

The Quail Runner

For and By the Residents of The Villages at Quail Run



July - August 2022

Began Publishing 2003 www.QuailRunHudson.com Hudson, Massachusetts

UPCOMING EVENTS

Ice Cream Social

Date: **Saturday**, August 13th Where: The Community Center

Time: 7:00 PM

Cost: \$4.00 per person

Please sign up on the sheet at the Community Center on or before August 9th.

Contact: Marlie Stott at 978-567-5912

Breakfast Buffet



Date: **Saturday**, September 10th Where: The Community Center

Time: 9:15 AM - Meet and Greet Neighbors

9:30 AM - Serving Breakfast

Cost: \$8.00 per person

Please sign up on the sheet at the Community Center on or before September 5th.

Contact: Marlie Stott at 978-567-5912



Annual Colonial Faire and Muster Event

Date: Saturday, September 24th, Rain or Shine

Time: 10:00 AM - 4:00 PM

Place: Longfellow's Wayside Inn, held in the field opposite the Inn, 72 Wayside Inn Road, Sudbury, MA 01776,

978-443-1776.

Admission: Adults \$3.00, Children 12 and under – Free. The admission fee includes a chance to win one of two \$50 gift cards to the Wayside Inn.

This annual faire, run by the Sudbury volunteer re-enactment group, has living history demonstrations, children's games and activities, fife and drum muster, crafts, a variety of food vendors and a colonial parade at noon!



The Sudbury Ancient Fyfe and Drum Companie will perform traditional colonial music throughout the day, including dramatic refrains that accompanied Revolutionary War soldiers on their way to battle.

- Submitted by Sherry Schneller

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<u>Newsletter Published</u> the last week of January, March, May, July, September and November.

<u>Newsletter Article Deadlines</u>: articles must be submitted to the QR editor by the 23rd of the month listed above to be included in the newsletter.

You can view all the back issues of the *Quail Runner Newsletter* on:

www.QuailRunHudson.com

Vacation Delivery

Give your Circle Reporter or the Editor a long envelope with two first class stamps, and print your name and vacation address on the envelope. Or you can view all published issues online at:

www.QuailRunHudson.com

Editor's Desk, Kareen Shaw

HOPE EVERYONE IS STAYING COOL!





If you shop or use the services of *any* of our newsletter advertisers, please let them know you saw their ad in our *Quail Runner Newsletter*, thank you!

In Memory

A long time resident of Quail Run, Helena Cabral of Autumn Drive, passed away on Tuesday July 19th, surrounded by her family at her home.

Real Estate at Quail Run

* Sold - 2C Strawberry Lane, A Style, \$470,000



* For Sale - 2B Rotherham Way, A Style, \$439,900, under contract

Our Board of Governors

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This information appears on page 2 in the *Quail Run Directory*.

BOG Monthly Meetings are open to all Quail Run unit owners. Please check for dates and times on the Ouail Run website.

HEALTHY LIVING

by Peggy Rittenhouse

Long COVID

Some people who have been infected with COVID-19 can experience long-term effects from their infection. This is known as post-COVID conditions or long COVID. These conditions can last weeks, months or maybe even years. This is according to the Centers for Disease Control and Prevention (CDC).

People who experience post-COVID conditions most commonly report some of the following: fatigue, difficulty breathing or shortness of breath, cough, chest pain, fast-beating heart or pounding heart, difficulty thinking or concentrating (brain fog), headache, sleep problems, dizziness, change in smell or taste, depression or anxiety, joint or muscle pain and a host of other symptoms.

Receiving a diagnosis for long COVID can be challenging because the symptoms of the condition can manifest without being quantifiable in lab results or diagnostic imaging. There is currently no available diagnostic test to confirm that chronic or recurring symptoms are attributable to COVID-19.



There are currently no available treatments for long-COVID, but many patients report that their symptoms improve over time. Patients seeking treatment for long COVID may be referred to specialists, such as neurologists.

cardiologists, pulmonologists, and psychologists who can provide treatments to relieve some long COVID symptoms.

