



The Quail Runner




For and By the Residents
of The Villages at Quail Run



May - June 2023

Began Publishing 2003
www.QuailRunHudson.com

Hudson, Massachusetts

 <p>UPCOMING EVENTS</p> <p>Strawberry Social</p> <p>Date: <u>Friday, June 9</u> Where: <u>The Community Center</u> Time: <u>7:00 PM</u> Cost: <u>\$5.00 per person</u> A sign-up sheet is posted at the Community Center, please sign up prior to June 6. Contact person: Marlie Stott, 978-567-5912. Please note this is a Friday Night Event.</p> <p>BBQ Event</p> <p>Date: <u>Monday, July 17</u> Where: <u>Tackle Box Brewery, 416 Boston Post Road East, Marlboro</u> Time: <u>5:00 PM</u> Cost: <u>\$25.00 per person</u></p>	<p>Contents</p> <p>Birthdays - 4 Book Club - 10 BOG - 2, 6 Bridge Games - 3 Condo Care - 9 Cribbage - 10 Curtain Call - 4 Donations - 4, 9 Editor's Desk - 2 For Sale/Free - 5 Healthy Living - 3 Hudson Happenings - 8 Juliet's - 7 Mahjong - 9 New Residents - 4 Nickels - 10 Pitch - 5 Poker - 4 QR Bowlers - 9 QR Communications - 2 QR Library - 7 QR Real Estate - 2 QR Social Comm. - 1, 7 Quail Runner Staff - 2 Romeo's - 4 Senior SAFE Program - 3 Stitch & Knit - 4 Summer Events and Shows - 5</p> 																				
<table border="0"> <tr> <td>Menu:</td> <td>Activities:</td> </tr> <tr> <td>Garden salad</td> <td>Corn Hole</td> </tr> <tr> <td>Rolls & butter</td> <td>Ping Pong</td> </tr> <tr> <td>Potato salad</td> <td>Two Pool Tables</td> </tr> <tr> <td>Corn on the cob</td> <td>Shuffleboard</td> </tr> <tr> <td>Quarter Rack of ribs</td> <td>Darts</td> </tr> <tr> <td>4 oz. chicken breast</td> <td>Large Connect -</td> </tr> <tr> <td>Dessert</td> <td>Four Game</td> </tr> <tr> <td>Coffee, water, soda</td> <td>Large Jinga Game</td> </tr> <tr> <td>Beer and Seltzer for sale</td> <td></td> </tr> </table> <p>YOU CAN NOT BYOB</p>	Menu:	Activities:	Garden salad	Corn Hole	Rolls & butter	Ping Pong	Potato salad	Two Pool Tables	Corn on the cob	Shuffleboard	Quarter Rack of ribs	Darts	4 oz. chicken breast	Large Connect -	Dessert	Four Game	Coffee, water, soda	Large Jinga Game	Beer and Seltzer for sale		<p>This is a PRE-PAID EVENT. Checks must be made out to Barbara Baker.</p> <p>Drop off your check to Bonnie DeRusha, 8A Strawberry Lane, and leave it in the box on her porch.</p> <p>Your check for \$25.00 per person must be dropped off to Bonnie by July 10! Please include name(s) of attendee(s) in the memo section of your check.</p>
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 <p>A huge thank you goes to Pat Ritter-Waltrup for her twelve years of dedication and hard work as a volunteer member of the Board of Governors for our Quail Run Community!</p>	<p>Thursday, June 15, 6:30 PM at the Community Center.</p> <p>Read more information on page 3</p> <p>Board of Governors News Page 6</p>																				

The Quail Runner Staff

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 2/4 Strawberry **Nicole Baker**
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 6/8 Strawberry **Clare Moschella**
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 4/6 Rotherham **Harry Morgan**

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 Healthy Living: **Peggy Rittenhouse**

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Quail Run Email Communications: **Yossi Elaz**
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Cathy Bernhardt
 Quail Run Email List: **Carole Perla**
 Quail Run Website: QR liaison **Sally Mauro,**
 Webmaster, **Mark Reid**

Newsletter Published the last week of January,
 March, May, July, September and November.

Newsletter Article Deadlines: articles must be sub-
 mitted to the QR editor by the 23rd of the month listed
 above to be included in the newsletter.

