



# The Quail Runner

For and By the Residents  
of The Villages at Quail Run



July - August 2023

Began Publishing 2003  
[www.QuailRunHudson.com](http://www.QuailRunHudson.com)

Hudson, Massachusetts

## UPCOMING EVENTS

### Ice Cream Social

Date: Saturday, August 12

Where: The Community Center

Time: 7:00 PM

Cost: \$5.00 per person

A sign-up sheet is posted at the Community Center, please sign up prior to August 8. Contact person: **Phyllis Novick**, 978-621-3993.

PLEASE NOTE THERE WILL BE A 50/50 DRAWING TO SUPPORT THE HUDSON FOOD PANTRY.



### Breakfast Buffet



Date: Saturday, September 9

Where: The Community Center

Time: 9:15 AM Meet and Greet Neighbors  
9:30 AM Serving Breakfast

Cost: \$8.00 per person

A sign-up sheet will be posted at the Community Center, please sign up prior to September 4. Contact person: **Marlie Stott**, 978-567-5912.

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### Annual Colonial Faire and Muster

Date: Saturday, September 30, 2023  
(Rain or Shine)

Time: 10:00 AM to 4:00 PM

Place: Longfellow's Wayside Inn  
(in the field opposite the inn)  
Wayside Inn Road

See page 11 for more details



Board of Governors News  
Page 13-14

**The Quail Runner Staff**

Editor: **Kareen Shaw**  
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 2/4 Strawberry **Nicole Baker**  
 5 Strawberry **Lee Rouse**  
 6/8 Strawberry **Clare Moschella**  
 7/12 Strawberry **Joyce Blank**  
 1/2/3 Rotherham **Kevin Fitzgerald**  
 4/6 Rotherham **Harry Morgan**

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Technology Corner: **Carole Perla**  
 Healthy Living: **Peggy Rittenhouse**

**Communications Chair: Kareen Shaw**

Quail Run Telephone & Address Directories:  
**Cathy Bernhardt**  
 Quail Run Communications & Email List: **Carole  
 Perla**  
 Quail Run Website: QR liaison **Sally Mauro**,  
 Webmaster, **Mark Reid**

**Newsletter Published** the last week of January,  
 March, May, July, September and November.

**Newsletter Article Deadlines:** articles must be sub-  
 mitted to the QR editor by the 23rd of the month listed  
 above to be included in the newsletter.

**You can view all the back issues of the Quail  
 Runner Newsletter on:**  
**www.QuailRunHudson.com**

**Vacation Delivery**

Give your Circle Reporter or the Editor a long  
 envelope with two first class stamps, and print  
 your name and vacation address on the envelope.  
 Or you can view all published issues online at:  
**www.QuailRunHudson.com**

Editor's Desk, Kareen Shaw



**Susan Bohall** has offered to carry on in  
 place of her mother (Bev Minot) as a  
 Proof Reader for the *Quail Runner  
 Newsletter*. Thank you Susan!



\*\*\*\*

Many thanks to Yossi Elaz for his  
 years of volunteering and support  
 for the community as part of the  
 Email Communications Staff at  
 Quail Run.

If you shop or use the services of **any** of our newsletter  
 advertisers, **please** let them know you saw their ad in  
 our *Quail Runner Newsletter*, thank you.



*The family of Bev Minot  
 wishes to express their  
 immense gratitude for the  
 support shown over the  
 past several years and  
 especially now, since her  
 death. Your kind words,  
 notes and presence at her  
 Memorial Service have  
 brought great comfort.*

*Thank you,  
 Susan Bohall*

Real Estate at Quail Run

Sold: 1E Strawberry Lane, A Style,  
 \$500,000

Sold: 4C Autumn Drive, A Style,  
 \$455,900



**Our Board of Governors**

**Diane Bemis** dianegbemis@yahoo.com 978-310-7676  
**Mike McCormack** mocrown@verizon.net 978-562-  
 1266  
**Klaus Schneller** kssmet@verizon.net 978-562-1779  
**Alison Towle** alisonjtowle@gmail.com 508-523-6767  
**John DeRusha** derush@aol.com 508-481-6315

This information is on page 2 in the *QR Directory*.

*BOG Monthly Meetings are open to all Quail Run  
 unit owners. Please check for dates and times on the  
 Quail Run website.*

# HEALTHY LIVING

by Peggy Rittenhouse

## The Benefit of Flowers



While you are at the grocery store, do you ever buy yourself some posies or flowers? I occasionally do that, and I find I feel better for having done it. Not only are flowers pretty, fragrant and colorful, they have a positive impact on our mental health. Here are five positive benefits of giving or receiving flowers:

1. Color: Different colors are associated with different moods such as blue flowers help with happiness and tranquility, yellow with happiness and mood boosting. Red often denotes love. Did anyone ever give you a bouquet of red roses?
2. Smell: How about the smell of lilacs in the spring or of roses. It boosts the mood and may even boost certain hormone levels in the body and thus reduce stress and anxiety.
3. Arranging: If we actually touch flowers it may reduce stress by lowering the heart rate and giving a feeling of ease. It also may keep your mind off every day worries according to one article I read.
4. Sending/Receiving: Another feel good idea is knowing that someone you love has a smile on their face from being handed a bouquet of flowers showing that they are being thought about. It helps feelings of loneliness and it strengthens bonds with our friends and relatives.
5. Just being around them: Having blooms in your house has a calming effect and people report just feeling happier when flowers are in their environment.