As an example, one family member of mine who lost his sense of taste for at least six months can now taste again.

> Support Symphony Pro Musica!



PLAY BRIDGE ON MONDAYS
Community Center
1:00 - 3:00 PM
Contact person:
Theresa Bosio. 978-568-1416

Do you like to sing? Are you looking to join a group? Check out the HERITAGE CHORALE



We are looking forward to starting our 86th Season in the Fall under the leadership of our Music Director, Steven Lipsitt.

In our 86th season we are looking forward to performing works by Ralph Vaughan Williams, Johannes Brahms, Benjamin Britten and Antonin Dvorak. Pride in what the group has accomplished over the course of many years motivates each Chorale member to continually strive for musical excellence and to value being a part of a talented ensemble.

The Chorale will be rehearsing at Scott Hall in Framingham starting Tuesday, September 6th; open rehearsals will be September 6th and 13th; auditions will be held on September 13th.

Our website provides lots of information about the chorale: https://heritagechorale.org/wp2/

Click on the Sing With Us tab for information about the auditions. Please feel free to contact **Elaine Recklet** at erecklet@comcast.net with any questions.

When we're young, we would sneak out of our home to go to parties. When we're old, we sneak out of parties to go home.

Correction to the Quail Run Neighborhood Directory, July 2022

Janice Habermehl, 4C Rotherham Way, email should be jh@turnkeyps.com



The Quail Run Community collects for the Hudson Food Pantry. Items and/or checks can be dropped off at **Barbara Baker's** home at 4D Autumn Drive. Thank you so much!

Quail Run Birthdays

August

Kevin McNamara-8 Faith Marcello-9 Stephanie Sanderson-14 Nancy Sweeney-16 Lynne Ishak-18 Bill Hurley-19 Cathy Bernhardt-25 Jayne Donato-25 Janet Bucceri-28 David Sanderson-28



<u>September</u>

Klaus Schneller-11 Lenny Suslowicz-11 Marcella Monte-12 Sally Mauro-14 Sally Guidotti-15 Merrill Pierce-16 Lucia Bairos-16 Carol Suslowicz-19 Bill Hurley-19 Richard Peck-19 Stephen Hoffman-20 Kathy Palmacchio-23 John DeRusha-24

To include a birthday, contact your Circle Reporter or the Editor

Did you know?

- By replacing your potato chips with a grapefruit as a snack, you can lose up to 90% of what little joy you have still left in your life!
- Beer is now cheaper than gas. Maybe it is better to drink than drive!



ROMEO's Retired Old Men Eating Out

Peter Recklet is checking out the options for the next lunch. He will send an email with the details.

Please contact Peter at 978-562-2721 or precklet@live.com if you plan to attend. The group is open to all men at Quail Run.



New Resident Information

Lucia Bairos, 6B Rotherham Way, 978-790-0788, Bairos@comcast.net.

Please contact Marlie Stott, 978-567-5912 or Carol Suslowicz, 978-212-5141 if someone new moves to Quail Run.

Stitch & Knit

The Stitch & Knit Group meets at the Community Center the 4th Tuesday of the month from 2:00 - 4:00 PM. Contact **Marie Kapsalis** at 978-568-0713.

CURTAIN CALL

Meetings are usually held on the first Tuesday of the month, when members of the group meet and select local theater performances to attend. Please contact me if you would like to be added to the Quail Run Curtain Call Mailing list. **Lorraine Cochran**, lorrainecochran@comcast.net, 978-568-0165.

Eye Glass Donations

The Stow Lions Club collects old eye glasses. If you would like to donate, please contact me at 978-568-8586. Thank you!



- Submitted by Arnie Johnson

A • •

POKER PLAYERS WANTED

Every Monday from 4:00 - 6:00 PM, at the Community Center. Contact **Lenny Suslowicz** at 978-212-5141.



Hudson Happenings!

