



The Quail Runner

For and By the Residents
of The Villages at Quail Run



November - December 2022

Began Publishing 2003
www.QuailRunHudson.com

Hudson, Massachusetts

UPCOMING EVENTS

Holiday Party and Gift Exchange

Date: **Saturday, December 10th**

Where: **The Community Center**

Time: **7:00 PM**

Cost: **\$5.00 per person - BYOB. Appetizers and desserts will be served.**

If you wish to participate in the gift exchange, please bring a newly wrapped gift valued at no more than \$10.00 for this fun event!

A sign up sheet is posted at the Community Center, please sign up on or before December 7th.

Contact: **Marlie Stott** at 978-567-5912



Chili and Soup Night

Date: **Saturday, January 14th**

Where: **The Community Center**

Time: **6:00 PM**

Cost: **\$8.00 per person - BYOB**



If anyone would like to provide us with a pot of their favorite chili or soup it would be greatly appreciated. We will reimburse you for the cost of your ingredients. The Social Committee will be providing corn bread, crackers, Italian bread, cheese, sour cream, etc.

A sign up sheet will be posted at the Community Center in January.

Contacts: **Barbara Baker** at 978-562-2460 or **Donna Milot** at 978-618-0631

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HAPPINESS IS



NO WAREHOUSE!

Quail Run Holiday Stroll December 17th

Save the Date . . . Save the Date

After all we have done together in the past several months, it is time to let loose and have some FUN!!



Your neighbors and friends would love to invite all of you to join in a Holiday Stroll and a fun filled event in the 1-3 Autumn Drive Circle on December 17th.

See page 3 for more details

Board of Governors
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The Quail Runner Staff

Editor: **Kareen Shaw**
 Assistant Editor: **Sue Lalli**
 Distribution Manager: **Joyce Blank**, and Assistant Manager: **Peggy Sullivan**
 Advertising Manager: **George Shaw**
 Proof Readers: **Pat Ritter-Waltrup, Jan Painter, Bev Minot, Barbara Kansky**

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 2/4 Strawberry **Nicole Baker**
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Columnists:

Technology Corner: **Carole Perla**
 Healthy Living: **Peggy Rittenhouse**

Communications Chair: Kareen Shaw

Quail Run Email Communications: **Yossi Elaz**
 Quail Run Telephone & Address Directories: **Cathy Bernhardt**
 Quail Run Email List: **Carole Perla**
 Quail Run Website: QR liaison **Sally Mauro**, Webmaster, **Mark Reid**

Newsletter Published the last week of January, March, May, July, September and November.

Newsletter Article Deadlines: articles must be submitted to the QR editor by the 23rd of the month listed above to be included in the newsletter.

You can view all the back issues of the Quail Runner Newsletter on:
www.QuailRunHudson.com

Vacation Delivery

Give your Circle Reporter or the Editor a long envelope with two first class stamps, and print your name and vacation address on the envelope. Or you can view all published issues online at:
www.QuailRunHudson.com

Editor's Desk, Kareen Shaw



Bev Minot and Susan Bohall are collecting 2023 calendars, note pads and stationary again this year to give to the Veteran organization. If you have any of the above items that you would like to donate, please drop them off on the front porch at 8F Strawberry Lane. Thank You.

Members of the Social Committee will be collecting "**Toys for Tots**" again this year at the Community Center. Please watch your *Quail Run Member* email notices for the collection drop off time and date.



Please leave your outside carriage garage and porch lights on during snow storms to assist the people who will be plowing the roads, driveways, and shoveling snow from your front porch area.

If you shop or use the services of **any** of our newsletter advertisers, please let them know you saw their ad in our *Quail Runner Newsletter*, thank you!

Real Estate at Quail Run

- Pending - 2C Strawberry Lane, A Style, \$419,000



- Sold - 4B Rotherham Way, B Style, \$500,000

Our Board of Governors

Mike McCormack mocrown@verizon.net 978-562-1266
Pat Ritter-Waltrup ritterwaltrup@gmail.com 978-562-5227
Klaus Schneller kssmet@verizon.net 978-562-1779
Diane Bemis dianegbemis@yahoo.com 978-310-7676
Alison Towle alisonjtowle@gmail.com 978-568-0806

This information appears on page 2 in the *Quail Run Directory*.

