

The Quail Runner

For and By the Residents of The Villages at Quail Run



March - April 2023

Began Publishing 2003 www.QuailRunHudson.com Hudson, Massachusetts

UPCOMING EVENTS

Birthday Party and Game Night

Date: Saturday, April 1st Where: The Community Center Time: 7:00 PM - 9:30 PM Cost: \$3.00 per person

A sign-up sheet is posted at the Community Center. Contact person is **Bonnie DeRusha**, 508-481-6315





Date: Saturday, May 13th

Where: The Community Center and home

of the Hosts or Hostess

Ťime: 6:00 PM

Cost: \$10.00 per person

Main Course: Chicken Dinner

Contacts: **Theresa Bosio**, 978-568-1416, **Sally Mauro**, 978-568-0821, **Carol**

Suslowicz, 617-957-2693

Progressive Dinner!

A sign up sheet will be posted in the

Community Center in the middle of April. Please sign up on or **BEFORE MAY** 6TH. THIS IS A PRE-PAID EVENT.

Please indicate on the sheet if you are willing to be a Host or Hostess for the event. We are looking to have 6-7 host homes.

The deadline for sign up is absolute and payment must be received by one of the above contact people on or before the above date.

For more information on how we conduct the Progressive Dinner event, please go to page 11.



It's that time again!

BOG Elections - Annual Meeting

Date: May 18th

Where: The Community

Center

Time: 7:00 PM

See more information on page 6.

Contents

Bifocal "Cheaters " - 3

Birthdays - 4

Book Club - 12

BOG - 2, 6

Bridge Games - 3

Condo Care - 10

Consumer Reports/Library -

5

Cribbage - 6

Curtain Call - 4

Donations - 4, 5, 6

Editor's Desk - 2

For Sale/Free - 3

From My Kitchen To Yours -

3

Hazardous Waste Event - 9

Healthy Living - 3

Heritage Chorale - 8

Hudson Happenings - 9

Hudson Town Meeting and

Elections - 11

In Memory - 12

Juliet's - 8

Mahiong - 9

New Residents - 4

Nickels - 12

Pitch - 7

Poker - 4

OR Bowlers - 9

QR Communications - 2

QR Library - 8

QR Real Estate - 2

QR Social Comm. - 1, 11

Quail Runner Staff - 2

Romeo's - 4

Stitch & Knit - 4

Technology - 7

Board of Governors News Page 6

The Quail Runner Staff

Editor: **Kareen Shaw** Assistant Editor: **Sue Lalli**

Distribution Manager: Joyce Blank, and Assistant

Manager: **Peggy Sullivan** Advertising Manager: **TBA**

Proof Readers: Pat Ritter-Waltrup, Jan Painter,

Bev Minot, Barbara Kansky

Circle Reporters:

1/3 Autumn Judy Johnson

2/4/9 Autumn MJ Ebens

5/7 Autumn Claire Kilcommins

6/11 Autumn Jane Pugsley

1/3 Strawberry Sally Mauro

2/4 Strawberry Nicole Baker

5 Strawberry Lee Rouse

6/8 Strawberry Clare Moschella

7/12 Strawberry Joyce Blank

1/2/3 Rotherham Kevin Fitzgerald

4/6 Rotherham Harry Morgan

Columnists:

Technology Corner: Carole Perla Healthy Living: Peggy Rittenhouse

Communications Chair: Kareen Shaw

Quail Run Email Communications: Yossi Elaz Quail Run Telephone & Address Directories:

Cathy Bernhardt

Quail Run Email List: Carole Perla

Quail Run Website: QR liaison Sally Mauro,

Webmaster, Mark Reid

<u>Newsletter Published</u> the last week of January, March, May, July, September and November.

<u>Newsletter Article Deadlines</u>: articles must be submitted to the QR editor by the 23rd of the month listed above to be included in the newsletter.