Last week I visited Ferjulians Farm in Hudson near our homes, and just couldn't resist getting a bouquet of beautiful blooms that they grow in their cutting garden. Sometimes I buy those great big beautiful sunflowers and that helps me feel so happy. So if you want some inexpensive therapy, try a bouquet of beautiful flowers!



**PLAY BRIDGE ON MONDAYS**  
Community Center  
1:00 PM - 3:00 PM  
Contact: **Theresa Bosio**,  
978-568-1416

Do you like to sing? Are you looking to join a group?

Check out the HERITAGE CHORALE



We are looking forward to starting our 87th Season in the fall under the leadership of our Music Director, Steven Lipsitt.

In our 87th season we are looking forward to performing works by Franz Joseph Haydn, Morten Lauridsen, G.F. Handel, Benjamin Britten, Florence Price and Margaret Bonds. Pride in what the group has accomplished over the course of many years motivates each Chorale member to continually strive for musical excellence and to value being a part of a talented ensemble.

The Chorale will be rehearsing at Scott Hall in Framingham starting Tuesday, September 5th.

Open rehearsals will be September 5th and 12th.

Auditions will be held on September 12th.

Our website provides lots of information about the chorale – <https://heritagechorale.org/wp2/>

Click on the Sing With Us tab for information about the auditions.

Please feel free to contact **Elaine Recklet** at [erecklet@comcast.net](mailto:erecklet@comcast.net) with any questions.

*I WOULD LIKE TO THANK EVERYONE FOR ALL THE CARDS, GET WELL WISHES, PRAYERS AND OFFERS OF HELP DURING MY RECOVERY FROM MY ACCIDENT.*

*I CAN'T TELL YOU HOW MUCH EVERYTHING HAS MEANT TO ME, THANKS AGAIN.*

MARLIE STOTT



Intel: Security Phone Number is 978-553-7733

**Quail Run Birthdays**

August

Kevin McNamara -8  
Faith Marcello -9  
Stephanie Sanderson -14  
Nancy Sweeney-16  
Lynne Ishak -18  
Bill Hurley -19  
Cathy Bernhardt -25  
Jayne Donato -25  
Janet Bucceri -28  
David Sanderson -28



September

Klaus Schneller -11  
Lenny Suslowicz -11  
Marcella Monte -12  
Sally Mauro -14  
Sally Guidotti -15  
Merrill Pierce -16  
Lucia Bairos -16  
Carol Suslowicz -19  
Richard Peck -19  
Stephen Hoffman -20  
Kathy Palmacchio -23  
John DeRusha -24

To include a birthday,  
contact your Circle  
Reporter or the Editor

**ROMEO's**

**Retired Old Men Eating Out**

**Peter Recklet** is checking out the options for the next lunch. He will send an email with the details.



Please contact Peter at 978-562-2721 or precklet@live.com if you plan to attend. The group is open to all men at Quail Run.

**New Resident Information**

David Betz and Jean Betz, 4C Autumn Drive, cell phones: David at 978-460-4615, Jean at 978-460-5384. Email for David: rdavidbetz@verizon.net and for Jean: jsbetz@verizon.net



Alan Danehy and Lisa Bannon, 1E Strawberry Lane, cell phones: Alan at 978-618-0705, Lisa at 978-394-6298. Email for Alan: al.danehy@gmail.com and for Lisa: Irishlala@yahoo.com.

Please contact **Marlie Stott**, 978-567-5912 or **Carol Suslowicz**, 617-957-2693 if someone new moves to Quail Run.

**Curtain Call**



Meetings are usually held on the first Tuesday of the month, when members of the group meet and select local theater performances to attend. Please contact me if you would like to be added to the Quail Run Curtain Call Mailing list. **Lorraine Cochran**, lorrainecochran@comcast.net, 978-568-0165.

**Stitch & Knit**



The Stitch & Knit Group meets at the Community Center the 4th Tuesday of the month from 2:00 PM - 4:00 PM.  
Contact: **Marie Kapsalis** at 978-568-0713

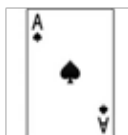
**Eye Glass Donations**

The Stow Lions Club collects old eye glasses. If you would like to donate, please contact me at 978-568-8586. Thank you!



- Submitted by **Arnie Johnson**

**POKER PLAYERS WANTED**



Every Monday from 4:00 PM - 6:00 PM, at the Community Center. Contact: **Lenny Suslowicz** at 617-669-6986

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**Diane Johnson**

**Electric Vehicles at Quail Run**

With the increased availability of electric vehicles from the major automobile manufacturers, the Board of Governors is receiving inquiries about electric vehicle charging at The Villages of Quail Run. The answer to this question contains both good news and bad news.

The electric energy distribution system at Quail Run was designed and installed over 20 years ago. Electric vehicles were just a gleam in automobile designer’s eye at that time. Today there are three electric vehicle charging levels as follows:

Level 1: This vehicle is charged off a 120-volt typical home outlet which is rated at 15 amps. This is what is installed in the Quail Run units.

