blistering rash, shingles is uncomfortable and sometimes leads to long-lasting complications, including a painful nerve condition called postherpetic neuralgia. It can affect people of any age, including children but it's most likely to strike after age 60.

Shingles is caused by the varicella-zoster virus which you probably acquired decades ago when you got chickenpox as a child. Not everyone who has had chickenpox will get shingles, only an estimated one in three of those people will actually get the disease.

It causes a blistering rash, which often appears as a thick stripe across your ribcage or on the side of the face. It may also bring a painful or burning sensation on the skin, headache, fever, and fatigue.

If you come in contact with someone who has shingles, you can't catch shingles, but you can be infected with the virus and develop chickenpox if you aren't vaccinated against the virus and haven't had chickenpox in the past. You can get shingles more than once.

(continued)

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(Healthy Living continued)

Nothing can cure a shingles attack; however, antiviral medications may help you recover more quickly, reduce your chances of developing complications. Be certain to reach out to your doctor quickly if you suspect you have shingles. Drugs work best if they are started early.

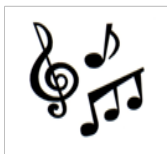
What is the best way to prevent shingles? The best way to avoid a painful case of shingles is to get vaccinated. The FDA approved the Shingrix vaccine in 2017. It is recommended for adults over age 50 and is given in a series of two injections, six months apart. It is 90% effective.

The most bothersome symptoms associated with shingles are typically itching and pain related to the rash. There are a number of strategies that may help such as cool compresses, over-the-counter pain relievers (Advil, Motrin, Tylenol), or a topical pain-relieving cream such as Zostrix.

- From *Harvard Women's Health Watch*, April, 2022

Symphony Pro Musica

IBrahms' *Academic Festival Overture*, Ernest Chausson's *Poeme* with soloist Julia Churchill, and Darius Milhaud's *Cello Concerto No 1*, soloist Emma Churchill will be performed in May. Quail Run residents may purchase group rate \$15 tickets for the May 14th concert at Hudson High School at 7:30 PM and/or May 15th concert at St. Mark's School at 3:30 PM.



Invitation to music lovers to support Symphony Pro Musica by attending a fundraiser "**Canvas for Classics**", an art auction and live music experience, June 11th, 4:00-8:00 PM at the Ground Effect Brewing Co., 312 Main Street, Hudson, MA. Pre-sale tickets \$20, or at the door \$25.

Contact: **Phyllis Novick**, phyllisnovick8@gmail.com, 978-621-3993.

US Government Will Now Provide Up To Eight Free COVID-19 Test Kits

The original plan by the US Government rolled out in January 2022, provided four free COVID-19 at-home test kits for each residential address.

Beginning on March 7th, each residential address is now permitted to order an additional four free at-home test kits, for a total of eight kits.

To order the free kits go to: <http://www.covidtests.gov> and enter your name, residential address and email address. The website will not request any private information (e.g.: birth date, SSN, Medicare number, insurance information, names of other persons in your household, etc.). If you go to a website that asks for any personal information, you are not on the correct government website.

- Submitted by **Dave Bernhardt**

Quail Run Birthdays

April

- Gary Hegan -3
- Carolyn Bongiorno -11
- Kathy Middleton -11
- Sharon Berthiaume -12
- David Moore -18
- Cheryl Presley Baker -19
- Charlie Bosio -20
- Marsha Strauss -21
- Sue Fox -21
- Helena Cabral -23
- Leonard Novick -27



May

- Arnold (Arnie) Johnson -4
- Janice Hornberg -7
- Roger Montgomery -9
- Sue O'Keefe -22
- Patricia Ruest -23
- Kevin Wentzell -26
- Marc Karloff -26
- Nancy Nykiel -26
- Kareen Shaw -27
- Herb Johnson, Jr. -27
- Mary Hennessey -27
- MJ Ebens -28
- Jeff Coulson -29
- Marie T. Mangan -31

To include a birthday, contact your Circle Reporter or the Editor

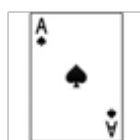
The Quail Run Community collects for the Hudson Food Pantry. Items and/or checks can be dropped off at **Barbara Baker's** home at 4D Autumn Drive. Thank you so much for your generosity. - **Barbara Baker**

Stitch & Knit



The Stitch & Knit Group meets at the Community Center the 4th Tuesday of the month from 2:00 - 4:00 PM. Contact **Marie Kapsalis** at 978-568-0713.