National Night Out

Tuesday, August 2, 5:00 PM - 8:00 PM *National Night Out* is an event that promotes police-community partnerships, enhancing the relationship between neighbors and law enforcement while bringing back a true sense of community. It provides a great opportunity to bring police and neighbors together under positive circumstances.

The Hudson Police Department is inviting residents to meet them at the Riverside Baseball Field adjacent to the Hudson High School to enjoy free hot dogs and ice cream. There will be face painting, a bounce house, a dunk tank, child identification kits, and more!

Boston 25 TV Zip Trip Comes to Hudson

Friday, August 12, 8:00 AM - 10:00 AM Hudson will be in the TV spotlight when Boston 25 Morning News comes to town to broadcast the Morning News live and highlight Hudson on *Zip Trip* to Hudson.

This will be the 22nd year the television station has been "zip-tripping" to visit different cities and towns in the Commonwealth. The morning anchors and meteorologist appear live and besides presenting the normal morning news they show off the history, people, and places that make each community great! They often give a prerecorded town tour, interview some of the "Hometown Heroes" of the community, and highlight the must-stop places (i.e., restaurants and small shops) to check out in each town.

If you want to be part of the fun, visit the lawn in front of the Hudson Town Hall to see the happenings live or tune in to Boston 25. The Morning News begins at 4:00 AM but the "live" *Zip Trip* only runs from 8:00 AM - 10:00 AM.

Enjoying Our Local Farm Stands

What a wonderful time of year to enjoy a fresh tomato in your sandwich or salad, a sweet and juicy peach and corn on the cob! Here's a few of the local farm stands you might want to try. Check each website for hours of operation, and what they have to offer.

Ferjulians

7 Lewis Street, Hudson Ferjulians.com / 978-562-3447 Open Daily April-November

Hudson's hometown 70 acre farm has been owned by the Ferjulian family since 1941. Their home-grown peaches, apples, and veggies and pumpkins are favorites of many. Ferjulians is also the source of many of the beautiful flowers in Quail Run window boxes and circle gardens and tomato porch pots, all grown in their greenhouses. Recently they have added a sunflower garden, tulip picking and a flower cutting garden.

Small Farm *

184 Gleasondale Road, Stow (Route 62) farmer@small-farm.com
Open May–December, check website for hours

Small Farm is a small 4-acre vegetable, berry, and flower farm run by Elena Colman and Karl Goethert who have been leasing the land since 2018 through the Stow Conservation Trust. They offer garden vegetables, herbs, strawberries and blueberries and flowers grown right at the farm. They also stock eggs, additional veggies and fruit from nearby growers, all of which are grown using outlined practices from the National Organic Program. In Spring they have a vegetable and herb plant sale for home gardeners and in Summer their Pick-Your-Own flower field is open.

Idylwilde Farms

366 Central Street, Acton idylwildefarm.com / 978-263-5943 Open Daily (except Tuesday) Year Round

Idylwilde Farms opened in Acton in 1969 by the Napoli family who previously had a farm and market in Lexington beginning in 1898. Here you can find their home grown sweet corn, tomatoes, salad greens and veggies, including swiss chard, leeks, and rhubarb. In addition, they have plant stands, pottery, soaps, lotions and seasonal decorations. They also have a full-service deli and kitchen.

See page 9 for more Local Farm Stand locations.

July Board of Governors (BOG) News



Welcome to the "dog days of summer". Let's hope we get some more reasonable temperatures and much needed rain.

The new Omicron subvariant of COVID-19 break-through infection is on the rise. Several people who live at Quail Run have been affected. I know a woman who flew overseas and two days after arrival came down with a breakthrough of the virus. She recovered in time to fly home. So, if you plan to travel away from home on vacation, it might be a good idea to have a booster shot before leaving. Do hope all residents are using safe measures when out in public or in social gatherings.

The porch railing replacement budget amendment will be paid off August 31st. Yea!