Level 2: This vehicle is charged off a 208–240-volt outlet similar to an outlet used by an electric dryer but not the same. Unit owners cannot install a level 2 home charging station in their unit; the electrical distribution system cannot support that type of charger as they typically require a 200-amp service panel (circuit breaker panel). The units at Quail Run only have 120-amp service panels. Furthermore, the underground electrical cables are not sized to allow the installation of a 200-amp service panel. Therefore, level 2 home charging stations at Quail Run are not permitted at Quail Run.

Level 3: This is a high voltage circuit charger that is generally utilized in public charging stations.

The bad news is that only vehicles that can be charged at Quail Run are Level 1 vehicles which utilize an existing 120-volt outlet.

Someone may ask if they can charge their car from solar panels. The short answer is yes, you can, but not from solar panels at Quail Run. Solar panels of any kind in any location are not allowed at Quail Run.

If you are contemplating an electric vehicle purchase, please remember that the only charging that can be done in your garage at Quail Run is a level 1 vehicle. As a side note, the Hudson Fire Department has notified us that at this time they have no efficient method of extinguishing electric vehicle battery fires. It should also be noted that Quail Run garages are not equipped with a fire suppression sprinkler. So, any fire in your garage could rapidly turn into a real inferno.

- Submitted by **Mike McCormack**

**Wisdom**

*In life, it’s important to know when to stop arguing with people and simply let them be wrong.*

*Don’t trust everything you see, even salt looks like sugar.*

*A smart person knows what to say. A wise person knows whether to say it or not.*

- Submitted by **George Shaw**

**Cell Phone Tip!**

Did you know that you should shut down your cell phone at night, at least once a week? This will save the battery life of your cell phone. Just a very helpful hint from a Verizon Representative.

- Submitted by **Peggy Sullivan**



Thank you for all your kindness. For making Len feel special by saying “Hello Len” during his daily walks. Thank you for your support at the funeral and shiva, and for the condolence messages about good memories. Thank you all for being great friends and neighbors.

**Phyllis Novick and Family**

Play **Pitch** on the first, second and third Tuesday of each month, 1:00 PM - 3:00 PM. Contact: **Eileen Devlin**, 978-310-7384.



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**Senior SAFE - Fire Safety Program**

On June 15, many residents of Quail Run enjoyed a very informative Fire Safety program by members of the Hudson Fire Department’s Fire Prevention Team. The team provided us with many valuable and important facts and tips such as:

- Have your dryer vents cleaned out once a year to prevent a fire.
- Use heavy duty extension cords only. Do not plug multiple extension cords together and do not run extension cords under rugs or furniture.
- Use space heaters with caution and plug it directly into your electric outlet. Do not use an extension cord.
- Do not use your oven to warm up the house.
- Do not store flammable material on top of your stove or on the counter next to the stove.
- To prevent carbon monoxide poisoning, be sure that your outdoor vents are not covered by heavy snow.
- Keep a “clean and clear” path in and out of your home.
- Keep a *File of Life* magnet on your refrigerator with a list of your medication inside the pocket. This will permit first responders to use the medication list to help you in an emergency. Be sure to keep the list of medications updated.

A great deal of discussion dealt with Smoke and CO2 Detectors including:

- Changing the batteries in your detectors when you change the clocks in fall and spring.
- Keeping track of each detector’s expiration date. Hard-wired detectors do not last forever.
- Replacing expired hard-wired detectors with new detectors that are compatible with the expired detectors.

**Future Visit:**

Firefighters will be returning in October to assist residents who need help changing the batteries in their detectors. Residents must provide the batteries for their detectors, but the firefighters will replace the batteries as well as check the fire and CO2 detector expiration dates. Dates for this event and how to sign up for this service will be announced in October.

In October we should also have more information from the Fire Department regarding training in the use of the AED unit in our Community Center.

\*\*\*\*



Police Community Action Team  
Thursday, September 28  
6:30 PM – 8:30 PM  
Quail Run Community Center

- Want to know about the latest scams targeted at seniors that you need to avoid?
- Did you ever wonder how the Hudson Emergency Dispatch Center or the Detective Bureau or Traffic Safety works?
- Do you know about the Hudson Police Department’s accreditation process?
- Do you have questions about staying safe?

To hear the answers to these questions and to learn more about the Hudson Police Department (HPD), mark your calendar to attend a special presentation from members of the Police Community Action Team (CAT).

The CAT was created and launched in August 2021 by Chief Richard DiPersio as part of the department’s commitment to expand and deepen the connection between the HPD and the community. This team of staff plan and hold many community events and trainings throughout the year and are very anxious to connect with the residents of Quail Run.

Lt. Roger Downing who serves as the CAT Division Commander, promises to provide a fact-filled and informative session as well as discuss any concerns or issues you may have related to public safety.

More details will be announced in early September including how to sign up for this valuable presentation.