You can view all the back issues of the *Quail Runner Newsletter* on:

www.QuailRunHudson.com

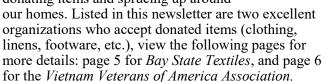
Vacation Delivery

Give your Circle Reporter or the Editor a long envelope with two first class stamps, and print your name and vacation address on the envelope. Or you can view all published issues online at:

www.QuailRunHudson.com

Editor's Desk Kareen Shaw

As the warmer weather comes our way, we all start to think of cleaning closets, donating items and sprucing up around



We have added a new advertiser and for contact information view page 5 for *Hudson Painting*.

I am looking for someone to fill the position of Advertising Manager for the *Quail Runner Newsletter*. Please contact me for additional information if you are interested, 978-562-2340.

Many thanks to all our residents who volunteer their time to support Quail Run and contribute articles to our *Quail Runner Newsletter*.

If you shop or use the services of **any** of our newsletter advertisers, **please** let them know you saw their ad in our *Quail Runner Newsletter*, thank you!



Passover Begins April 5th

Real Estate at Quail Run

- Sold: 6G Autumn Drive, A Style, \$465,000



Our Board of Governors

Mike McCormack mocrown@verizon.net 978-562-1266

Pat Ritter-Waltrup ritterwaltrup@gmail.com 978-562-5227

Klaus Schneller kssmet@verizon.net 978-562-1779 **Diane Bemis** dianegbemis@yahoo.com 978-310-7676 **Alison Towle** alisonjtowle@gmail.com 978-568-0806

This information appears on page 2 in the *Quail Run Directory*.

BOG Monthly Meetings are open to all Quail Run unit owners. Please check for dates and times on the Ouail Run website.

HEALTHY LIVING

by Peggy Rittenhouse

Fall Preventions



Falls cause a major health hazard for older adults. According to the CDC one out of four older adults experience a fall each year. Often seniors who fall experience serious or deadly consequences. Around one million seniors go to the emergency room each year for fall related injuries such as head trauma or broken bones. Fortunately falls can be prevented through a combination of lifestyle changes and home modifications.

- 1. Make an appointment with your health provider to assess your risk and discuss fall prevention strategies such as reviewing the medications that make you feel tired or affect your thinking or coordination.
- 2. Keep moving. Physical activity such as walking, (you don't have to go outside).... just walk around inside going room to room. This exercise as well as water workouts, etc. can go a long way toward fall prevention.
- 3. Wear sensible shoes. Avoid high heels, floppy slippers and any shoes with slick soles. Watch out for the black ice that may form on sidewalks and in shopping center parking lots.
- 4. Remove home hazards. Take a look around your home for potential fall hazards remove boxes in walkway areas, electrical cords, pet toys, shoes that you might take off and leave by the side of your chair and then unexpectedly trip over them when you get up from the chair. And, what do I do about my cat who is often right under my feet maybe tie a little bell around its neck? Secure rugs with double faced tape and use non slip rugs in showers, bath tub and jacuzzi's. Use a bath seat which allows you to sit down while showering and install the grab bars, SO IMPORTANT!
- 5. Light up your living space with night lights in bedrooms, bathrooms and hallways.
- 6. Use assistive devices. Do not be embarrassed to use a cane or a walker to keep you steady on your feet. I often use my trusty walking poles to give me security while I do my walking. Think safety first for both you and your loved ones.



PLAY BRIDGE ON MONDAYS
Community Center
1:00 - 3:00 PM
Contact person:
Theresa Bosio, 978-568-1416

Bifocal "Cheaters"

Many of us have vision that's fine for distance and driving, but need eyeglasses for close-up tasks such as reading. The common solution (short of prescription eyeglasses) is to purchase inexpensive reading glasses (a.k.a., "cheaters") at a retail store.

However, if you're like my wife Cathy, driving presents a challenge: you need bifocals to handle the distance (driving) and close-up (dashboard and phone navigation). If you go to the local retailers, you're unlikely to find "bifocal cheaters". The good news is that they are readily available from Amazon.

Search for "bifocal reading glasses" and the reading strength (e.g., 1.25) and you'll find you can get a 2-pack of glasses for under \$20. These are clear (no correction) on the top, and reading-glass strength on the bottom.