BOG Monthly Meetings are open to all Quail Run unit owners. Please check for dates and times on the Quail Run website.

HEALTHY LIVING

by Peggy Rittenhouse

RSV (Respiratory Syncytial Virus)



We're hearing a lot about Respiratory Syncytial Virus (RSV) these days. It has been reported that pediatric hospitals around the country are full of children with RSV. It is a contagious virus that affects the lungs and breathing passages. The symptoms are very much like the common cold and it can affect children and adults. Most people recover in a week or two, but others at high risk may get very sick. There is no vaccine but scientists are working to develop one. People at high risk include very young infants, premature babies, young children with chronic lung or heart disease, older adults, and people with weakened immune systems. Antibiotics are not helpful for treating RSV infection.

RSV usually causes mild, cold-like symptoms, such as runny nose, decrease in appetite, coughing, sneezing, fever and wheezing. Infants and older adults may develop severe infections from RSV, such as pneumonia or bronchiolitis (inflammation of the small airways in the lungs). RSV spreads when an infected person coughs or sneezes, or shares cups and eating utensils with others. You can help protect yourself and others from RSV infections by washing your hands often with soap and water for at least 20 seconds. Avoid touching your eyes, nose, and mouth with unwashed hands. Clean and disinfect frequently touched surfaces, such as toys and doorknobs. (Taken from the CDC).

COME ONE, COME ALL TO OUR HOLIDAY STROLL!

What: *Holiday Stroll*

Where: *1-3 Autumn Drive Circle*

Date: *Saturday, December 17th*

Times: *5:00 - 6:00 PM - Stroll*

6:30 - 7:30 PM - Holiday Karaoke and the Ding-a Lings.



Residents at 1-3 Autumn Drive will be serving up some holiday bites and cheer for your enjoyment. Come say hello and share in the festivities! See our luminaries and holiday lights and be prepared to laugh a lot!! Start your evening by greeting your neighbors and sharing in some delectable home made goodies including: mini quiche, small cheddar cranberry pecan balls, kielbasa bites, meatballs, sips of holiday cheer, and more!



PLAY BRIDGE ON MONDAYS

Community Center

1:00 - 3:00 PM

Contact person:

Theresa Bosio, 978-568-1416

From my kitchen to yours....

Recipes to die for?

Among each family's cooks, most have a recipe that folks are especially fond of... "Oh, Aunt Martha has the best oatmeal cookies!" "My mom made the best apple pies!" We all know someone with such a recipe, and those famous attributes frequently get mentioned in the person's obituary. But, on their gravestone?

A woman has made a hobby of collecting recipes from gravestones. Yes, there are grave monuments with the full recipe there, ready for the making!

I won't fill up the *Quail Runner* with all the details, but you can read the full article (gifted compliments of The Washington Post), at <https://wapo.st/3DBw7QF>. Enjoy!

- Submitted by **Dave Bernhardt**

For Sale Items

A black leather office chair - medium size on wheels, \$30.00, and a pair of L.L.Bean woman's metal walking snowshoes, size 25, \$25.00.



Contact Linda Palmer, 3B Autumn

Drive, 617-407-2805, or palms2@comcast.net.

Three brand new furnace filters 20X25X5", \$66.00.

Shortly after I ordered them I needed a new furnace. I cannot use these filters in my system! Each one originally cost \$35.00.

Contact Susanne Gird, 2D Strawberry Lane, 978-835-4899, or suzgird@verizon.net.