**You can view all the back issues of the Quail
 Runner Newsletter on:**
www.QuailRunHudson.com

Vacation Delivery

Give your Circle Reporter or the Editor a long
 envelope with two first class stamps, and print
 your name and vacation address on the envelope.
 Or you can view all published issues online at:
www.QuailRunHudson.com

Editor's Desk, Kareen Shaw



Congratulations goes to **John DeRusha**
 of 8A Strawberry Lane, as the newly
 elected member to the Board of
 Governors at Quail Run!

Martha and Tammy Plaza have been very, very busy
 trimming, weeding and planting flowers in the 2-4
 Strawberry Lane Circle. Thanks so much to both of you
 for doing a great job for all to see and enjoy in the
 months to come.

It is time again to update the Quail Run Directories. See
 page 10 for details for upcoming deadlines for any
 changes related to your information in the directories.

As a reminder, please do not place your *trash and
 recycle bins* out on Monday night if there is a high wind
 warning. When your recycle bins tip over, all your trash,
 empty water bottles, discarded boxes and newspapers,
 etc., blow into many other yards and flower gardens.
 Please be considerate to your neighbors, and wait to put
 the bins out on Tuesday after the winds die down at QR.
 Please make sure that the wheels of your bins are resting
 against the curb, which will assist in the pickup of your
 bins by the trash company.

If you shop or use the services of **any** of our newsletter
 advertisers, **please** let them know you saw their ad in
 our *Quail Runner Newsletter*, thank you.

Real Estate at Quail Run

For sale - contingent: 1E Strawberry
 Lane, A Style, \$459,000



For sale: 4C Autumn Drive, A Style,
 \$439,900

Our Board of Governors

Mike McCormack mocrown@verizon.net 978-562-
 1266

John DeRusha derush@aol.com 508-481-6315

Klaus Schneller kssmet@verizon.net 978-562-1779

Diane Bemis dianegbemis@yahoo.com 978-310-7676

Alison Towle alisonjtowle@gmail.com 978-568-0806

This information is on page 2 in the *QR Directory*.

*BOG Monthly Meetings are open to all Quail Run
 unit owners. Please check for dates and times on the
 Quail Run website.*

HEALTHY LIVING

by Peggy Rittenhouse

What do you call that sweet, fizzy carbonated drink? Is it Pop or Soda?



Well, I grew up in the Midwest and in Minnesota we called it “pop” and when I moved East it was called “soda”, and it was very hard to get used to calling it soda. However, some people today still call it “tonic”.

Whichever side you are on, there’s one thing that’s not up for debate and that is soda is not good for your health. It contains no essential nutrients - no vitamins, minerals or fiber - and regular soda is full of sugar.

Drinking sugary soft drinks has been linked to obesity, type 2 diabetes, weight gain, fatty liver disease and an increased risk of heart disease and cancer. To make matters worse, the sugar and acid in soda can do a job on your smile. This is from the acids in the drink which erode and reduce the hardness of the enamel that protect your teeth and leads to tooth decay.

Regular soda is packed with sugar. A 12 ounce can of soda usually has between 7-10 teaspoons of sugar! Does drinking diet soda help? Apparently not much, as artificial sweeteners also contribute to weight gain, increased hunger and diabetes according to the prestigious Cleveland Clinic in Ohio.

So how do you kick your soda habit? You can try sparkling water, flavor your water with slices of fruit like strawberry or lemon or any other fruit, or just get used to drinking plain water, black coffee, or tea!



If you can’t stop cold turkey, at least try tapering off of these beverages gradually.

Obviously, water is what the body needs most because the body is made up of about 60% water.



PLAY BRIDGE ON MONDAYS
Community Center
1:00 PM - 3:00 PM
Contact: **Theresa Bosio**,
978-568-1416

Senior SAFE Program



When: Thursday, June 15 at 6:30 PM
Where: Quail Run Community Center

You are invited to attend a very special presentation to be given at Quail Run by members of the Fire Prevention team from the Hudson Fire Department.