You can even get "transition" glasses (self-darkening) for only a few dollars more.

- Submitted by Dave Bernhart

For Sale /Free

Two oak corner curio cabinets, three adjustable glass shelves, one bottom shelf, glass doors and lighting inside. Dimensions 78" high, 22" wide and 20 1/2" deep. Excellent condition, original cost was \$900.00 each, asking \$400.00 each, or best offer.

Very heavy and sturdy wood ramp for *Free*. This ramp fits over the one step from your garage floor area to the entrance doorframe which leads to your inside hallway. The dimensions are: Width - 40", Length - 71.5". Contact: **Barb Chisholm and Ken Ward**, 978-212-5311.

Free: Three new furnace filters, 16x25x4, call **Arnie Johnson**, 978-568-8586.

Intel: Security Phone Number is 978-553-7733

Quail Run Birthdays

<u> April</u>

Gary Hegan-3 Carolyn Bongiorno-11 Kathy Middleton-11 Sharon Berthiaume-12 David Moore-18 Cheryl Presley Baker-19 Charlie Bosio-20 Marsha Strauss-21 Sue Fox-21 Leonard Novick-27



<u>May</u>

Arnold (Arnie) Johnson-4
Janice Hornberg-7
Roger Montgomery-9
Zainab Mahmod-15
Patricia Ruest-23
Kevin Wentzell-26
Nancy Nykiel-26
Kareen Shaw-27
Herb Johnson-27
MJ Ebens-28
Jeff Coulson-29
Marie T. Mangan-31

To include a birthday, contact your Circle Reporter or the Editor





ROMEO's Retired Old Men Eating Out

Peter Recklet is checking out the options for the next lunch. He will send an email with the details.

Please contact Peter at 978-562-2721 or precklet@live.com if you plan to attend. The group is open to all men at Quail Run.



New Resident Information

Pauline and Ken Sciarappa, 6G Autumn Drive, psciarappa@gmail.com, 508-648-6149 and Ken.sciarappa@gmail.com, 508-614-8122.

Please contact **Marlie Stott**, 978-567-5912 or **Carol Suslowicz**, 978-212-5141 if someone new moves to Quail Run.

Stitch & Knit

The Stitch & Knit Group meets at the Community Center the 4th Tuesday of the month from 2:00 - 4:00 PM. Contact Marie Kapsalis at 978-568-0713.

Curtain Call

Meetings are usually held on the first Tuesday of the month, when members of the group meet and select local theater performances to attend. Please contact me if you would like to be added to the Quail Run Curtain Call Mailing list. Lorraine Cochran,

lorrainecochran@comcast.net, 978-568-0165.

Eye Glass Donations

The Stow Lions Club collects old eye glasses. If you would like to donate, please contact me at 978-568-8586. Thank you!



- Submitted by Arnie Johnson

•

POKER PLAYERS WANTED

Every Monday from 4:00 - 6:00 PM, at the Community Center. Contact **Lenny Suslowicz** at 978-212-5141.

"CONSUMER REPORTS"

For Free At Hudson's Library Website

One benefit of having a library card to the Hudson Public Library, is that you can read and review on-line many magazines and newspapers for free, including *Consumer Reports*.

To access these free periodicals, go to the library website, www.HudsonPublicLibrary.com.

In the header bar, select the *E-Library* dropdown list, and then *Databases*.

To access Consumer Reports, choose the *General* category, then *Consumer Reports*. It will prompt you to enter your library card number, and then the program will take you into their website, where you will have free access to their full content.

For other magazines and newspapers, you should explore the *Databases*' menu further.

- Submitted by Dave Bernhardt

How to Donate Old Clothes and Linens

Did you know that as of last November 1 it is now against the law in Massachusetts to throw out old clothing and linens in the trash? This is because Massachusetts collectively disposes of about 230,000 tons of textiles in the trash each year and the Commonwealth needed to find ways to reduce how much ends up in landfills.