POKER PLAYERS WANTED



Every Monday from 4:00 - 6:00 PM, at the Community Center. Contact **Lenny Suslowicz** at 978-212-5141

ROMEO's

Retired Old Men Eating Out

Peter Recklet is checking out the options for the next lunch. He will send an email with the details.



Please contact Peter at 978-562-2721 or precklet@live.com if you plan to attend. The group is open to all men at Quail Run.

New Resident Information

New owners at 4C Rotherham Way, **David and Janice Habermehl**. Janice can be reached at 617-710-9213, or at jh@turnkeyps.com, and David can be reached at dwhabermehl@gmail.com. They moved to Quail Run to be closer to their family.

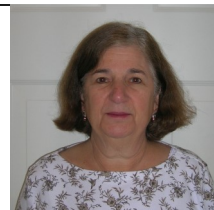


Nancy and Herb Johnson, Jr., 3F Autumn Drive, 978-310-7720, moved to Quail Run to downsize and to move closer to family members.

Please contact **Marlie Stott**, 978-567-5912 or **Carol Suslowicz**, 978-212-5141 if someone new moves to Quail Run.

CURTAIN CALL

Meetings are usually held on the first Tuesday of the month, when members of the group meet and select local theater performances to attend.



Please contact me if you would like to be added to the Quail Run Curtain Call Mailing list. **Lorraine Cochran**, lorrainecochran@comcast.net, 978-568-0165.

Eye Glass Donations

The Stow Lions Club collects old eye glasses. If you would like to donate, please contact me at 978-568-8586. Thank you!



- Submitted by **Arnie Johnson**



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**Heads Up:
 Spring Town Meeting and Election**

When?

Tuesday, April 12: Last day to register to vote for May Town Meeting Election
 Monday, May 2: Annual Town Meeting
 Monday, May 9: Annual Town Election

Where?

Some Hudson voters including those of us at Quail Run will be casting their ballots in a new location due to redistricting of the town's precincts following the release of 2020 census data. Previously there were seven precincts in Hudson but the new redistricting plan changes that to six.

Quail Run is still in Precinct five but instead of voting at Forest Avenue School we will vote at the Hudson High School on Brigham Street.

Who is on the Ballot?

Among the offices that will be on the ballot in May are: Select Board (Two Candidates), School Committee (One Candidate), Town Moderator, and candidates running for openings on the Trustees of Benevolent Funds, Municipal Light Board, Park Commission, Board of Health, Library Trustee, Planning Board, Cemetery Commission, Constable, and Board of Assessors.
 For more information contact the Town Clerk's office at 978-568-9615 or official website:
<https://www.townofhudson.org/town-clerk>

Food for Thought....

If the current power grid can't handle a night of 20 degrees temperatures without rolling blackouts, why are people saying that in the future we are going to be able to plug in and charge up 100 million electric cars over night?
 - Submitted by **George Shaw**

**Donations Welcome:
 Fresh Start Furniture Bank**

Fresh Start Furniture Bank located at 16 Brent Drive, Hudson is a volunteer run charity which collects donations of furniture and home goods from the public and distributes them, for free, to people in need. In order to receive furniture people must obtain a referral from a social service agency. They then have 30 days to come in and work with a personal shopper to help them select their items.

Fresh Start usually works with 10 to 15 local families each week. These families include individuals escaping domestic violence situations, coming out of shelters, halfway houses, recovering from fires or other natural disasters. Recently Fresh Start has aided in ongoing refugee resettlement programs helping Afghan refugees displaced after the US withdrawal from Afghanistan.