The **Senior SAFE (Senior Awareness of Fire Safety) Program** was created in 2014 by the Massachusetts State Legislature to address fire and life safety for older adults. It provides funding to local fire departments to provide education that addresses the unique risks that face Seniors. Sadly, the risks of fire and injury increase as we age and a fall, a burn, or a fire can be devastating. Thus, it is important to learn and make changes so we can stay at home independent and safe.

The Fire Prevention team plans to help us at Quail Run by discussing:

- * trip and fall hazards
- * cooking safety tips
- * electrical safety tips

They will also explain the importance of having:

- * an up-to-date File of Life magnet
- * working smoke and CO detectors and knowing when and how to replace them
- * some form of life alert system

Since small changes can make a big difference, I sincerely hope that you will attend this presentation.

For planning purposes, we need to know how many are attending. If you want to attend, please contact me via email at lalli14@verizon.net or call 978-212-5352 before June 11.

- Submitted by **Sue Lalli**

Intel: Security Phone Number is 978-553-7733

Quail Run Birthdays

June

- Sharon Simpson-1
- David Bernhardt-2
- Ray Samra-4
- Jodi Shulman-4
- Harold "Ted" Baker-5
- George Shaw-5
- Bernie Strauss-6
- Bonnie DeRusha-7
- Susan Bohall-7
- Mary Lewis-7
- Marlynn Stott-8
- Lee Rouse-8
- James Donato-9
- Bev Minot-12
- Nancy Reid-18
- Christopher Garrity-19
- Lelah Willoughby-23
- Bill Dome-24
- Carole Mahoney-25
- Brenda Ferri-27
- Dottie Baxter-29
- Ken Sciarappa-30
- Trudy Durand-30



To include a birthday, contact your Circle Reporter or the Editor

July

- John Smith-1
- Jim Bucceri-4
- Barbara Edelstein-8
- Phyllis Novick-12
- JoAnn Woodland-17
- Nancy Johnson-18
- Adele Fontana-24
- Ginnie Samra-27
- Ruth Durand-29
- Pauline Sciarappa-31

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Diane Johnson

ROMEO's

Retired Old Men Eating Out

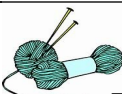
Peter Recklet is checking out the options for the next lunch. He will send an email with the details.

Please contact Peter at 978-562-2721 or precklet@live.com if you plan to attend. The group is open to all men at Quail Run.



New Resident Information

Please contact Marlie Stott, 978-567-5912 or Carol Suslowicz, 617-957-2693 if someone new moves to Quail Run.



Stitch & Knit

The Stitch & Knit Group meets at the Community Center the 4th Tuesday of the month from 2:00 PM- 4:00 PM. Contact: Marie Kapsalis at 978-568-0713

Curtain Call

Meetings are usually held on the first Tuesday of the month, when members of the group meet and select local theater performances to attend. Please contact me if you would like to be added to the Quail Run Curtain Call Mailing list. Lorraine Cochran, lorrainecochran@comcast.net, 978-568-0165.



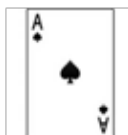
Eye Glass Donations

The Stow Lions Club collects old eye glasses. If you would like to donate, please contact me at 978-568-8586. Thank you!



- Submitted by Arnie Johnson

POKER PLAYERS WANTED



Every Monday from 4:00 PM - 6:00 PM, at the Community Center. Contact: Lenny Suslowicz at 617-669-6986

Summer Cruise Nights/Shows

Summer is here and that means the Summer Cruise Nights/Shows are happening. Here's a list of some that are easy to get to. Some are held all summer and some are one day only.

Marlborough Main Street Car Show

When: Sunday, June 5
(Rain date: June 18)
9:00 AM – 2:00 PM



After a two-year break due to COVID19 the United Brethren Masonic Lodge is holding the 12th annual Main Street Marlborough car show. Admission is free for spectators and you can plan to enjoy over 300 classic cars, oldies music and great food.