I knew where to donate old clothes that don't fit but was stumped about what to do with something torn or stained, I decided to do some research. I discovered that 85% of all types of textile items can be recycled. These items do not need to be in perfect condition. They can have stains, rips, missing buttons or broken zippers. The only caveat for them to be recycled is that they need to be clean and not oily or moldy. The list of recyclable textiles includes anything from clothing, e.g. shirts, sweaters, pants, underwear and socks, to footwear, e.g. sneakers, sandals, cleats, flip flops, to accessories, e.g. bags, belts, hats, and to linens, e.g. sheets, pillows, towels, curtains, table clothes and napkins.

(How to Donate Old Clothes and Linens continued)

These items are valuable because they can be baled and sold to brokers who sell them to overseas markets where they are repaired and resold. Also, they can be sold to companies that make industrial wiping cloths or sold to fiber converters who make them into things like insulation, carpet padding, or soundproofing materials.

Putting them in the weekly recycle container is **not** an option. You must recycle them in a specific textile recycle box. In Hudson we have a great option that will also help our public schools.

Hudson had already teamed up with **Bay State Textiles** before the new law was implemented and there are recycle boxes located at all Hudson Public Schools. Bay State Textiles is a no cost program and reimburses participating school districts for all goods recycled. They will accept your textiles in any condition, as long as it is clean, dry and in a bag!

So next time you're getting ready to clean out your drawers or closets, don't throw those mismatched socks or the placemat with the ketchup stain in the trash. Please drop it off at the big white Bay State Textiles collection box in the parking lot at one of the following schools:

- 1. Forest Avenue Elementary School, 138 Forest Ave.
- 2. Farley Elementary School, 119 Cottage Street
- 3. Mulready Elementary School, 306 Cox Street
- 4. Hudson Middle School, 201 Manning Street
- 5. Hudson High School, 69 Brigham Street
- Submitted by **Sue Lalli**

New Advertiser - Hudson Painting

Peter Chartrand comes with over twenty years of experience. He offers interior painting and can also provide you with wallpaper removal.





March - April Board of Governors (BOG) News



Welcome to Spring!

Time for spring flowers, apple and pear blossoms, and singing birds.

The Board of Governors election is scheduled for May 18th. Diane Bemis' and Pat Ritter-Waltrup's positions are up for reelection. Details regarding nomination forms, timeframe for voting, etc. will be forthcoming.

Thanks so much to the Building and Grounds Committee members for walking our property in October and noting their findings. The findings of the inspection were summarized and items needing attention will be addressed. One item mentioned by multiple people was the rusted gas line pipes. Painting these is not in the budget, but the Board will take this under advisement. It was also noted that our grass has issues in multiple areas. As you may recall we had no irrigation for the last two years due to The Town of Hudson water restrictions. We will have to wait to see what the Town does this year.

In follow-up to the survey regarding limiting the number of rental/leased units the Board has reviewed and approved the legal changes to the Master Deed. A letter will be forthcoming shortly asking all unit owners if they support the proposed change to the Master Deed. A 67% approval of unit owners is required to move forward.

The Community Center carpet and upholstery cleaning is complete. S. K. Forbes General Contractors has made repairs to the side of the Community Center damaged by the CleanPro employee.

Thiago's Painting will paint the base of the mailbox kiosks. They will also be painting the siding on the 1, 2, and 3 Autumn Drive buildings in the late spring. These projects are weather dependent. The goal is to paint our buildings one section at a time.

S. K. Forbes General Contractors has replaced all the wood shingles on these three buildings as well as made all repairs to the siding. They also replaced damaged siding on the front of 1E Autumn and installed a diverter above the kitchen window. The damage was caused by the gutter overflowing.

S. K. Forbes General Contractors repaired the damage caused by a gutter overflowing at 4B Autumn. Water had infiltrated the fireplace vent and had run down the fireplace into the basement. The floor under the fireplace was replaced, new insulation was installed, and a diverter was installed over the fireplace vent.

Kraft Power will be removing and repairing or replacing the backup generator's radiator. The radiator is at the end of its life span. We are waiting for an early spring date for this to occur.