- Articles on this page submitted by **Sue Lalli**

### How to Clean Your Deck

I have tested a very good deck cleaning method. It is based on Bob Vila's instructions at:

<http://www.bobvila.com/articles/homemade-deck-cleaner/>

In a nutshell:

1. You need a stiff natural-bristle broom, that is small enough to fit into whatever bucket you have. Also, a smaller brush to clean under the railings. Robinsons Hardware and Lowe's in Hudson have these brushes, with or without handles.
2. Remove everything from the area to be cleaned, so that the cleaner doesn't affect it. Suggest doing a deck in two parts, moving the furniture from one side to the other.
3. When you're ready to start, mix together in your bucket:
  - a. 2 gallons hot tap water
  - b. 1 cup OxyClean bleach powder (DO NOT SUBSTITUTE FOR THE OxyClean. DO NOT USE Clorox!)
  - c. REPEAT: ONLY OxyClean powder.
  - d. 1 cup Borax cleaning powder
  - e. 1/4 cup liquid dish soap (Dawn, etc.). Mix well.
4. Wet down the deck with a hose. Also wet-down any sensitive plants that may get overspray or splashed from the cleaner. This is not nearly as bad for your plants as the chlorinated cleaners, but still use caution.
5. Use the bristle broom to scrub the cleaner into the deck surface, and let set 10-15 minutes. Keep it wet -- don't let it dry out. Suggest going back over it in a second pass, which serves both wetting and cleaning purposes. USE CAUTION when washing the stairs as they will be slippery. Rinse thoroughly with water when done.

I rate this 4.5 stars. Not perfect, but the only remaining green tint was in an area under the railing that I missed. Total time for doing the deck in two sections was about one hour total. No aggressive physical activity.

NOTE: Do not use a pressure sprayer. Trex and the Board and Governor's both disapprove of their use on Quail Run decks.

—Submitted by **Dave Bernhardt**

### Wanted: Old Men & Women! (but Young at Heart!)

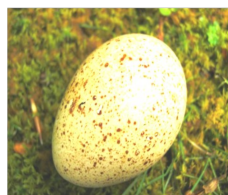
**Rockin' the Boroughs**, a local Rock and Roll Senior Show Choir, is looking for singers, especially men, but everyone is welcome! We are singing music from the 1950's, 60's, and 70's, and having fun! We are composed of singers from eight towns near Northborough, including Hudson. Our inaugural show is planned for November 14, and we will perform with a LIVE rock band accompanying us!

We meet at the Northborough Senior Center every week, on Thursdays from 1:00 - 2:30 PM. NO audition is required! A \$5 donation is requested at each meeting. Our next meeting/rehearsal will be August 24 at 1:00 PM at the Northborough Senior Center located at 119 Bearfoot Road, Northborough.

For more information you may contact our Music Director, Manoj Padki, by email at: [padki@yahoo.com](mailto:padki@yahoo.com), or by phone at 978-204-6942.

🎸 🎵 Come and Rock and Roll with us! 🎵  
🎸

- Submitted by **Leila and Dave Mercer**



Not only do we have turkeys wandering everywhere, but we also are finding their nesting places for their babies. **Peggy Sullivan**, while doing some gardening last month, came upon a turkey egg. What a surprise!

### Famous Words To Always Remember

*“Complaining about a problem without posing a solution is called whining”*  
By *Teddy Roosevelt*



Amanda Boudreau  
Owner/Operator

40 Washington st.  
Hudson, MA 01749

978-562-3800  
[Aboudreau@kithandkinhudson.com](mailto:Aboudreau@kithandkinhudson.com)

**Hudson Happenings**

**Music Around the Armory**  
 Sunday, August 6, 2:00 PM - 5:00 PM

Enjoy a free performance by three different local musicians: Guitarist/Singer Tom Yates from Stow, the acoustic harmony trio Shell Theory and singers PJ & Lorenzo. Food will be available for purchase by Kith & Kin. You are advised to bring a chair. Details can be found in the Events section at: [www.hudsonarmoryproject.org](http://www.hudsonarmoryproject.org)

**Celebrate Hudson Festival**  
 Saturday, September 16, 1:00 PM – TBA, South Street



The second annual Celebrate Hudson Festival will again be sponsored by the Hudson BID (Business Improvement District).

Last year they organized a festival to celebrate the success of Hudson winning the America’s Main Street Contest and the acquisition of the Armory as the future home of a performing art center. Plans include lots of live music and entertainers performing throughout the day on South Street and also student demonstrations from local dance studios, music schools, aerial acrobatics and karate studios on the Armory Lawn.

There will also be a number of food trucks and a beer and wine garden with cocktail options. An evening concert is planned with a TBA headliner. For details go to: <https://www.discoverhudson.org>

- Submitted by **Sue Lalli**

**NOTICE FROM THE SOCIAL COMMITTEE**

**Please take note:** *The ten new chairs at the Community Center should not be stacked. To make everyone aware of this the ten chairs have now been marked with a **bright red mark on each end of the top of the chairs** so everyone will now know that these chairs are the ones that should not be stacked.*

*We thank you for your cooperation.*

**The Social Committee**

**QUAIL RUN LIBRARY**

The Community Center Library is open. Please use the baskets when returning the books to the library. Contact person: **Alison Towle**, 508-523-6767.

**JULIETS NEWS**

*(JUST US LADIES INTO EATING TOGETHER)*

August 15, Tuesday, at 12:30, Evviva Trattoria Restaurant, 142 Apex Drive, Marlborough, separate checks. Contacts: **Nancy Reid**, 978-562-6282 or **Theresa Bosio**, 978-568- 1416.