Hebert Candy Mansion

574 Hartford Turnpike (Route 20), Shrewsbury
When: Thursdays, June – September
5:00 PM

They say this is the longest running cruise night in Massachusetts. It is held every week and you can enjoy seeing some awesome cars, listen to oldies music, and enjoy delicious ice cream or chocolates. Shows are not held in inclement weather. Check their website at: <https://www.hebertcandies.com>

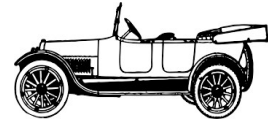
Kimball Farm

1543 Lunenburg Road (Rt. 70), Lancaster
When: Fridays, May – October
5:00 PM

See as many as 350 antique and unique cars from Model T's to Corvettes plus enjoy oldies music and trivia games. If you are hungry, you can enjoy supper from their delicious Grill & Seafood Shack and their legendary ice cream. Check their website and Facebook page at: www.kimballfarm.com



Kidde-Fenwal



400 Main Street, Ashland
When: Saturday, September 9
9:00 AM – 2:00 PM

This will be the 10th annual car show sponsored by the employees of Kidde-Fenwal and its Relay for Life Team. Last year over 300 cars attended the show. In addition to the cars, there will be a DJ, a live band, and light snacks and drinks will be for sale.

- Submitted by **Sue Lalli**

For Sale /Free

Free: 30" Round Bistro Patio Set with three chairs.
Contact **Arnie Johnson**, 978-568-8586.

Best Offer: Brunswick "Contender" 8 foot slate pool table in perfect condition.
Contact **David Weintraub**, 5B Autumn Drive, 978-212-5142, or at DNWeintraub1@aol.com.

WISHES FOR A FAST RECOVERY



Beverly Duncan of Autumn Drive is recovering at a rehabilitation center in Littleton. Anyone wanting to contact her or send cards wishing her a speedy recovery, her address is Life Care Center of Nashoba Valley, 119 Foster St., Littleton, MA, 01460.

Play **Pitch** on the first, second and third Tuesday of each month, 1:00 PM - 3:00 PM. Contact: **Eileen Devlin**, 978-310-7384.



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May - June Board of Governors (BOG) News



In preparation for painting, S. K. Forbes General Contractors has made all repairs to buildings 1, 2, and 3 Autumn. Scott Forbes also replaced all the fish scale shingles. Thiago's Painting will paint buildings 1-3 Autumn Drive this spring. They have started on #1 Autumn. Thiago's painting will also paint the base of all the mailbox kiosk before leaving.

The amendment to the Master Deed restricting the number of rentals to six has been reviewed by the Board. The Board spoke via phone to our attorney to answer questions pertaining to the content. One change has been made to the amendment. The Board approved the proposed amendment. Gina from The Dartmouth Group has sent all unit owners a copy of the amendment along with a ballot. She has also sent the documents via US mail. Unit Owners have been slow to respond in returning their ballots. Volunteers from the community have gone door to door to drop off copies of the amendment and ballot. To date we have not received enough ballots back for a Quorum of 67% as required by the VQR master deed. Please take the time to vote (for or against) so we can have closure on this issue.

The tree arborist Scott Mooney has pruned the trees behind 4 Autumn Drive and placed the debris in the woods. This will allow airflow to circulate behind the building.

Scott Forbes General Contractors has repaired the rear wall of the community center that was damaged by a CleanPro employee's car. The cost has been covered by the car owner's insurance policy. Painting was done by Scott Forbes to complete the repair using paint that was in the storage room of the Community Center.

The backup generator that powers the pump house in case of a power failure had a leaking radiator and a failing water pump. Kraft Power Corp removed and inspected the radiator and was able to repair it. The radiator has been reinstalled along with a new water pump.

The board has received and approved proposals for paving the 5-7 Autumn Drive circle and approved paving at the top of the circle at 6-11 Autumn Drive (no driveways will be paved at this time). There is

water coming from Intel between the buildings at 6 and 11 Autumn Drive which will be fixed by Ellingwood Construction before paving starts. The drainage and paving will be done this year. It is anticipated that all of Autumn Drive will be paved in 2024.

J&J landscaping has completed the first lawn fertilizer application and brought up the irrigation system. Mulching has also been completed. A F.C. Carias Irrigation Inc. specialist is on site to fix broken irrigation heads and install backflow valve replacements where required. Hopefully we will be able to enjoy the benefits of our irrigation system before a water ban occurs.

The retention pond behind the pump house (at the bottom of the hill by Marlboro Street) needs to be cleaned out and the fence around it fixed in order to receive any discount from the Town of Hudson for storm water control. Arrow Fence has repaired the fence and gate. We will wait to see if the Town of Hudson has any requirements for the retention pond area on our property.