(Holiday Stroll continued)

Then, finish your evening with hilarious Holiday Karaoke. We have had some surprise singers in the group and we would love to share their "talents???" with you! You may even be entertained by our own 1-3 Autumn Drive bell ringers!! We call ourselves the *Ding-a-Lings!*

- Submitted by **Diane Bemis**

Quail Run Birthdays

December

- Tammy Plaza-2
- Diane McNamara-5
- Rocco Malloy-5
- Barbara Carvalho-6
- Richard Ebens-6
- Barry Brown-7
- Cheryl Pearson-8
- Susan Clarke-Roser-9
- Jan Painter-10
- Susan Lalli-14
- Theresa Bosio-19
- Renee Kossuth-21
- Diane Bemis-21
- Linda Driscoll-21
- Libby Brown-22
- Mike Bleecker-23
- Jean Meola-28
- Ken Spears-29
- Marilyn Hoffman-29



To include a birthday, contact your Circle Reporter or the Editor

January

- Magdi Ishak-7
- David Simpson-13
- Barbara Kansky-17
- Peggy Rittenhouse-20
- Shirley O'Connell-27
- Linda Palmer-30
- Bob Bemis-31
- Karen Hart-31



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Diane Johnson

ROMEO's

Retired Old Men Eating Out

Peter Recklet is checking out the options for the next lunch. He will send an email with the details.

Please contact Peter at 978-562-2721 or precklet@live.com if you plan to attend. The group is open to all men at Quail Run.



New Resident Information

Paulette Melanson, 4B Rotherham Way, paulette_melanson@hotmail.com, 508-733-3072. Paulette moved to Quail Run to downsize.

Please contact **Marlie Stott**, 978-567-5912 or **Carol Suslowicz**, 978-212-5141 if someone new moves to Quail Run.



Stitch & Knit

The Stitch & Knit Group meets at the Community Center the 4th Tuesday of the month from 2:00 - 4:00 PM. Contact **Marie Kapsalis** at 978-568-0713.

Curtain Call

Meetings are usually held on the first Tuesday of the month, when members of the group meet and select local theater performances to attend. Please contact me if you would like to be added to the Quail Run Curtain Call Mailing list. **Lorraine Cochran**, lorrainecochran@comcast.net, 978-568-0165.



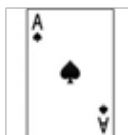
Eye Glass Donations

The Stow Lions Club collects old eye glasses. If you would like to donate, please contact me at 978-568-8586. Thank you!



- Submitted by **Arnie Johnson**

POKER PLAYERS WANTED



Every Monday from 4:00 - 6:00 PM, at the Community Center. Contact **Lenny Suslowicz** at 978-212-5141.



The Quail Run Community collects for the Hudson Food Pantry

Items and/or checks can be dropped off at my home at 4D Autumn Drive. When the back of my car is this full of items for the Pantry, it makes me and the pantry very, very happy! Many thanks to everyone!

- Submitted by **Barbara Baker**

Hudson Happenings

Hudson’s Winter Farmers Market

The Hudson Farmers Market will hold one last winter market on Saturday, December 17 from 11:00 AM - 2:00 PM at the Hudson Town Hall lawn. Vendors will have locally sourced meat, poultry, dairy, honey and maple syrup, in addition to root vegetables, herbs, fresh baked goods and craft items.



Hudson Holiday Stroll

Are you ready to ring in the holiday season? If so you need to head to Main Street on **Saturday, December 3**, from **3:00 -7:00 PM** for the annual Hudson Holiday Stroll. Once again Main Street will become a pedestrian-only zone from the Rotary to Broad Street. The highlight of the evening is the tree-lighting ceremony at Town Hall, presided over by Santa at 5:00 PM. At 5:15 PM you can listen to a Hudson High School choral performance at the Unitarian Church (corner of Main and Church Streets).

Both before and after the tree lighting, other activities will include a horse drawn hayride down Main Street, a Petting Zoo at Main Street Bank, a Festival of Trees at the Boys and Girls Club on Church Street, and visits with Santa in the Town Hall. Most businesses on Main Street and South Street will be offering activities during the celebration. For more details go to: www.discoverhudson.org and click on “Celebrate” and scroll down the page to Holiday Stroll.

- Articles Submitted by **Sue Lalli**

Senior Version Of A Song From The Sound of Music Movie



Here are the lyrics from the song for you to enjoy.

“My Favorite Things”

Botox and nose drops and needles for knitting,
Walkers and handrails and new dental fittings,
Bundles of magazines tied up in string,
These are a few of my favorite things.

Cadillacs and cataracts, hearing aids and glasses,
Polident and Fixodent and false teeth in glasses,
Pacemakers, golf carts and porches with swings,
These are a few of my favorite things.