Let us hope we have a good spring season, and the weather doesn't quickly turn into summer.



Donations - Vietnam Veterans of America

- Easy on-line scheduling for home pickups at vva.org, or you can call them directly for scheduling at the following number: 1-800-775-8387
- Tax deductable receipt given to you on pick up day
- Wide range of acceptable donations: clothing, household items, toys, electronics, books, sporting equipment, small furnishing (mirrors, nightstands, office chairs, etc.), bikes, musical instruments, small appliances and so much more.

They only accept items that are small and light enough for one person to easily lift and carry to their truck.

- Submitted by Barb Chisholm and Ken Ward



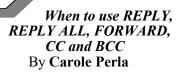
May 5th



The group meets every Friday from 10:00 -12:00, at the Community Center.

Contact person is **Dave Sanderson**, 978-212-5655.







This is a repeat of an article that was previously in the Quail Runner. The

reason for the repeat is that some people are still using Reply All instead of Reply when sending a response to the person who wrote the email and was requesting a reply. It is not fair to everyone else on the list to receive vour response.

Below is the meaning of/and when to use the following:

- -CC:
- -BCC:
- -Forward
- -Reply
- -Reply All

CC = CC (Carbon Copy) is used when everyone receiving the email sees all of the recipients. Everyone's email address will be visible.

BCC = BCC (Blind Carbon Copy) is a way of sending emails to multiple people without them knowing who else is getting the email. Any email addresses in the BCC field will be invisible to everyone else on the email.

FOWARD = Open the email message you want to send to another person.

REPLY = Use Reply when you only want to send your message to a single person in an email thread -either the original sender of the email or the last person to reply in the thread.

REPLY ALL = **Do not use Reply All!** It is very annoying to see a list of multiple emails when they have only to do with the sender.

If you are unclear about the above descriptions, please do a google search for any one of the topics.





May 14th



Amanda Boudreau Owner/Operator

40 Washington st. Hudson, MA 01749

978-562-3800 Aboudreau@kithandkinhudson.com

Laughing is a good thing......

I woke up this morning determined to drink less, eat right and exercise, but that was four hours ago when I was younger and full of hope.

My wife came home from Walmart complaining about the cashier being a real pain. I asked her if she was at the self checkout and that's when she hit me.

There is a fine line between a numerator and a denominator.

My wife asked if she could have a little peace and quiet while she cooked dinner, so I took the batteries out of the smoke alarm.

Anyone who says their wedding was the best day of their life has clearly never had two candy bars fall down at once from the vending machine.

Apparently exercise helps you with decision making. It's true. I went for a run this morning and decided I'm never doing that again.

- Submitted by **Kevin Fitzgerald**

Play **Pitch** on the first, second and third Tuesday of each month, 1:00 to 3:00 PM.

Contact person:

Eileen Devlin 978-310-7384





P: 978.562.5309 P: 877.7CHAVES

F: 978.562.1026

15 Bonazzoli Avenue Hudson, MA 01749 www.chaveshvac.com

From My Kitchen To Yours

Not All Induction Cookware Is the Same!

Some QR readers may recall my article in a past edition, where I raved (ranted?) about my affection for our induction range. Having lived with it for eight years now, I am no less enthusiastic about induction. Many of you may have seen the recent news reports touting the advantages of induction over electric or gas ranges in energy efficiency, safety, and home air quality.

In those eight years, I've also learned that not all induction-ready cookware is the same. There are some excellent products and there are some mediocre ones too. We started our induction cooking experience with Swiss Diamond's non-stick induction-ready cookware. We quickly learned that our range didn't recognize the size of the pan. The range thought the pan was smaller than it is. Some "burners" only accepted over-sized pans. This was frustrating. We also learned that the pans heated very non-uniformly, (e.g. lopsided or with hot-spots).