The Board of Governors held the 2023 annual meeting of the membership in the Community Center. The Board of Governors and the Dartmouth Group would like to thank those who were able to attend the event. The annual meeting presentation was sent out to all owners. There was an annual election and there has been a change in the Board of Governors. John DeRusha of 8A Strawberry Lane and Diane Bemis of 3A Autumn Drive have been elected to the Board of Governors for a two-year term.

The Board would like to say **THANK YOU** to **Pat Ritter-Waltrup** for not only her twelve years of service on the Board of Governors but for the "behind the scenes" support and dedication to the community of owners. The Dartmouth Group and the Board of Governors will miss working with Pat and appreciate everything she has done for the Villages at Quail Run.



Amanda Boudreau
Owner/Operator

40 Washington st.
Hudson, MA 01749

978-562-3800
Aboudreau@kithandkinhudson.com

Questions That Keep Me Awake At Night

1. Why is the third hand on the watch called the second hand?
2. If a word is misspelled in the dictionary, how would we ever know?
3. If Webster wrote the first dictionary, where did he find the words?
4. Why does "slow down" and "slow up" mean the same thing?
5. Why does "fat chance" and "slim chance" mean the same thing?
6. Why do "tug" boats push their barges?
7. Why do we sing "Take me out to the ball game" when we are already there?
8. Why are they called "stands" when they are made for sitting?
9. Doesn't "expecting the unexpected" make the unexpected expected?
10. Why are a "wise man" and a "wise guy" opposites?
11. Why is "phonics" not spelled the way it sounds?
12. If work is so terrific, why do they have to pay you to do it?
13. If you are cross-eyed and have dyslexia, can you read all right?
14. Why do you press harder on the buttons of a remote control when you know the batteries are dead?
15. How come abbreviated is such a long word?
16. Why do we wash bath towels? Aren't we clean when we use them?
17. Why doesn't glue stick to the inside of the bottle?
18. Why do they call it a TV set when you only have one?

- Submitted by **George Shaw**

QUAIL RUN LIBRARY

The Community Center Library is open. Please use the baskets when returning the books to the library. Contact person: **Alison Towle**, 978-568-0806.

JULIETS NEWS



June 13, Tuesday, at 12:30, Evviva Trattoria Restaurant, 5 Digital Way, Maynard, separate checks. Contacts: **Janet Bucceri**, 978-310-7943 and **Diane Stronach**, 978-212-5838.

July 20, Thursday, at 12:30, at Not Your Average Joe's, 305 Main St., Acton, separate checks. Contacts: **Donna Milot**, 978-618-9631 and **Kathy Middleton**, 978-443-3846.

Sign-up sheets are available in the Community Center.

**Social Committee
Plan Ahead Schedule**



Community Coffee, Saturday, June 3, 9:30 AM - 11:00 AM, \$2.00 per person

Strawberry Social, Friday, June 9, 7:00 PM - 9:00 PM, \$5.00 per person

BBQ Event, Monday, July 17, 5:00 PM, \$25.00 per person. This is a **PRE-PAID EVENT**.

Community Coffee, Saturday, August 5, 9:30 AM - 11:00 AM, \$2.00 per person

Ice Cream Social, Saturday, August 12, 7:00 PM, \$5.00 per person.

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Hudson Happenings

With summer sunshine and warm weather beginning, there are lots of fun outdoor activities scheduled around the Town of Hudson. Some are held every week, some are one time only, some are new and some are repeats from past summers. Hopefully one of them will interest you!

Downtown Music Series

When: Saturdays, May 27 – September 9, 6:00 PM – 9:00 PM

The Downtown Music Series is sponsored by the Downtown Business Improvement District (BID) in front of the Town Hall every Saturday night. In addition to music, this summer they are also planning to include a mix of vendors including food trucks and retail vendors. So, bring a chair and perhaps do a takeout dinner or grab some ice cream and enjoy the warm summer night and the easy listening. To see the schedule of musicians, go to: www.discoverhudson.org and click on Events.