Unfortunately, Fresh Start experienced an annual downturn in donations due to a mix of reasons over the Winter and in early March. They issued an urgent call for donations to support its mission of providing furniture and household goods to individuals in need. In a recent social media post under pictures of their sparsely filled warehouse and the linen cabinet with only one set of sheets, the furniture bank wrote "We are pretty much in crisis mode. We moved so much out of the store and now we only have these few lonely pieces left."

If you are interested in donating and lending a hand to those in need of a fresh start, you can donate your gently used furniture or household goods, donate money or purchase items on Fresh Start's Target or Amazon wish lists. Please check their website at <https://freshstartfurniturebank.org> or Facebook page at <https://www.facebook.com/FreshStartFurnitureBank> for details.

Spring Farmers Market

If you can't wait until the weekly Summer Farmers Market to begin, the Hudson Farmers Market has made plans to hold two Spring Markets, Saturday, April 23 and May 21. The Market is held on the Hudson Town Hall Lawn on Main Street from 11:00 AM - 2:00 PM. Products expected to be available will include farm fresh meat, dairy, maple syrup, honey, candles, body lotions/soaps, bread, pies, cookies, jams, hot sauce and dog biscuits! For updates check their Facebook page at <https://www.facebook.com/hudsonsfarmersmarket>.

- Articles on this page submitted by **Sue Lalli**

March Board of Governors (BOG) News



Welcome to Spring. Think we have all been counting the days for warmer weather. It looks like the omicron variant of COVID-19 has diminished and the worst of the pandemic is behind us. The May Annual Meeting is scheduled for May 19th at 7:00 PM in the Community Center. Hope to see everyone.

In February 2022 the roof replacement assessment was finally paid off. Yeah! The budget amendment for the deck railing and spindle project will be paid off at the end of August.

The pump house generator is now working thanks to **David Bernhardt's** engineering skills and determination. The original diagnosis by Kraft Power was the genset ECM (engine control module) was not functioning and they did not know of a company to have it repaired or replaced. The Board investigated the cost to replace the generator. Come to find out that would have cost the Association the best part of \$50,000. David searched the web and found OBD Diagnosis, a company in California, that repairs generators primarily for boats. After giving OBD Diagnosis all the part numbers and other pertinent information that they asked for, the ECM could be shipped to them for diagnosis, repair and/or replacement. David removed the part and had it shipped. The ECM was not the issue as it was working. The OBD Diagnosis returned the ECM and agreed to work with Kraft Power to diagnose the problem once the ECM was reinstalled. Based on the diagnosis, the non-working part was the crank sensor which Kraft Power replaced. Kraft Power serviced everything and brought the generator back online March 9th. Kudos to David for saving the Association a significant amount of money!!

In the pump house there were two "leg-breaker" bored vertical holes in the floor approximately 18 inches in diameter and about five to six feet deep for the water main entry and exit. According to OSHA these holes must be covered due to a safety hazard. There was also no table or workbench in the pump house for use in going through work papers, instruction manuals, repair/adjust small assembly parts. David Bernhardt made covers for the two holes and made a simple hinged 2x4 wooden surface that is attached to the wall with two chain supports to allow the surface to drop down for use and a catch to secure it up when not in use. David, with the assistance of his wife **Cathy**, installed these items on March 6th. Thanks so much to David and Cathy.

Sally Mauro, on behalf of the Social Committee, asked for Board permission to replace the ten Community Center missing chairs. The request was granted. Sally searched online and visited Staples to find chairs very similar to what we currently have. This was not an easy task due to increased pricing and available styles that fit our needs. Sally found chairs for \$849.89 with a quantity discount. The chairs were delivered on March 9th to the Community Center. Sally along with the help of **Bonnie and John DeRusha** got the chairs unpacked, and disposed of the shipping materials. Thanks so much to Sally for all her hard work in this process. Also, many thanks to Bonnie and John for their assistance.