September 7, Thursday, at 12:30, at Kennedy's Restaurant, Marlborough on the patio, separate checks. Contacts: **Carol Suslowicz**, 617-957-2693 or **Betty Chiasson**, 978-562-8563.

Sign-up sheets are available in the Community Center.

**Social Committee  
 Plan Ahead Schedule**



**Community Coffee**, Saturday, August 5, 9:30 AM - 11:00 AM, \$2.00 per person

**Ice Cream Social**, Saturday, August 12, 7:00 PM, \$5.00 per person

**Community Coffee**, Saturday, September 2, 9:30 AM - 11:00 AM, \$2.00 per person

**Buffet Breakfast**, Saturday, September 9, 9:15 AM Meet and Greet Neighbors, 9:30 AM Serving Breakfast, \$8.00 per person

**AIRTEK**

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***I Scream! You Scream! We All Scream for Ice Cream!***

Do you prefer soft serve or hard ice cream?  
Do you prefer your ice cream in a cone or a dish or a sundae?

We hope you had a few ice cream treats this summer but if not (or even if you did!), we'd like to remind you that there are still many great days ahead for an ice cream during the rest of summer or early fall. And to help you we are sharing some of our favorite spots that are all close by and worth the trip!

*Dairy Joy:* (No website but on Facebook at <https://www.facebook.com/dairyjoyweston>)  
Located at 331 North Ave (Rte. 117), Weston; it serves only soft serve ice cream including the unique JavaBerry (Coffee/Raspberry Twist) and Creamsicle (Vanilla/Orange Twist) along with Summer Seafood & Grill items. With outdoor seating only it is open April – early October.

*Eriksons:* <https://www.eriksonsiccream.com>  
It is open April – September with outdoor seating at 12 Great Road (Rte. 117), Maynard and serves both soft serve and homemade hard ice cream.

*Kimballs:* <https://kimballfarm.com>  
Three great locations in Westford, Lancaster and Carlisle that serve homemade hard ice cream. Westford and Lancaster are also home to their famous and yummy Grille & Seafood Shack and Country Store and have tented eating areas. Carlisle has umbrella tables. Open April – early October.

*New City Microcreamery:* <https://newcitymicrocreamery.com> Locations are on Main Street, Hudson and in the Whole Foods Market Plaza on Rte. 20, Sudbury. Both have indoor and outdoor

seating, are open year-round and make their own unique hard ice cream.

*Rota Spring Farms:* <https://www.rotaspringfarm.com/>  
Serving homemade hard ice cream, it is located 1 mile off Rte. 62 on 117 Chace Hill Road, Sterling. They also serve sandwiches and sell fruits and vegetables, homemade pastries and jams in the Farm Store. Open March – early November with outdoor seating only.

*Trombettas:* <https://www.trombettasfarm.com/>  
It is located at 655 Farm Road, Marlboro and has both indoor and outdoor seating. It serves both soft serve and homemade hard ice cream and also boasts an indoor mini-golf range and garden center and is open year-round.

*Uhlmans:* <https://www.uhlmansicecream.com/>  
It is open March – October with outdoor seating at 232 East Main St (Rte 30), Westboro. They serve both soft serve and homemade hard ice cream.

*West Side Creamery:* <https://www.wscreamery.com/>  
Open year-round with indoor and outdoor seating. This newest shop serves homemade hard ice cream. It is located at 537 Massachusetts Ave. (Rte. 111), Acton.

*Dairy Queen:* <https://www.facebook.com/dairyqueenmarlboro/>. Located at 49 East Main St., (Rte. 20), Marlboro. It is open usually from March - October. They have a few benches to enjoy their signature soft serve ice cream and treats such as the DQ Blizzard and Dipped Cones.

*Note:* Please check each ice cream stand's website to see their daily hours of operation, exact season open/close dates and other treats available such as sherbet, frozen yogurt, non-dairy ice cream and ice cream cakes/pies and novelties.



Hope you ENJOY!

- Submitted by Sue and Joe Lalli



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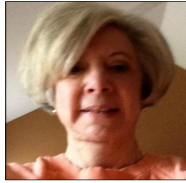
**[rmitchell82@comcast.net](mailto:rmitchell82@comcast.net)**

## How to customize and use Control Center on iPhone: A complete guide

BY AVA APRIL 20, 2023

- Submitted by Carol Perla

<https://www.igeeksblog.com/how-to-use-control-center-on-iphone/>



The Control Center on your iPhone gives you one-tap access to features you regularly use. Therefore, you can turn on or off the Wi-Fi, activate or deactivate Airplane Mode, adjust the Volume or your Display Brightness, etc. But it's not limited to this. You may add, remove and rearrange options in the Control Center. So, let's know how to customize what you see in Control Center on your iPhone to use it like a pro!

### Options in Control Center

**Alarm:** Set a wake-up timer or change the Sleep Focus schedule.

**Calculator:** Open the calculator with one tap. Also, you may access the scientific calculator by rotating your iPhone.

**Code Scanner:** Use the device's built-in camera to scan a QR code.

**Portrait Orientation Lock:** You may turn this on to prevent screen rotation while FaceTiming or using any other app/service.