When the pipes leak,
When the bones creak,
When the knees go bad,
I simply remember my favorite things,
And then I don't feel so bad.

Hot tea and crumpets and corn pads for bunions,
No spicy hot food or food cooked with onions,
Bathrobes and heating pads and hot meals they bring,
These are a few of my favorite things.

Back pain, confused brains and no need for sinnin',
Thin bones and fractures and hair that is thinnin',
And we won't mention our short shrunken frames,
When we remember our favorite things.

When the joints ache,
When the hips break,
When the eyes grow dim,
Then I remember the great life I've had,
And then I don't feel so bad.

- Submitted by **George Shaw**



November Board of Governors (BOG) News



Greetings and welcome to Winter. While Winter is not official, it sure feels like it these days! The holidays are upon us once again and the Board wishes everyone a healthy and happy season.

A hard copy of the 2023 Villages at Quail Run budget was mailed to all unit owners in October. For those who have questions regarding the new budget, the annual meeting will be held on Tuesday, December 13th at 7:00 P. M. in the Community Center. Of special note is the \$15 per month increase in condo fees per unit effective January 1, 2023. The Board worked hard to keep this increase to a minimum. The increase is due to an overall 8% inflation rate and increases in the cost of water, gas, and labor. The cost of materials by all our vendors has increased 10-15% and these increases have been passed on to the consumers.

A rental survey letter was mailed in October asking unit owners if they supported changing the Master Deed and By-laws to include a rental policy to ensure the community remains engaged and harmonious. If adopted, it would limit the number of rental units permitted at The Villages at Quail Run. Modification of the Master Deed and By-laws requires a 67% approval by all unit owners. The deadline for response to the letter was November 11; however, if you wish to now respond, please do so. To date we have not received the needed number of unit owners approving the proposed rental policy.

The Board has been busy maintaining the property. Following is a summary of the recent completed projects:

Brandano Plumbing completed the replacement of seven faulty backflow valves and repaired a major water line in one unit.

All catch basins were cleaned in anticipation of Winter ice/snow runoff.

Miller Paving completed the asphalt repairs around the community (driveways located at 4A, 4C, 9A and 11C Autumn Drive. Also included were driveways at 1A, 1H, 3F, 3G, and 3H Strawberry; and the circle road at 5 Strawberry). Miller Paving will be back soon to seal all new driveways and patches.

Stanley Steamer cleaned the carpets and the upholstered furniture in the Community Center.

Thiago Painting completed the spot painting of new wood and repaired siding.

J&J&Son Lawncare completed the Fall clean up and cleaned the gutters. Keep in mind that the wind continues to blow some leaves onto the front lawns and front planting beds. Shrubs and ornamental trees were deep fertilized.

A reminder to unit owners using the Community Center, **please make sure all doors are locked, and the thermostat is set at the correct temperature before leaving.** Also, if you use the coffee pot, please empty and clean it before leaving. Coffee found in the Community Center belongs to the Social Committee and is not to be used by others.

On behalf of all unit owners, the Board extends a very special thanks to all the folks who have contributed to the "SAVE HUDSON" efforts either by contributing funds, time, and/or energy to stop the proposed 1.28 million square foot warehouse project on the current Intel property. Because of everyone's efforts the proposal was withdrawn.

THANK YOU FOR ALL YOUR SUPPORT!

Finally, you may not know that our BOG president, Pat Ritter-Waltrup, is back home and recuperating. We wish her continued improvement and a quick recovery.



WELCOME HOME, PAT!



May All Your Holidays Be Merry!

Christmas December 25

The group meets every Friday from 10:00 -12:00, at the Community Center. Contact person is **Dave Sanderson, 978-212-5655.**

Cribbage



Local Winter Farmers' Markets

Well, there are not many in Winter but I found two spots not too far away that continue their Farmers' Markets through the Winter months.

Natick

When: Saturdays, Year-Round, 9:00 AM - 1:00 PM
 Where: Indoors on two floors in the Common Street Spiritual Center and in the back parking lot at 13 Common Street (off Route 27 South).