We have a few pieces of Calphalon non-stick stainless induction-compatible cookware that are better than Swiss Diamond in both regards. We then discovered a HexClad non-stick sauté pan that blows the others away! The HexClad pan will heat a cup of water in half the time that the Swiss Diamond does. Why? More iron in the cookware to couple magnetically to the cooktop, and the iron's placement within the pan is more effective at heating the whole pan.

Consumer Reports to the rescue! In November 2021, Consumer Reports did a Cookware Buying Guide (to read the article for free, go the Hudson Public Library website), and for the first time that I know of they reviewed induction cookware. LeCreuset was rated very highly (...as it should be given the very high price for their cookware!), and the saute and fry pans that we purchased have lived up to the hype. The pans heat very uniformly, and in half the time of our other cookware. Downside of LeCreuset frypans is that they don't sell glass lids (however, we found that lids from other manufacturers work adequately). Oxo's Ceramic Pro non-stick cookware got similar high ratings, for a much smaller dent in your wallet. We haven't ventured to try them.

- Submitted by Dave Bernhardt

QUAIL RUN LIBRARY

The Community Center Library is open. Please use the baskets when returning the books to the library. Contact person: **Alison Towle**, 978-568-0806.

JULIETS NEWS

April 18, Tuesday at 12:30, 110 Grill, 60 Highland Commons East, Berlin, separate checks. Contact: **Sally Mauro**, 978-568-0821

May 18, Thursday, at 12:30, Olive Garden, 728 Donald Lynch Blvd, (road to Solomon Pond Mall), Marlboro, separate checks. Contacts: **Alice Gagne**, 508-653-0381 or **Theresa Bosio**, 617-650-9536

Sign-up sheets are available in the Community Center.



Steven Lipsitt, Music Director Join us in celebrating our 85th Season

Sunday, May 21, 2023, 4:00 PM Keefe Tech Regional High School, Framingham Let All the World Sing

Featuring

Ralph Vaughan Williams: Five Mystical Songs Antonín Dvořák: Mass in D Soloist: David McFerrin, baritone The Online Box Office will open in May.

For more information contact **Elaine Recklet** at 978-562-2721, or erecklet@comcast.net



Hudson Happenings



Hudson Spring Markets

Saturdays, April 15 and May 20 10:00 AM – 2:00 PM Hudson Town Hall Driveway

The Assabet Valley Chamber of Commerce will sponsor two Spring Markets which they advertise as "a Farmers' Market without abundant produce". Typically, you can find fresh bread and pies, dog treats, maple syrup, jams, honey, hot sauce, extracts, rubs, and fish and meat. Local makers also offer soap, cards and candles. The Spring Markets are held rain or shine. To see more details, check their Facebook page at: hudsonsfarmersmarket.

FYI: Their weekly Farmers Markets will begin in June and be held every Tuesday from 3:30 PM to 6:30 PM.

Free Shredding Events

Avidia Bank will offer three free shredding events in April and May. All will take place on Saturday morning from 9:00 AM - Noon as follows:

April 22: Northboro branch at 53 West Main Street (Route 20)

May 6: Hudson Avidia Financial Center on Pope Street

May 27: Clinton branch at 1073 Main Street



Rick Mitchell Window Cleaning Service Fully Insured

Call for a Free Quote 978-430-4523

rmitchell82@comcast.net



ArtsFest Hudson

Saturday, May 6, 11:00 AM – 4:00 PM (Raindate: Saturday, May 13) Main Street

Sponsored by the Hudson Downtown Business Improvement District (BID), ArtsFest Hudson will be back for a fourth year. According to the BID's website, ArtsFest is an event to celebrate art in the community featuring local arts and craft vendors and a full schedule of live performances and entertainment. For more details go to discoverhudson.org and click on Celebrate.

Household Hazardous Waste Collection Day

Saturday, May 13 860 Boston Post Road, Marlboro (Easterly Wastewater Treatment Facility)

The Town of Hudson along with the City of Marlborough offers residents a Fall and Spring collection event each year. This event is FREE of charge for Hudson and Marlboro residents ONLY who must be prepared to show proof of residency. Check the Hudson Board of Health website at townofhudson.org/health-department for exact time and details of what is accepted.