**Brightness:** To change the display's brightness, long press on the Brightness icon and drag the slider up or down.

**Volume:** To change the volume of any audio playing, just press the Volume control and drag the volume slider up or down.

**Camera:** Tap and hold on to the camera from Control Center to take selfies or portraits and record videos.

**Flashlight:** You may turn your camera's LED flash into a torch. Long press to change the brightness.

**Dark Mode:** Use your phone in Dark Mode to avoid straining your eyes and get the best viewing experience in low light.

**Guided Access:** If anyone uses your iPhone, turn on Guided Access. It will restrict your iPhone to a specific app and manage the accessible features.

**Low Power Mode:** When your iPhone's battery is low, or you don't have access to power outlets, switch to Low Power Mode.

**Quick Notes:** Take quick notes directly from Control Center while using an app or any screen.

**Stopwatch:** Calculate the length of an activity and record lap times.

**Text Size:** You can increase or decrease the text size for a better viewing experience.

**Voice Memos:** You may customize Control Center on iPhone to add Voice Memos. So, you can quickly record using the iPhone's built-in microphone.

**Screen mirroring:** Wirelessly stream audio, video, and images to Apple TV and other AirPlay-supported devices.

**Screen Recording:** Long press on Screen Recording to start recording your screen or broadcast on Instagram/Messenger. You may turn off your device's microphone.

**Sound Recognition:** Turning on Sound Recognition control will detect specific sounds like alarms, sirens, etc., and alert you.

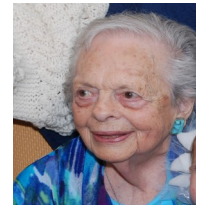
**Hearing:** If you use hearing aids, connect or disconnect them quickly or use Live Listen on your AirPods from Control Center on your iPhone.

**Wallet:** Adding Wallet control allows you to easily access cards for Apple Pay or other services like movie tickets, plane passes, and more.

There are many features you can add to the Control Center. Find out by going to the website listed in this article!

### In Memory

*Bev Minot, a wonderful and dear friend to all that knew her, she will be deeply missed. Rest in Peace.*



Back in June, standing outside of Bev's bedroom window...singing Happy Birthday for her 99th birthday celebration!!!

Annual Colonial Faire and Muster



Date: Saturday, September 30, 2023  
 (Rain or Shine)  
 Time: 10:00 AM to 4:00 PM

Place: Longfellow's Wayside Inn (in the field opposite the inn), Wayside Inn Road, Sudbury, MA 01776  
 Tel: 978-443-1776

Admission: Adults - \$3.00  
 Children 12 and under – Free

This annual faire, run by the Sudbury volunteer re-enactment group has living history demonstrations, children's games and activities, fife and drum muster, crafts, a variety of food vendors and a colonial parade at noon!

The Sudbury Ancient Fife and Drum Company will perform traditional colonial music throughout the day, including dramatic refrains that accompanied Revolutionary War soldiers on their way to battle.

- Submitted by **Sherry Schneller**

Players meet at the Community Center, Wednesday and Friday at 1:30 PM.  
 Contact: **Pat Trask**, 978-212-5201



**QUAIL RUN BOWLERS**

If you are interested in bowling, we bowl at the Acton Bowling Lanes every Wednesday morning.

Please call **Carole Mahoney**, 508-746-8635 or **Donna Milot**, 978-618-9631 for more information.



**BINGO Thursday Evening's**

HUDSON ELKS LODGE #959, 99 Park Street, Hudson MA. Doors Open at 4:00 PM, 1st Game starts at 6:45 PM. Food is available for purchase, free coffee and tea.

Money collected from Bingo and snacks sold at the bingo games at the Hudson Elks, goes to a scholarship fund for Hudson high school seniors. Come on down & Have Fun!

-Submitted by **Barry Brown**

**Brass at Twilight**

*Pompositticut Farm  
 August 19, 2023 - 5:00 PM*

*A thrilling concert of brass ensemble favorites performed by over 40 brass players from Symphony Pro Musica and the surrounding region, will be held at the beautiful Pompositticut Farm, 25 Lewis Street, Hudson, MA.*

*Bring a chair or blanket and a picnic. Cost is \$20.00 per car in advance or \$25.00 per car at the gate.*

*Order advanced tickets at:  
<https://spnbrassattwilight.evitebrite.com/>*

*Presented by Symphony Pro Musica  
 Mark Churchill, Music Director*

*Northbridge Brass Endeavors  
 Patrick Smith, Music Director*

- Submitted by **Phyllis Novick**



P: 978.562.5309  
 P: 877.7CHAVES  
 F: 978.562.1026

15 Bonazzoli Avenue  
 Hudson, MA 01749  
[www.chaveshvac.com](http://www.chaveshvac.com)



The Book Club Group meets the last Wednesday of each month. For the time and location of the next meeting, contact **Phyllis Novick** at phyllisnovick8@gmail.com, or at 978-621-3993.