Arts Around the Armory

When: Saturday, June 4, 2:00 PM – 5:00 PM

This summer the Hudson Armory Project is hosting their first event for what they hope will be the first of many to come, as part of their “Arts Around the Armory Summer Series”. As you may recall the historic landmark located on Washington Street at the Rotary is set to become a community arts and cultural center. They are kicking things off with a concert featuring three local musicians: Guitarist/Singer Tom Yates from Stow, the trio Shell Theory, and PJ & Lorenzo. Admission is free. Food will be available for purchase by Kith & Kin. You are advised to bring a chair. Details can be found in the Events section at: www.hudsonarmoryproject.org



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Hudson Community Fest

When: Saturday, June 10, 9:00 AM – 3:30 PM

The 36th Annual Hudson Community Fest is scheduled to take place on South Street. Hudson Fest is an old-fashioned street fair that includes entertainment, a food court, family-friendly activities and over 120 vendors. The Fest is held rain or shine. To check out details/updates go to the Hudson Community Fest Facebook page or www.assabetvalleychamber.org.

Hudson YART Sale

When: Saturday, June 17, 9:00 AM – 3:00 PM

Do you like handmade arts and crafts? Do you like Yard Sales? Then you might want to check out Hudson’s first ever YART Sale sponsored by The Friends of the Hudson Public Library. The goal is to raise money for the Hudson Public Library while providing a shopping experience for the community and support for local artists and crafters, who can sell their handmade arts, crafts and goods in their own yard or driveway. The Friends of the Library is creating a map of all of the seller locations which will be available by Friday, June 16 on the Hudson Public Library website: www.hudsonpubliclibrary.com. There will also be some printed copies at the Library Front Desk.

Farmers’ Market

When: Tuesdays, June 20 – September 23 (except July 4), 3:30 PM – 6:30 PM




The Market includes two produce farmers, and vendors selling jams, honey, fish, meat, poultry, cheese, maple syrup and much more, as well a handful of local makers including soap, candles, and cards. In addition, the Farmers’ Market highlights local musicians as well. Visit the Hudson, MA Farmers’ Market Facebook page for more information and updates.

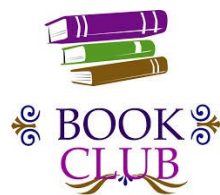
Wood Park Summer Concerts

When: Wednesdays, June 14 & 28, July 12 & 26, August 9 & 23, 6:30 PM

These concerts which feature a variety of different music and artists are sponsored by the Hudson Parks and Recreation Department at Wood Park which is located on Park Street. Bring your chairs. To see the schedule of musicians, go to: www.discoverhudson.org and click on Events and scroll down to Wood Park concerts.

- *Hudson Happenings* submitted by Sue Lalli

THIS IS A REALLY NEAT!		<h1>Condo care</h1> "Hints and Tips" Did You Know...? There are ten items that are most likely in your home today, that have been identified as being effective for <i>blood stain removal</i> on most types of rugs, clothing, etc., (always pre-test a small area first!). They are vinegar, ammonia, hydrogen peroxide, cola, WD-40, cornstarch, talcum powder and cold water (with some added salt), soda water and hair spray. They all work to some degree, however I have found hydrogen peroxide is the easiest and by far the most effective. The other items listed above require a lot more soaking, scrubbing, blotting and rinsing. With hydrogen peroxide, all you do is spray or pour a little of it on the stain, wait a couple of minutes and blot it dry. Occasionally you may have to reapply a second or third time especially on large stains, on blue jeans or other thick material. Give it a try, you will be glad you did. - Submitted by Kareen Shaw
WORD DORMITORY THE EYES THE MORSE CODE SLOT MACHINES ELECTION RESULTS SNOOZE ALARMS A DECIMAL POINT THE EARTHQUAKES ELEVEN PLUS TWO	REARRANGE THE LETTERS DIRTY ROOM THEY SEE HERE COME DOTS CASH LOST IN ME LIES LET'S RECOUNT ALAS NO MORE Z'S I'M A DOT IN PLACE THAT QUEER SHAKE TWELVE PLUS ONE	
<p>Players meet at the Community Center, Wednesday and Friday at 1:30 PM. Contact: Pat Trask, 978-212-5201</p> <div style="text-align: center;">  </div>		
True-isms!		
<ul style="list-style-type: none"> * So another week without me becoming unexpectedly rich. * Shoutout to everyone who can remember their childhood phone number but can't remember the password they created yesterday! * One minute you're young and fun, and the next minute you're turning down the stereo in your car to see better. * Think you are old, and you will be old. Think you are young, and you will be delusional! * Who knew that the hardest part of being an adult is figuring out what to cook for dinner every single night for the rest of your life! <p>- Submitted by Pat Ritter-Waltrup</p>		
QUAIL RUN BOWLERS		
<p>If you are interested in bowling, we bowl at the Acton Bowling Lanes every Wednesday morning.</p> <p>Please call Carole Mahoney, 508-746-8635 or Donna Milot, 978-618-9631 for more information.</p>		
		<p>This Thrift Shop is happy to accept gently used men, women's and youth clothing. (No men's suits, please.) The shop also takes household items, games, glassware, baking items, dishes and small sports equipment. The shop does not accept electronics, bedding, or curtains.</p> <p>If you have any donations, please contact Barbara Baker at 978-562-2460.</p> <div style="text-align: right;">  </div>
		<div style="text-align: center;">  <p>CHAVES Heating & Air Conditioning, Inc. "The Key To Your Comfort."</p> </div> <p>P: 978.562.5309 15 Bonazzoli Avenue P: 877.7CHAVES Hudson, MA 01749 F: 978.562.1026 www.chaveshvac.com</p>