There have been some "hiccups" with the transition of our trash and recyclables to E.L. Harvey & Sons, Inc. As these issues occurred the Board and The Dartmouth Group addressed them. We will also continue to work to improve the service. In the meantime if you encounter an issue with totes left in the middle of the road, totes not placed back where they were found, or totes not emptied, please contact Brook Hardy at 781-533-7244 or email Brooke Hardy, BHardy@TheDartmouthGroup.com. Do not contact the contractor directly as they may not respond to your request. The only authorized contact for E.L. Harvey & Sons, Inc. is from The Dartmouth Group.



If the weather forecast is for high winds on a Monday evening and throughout the night **DO NOT PUT OUT** the trash and recycle totes on Monday evening. The morning of March 8th several totes had blown over leaving debris all over the common areas. Thanks to multiple unit owners, the grounds were cleaned up.

Norel was on-site on March 21st to address the short list of items remaining from the January inspection, regarding our sprinkler and fire alarm systems. This was required before they can provide the Hudson Fire Department with a document indicating that The Villages at Quail Run is in total compliance of the Massachusetts Comprehensive and Fire Safety Code. In the Spring, Norel will be back on-site to test the fire backflows in the host units at the same time as J&J&Son Lawncare tests the backflows for the irrigation system.

(continued on page 7)

(BOG continued)

After much delay, the findings of the Building and Grounds Committee inspections were summarized. On the list of items to be addressed were a couple of violations. Due to the cold weather the unit owners will be notified in the Spring. All identified issues will be reviewed, and based on funding, addressed in order of priority.

Arrow Fence repaired the fence behind the pump house.

Only window boxes that clamp onto the porch or deck spindles are permitted. No saddle type window boxes are permitted because the weight of the box can cause the PVC railings to bend. Also, per the Rules and Regulations, NOTHING IS TO BE ATTACHED WITH SCREWS OR NAILS to the spindles or railings. Any needed removal and repair to the railing and spindles will be billed to the unit owner.

The Board approved a quote to have Miller’s Paving install five speed humps on our roads. This action is taken based in the interest of safety, the continual speeding of vehicles, and numerous complaints from unit owners. Appropriate signage has been obtained. J&J&Son Lawncare will install the posts for the signage. The speed humps will be line striped once the asphalt has settled. In the meantime, **please do not drive beyond the property posted speed limits!**

Hope everyone enjoys the warmer weather and Spring flowers.



**The Social Committee
Progressive Dinner Event
* How It Works ***

For those of you who have not attended our event in the past, here is how it works:

We gather at the Community Center at 6:00 PM for appetizers and the host house assignments. This is done by random drawings of names. Around 6:45 PM we head to our assigned houses for the main course. After dinner we all go back to the Community Center for dessert. The menu for the evening has been chosen by the Social Committee and each host is given a copy of the menu about a week prior to the dinner. Two bottles of wine are given to each host who will be reimbursed for all expenses for the meal. The Committee provides both the appetizers and the desserts.

If you have any questions, please call **Marlie Stott** at 978-567-5912.

JULIETS NEWS

April 12, Tuesday, 12:30, Checkerboard Restaurant in Hudson. Separate checks. Contact: **Rosemary Fitzgerald**, 978-562-3230.

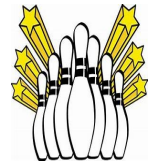


May 17, Tuesday, 12 noon, Longhorn Steakhouse, Rt 20, Marlboro (across from APEX) . Contacts: **Kathy Middleton**, 978-443-3846 and **Carole Mahoney**, 508-746-8635.

Sign-up sheets are available in the Community Center.

QUAIL RUN BOWLERS -

If you are interested in bowling, we bowl at the Acton Bowling Lanes every Wednesday morning. Please call **Carole Mahoney**, 508-746-8635 or **Donna Milot**, 978-618-9631 for more information.



QUAIL RUN LIBRARY -

The Community Center Library is open. Please use the baskets when returning the books to the library. Contact person: **Alison Towle**, 978-568-0806.