For a list of vendors and items available each week, check their website at: www.natickfarmersmarket.org

Wayland

When: Saturdays, January 7 - March 11, 10:30 AM - 2:00 PM
 Where: Russell's Garden Center, Route 20

Started in 2010 with a small group of vendors in the first year, Russell's now has a rotating group of 40 participants over a ten week period. The Market features New England grown vegetables, fruit, eggs, locally made bread and baked goods, pasta, cheese, meat, fish, lobster, fresh and prepared foods. Through the years they have added special event days such as two Farm Fiber Days scheduled for 2023 on Sundays, January 22 and March 5. For a vendor list each week go to their website at: Russellsgc.com/farmersmarket.

-Submitted by **Sue Lalli**



Amanda Boudreau
 Owner/Operator
 40 Washington St.
 Hudson, MA 01749
 978-562-3800
Aboudreau@kithandkinhudson.com

**Support
 Symphony Pro Musica!**



Don't stay home and miss the concert because it's Winter. I will try to let people know who needs a ride or a companion. The Winter concerts are Saturday, February 5 at 7:30 PM at Hudson High School and Sunday, February 6 at 3:30 PM at St. Mark's in Southborough. I will offer discount group tickets to Quail Run residents and their guests.

The program is outstanding with Clause Debussy *Prelude To The Afternoon Of A Faun*, Brodin's *Symphony No. 2* and Ludwig Van Beethoven Violin Concerto, Maria Loudenich, soloist.

Call **Phyllis Novick**, phyllisnovik8@gmail.com, or 978-621-3993, for \$15.00 tickets.



Hanukkah
 "Festival Of Lights"
 December 18th - December 26th

In Memory

Bonnie DeRusha's mother passed away with her family by her side, on November 17th.



Where would you find snowmen dancing?
 At a snowball of course!



QUAIL RUN BOWLERS

If you are interested in bowling, we bowl at the Acton Bowling Lanes every Wednesday morning.

Please call **Carole Mahoney**, 508-746-8635 or **Donna Milot**, 978-618-9631 for more information.



P: 978.562.5309
 P: 877.7CHAVES
 F: 978.562.1026

15 Bonazzoli Avenue
 Hudson, MA 01749
www.chaveshvac.com

The Hudson Armory Project

The Hudson Armory is located on Washington Street just before entering the Downtown Rotary. The brick castle-like structure was originally opened in 1910 to house the town's unit of the Massachusetts Volunteer Militia (MVM). Hudson's militia was originally established in 1887 and known as the Hudson Light Brigade. The two architects of the Hudson Armory also designed a number of armories in the area including the one in Natick and Newton and the Boston Commonwealth Armory. Two years later, James McLaughlin, one of the architects, was the chief architect in charge of designing Fenway Park.

Hudson National Guard soldiers trained in the Armory through the early 2000's when it was deactivated and turned over to the Commonwealth. It was then used for firefighting and police training. In 2018 the Commonwealth announced that the building was no longer needed for training or storing supplies. They then announced they were interested in selling the Armory and offered Hudson the first chance to make an offer before selling the building at a public auction to the highest bidder.

It was at this time that a group of Hudson residents formed the *Hudson Cultural Alliance (HCA)* in order to launch the initiative to redevelop the Armory into an Arts and Cultural Center that could someday house classes, concerts, theater performances, exhibit space, a winter farmer's market and creative work stations.

The volunteer HCA immediately began to raise funds to be able to purchase the property and obtain approval from the Town for their project. In September 2020 they received the approval of the Select Board. In May 2021 they received one of 69 matching grants issued by the Massachusetts Cultural Council which means that they will match up to \$200,000 in donations. In June 2021, State Senator Jamie Eldridge obtained an amendment to the Senate's 2022 budget allocating \$230,000 for the Town of Hudson to purchase the Armory.

(continued)



QUAIL RUN LIBRARY

The Community Center Library is open. Please use the baskets when returning the books to the library.
Contact person: **Alison Towle**, 978-568-0806.

JULIETS NEWS



December 15, Thursday, Bolton Street Tavern, 12:30, separate checks.
Contacts: Marie Kapsalis, 978-568-0713 or Lorraine Cochran, 978-568-0165.

January 17, Tuesday, Horseshoe Pub, 12:30, separate checks. Contact: Claire Kilcommins, 978-562-3336.