2023:

August: The Last House on the Street by Diane Chamberlain

September: The Irish Boarding House by Sandy Taylor

October: All The Broken Places by John Boyne

November: The Paper Daughter of Chinatown by Heather Moore

December: Meeting cancelled

2024:

January: Irena's War, by James Shipmanu

- Submitted by **Phyllis Novick**

**The UPS Store - Hudson**  
**10 Technology Drive**  
**Hudson, MA 01749**  
**Email: Store5001@theupsstore.com**

Tel: 978-568-1786, Fax: 978-568-1788  
 M-F: 8:00 AM - 6:30 PM, Sat: 9:00 AM - 5:00 PM  
 Sun: 10:00 AM - 3:00 PM  
 Copies, Fax & Printing, Greeting Cards, Office Supplies,  
 Scanning, Shredding, Stamps, Notary Services

**Things to Keep Your Place Up with the Times**

New: GFI outlets that beep when tripped.

Yes, your home is already overrun with things that beep to tell you they need attention. Smoke and carbon monoxide detector batteries that need replacement, leak detectors you've put next to the washing machine, and your hot water heater, and on and on.

Here's another item to add to that list: GFI outlets that chirp when they trip.

So what? Well, it matters. Your A/C system has a condensate pump that's plugged into a GFI outlet. If for some reason that outlet trips, the pump will loose power. Most of the condensate pumps have a "full switch" to tell whatever sends it water that they are full and not to send it more water, but not all A/C installers bother to hook them up. And the new "condensing gas furnaces and hot-water heaters" also need condensate pumps. So, if the pump shuts off and the overflow interlock was never hooked up, you're going to have water all over the floor.

I can vouch: I have two neighbors who both learned the hard way, when the GFI outlet on the pump tripped, and the water kept pouring into the non-working pump.

The solution is a GFI outlet that "chirps" if it's tripped. So you'll go, "what's that noise" and sooner or later you'll find the tripped pump outlet, hopefully before it overflows.

The chirping GFI outlets don't cost any more than the non-chirping type. I recommend that you have your favorite electrician install one for you on their next visit. You might find you actually need two, as we did.

- Submitted by **Dave Bernhardt**

*Watermelon Days Are Here!*



The group meets every Friday from 10:00 AM - 12:00 noon, at the Community Center.

Contact: **Dave Sanderson**, 978-212-5655

**Cribbage**



AUDIOLOGY AFFILIATES

**Loleata Wigall, M.S., CCC-A, FAAA**  
 LICENSED CERTIFIED AUDIOLOGIST

**Craig Barth, M.S., AUDIOLOGIST**

600 WORCESTER ROAD  
 LOWER LEVEL 1  
 FRAMINGHAM, MA 01702  
 TEL: 508-872-6679  
 FAX: 508-879-8100

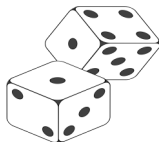
MEDICAL BUILDING  
 159 UNION ST., SUITE 102  
 MARLBORO, MA 01752  
 TEL: 508-481-0610  
 FAX: 508-481-7542

490 SHREWSBURY STREET  
 SUITE 2  
 WORCESTER, MA 01604  
 TEL: 508-755-1391  
 FAX: 508-363-4019

**Nickels Game Night**

Every Tuesday at the Community Center, 7:00 PM - 9:00 PM.

Contact: **Marlie Stott**, 978-567-5912



**July - August Board of Governors (BOG) News**



After The Villages at Quail Run annual meeting and Board election, the new Board all agreed on member roles as follows: **President-Diane Bemis, Vice President-Mike McCormack, Treasurer-John DeRusha, Member at large-Alison Towle and Clerk-Klaus Schneller.**

The trash contract with E.L. Harvey is up in November. Gina from The Dartmouth Group is exploring new vendors for trash pickup.

Thiago's Painting completed painting the buildings on 1, 2, 3, 5 and 7 Autumn Drive as well as 60 basement window frames and the mailbox pedestals.

When the irrigation system was installed, the irrigation system control boxes were incorrectly hooked up to 220-amp breakers instead of 15-amp breakers. The Board is getting an electric company to install new circuit breaker boxes at each of the main power panels to prevent potential electrocution of personnel working on the irrigation system. The irrigation system continues to have issues with sprinkler heads, piping etc. The irrigation system issues that have been reported to The Dartmouth Group will continue to be addressed by F.C. Carias Irrigation Inc. They will be on the property when they are available. Please be patient during this repair process. The Board voted to only run the irrigation system on Monday, Wednesday and Friday nights to conserve water and reduce our water bill. F.C. Carias Irrigation Inc. will be changing the irrigation system clocks as soon as possible.

NOTE: If you see a new irrigation issue, please report it to:

Bella Ferrara at (781) 533-7264, email: [iferrara@thedartmouthgroup.com](mailto:iferrara@thedartmouthgroup.com), or contact the Property Manager, Gina DeFrancesco at (781) 533-7248, email: [gdefrancesco@thedartmouthgroup.com](mailto:gdefrancesco@thedartmouthgroup.com).

Ellingwood Construction completed the drainage repair and fixed sprinkler heads on July 13 at 6-11 Autumn Drive. The circles at 5-7 and 6-11 Autumn Drive are scheduled to be milled and paved the week of July 24th.

The Board had a discussion about electric vehicles at VQR since they are increasing in popularity. Electric or Hybrid vehicles are ok to plug in if they can use the

115V 15-amp plug in your garage. VQR cannot support or accommodate fully electric vehicles that require 240V. The breaker box in each unit is rated for 125A 110V service. The maximum load can be 100 amps. Also, the wire gauge in the unit and underground cannot support the 208/240V needed for charging vehicles. In order to support this, all-underground wiring would have to be changed, the Breaker box would need to be upgraded to 200A service and the meter boxes on the main panel would have to change.