Every time that my wife uses the phrase, “Honey, I was thinking.....”

I know how the rest of my day will be spent. I will have to move, paint, fix, make or buy something!!



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Every iPhone owner should know these five genius commands



By Carole Perla

1. Turn on the flashlight: When it's dark, and you're trying to read a menu or make your way down a dark hallway, you don't want to fumble with your phone to find the flashlight. Simply say, "Hey Siri, turn on the flashlight." Just say the wake name first to make sure Siri is listening to you.

2. Add to my calendar: It's easy to make spur-of-the-moment plans when you're talking to someone. Then, when the time for the appointment strikes, you forget about it. Instead of wasting a minute or two entering in details manually, tell Siri what your plan is, along with a date and time. For example, you could say, "Hey Siri, set up a lunch meeting with Bob tomorrow at 1 p.m." You could also be more specific, like, "Hey Siri, add an event called Birthday Dinner on Sunday at 4 p.m."

If you have multiple calendars, specify which one or else it will fall into your default calendar.

3. Set a timer: You're just about to set a timer for tonight's dinner. Then, you hear a loud thud from the other room, and one of the kids starts yelling for you. With a single sentence to your smart assistant, you can put a pin in your current task before running off to put out a fire elsewhere. To set a timer, tell Siri, "Set a timer for 10 minutes" or however long you need. If you say, "Set a timer for 20 minutes called chicken," this starts a new timer with the label "chicken."

Amazon Alexa-enabled devices can also help out around the house with timers, quick math, and other things you'd typically whip out your phone for.

4. Silence my phone: Imagine you're at church. The pastor is sharing an emotional story. It's so impactful there's not a dry eye in the house. Situations like this can be flat-out humiliating. Silence your phone before you go into church, or start a meeting. An easy way to do it is with your voice. Say "Hey Siri, silence my phone."

5. That wasn't for you: Big tech companies will tell you their devices are not always listening - they're just listening for the wake word. I don't see the difference.

Often, you will accidentally trigger your assistant with a word that sounds similar. If you say something that sounds similar to "Hey Siri" it may perk its metaphorical ears. This can be an issue if your assistant is set up to record everything you say to it. Luckily, Siri can make distinctive noises when it has been activated. You can tell Siri, "That wasn't for you," when it turns on by accident. However, Apple has not officially said whether this phrase wipes your previous recording from its memory.

Adapted from KIM KOMANDO,
KOMANDO.COM, MARCH 12, 2022
<https://www.komando.com/kims-column/iphone-android-voice-commands/829584/>



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Book Club

The group meets the last Wednesday of each month. Please call Phyllis with any questions regarding the time and location for the next meeting. **Phyllis Novick**, 978-621-3993 or phlisnovick8@gmail.com.

Upcoming selections:
April: The Book of Lost Names, by Kristin Harmel
May: Dutch House, by Ann Patchett
June: Ask Again Yes, by May Beth Keanu



- Submitted by Carole Perla



PLAY BRIDGE ON MONDAYS
Community Center
1:00 - 3:00 PM
Contact person:
Theresa Bosio, 978-568-1416

The 1950 Federal Census

Every 10 years, the US conducts a constitutionally mandated census of the population and by law the individual identity of respondents is private to the Census Bureau for 72 years. The Census Bureau can provide statistical information, but not individual-specific records with one exception. You are permitted to request a copy of your census submittal, but not someone else.

On April 1st, the 1950 Census becomes public. It can be accessed through the National Archives website. Quail Runners of age 72 or above will find themselves and kin among the pages. For me, my folks and elder siblings will be there, but I didn't quite make the cut.