Sign-up sheets are available in the Community Center.

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Senator Eldridge also secured \$50,000 in American Rescue Plan Act (ARPA) funds for building renovations. In May 2022 the Spring Town Meeting gave the Select Board the authority to enter into a lease with the HCA. Finally, on August 25, 2022, the Town of Hudson officially acquired the building from the Commonwealth and the HCA took over a three year lease of the property.

Since the Select Board does not support using taxpayer money for the effort, the HCA has much more work ahead to raise funds for the renovations that are needed in order to open the doors to their Arts Center. Additional fundraising efforts have been accomplished with Hudson's Business Improvement District, local organizations, businesses and individuals.

For more information, go to hudsonarmoryproject.org or their Facebook page at facebook.com/ArmoryArtsCenter.

- Submitted by **Sue Lalli**

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Interesting Piece of Advice

This is one of the nicest and most gentle articles you will ever read: no politics, no religion and no racial issues - just food for thought. Thank you, John Porter 83 years of age.

You know time has a way of moving quickly and catching you unaware of the passing years.

It seems just yesterday that I was young and embarking on my new life. Yet in a way, it seems like eons ago, and I wonder where all the years went. I know that I lived them all. I have glimpses of how it was back then and of all my hopes and dreams.

However, here it is the last quarter of my life and it catches me by surprise. How did I get here so fast? Where did the years go and where did my youth go?

I remember well seeing older people through the years and thinking that those older people were years away from me and that I was only on the first quarter and that the fourth quarter was so far off that I could not visualize it or imagine fully what it would be like.

Yet here it is my friends are retired and getting grey - they move slower, and I see an older person now. Some are in better and some worse shape than me, but I see the great change. They're not like the ones that I remember who were young and vibrant but like me, their age is beginning to show, and we are now those older folks that we used to see and never thought we'd become.



Each day now, I find that just getting a shower is a real target for the day and taking a nap is not a treat anymore. It's mandatory because if I don't of my own free will, I fall asleep where I sit.

And so, now I enter into this new season of my life unprepared for all the aches and pains and the loss of strength and ability to go and do things that I wish I had done, but never did. But at least I know

that, though I'm on the last quarter and I'm not sure how long it will last, that when it's over on this earth, it's over. A new adventure will begin!

Yes, I have regrets. There are things I wish I hadn't done; things I should have done but truly there are many things I'm happy to been done.

You have no promise that you will see all the seasons of life. So, live for today and say all the things that you want your loved ones to remember - and hope that they appreciate and love you for all the things that you have done for them in all the past years.

Remember, it is health that is real wealth and not pieces of gold and silver.

- Submitted by Pat Ritter-Waltrup

**Social Committee
Plan Ahead Schedule**



Community Coffee, Saturday, December 3, 9:30 -11:00 AM, \$2.00 per person

Holiday Party and Gift Exchange, Saturday, December 10, 7:00 PM, \$5.00 per person

Toys for Tots Collection, details to be announced in early December.

Community Coffee, Saturday, January 7, 9:30 - 11:00 AM, \$2.00 per person

Chili and Soup Night, Saturday, January 14, 6:00 - 9:00 PM, \$8.00 per person

Coming Events

Pancake Breakfast, Saturday, February 11

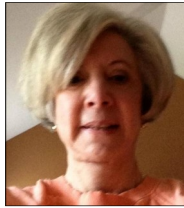
Polar Bear Dinner, Saturday, March 11

Players meet at the Community Center, Wednesday and Friday at 1:30 PM.

Contact person: **Pat Trask**, 978-212-5201.



Ten incredible iPhone Tips by: Marc Saltzman, Special to the USA Today, Oct. 29, 2022



Despite the fact Apple's iPhone costs more than most other smartphones, it remains No. 1 in the U.S., with more than 50% of the overall installed user base in the country, according to newly published data from Counterpoint Research, via Financial Times .

What's more, Counterpoint analysts have said this is Apple's highest-ever share of active smartphone users since the original iPhone in 2007.

Perhaps it's no surprise, Apple also has the highest brand loyalty out of any major smartphone maker, with 9 in 10 U.S. iPhone users saying they plan to purchase an iPhone as their next device, as reported by 9to5Mac last year.