- Hudson Happenings submitted by **Sue Lalli**

QUAIL RUN BOWLERS

If you are interested in bowling, we bowl at the Acton Bowling Lanes every Wednesday morning.

Please call **Carole Mahoney**, 508-746-8635 or **Donna Milot**, 978-618-9631 for more information.

Players meet at the Community Center, Wednesday and Friday at 1:30 PM.

Contact person: **Pat Trask**, 978-212-5201.





Soup Night and Winter Birthday Celebration At The Community Center

MaryEllen Moynihan, Sherry Schneller, Clare Moschella, Sherrie Jacobs, Ron Ruest Front row: Lee Jacobs

Happy Birthday

Spring is Coming

- 1. How do you know flowers are friendly?
- 2. What does winter fat turn into?
- 3. What goes up when the rain comes down?
- 4. Why couldn't the flower ride the bike?
- 5. What kind of garden does a baker have?



- Answers on page 11

Springtime Word Search

L	0	Q	0	W	Y	₿	P	C	L	J	R	N	S	Н
L	Т	K	В	L	U	E	5	K	У	P	K	R	M	F
y	0	J	G	Н	у	٧	T	D	Н	٧	Ε	R	N	у
N	5	С	R	W	A	5	W	Q	Ν	M	A	A	K	A
Z	Ε	T	P	A	T	P	P	0	Т	Ε	Н	٧	C	A
Ρ	R	5	R	C	D	Х	P	L	Ε	Χ	Ι	U	W	E
L	U	W	Ε	E	U	0	0	Ι	0	Ν	F	R	Н	N
A	Т	5	I	T	A	٧	P	A	Ν	W	U	У	P	Z
У	N	Ι	G	K	E	М	F	C	С	E	Ε	5	5	E
Ι	E	P	Ρ	P	A	R	N	G	Z	Ι	5	R	В	T
у	٧	K	N	T	E	٧	N	6	K	٧	L	5	5	R
Q	D	Χ	Н	Ε	W	Ι	L	D	L	Ι	F	Ε	A	M
٧	A	J	D	6	Q	A	E	K	K	P	E	0	Т	P
C	В	0	T	y	L	C	D	J	U	0	N	U	0	٧
F	M	N	0	Ι	Т	A	C	A	٧	y	0	х	T	S

PRIENDS
SUN
BLUESKY
FREEDOM
WILDLIFE
PEACE
STREAM
FLOWERS
INSECTS
HAPPINESS
LOVE
VACATION
PLAY
JOY
ADVENTURES

Condo care

"Hints and Tips"

Does your post office box key get stuck in your mail-box? Spray a little WD-40 on the key and lock, this might save you the replacement fee of purchasing a new lock and keys from the post office, which will cost you \$35.00!

- Submitted by Carole Perla

Words of Wisdom



Live without pretending

Love without depending

Listen without defending

Speak without offending

Funnies....

I hate it when people use big words just to make themselves sound perspicacious.

If tomatoes are technically a fruit, does that make ketchup a smoothie?

Money is the root of all wealth.

No matter how much you push the envelope, it'll still be stationery.

My wife got 8 out of 10 on her driver's test -- the other two guys managed to jump out of her way.

Hospitality is the art of making guests feel like they're at home when you wish they were.

Every time someone comes up with a fool proof solution, along comes a more-talented fool.

Behind every great man is a woman rolling her eyes.

Harry Truman said that behind every successful man is a surprised mother-in-law.

- Submitted by **Pat Ritter-Waltrup**

Town of Hudson Municipal News Spring Town Meeting and Elections

Key Dates:

April 21, 2023: Last day for new residents to register to vote for May Town Meeting and May Election

April 24 - 28 and May 1 &2: In-Person early voting at Town Hall from 8:30 AM – 4:30 PM

May 1, 2023: Annual Town Meeting, 7:30 PM at Hudson High School

May 8, 2023: Annual Town Election (FYI: Residents of Quail Run are in Precinct 5 and vote at the Hudson High School)

Among the offices on the ballot are: Select Board, Town Moderator, School Committee, Trustees of Benevolent Funds, Municipal Light Board, Park Commission, Board of Health, Library Trustee, Planning Board, Cemetery Commission, Constable, Board of Assessors and Vocational Regional District School Committee Member.