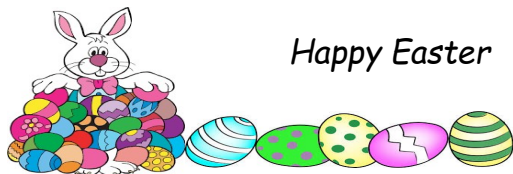
Aside from the individual names, ages, and such information collected in earlier censuses, it will provide an interesting peek into how our families lived in 1950. The census is different from earlier releases, as it asked for considerable information about the family dwelling. Is it rented/owned? How many families share the space? Is there indoor plumbing or outdoor access to water and sanitation? Are those shared with others or private? Is there a kitchen sink? What type of fuel was used for cooking (wood, coal, gas, etc.)? How much did the household pay for their various utilities?

I know my mother's elder kin still used a chamber pot and outhouse, with a coal gravity-hot-air furnace in the dirt cellar, though they lived within a small village just outside Albany, New York. My immediate family lived in newer construction, they were renting a "Sears Craftsman", if you remember those.

The 1950 Census should be an interesting read!

You may want to check it out!

- Submitted by **Dave Bernhardt**



*I am so grateful to all of the people who came to my assistance on Tuesday morning, March 22nd, when I fell on Strawberry Lane while on my morning walk.
Many, many thanks to everyone!
- Claire Kilcommins*

The Last Laugh!

Our grandkids came for a visit, but spent all their time looking at their iPads. When we tried to engage them in a meaningful conversation we just got silly looks, like we were crazy and being overly dramatic because they were not talking and 'visiting' with us. So we just changed our WI-FI password. We saw who became overdramatic in less than three minutes. We just love our grandkids, this was one way to encourage them to have a conversation with us!

When they got home, they sent us some "Text Message Symbols" so we can keep in touch and converse with them! I guess they got the last laugh!

2DAY = today	LOL = lots of love/ luck/ laughing out loud
2MORO = tomorrow	MSG = message
2NITE = tonight	MYOB = mind your own business
ASAP = as soon as possible	NO1 = no one
ATB = all the best	PCM = please call me
B4 = before	PLS = please
B4N = bye for now	SOM1 = someone
BBL = be back later	SPK = speak
BTW = by the way	THX = thanks
CULBR = see you later	WAN2 = want to
F2F = face to face	WKND = weekend
FWIW = for what it's worth	X = kiss
FYI = for your information	XLNT = excellent
GR8 = great	XOXO = hugs and kisses
HAND = have a nice day	YR = your/you're
ILU = I love you	
IMHO = in my humble opinion	
KIT = keep in touch	

- Submitted by **George Shaw**

**Social Committee
Plan Ahead Schedule**

Community Coffee - Saturday, April 2,
9:30 -11:00 AM, \$2.00 per person



Birthday Party and Game Night - Saturday, April 9,
7:00 PM

Ladies Coffee - Monday, April 18, 9:30 -11:00 AM,
\$1.00 per person

Community Coffee - Saturday, May 7, 9:30 -11:00
AM, \$2.00 per person

Progressive Dinner - Saturday, May 14, 6:00 PM

Ladies Coffee - Monday, May 16, 9:30 -11:00 AM,
\$1.00 per person

Looking ahead: Strawberry Social - Friday, June 10

Heads Up: Household Hazardous Waste Collection Day

The Town of Hudson, in conjunction with the City of Marlborough, will be having their bi-annual Household Hazardous Waste Collection Day in May. This event is FREE of charge and for Hudson and Marlborough residents ONLY, who must be prepared to show proof of residency. The event is held on Saturday from 9:00 AM - 1:00 PM at 860 Boston Post Road, Marlborough (Easterly Wastewater Treatment Facility). Unfortunately, the exact date was not available at the time this newsletter went to print so you will need to check the Hudson Board of Health Facebook page or website at <http://www.hudsonhealthdept.org/hazardous-waste>. You can also check their page/website for a list of items accepted. Hudson and Marlborough Police will also be on-site to collect unwanted or expired medications.

Library Passes to Local Attractions

Thanks to the generosity of Library Trustees, friends and community supporters, the Hudson Public Library is able to offer a variety of museum passes for free or reduced admission to 11 area museums, historical attractions, botanical gardens and zoos.