Even if you're one of the many happy iPhone owners, chances are you're not using your beloved device to its fullest.

To help you save time – and in some cases, money – the following are ten "must-use" little-known tips and tricks, shortcuts, and hacks.

Edit, Unsend messages

One of the best additions to iOS 16 lets you tweak a message you just sent or retract it altogether. We've all had that "uh oh" moment.

To try this out, open Messages and type your message as you normally would. Tap to send it. Now press and hold over that sent message and you'll see options like Edit and Undo Send in the menu that pops up. Tap whichever you want to use at the time.

There's a catch: the person you're sending it to must also be running iOS 16 or else they'll still see the message.

Enable the haptic keyboard

Apple added "haptic feedback" to its keyboard, as part of its iOS 16 operating system update.

This is that slight vibration you feel under your fingertips when typing a message, writing an email, or cranking out something in the Notes app. It feels great and confirms every virtual key is pressed.

To enable it, go to Settings > Sound and Haptics > Keyboard feedback. Now toggle on the Haptic option.

iPhone's secret button

Naturally, you are aware of iPhone's buttons on the sides of the device or the circular Home button on older models – but there is one more. It's on the back, where the logo is but you won't see it with the naked eye.



Aptly named "Back Tap," this feature lets you instantly trigger almost anything you might want to on your phone, such as turning on the flashlight (when, say, walking to your car in a dark parking lot), launching the camera, taking a screengrab, muting the iPhone, or launching any app (such as a shortcut to opening TikTok). To enable Back Tap and to select what action takes place, go to Settings > Accessibility > Touch > Back Tap. Here you can choose what a double-tap and triple-tap does!

Shake to delete

Typing on your iPhone and want to undo what you just wrote? Just shake the darn thing. Yep, enabled by default, you can quickly fix mistakes by shaking your iPhone side to side – and you'll see a prompt to confirm you want to undo your action. It's faster and easier than pressing and holding the backspace key until all your text is deleted.

If you don't like this "Shake to Undo" feature, you can turn it off by going to Settings > Accessibility > Touch > Shake to Undo.

Screenshot an entire webpage

You likely know you can take a screen grab of something on your iPhone by pressing the Power button on the side along with the Volume Up button.

You'll hear that familiar "camera shutter" sound effect, see a white flash on the screen, and a thumbnail of the image will float to the bottom left.

But what if you want to capture a lengthy article or detailed recipe, and it can't all fit on your iPhone screen?

(continued on page 11)

To save a full page in Safari, simply open the web link, take a screenshot (per the instructions above), and at the top of the screen you will see an option to save the Screen or save the Full Page. Select the Full Page option, followed by Done, and Save PDF to Files. Later on, open Files to read it.

Correct Siri's pronunciation

Apple's voice-controlled personal assistant may be great at giving you information -- such as the weather, directions, and sports scores -- but sometimes Siri just doesn't say things right. This is especially true for some names and places, perhaps with origins in other languages, that may be difficult for Siri to pronounce.

If Siri says something wrong, like pronouncing your friend Mica's name as "me-kah" instead of "mike-ah," just say "That's not how you pronounce [Mica]" and then say the mispronounced word.

Turn any book into an audiobook

Now this one is handy. A feature called Speak Screen can read aloud any text on the screen at your command.

While designed primarily for the sight impaired, anyone can take advantage of this feature if they want to turn an ebook into an audiobook. Now you can listen while in the car, while closing your eyes on an airplane, or when walking down the street. To activate it, go to Settings > Accessibility > Spoken Content > Speak Screen.

Then, in any app you have open, swipe down with two fingers from the very top of the iPhone screen to hear the contents of the screen read to you, such as an ebook, email, article, or notes. You can tweak the voice, including gender and language, speaking speed, and more.

Create custom vibrations, ringtones

How great would it be to know who's calling, just by the way the iPhone is buzzing in your pocket? You can.

In the Contacts app, select your person of choice and tap Edit. Select Ringtone and you'll see a Vibration option.

Press that and you'll see several options -- like Heart-beat, Rapid, and Staccato -- including a Create New Vibration tool to customize your own buzz.