The fire alarm system has been repaired following the June 24th lightning strike. The fire alarm relay switches were burned out and had to be replaced. Surge protectors were also installed and should prevent damage to the fire alarm relay switches in the future. Previously, there were no surge protectors. The June 2nd lightning strike also did some damage to 4/6 Rotherham Way. S. K. Forbes General Contractors made the needed repairs.

The fire alarm system continues to report trouble codes and false alarms. The system wiring runs underground and there are constant short circuits in the system due to corroded wiring and compromised underground pipes. Digging up the cables is not an option due to the cost. Therefore, Gina from The Dartmouth Group is getting a quote from Norel for radio boxes on each power panel.

Tree pruning is half done and will be completed in the next few weeks. Pruning of all front unit beds with J&J Landscaping has been started.

The road speed humps have a fresh coat of reflective paint thanks to the efforts of **Bill McPhail** and **Ken Hart**.

The Board continues to face several issues, future challenges and budgetary concerns. As a result, the following email was sent on July 21st to all unit owners/residents with email addresses listing the items of concern.

“Hello All,  
After our most recent BOG meeting it was decided that we should communicate to the Quail Run Community a few very important issues that we have been dealing with as of late. We have tried diligently to keep all expenses under control but there are circumstances beyond our control that are coming in the near future.

1. **Trash collection** – we understand the frustration some of you have been experiencing over the delayed or missed trash pickup. Please understand that, though frustrating, we are lucky that our vendor will pick up on the following day, if they miss your circle. Many other contractors will not do this, but rather will simply skip the pick up until the next week. Our original contract with Mr. Trashman, who recently merged with Harvey trash collection, is over in the fall. We are seeking a new vendor and may be changing vendors but, the price will surely increase. Currently we are paying \$38,000 for trash collection. We are being quoted prices that average \$48,000 per year.
2. **Bee holes** in the ceiling of front porches will be dealt with, but please understand that we cannot hire someone to do this repair at any one address immediately, but rather will make a list of all addresses needing this service and hire a repair person to do all repairs at once in order to be more cost effective. Please understand that we are not ignoring you!
3. **Mice** entering your unit are the responsibility of the unit owner and not the association. The Association will continue to make repairs to possible mice infiltration locations. We recommend Hudson Pest but the unit owner is responsible for the cost.
4. **Plumbing** issues are the responsibility of the unit owner unless it involves the water main pipe which serves multiple units. If you are unsure of a plumbing issue, please call a board member to inspect the situation. Then a decision can be made regarding payment by the unit owner or the association. However, please understand that any water damage to the ceilings and walls of your unit is your responsibility, not the association's.
5. **Spigots** are the responsibility of the unit owner, however, please be sure that if spigots are replaced that they are freeze proof. We recommend DeMello Plumbers in Hudson for this repair since they are very familiar with our property and will replace your leaking spigot properly with a quality spigot.
6. **Fire Alarm systems** – Recently lightning damage impacted several units and was an unexpected expense, (over \$10,000 in repairs to fire alarm systems). In addition, we are now faced with a need to upgrade our 20 year-old alarm system to better serve our community. Please know that we are all safe and well protected. We know that the cost of the alarm system upgrade will be \$13,000. We have no choice in this situation because the wires

that run in conduits under the roads are failing and causing numerous trouble conditions.

7. **Budgetary concerns** are on the rise here at Quail Run. We have a number of issues that will impact our finances in the near future.
  - a. Water, Sewer and Stormwater fees are all projected to increase at least 10 to 15% each. We have already been informed by the Town that next year's increase will be in the same range, 10 to 15%. The Stormwater fee alone will be around \$15,000 a year. This will impact your monthly fees.
  - b. Paving roads is an ongoing issue – we have begun to do some paving and continue to do regular crack sealing but please understand that the roads will need paving in the coming years. We are hoping to do this over several years to reduce the annual impact on your fees. As a point of information paving one of our circles costs \$40,000 and will increase as each year goes by. This likely will impact your fees.
  - c. Back decks are an issue that will need to be addressed sooner rather than later. We have been repairing them as we go but, though all are safe to use, some will likely fail in the next few years. This will be a major financial undertaking at which time a serious financial decision must be made. We are looking into several financing options and will keep you informed. As a point of information to totally replace a high level deck that is in compliance with the new building codes is \$16,000. There are 90 units with high level decks.
  - d. Painting is an ongoing project and we are trying to complete this project in approximately 5 years without any big impact on your fees. Painting the average block of units at VQR is \$20,000.

Thank you for understanding that your Board of Governors, along with our management company, The Dartmouth Group, are proud to represent you and your community. The Villages at Quail Run are a very desirable 55+ property because it is well maintained and we all take pride in doing our part.

If you have any question about any of these issues, please feel free to contact any board member.

Sincerely,  
 Diane G Bemis, President  
 Michael McCormack, Vice President  
 John DeRusha, Treasurer  
 Klaus Schneller, Clerk  
 Alison Towle, At Large representative”