The turn on of the irrigation system was delayed due to the need to have the fire and irrigation system backflow preventers tested by a certified fire/sprinkler vendor. As indicated before, it took some time to find a plumber who was certified. This was a new requirement imposed by The Town of Hudson. Multiple backflow preventers failed the test and needed repair. Until the irrigation backflows were in working order the irrigation could not be turned on. Once the system was turned on there were many damaged/nonworking sprinkler heads that had to be replaced. There were also several nonworking zones in buildings resulting in the irrigation system not working at individual units. All final repairs have been made. In the meantime, the Hudson Water Department imposed a Level V water ban. We are permitted to use hoses to water our plantings but nothing else. The irrigation system was shut down the week of July 18th.

Miller's Paving was on site July 20th and 21st. They increased the height of the five speed humps. They repaved the parking lot and driveway at the Community Center. The asphalt in the parking lot and driveway at the Community Center was put in last by the developer. The quality was not the same as all the other roadways in the community and the asphalt was deteriorating. They repaired the driveway at nine units where the asphalt had dropped significantly below the garage floor and replaced three driveways where significant amounts of water pools and freezes during the winter.

New England Seal Coating will line stripe the speed humps and Community Center parking lot. They will also crack seal our roads.

The Board has received feedback from several unit owners who feel our roads should look brand new. This is a 20 plus year old community and to replace our roads will cost over a million dollars. We are adding money to the reserve account every month to build it up, but if you looked at the financial report you received in May we are not there yet. Our roads are in as good, if not better shape, than most of the roads in Hudson. The purpose of patches and crack sealing is to preserve the roads so that when they are repaved we don't have to tear out the asphalt down to the gravel, but can mill two inches off the surface and repave. It may not look pretty in spots, but they are in good shape. And the paving professionals applaud what we are doing and tell us it is the right course of action. We will save many hundreds of thousands of dollars when we do repave with our current patch and seal program.

J&J&Son Lawncare treated our grass with a grub prevention fertilizer. A gardening crew weeded all planting areas without blue stakes and cut off the ornamental tree suckers. They pruned all shrubs to be no higher than the bottom of the front window or top of the porch railing. They also cut back or removed any plants growing too close to the wood trim. Due to the drought, they will not be mowing every week.

Gina DeFrancesco, our The Dartmouth Group Portfolio Manager, and a Board member walked the property with the Building and Grounds Committee's list of items needing paint. They looked for additional items to be painted that S.K. Forbes General Contractors repaired since the list was prepared. We are now waiting for the painter to be available.

A Cotti-Johnson technician ran over a fire hydrant. Hydro-Tech repaired the hydrant and billed Cotti-Johnson.

Thanks to **Bill McPhail** (3A Rotherham Way) as a volunteer, all dryer vents that needed to be replaced per the Building and Grounds Committee inspection have been addressed. Bill also checked all dryer vents that the Committee indicated were clogged. Many of these dryer vents still need to be cleaned. An email was sent to every unit owner on the Committee's list in January. A clogged dryer vent will cause the dryer to run longer and clothes may still be damp when the cycle ends. This may result in higher electrical costs. *There is also a potential of a fire hazard*. If you need assistance, you may contact Bill at 781-294-3961.

In the past many unit owners have used AIRTEK to clean their air ducts and dryer vents. Contact information for them can be found on page 8 in the *Quail Runner*. Again, a big thank you to Bill for all your help!

The Board of Governors contracted with **Brett Baker** (4D Autumn Drive) to repair all the boring bee holes. He checked every unit porch ceiling to ensure that everything was addressed.

It is important that all unit owners/residents understand that all grounds are Association common property. This applies to all roadways including circle drives, and all planting areas and grass. It is up to the Board of Governors to see that the property is properly maintained. All unit owners/residents need to understand the Rules and Regulations, especially for personalization of planting areas. *Please Reference Section 22 of the Document:*

Item A:

"Shrubs and bushes in the front of all units will be pruned annually by the landscape company without regard to the blue stake to make sure they are properly maintained (i.e., no growth over the bottom of a kitchen window or top of the front porch)."
"No trees may be planted in planting beds, on the sides of units or behind decks."