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This way, you can have a different ring for your partner, kids, or friends, and know who's calling without needing to glance at your phone. Similarly, you can create custom ringtones for different people.



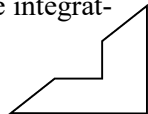
Use the hidden trackpad

Say you're composing a message, email or note, and you need to change something you typed before sending or saving. With your iPhone, simply press and hold on the keyboard and the cursor will automatically become a mouse-like trackpad. Now keep your finger or thumb on the screen and drag around the cursor to reach the part of text that you want to tweak, and let go. Or to highlight text, just press a little harder while continuing to slide your finger. Then let go for the keyboard to return.

Calculator shortcut

If you're using the calculator but make a mistake by typing in the wrong number, you don't need to clear the screen and start all over again. Instead, just swipe your finger to the left or right of the numbers to clear the last digit. You can keep doing this to remove the last digit.

On a related note, simply turn the iPhone sideways, when in the Calculator app, to access the integrated scientific calculator.



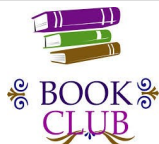
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The group meets the last Wednesday of each month. For the time and location of the next meeting, contact **Phyllis Novick** at phlisnovick8@gmail.com, or at 978-621-3993.

January: The Girl with the Louding Voice by Abi Dare
February: The Second Mrs. Astor by Shana Abe

- Submitted by **Carole Perla**

Quail Run Members Email Reminder

Please keep your contact information updated for the Quail Run directories. We have heard that some residents have missed important emails from *Quail Run Members* email notices because they are flagged by their email provider as Spam or Junk.

To prevent this from happening, try adding *Quail Run Members* to your contacts or address book. Also it is helpful to check your Spam or Junk folder on a regular basis and if you see an email from *Quail Run Members* mark it "Not Spam or Junk" and it will be moved to your inbox, and hopefully next time it will not be flagged as Spam/Junk. It is also very important to check your email on a regular basis so you do not miss important and timely messages.

- Submitted by **Sue Lalli**

“Do not respond to this email UNLESS...”

It’s that time of year again when Quail Run residents will receive an email in early January, with this somewhat “strange” subject line. It’s not a scam or a phishing email. It merely indicates that updates will be made to the Quail Run Resident’s Directories, that will be distributed to all residents by the end of January.

This email is intended to verify that messages sent to a resident’s last known email address are currently deliverable. When an email is “bounced” or cannot be delivered, the resident will be called to determine if the email address has been changed or if email service has been discontinued.

Residents receiving this email can add to, or update their personal information (name, phone numbers, etc.) for the next Quail Run Resident’s Directories. Any changes must be submitted to Cathy Bernhardt, *cbernhardt@twotonedog.com*, before January 17 to be included in the JANUARY UPDATES for 2023.

The January updates will contain the resident’s name, address, telephone and cell phone numbers, email address, Quail Run contact names, Hudson emergency and general phone contact names and phone numbers (Police and Fire Departments, Eversource, Senior Center, etc.), and a community activity list with contact names. The updated directories will be distributed via an email to all residents.

If you know of a neighbor without email access, please have them contact Cathy at 978-568-1671 to request changes/updates if needed, for the upcoming directories.

- Submitted by **Kareen Shaw**



AUDIOLOGY AFFILIATES

Loleata Wigall, M.S., CCC-A, FAAA
LICENSED CERTIFIED AUDIOLOGIST

Craig Barth, M.S., AUDIOLOGIST

600 WORCESTER ROAD
LOWER LEVEL 1
FRAMINGHAM, MA 01702
TEL: 508-872-6679
FAX: 508-879-8100

MEDICAL BUILDING
159 UNION ST., SUITE 102
MARLBORO, MA 01752
TEL: 508-481-0610
FAX: 508-481-7542

490 SHREWSBURY STREET
SUITE 2
WORCESTER, MA 01604
TEL: 508-755-1391
FAX: 508-363-4019

Kwanzaa

“Celebration of Life”

December 26 - January 1, 2023

Nickels Game Night

Every Tuesday at the Community Center 7:00 - 9:00 PM.

Contact person: **Marlie Stott**, 978 567-5912.