Locally, passes are available for the American Heritage Museum in Hudson, Tower Hill Botanic Garden in Boylston, the Acton Children's Discovery Museum, the Ecotarium in Worcester and the Worcester Art Museum.

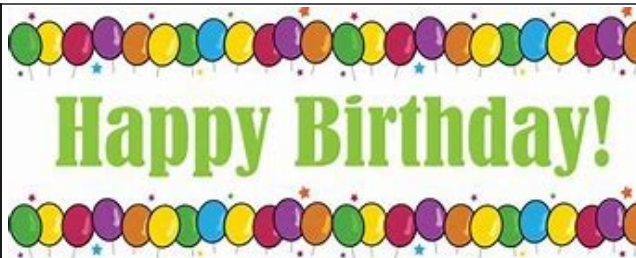
In Boston, passes are available for the Boston Children's Museum, the Isabella Stewart Gardner Museum, Museum of Fine Arts and the New England Aquarium. Finally, you can obtain a pass to the Mass Audubon Wildlife Sanctuaries or a Mass State Parking Pass.

To determine the discount for the pass you are interested in and to make reservations, you should go to the Hudson Public Library website at <https://hudsonpubliclibrary.com>. For other questions or assistance, you can visit or call the library at 978-568-9644.

- Articles submitted by **Sue Lalli**



The group meets every Friday from 10:00 -12:00, at the Community Center. Contact person is **Dave Sanderson**, 978-212-5655.



Celebrating his 90th birthday on March 11, **Myron Hoffman** was the guest of honor at a Birthday Party on March 13 at Welly's in Marlborough!

Organized by his wife and daughter, guests included friends, his three adult grandchildren and the apple of his eye, his 18-month-old great-granddaughter. Myron and his wife Barbara Nollman live at 11G Autumn Drive and are original owners in the Quail Run Community.

Social Committee Announcement

In June the Social Committee will be starting our new season of activities and events.

The Social Committee is responsible for planning and setting up monthly activities and/or events such as breakfasts, dinners, coffee hours, Juliet's and various other events. We are also responsible for private rentals at the Community Center, welcoming of new residents and purchasing supplies for the Community Center.

We meet once a month, usually the first Wednesday of each month, to plan and organize the various Quail Run events. If you are interested in hearing more about our committee or if you would like to become a member, please give me a call at 978-567-5912.

- **Marlie Stott**

WHY??

- * The irony for mankind - why does a computer program ask a human to prove that they are not a robot?
- * Why do eggs come in a Styrofoam carton and batteries come in a package only a chainsaw can open?

Six little stories...

1. Once all villagers decided to pray for rain. On the day of prayer all the people gathered, but only one boy came with an umbrella.
That's FAITH.
2. When you throw babies in the air, they laugh because they know you will catch them.
That's TRUST.
3. Every night we go to bed without any assurance of being alive the next morning, but still we set the alarm to wake up.
That's HOPE.
4. We plan big things for tomorrow in spite of zero knowledge of the future.
That's CONFIDENCE.
5. We see the world suffering, but still we get married and have children.
That's LOVE.
6. On an old man's shirt was written a sentence, 'I am not 80 years old; I am sweet 16 with 64 years of experience.'
That's ATTITUDE.

Have a happy day and live your life like the six stories.

When I was a child, I thought nap time was punishment. Now it's like a mini-vacation.

GOOD FRIENDS ARE THE RARE JEWELS OF LIFE, DIFFICULT TO FIND AND IMPOSSIBLE TO REPLACE!

- Submitted by **Pat Ritter-Waltrup**

Free

Kodak carousel slide projector in the box with six carousels. Call **Linda Palmer**, 617-407-2805 or email palms2@comcast.net.

Players meet at the Community Center, Wednesday and Friday at 1:30 PM.
Contact person:
Pat Trask, 978-212-5201.



The UPS Store - Hudson
10 Technology Drive
Hudson, MA 01749
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Tel: 978-568-1786, Fax: 978-568-1788
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Sun: 10:00 AM - 3:00 PM
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The year 1922, what a difference a century makes! One Hundred Years Ago did you know...