Item R

"No plants are to interfere with the building foundation nor rest against the building wall or deck where they can abrade its surface. Planting beds on the side of units, along the decks or the backside of a unit are not to extend outward more than four feet from the building foundation or edge of the deck. All plantings must not interfere or restrict work of the landscape company."

Item C:

"Nothing is to be permanently attached to the deck railings or supports (e.g., privacy screens, poles for hanging plants, flower boxes, gates by steps, etc.)."

Item E:

"Up to three non-plant decorations are allowed in the planting area in front of a unit or center circle, on the sides of units, and behind decks. They may not be plastic, shiny, create noise, or could become airborne. The height of any solid (cement) or other objects in the planting area should not exceed 24 inches nor have a combined width and depth of over 30 inches. Cement objects are allowed to be either natural or white. No religious statuary is allowed. No objects of any kind are allowed on the lawn area or

in immature trees. All deteriorated non-plant objects must be removed by the unit owner/resident.

Item F:

"Solar cell lights may be used judiciously in planting beds provided they do not conflict with lawn maintenance. No colored solar cell lights are permitted in the unit and center circle flower beds. No solar cell lights are permitted around the ornamental trees."

Item L:

"A maximum of three hanging items may be displayed on the porch area of any unit, including one wind chime. No hanging items may be attached to the front porch ceiling."

Reference Section 26 of the document:

"The American flag may be displayed in compliance with applicable federal and state law. Other decorative flags and security service signs are not permitted."

Also, nothing is to be attached or hung over the top of the PVC porch or deck railings. It can cause them to bend or crack. Any damage to the railings will be repaired and billed to the unit owner.

As you may or may not know, Intel sold their property and will be closing the facility sometime in 2023. There are multiple rumors as to what will transpire. We have two unit owners who will keep us up to date on what to expect. While this is not an Association issue, it may impact us with extra traffic on Reed Road and noise.

Hope everyone enjoys the rest of the Summer and stays safe.



Intel Please contact **Rachael Hamer** directly for any questions/concerns regarding **Intel** at 978-553-2158, Rachael.hamer@intel.com. You can also call the security line at 978-553-5858.

Oh Heavens....What a Sardonic Senior Might Say

My tolerance for idiots is extremely low these days. I used to have some immunity built up; but obviously there's a new strain out there.

It's not my age that bothers me; it's the side effects.

I'm not saying I'm old and worn out, but I make sure I'm nowhere near the curb on trash day.

As I watch this generation try and rewrite our history, I'm sure of one thing, it will be misspelled and have no punctuation.

She says I keep pushing her buttons. If that were true, I would have found mute by now.

So you've been eating hot dogs and McChickens all your life, but you won't take the vaccine because you don't know what's in it. Are you kidding me?

Some people call me crazy, I prefer the term happy with a twist.

There is no such thing as a grouchy old person. The truth is that once you get old, you stop being polite and start being honest.

I might look like I am doing nothing, but in my head, I am quite busy.

- Submitted by Pat Ritter-Waltrup



OUAIL RUN BOWLERS

If you are interested in bowling, we bowl at the Acton Bowling Lanes every Wednesday morning.

Please call Carole Mahoney, 508-746-8635 or Donna Milot, 978-618-9631 for more information.



QUAIL RUN LIBRARY



The Community Center Library is open. Please use the baskets when returning the books to the library.

Contact person: **Alison Towle**, 978-568-0806.

JULIETS NEWS

August 18, Thursday, 12:30 PM, Conrad's Restaurant, Rt 20, Sudbury. Separate checks. Contact: **Sally Mauro**, 978-568-0821.



September 8, Thursday, 12:30 PM, Kennedy's Pub (outdoor patio), Maple St., Marlborough. Separate checks. Contacts: **Carol Suslowicz**, 617-975-2693 or **Betty Chiasson**, 978-562-7087.