The Book Club Group meets the last Wednesday of each month. For the time and location of the next meeting, contact **Phyllis Novick** at phyllisnovick8@gmail.com, or at 978-621-3993.

June: Horse by Geraldine Brooks
July: The Nurse's Secret by Amanda Skenandore
August: The Last House on the Street by Diane Chamberlain
September: The Irish Boarding House by Sandy Taylor

- Submitted by **Phyllis Novick**

The group meets every Friday from 10:00 AM - 12:00 noon, at the Community Center.

Contact: **Dave Sanderson**, 978-212-5655



AUDIOLOGY AFFILIATES

Loleata Wigall, M.S., CCC-A, FAAA
LICENSED CERTIFIED AUDIOLOGIST

Craig Barth, M.S., AUDIOLOGIST

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FRAMINGHAM, MA 01702
TEL: 508-872-6679
FAX: 508-879-8100

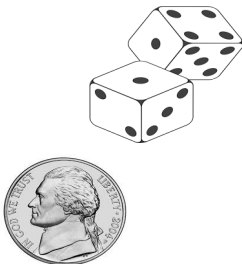
MEDICAL BUILDING
159 UNION ST., SUITE 102
MARLBORO, MA 01752
TEL: 508-481-0610
FAX: 508-481-7542

490 SHREWSBURY STREET
SUITE 2
WORCESTER, MA 01604
TEL: 508-755-1391
FAX: 508-363-4019

Nickels Game Night

Every Tuesday at the Community Center, 7:00 PM - 9:00 PM.

Contact: **Marlie Stott**, 978-567-5912



The UPS Store - Hudson
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Do not respond to this email UNLESS...

It's that time of year again when Quail Run residents will receive an email in early June, with this somewhat "strange" subject line. It's not a scam or a phishing email. It merely indicates that updates will be made to the Quail Run Resident Directories, that will be distributed to all residents in July.

This email is intended to verify that messages sent to a resident's last known email address are currently deliverable. When an email is "bounced" or cannot be delivered, the resident will be called to determine if the email address has been changed or if email service has been discontinued.

Residents receiving this email can add to, or update their personal information (name, phone numbers, etc.) for the next Quail Run Resident Directories. Any changes must be submitted to **Cathy Bernhardt**, cbernhardt@twotonedog.com, before June 16 to be included in the JULY UPDATES for 2023.

The July updates will contain the resident's name, address, telephone and cell phone numbers, email address, Quail Run contact names, Hudson emergency and general phone contact names and phone numbers (Police and Fire Departments, Eversource, Senior Center, etc.), and a community activity list with contact names. The updated directories will be distributed in hardcopy form to all residents.

If you know of a neighbor without email access, please have them contact Cathy at 978-568-1671 to request changes/updates if needed, for the upcoming directories.

- Submitted by **Kareen Shaw**

Hello Summer Time!