Keeping Informed:

For more information or questions about Voting or the Town Meeting, contact the Town Clerk's Office at 978-568-9615 or go to the Town Clerk's website at townofhudson.org/town-clerk.

To keep up-to-date with news from Town Hall, go to the town website at townofhudson.org and click on the STAY INFORMED button in the banner on the top of the page. You then add your email address and then can click on the notifications that you wish to receive such as Urgent Town Alerts, the Senior Center Newsletter or announcements from any Town Boards or Departments that you wish to keep informed about.

The Community Advocate is a weekly newspaper published on Friday and includes local municipal and business news, school & sports updates, obituaries and human-interest features. It is available on-line at communityadvocate.com. You may also sign up on-line to receive the Marlborough/Hudson edition emailed to you by clicking on the Free Subscription button.

- Submitted by Sue Lalli

The Social Committee

Progressive Dinner Event

* How It Works *

For those of you who have not attended our event in the past, here is how it works:

We gather at the Community Center at 6:00 PM for appetizers and the host/hostess house assignments. This is done by random drawings of names. Around 6:45 PM we head to our assigned houses for the main course. After dinner we all go back to the Community Center for dessert. The menu for the evening has been chosen by the Social Committee and each host /hostess is given a copy of the menu about a week prior to the dinner. Two bottles of wine are given to each host/hostess who will be reimbursed for all expenses for the meal. The Committee provides both the appetizers and the desserts.

If you have any questions, please call **Marlie Stott** at 978-567-5912. Hope you can attend this great event!

Social Committee Plan Ahead Schedule



Birthday Party and Game Night, Saturday, April 1, 7:00 - 9:00 PM \$3.00 per person, BYOB

Community Coffee, Saturday, May 6, 9:30 - 11:00 AM, \$2.00 per person

Progressive Dinner Event, Saturday, May 13, 6:00 PM, \$10.00 per person. This is a *PRE-PAID EVENT*.

Spring is Coming Jokes, answers from page 10.

- 1. They always have new buds
- 2. Spring rolls
- 3. Úmbrellas
- 4. The flower lost its petals
- 5. A flour garden







The Book Club Group meets the last Wednesday of each month. For the time and location of the next meeting, contact **Phyllis Novick** at phyllisnovick8@gmail.com, or at 978-621-3993.

April: All the Children are Home by Patty Francis

May: Lillian Boxfish Takes a Walk by Kathleen Rooney

June: Horse by Geraldine Brooks

- Submitted by Phyllis Novick

In Memory

Richard Ebens of Autumn Drive

John Kim of Strawberry Lane

Evelyn Spears of Strawberry Lane

May 29th





600 WORCESTER ROAD LOWER LEVEL 1 FRAMINGHAM, MA 01702 TEL: 508-872-6679 FAX: 508-879-8100 MEDICAL BUILDING 159 UNION ST., SUITE 102 MARLBORO, MA 01752 TEL: 508-481-0610 FAX: 508-481-7542

490 SHREWSBURY STREET SUITE 2 WORCESTER, MA 01604 TEL: 508-755-1391 FAX: 508-363-4019

Nickels Game Night

Every Tuesday at the Community Center, 7:00 - 9:00 PM.

Contact person:

Marlie **Ŝtott**, 978-567-5912



The UPS Store - Hudson 10 Technology Drive Hudson, MA 01749 Email: Store5001@theupsstore.com

Tel: 978-568-1786, Fax: 978-568-1788 M-F: 8:00 AM - 6:30 PM, Sat: 9:00 AM - 5:00 PM Sun: 10:00 AM - 3:00 PM Copies, Fax & Printing, Greeting Cards, Office Supplies, Scanning, Shredding, Stamps, Notary Services

Polar Bear Dinner Pictures