Sign-up sheets are available in the Community Center.



BOOK CLUB

The group meets the last Wednesday of each month. For the time and location of the next meeting, contact **Phyllis Novick** at phlisnovick8@gmail.com, or at 978-621-3993.

August: The Paris Library by Janet Skeslien Charles September: The Personal Librarian by Mary Benedict October: The Beauty Queen of Jerusalem by Sarit Yishei-Levi and Anthony Berris Sent November: The Girl with The Louding Voice by Abi Daré

There is no meeting scheduled for December.

- Submitted by Carole Perla

(Local Farm Stands continued from page 5)

Verrill Farm *

11 Wheeler Road, Concord (off Route 117) verrillfarm.com / 978-369-4494 Open Daily Year Round

The Verrill family began a dairy farm on their 100 acres in 1918 but in 1990 turned to vegetable farming only and began selling vegetables from a small roadside tent. In 1995 they built a large farm stand where they sell their own produce, including a huge variety of squashes, asparagus, along with prepared foods (soups, sides and entrees), deli sandwiches, homemade baked goods, and their own fresh eggs and beef along with New England specialty foods and plants and flowers.

Davidians *

500 Church Street, Northborough (Exit 24 on 290) Davidiansfarm.com / 508-393-3444 Open Daily Year Round

Located on 250 acres Davidian's family farm has been growing a wide variety of delicious apples, peaches, corn, tomatoes and other garden vegetables since 1918. They also have a full-service deli and fresh baked goods, and offer specialty cheeses.

Tougas Family Farm

234 Ball Street, Northborough (Exit 24 on 290) tougasfarm.com / 508-393-6406 Open June-October

The Tougas family purchased an 88 acre orchard in 1981 and now grow strawberries, cherries, blueberries, blackberries, peaches, nectarines, apples, and pumpkins which you can pick yourself or purchase in their farm store. Hours vary through the season so check their website or Facebook page.

Hanson Farm *

Nixon Road, Framingham (Hager Street, off Route 20 in Marlborough), Hansonsfarmframingham.com / 508-877 -3058 Open Daily May-October

Founded in 1908, Hanson's is a 5th generation family farm. In the Spring they offer flowers and vegetable plants, and from June-October you can pick your own strawberries, blueberries, blackberries, flowers and pumpkins.

- * Note: Verrill, Small Farm, Davidians and Hanson farms provide share options in their CSA (Community Supported Agriculture).
- Submitted by Sue Lalli and Pat Ritter-Waltrup

Social Committee Plan Ahead Schedule



Community Coffee - Saturday, August 6, 9:30 -11:00 AM, \$2.00 per person

Ice Cream Social - Saturday, August 13, 7:00 PM, \$4.00 per person

Ladies Coffee - Monday, August 22, 9:30 -11:00 AM, \$1.00 per person

Community Coffee - Saturday, September 3, 9:30 - 11:00 AM, \$2.00 per person

Breakfast Buffet - Saturday, September 10, 9:15 - 11:00 AM, \$8.00 per person

Ladies Coffee - Monday, September 19, 9:30 -11:00 AM, \$1.00 per person

Do You Have a File of Life?

The *File of Life* is an extremely valuable emergency medical form that is used by First Responders to obtain a quick medical history when a patient or loved one is unable to provide life-saving medical information to begin the proper treatment immediately.

The File of Life is a refrigerator magnet with an attached red plastic pocket labeled "FILE OF LIFE". In the plastic pocket is a tri-fold card on which you can record your vital emergency information such as your name, current medications, past medical history, physician information, allergies, and emergency contacts. When you finish filling out the card, fold it and place it back into the plastic pocket and then place it on the outside of your refrigerator since First Responders are trained to look for it there!