- * The average life expectancy for men was 47 years.
- * Fuel for cars was sold in drug stores only.
- * Only 14 percent of homes had a bathtub.
- * Only 8 percent of homes had a telephone.
- * The maximum speed in most cities was 10 mph.
- * The tallest structure in the world, the Eiffel Tower.
- * The average US wage was 22 cents per hour.
- * The average US worker made \$200 - \$400 /year.
- * A competent accountant could earn \$2,000 /year.
- * A dentist earned ~ \$2,500 per year.
- * A veterinarian between \$1,500 - \$4,000 per year.
- * More than 95 percent of all births were at home.
- * Sugar cost four cents a pound.
- * Eggs were fourteen cents a dozen.
- * Coffee was fifteen cents a pound.
- * Most women washed their hair once a month and used Borax or egg yolks for shampoo.

- Submitted by **Kevin Fitzgerald**



Old Is Not Easy

- Don't be worried about your smartphone or TV spying on you. Your vacuum cleaner has been collecting dirt on you for years.
- If you can't think of a word, instead say, "I forget the English word for it". That way people will think you're bilingual instead of an idiot.
- I'm at a place in my life where errands are starting to count as going out.
- I don't always go the extra mile, but when I do, it's because I missed my exit.
- We all get heavier as we get older, because there's a lot more information in our heads.
- Remember back when we were kids and every time it was below freezing outside they closed school? Yeah, me neither.
- I may not be that funny or athletic or good looking or smart or talented. I forgot where I was going with this.
- Submitted by **George Shaw**

From My Kitchen to Yours...

Ode to a toaster oven:

My wife received a GE Toast-R-Oven as a high school graduation gift "a few years ago". It's been our faithful side-arm in the kitchen forever, making toast (horizontally), roasting nuts for cooking, and broiling the occasional nachos or hotdog.

Alas, after 47 years, with a yellow flash and a "zorch" sound and nasty burnt electrical smell, it died.

We've considered getting a replacement for several years, knowing that it was on borrowed time, but... nothing they make today fits the bill. The new ovens are huge, or are vertical toasters, and just didn't fit our expectations (or our counter space).

So, we turned to eBay. Alas, there are many vintage appliances (probably scrounged from yard sales or estate sales), and we found one a few years younger than our original – almost but not identical – that will hopefully last us just as long.



It probably cost considerably more today than my in-laws paid "back then", but it's nice to have our friend back.

- Submitted by **Dave Bernhardt**



AUDIOLOGY AFFILIATES

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LICENSED CERTIFIED AUDIOLOGIST

Craig Barth, M.S., AUDIOLOGIST

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MEDICAL BUILDING
159 UNION ST., SUITE 102
MARLBORO, MA 01752
TEL: 508-481-0610
FAX: 508-481-7542

490 SHREWSBURY STREET
SUITE 2
WORCESTER, MA 01604
TEL: 508-755-1391
FAX: 508-363-4019

CONDO CARE

How to fix a "sagging" upper window

Lots of residents have found that if they open the lower window in the bedrooms, living room or kitchen, the upper window pane will come down a little, making it hard to close the window and at the same time to lock both windows securely again.

Solution: Measure the distance from the bottom sill of the window frame, to the bottom of the upper window. Place a 3/4" wooden dowel in the side channel. This will prevent the top window from sliding down. The dowels can be purchased at Lowe's, they will cut it to your measurement. MEASURE TWICE before cutting!

- Submitted by **George Shaw**

The Villages of Quail Run Website
quailrunhudson.com

The website includes important information, please view the contents:

- Quail Run Monthly Calendar of group activities, events, meetings, etc., held at the Community Center
- *Quail Runner Newsletters* (2007- present day)
- General Governance information
- Condo Rules and Regulations
- Quail Run Master Insurance Information
- Resources
- Contact information for the Board of Governors, Building and Grounds, Social Committee, Communications Committee, etc.