It is recommended that the form be reviewed and updated on a six-month basis in order to ensure the most up-to-date information is always available. Joe and I picked up one for each of us at the Hudson Community Fest and decided this was worth sharing with all of you. I then reached out to the Hudson Fire Department to inquire how others at Quail Run could get one. I was immediately contacted by the Hudson Fire Chief Bryan Johannes, who offered to deliver some to me to distribute to any of you who want one.

So, if you are interested in having a "File of Life", contact me at lalli14@verizon.net, or 978-212-5352 and let me know if you need one or two of the forms and I will deliver it to you at your home.

- Submitted by Sue Lalli



Things You Never Knew iCloud Could Do - Submitted by Carole Perla



BY BRITTANY ROSTON MARCH 13, 2022

https://www.slashgear.com/797655/things-you-never-knew-icloud-could-do/

Reprint of a very informative article: If you own an Apple device, that means you also have an iCloud account. Most people know their iCloud account is used to back up their personal data, which makes it easier to upgrade to a new device, find an old photo, or restore a device if it needs to be factory reset. Did you know iCloud is more than just a way to backup your iPhone and Mac-Book, though?

Much in the same way that Google users have access to a variety of services via their accounts, Apple's iCloud provides users with a bunch of different features and tools, including everything from office apps that can be accessed with just about any web browser to the ability to track and lock a lost iPhone. Here are some things you may not have realized iCloud can do, as well as details about special features that come with Apple's premium iCloud+ subscription plans like Private Relay.

1. Create documents and presentations

Apple, as with Microsoft and Google, provides its iCloud users with access to basic office web apps -- in this case, to Pages, Numbers, and Keynote. With these tools, anyone can sign in to their iCloud account and directly create presentations, type documents, and put together spreadsheets for free.

If you're away from your Mac, for example, you can use any supported browser to sign in to your iCloud account. Once signed in, you'll see icons for each of the aforementioned apps. Clicking any of the three icons will open the related web app; you can get to work directly within the web browser, then close the tab when you're finished. The materials you create -- a typed report, for example -- will be saved in your iCloud account to access from any of your devices later on.

2. Back up files on a PC

You probably already know iCloud can back up the files on your Apple devices, but did you know it can also be used to back up your files on a PC? This feature is

useful for users who, for example, own an iPhone and iPad for their mobile devices, but a Windows PC as their computer.

The backup feature is simply called iCloud for Windows, and it is available as a free software download. Refer to the website for more details.

3. Provide a Free Inbox

Did you know that Apple offers its users a free @iCloud.com email address? You don't have to create one if you're happy with your existing inbox, but if you're deeply embedded in the company's ecosystem and want to avoid Google's Gmail alternative out of privacy concerns, it's a great option to have.

4. Directly Share iCloud Files

iCloud is a great place to back up your files, which also means it's also a great way to share those files with other people. Apple makes this possible with its iCloud Drive sharing feature -- you can simply create a private link to a file and send it to the recipient. Once they receive it, the recipient can tap the link to access the file. Refer to the website for more details.

5. Keep web and email data private

Though iCloud is free, it only offers 5GB of cloud storage space - and that's for everything, including images and videos, which means it can quickly reach capacity.

If you want to use the service as your primary cloud destination, you'll probably need to sign up for one of the iCloud+ premium plans with more storage space, which start with 50GB and range up to 2TB.

Though you may not need all of these features, they can come in handy at times. Hide My Email, for example, lets you create random email addresses so that you can sign up on websites and apps without sharing your personal email. The addresses can be created any time through the iCloud website or in the Settings app, plus they can be generated in the email field when using Safari, assuming you're using an Apple mobile device running iPadOS 15 or iOS 15.

To learn more information about any of the above topics, go to the website listed at the beginning of this article.

A Few Chuckles

Wife said, "Our new neighbors are so in love, he hugs and kisses her often. Why don't you do that?" Husband said, "Because I don't know her that well."

I checked Kelly Blue Book today for my car's value, and it asked if the tank was full or empty.

The CDC is now recommending you wear a face mask over your eyes when buying gas to prevent heart attacks.

Are you sweating while putting gas in your car, feeling sick when paying for it? You have carownersvirus.

Mother Nature apologizes for the late arrival of Spring, Father Time was driving and refused to stop and ask for directions.

It's better to grow old with a sense of humor, than to grow old with no sense at all.

Finally winter fat is gone, now I have spring rolls.

A dog is the only relative you get to choose.

I said I was good at making decisions, I didn't say the decisions I made were good!

I'm so confused, if Mr. and Mrs. Potato Head are no longer male and female, does that mean there will be no more tater tots?

Thanks for teaching me the meaning of plethora, it means a lot.

Does everyone have a large plastic bag full of plastic bags, or is it just me?

Why drive five miles to the gym to walk on a treadmill?

- Submitted by Kevin Fitzgerald

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The group meets every Friday from 10:00 -12:00, at the Community Center. Contact person is **Dave Sanderson**, 978-212-5655.

Wild Turkey Trivia

- Wild turkeys can fly, and they have a top speed in flight of about 55 miles per hour.
- Due to overhunting and deforestation that eliminated wild turkey habitats, these birds were nearly extinct in the 1930s. Today, there are more than seven million wild turkeys, and the population of these birds is increasing in many areas. (Residents of Quail Run see this as fact!)
- There are approximately 5,500 feathers on an adult wild turkey, including 18 tail feathers that make up the male's distinct fan. Many of the feathers are iridescent, which gives the turkey its characteristic sheen.
- Wild turkeys have very powerful legs and can run at speeds up to 25 miles per hour.
- The average lifespan of a wild turkey is three to five years, and the oldest known wild turkey lived to be at least 13 years old.
- In the wild, turkeys range from five to 20 plus pounds.
- Adult male turkeys are called toms, and females are called hens. Very young birds are poults, while juvenile males are jakes, and juvenile females are jennies. A group of turkeys is called a rafter or a flock.
- A wild turkey's gobble can be heard up to one mile away.
- Submitted by George Shaw

Players meet at the Community Center, Wednesday and Friday at 1:30 PM. Contact person: **Pat Trask**, 978-212-5201.



Old Time Rock and Roll Humor

Remember these old lyrics. I know I do and I am glad I still can. I love these but you have to be from our generation to understand most of them.

The song **Sweet Caroline** its BANNED due to COVID-19. There will be:

- No Touching Hands
- No Reaching Out
- No Touching Me
- No Touching You
- * The Sound of Silence





* The Hokey Pokey

* Born to Rock

It was a lot more fun to be 20 in the 70's, than to be 70 in the 20's.







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September 5th

*Nickels Game Night*Every Tuesday at the Community
Center 7:00 - 9:00 PM.

Contact: Marlie Stott, 978 567-5912.



Maynard Fine Arts Theatre and Creamery Reopens!

The Maynard Fine Arts Theatre is a vintage independent theatre showing first-run as well as art, indie, and retro movies located in downtown Maynard just nine miles from Quail Run.

The theatre originally opened in 1949 and unfortunately closed in 2012 when it couldn't compete with the big megaplexes.

The theatre was then purchased by Steve Trumble of Sudbury who had spent many wonderful hours as a kid at the theatre. After 13 months of restoration the theatre reopened. Trumble continued to update the facility and opened the Theatre Creamery, a small ice cream shop which is open to all, not just moviegoers. Unexpectedly the theatre was shuttered in March 2021 due to the sudden death of Trumble.

On May 20, 2022 the Theatre and Creamery reopened after Lester and Dafna Gordon of Lincoln who also spent untold Saturday nights at the theatre over the years took a chance and purchased the complex.

Movies are currently shown Wednesday - Sunday nights. Senior ticket prices are \$10. The concession stand offers beer, wine, popcorn, candy and more.

For a current list of movies and showtimes or to order tickets online visit their website at: fineart-stheatreplace.com.

- Submitted by Sue Lalli

