



# The Quail Runner

For and By the Residents  
of The Villages at Quail Run



September - October 2023

Began Publishing 2003  
www.QuailRunHudson.com

Hudson, Massachusetts

## UPCOMING EVENTS



### Pizza and Game Night

Date: Saturday, October 14  
Where: The Community Center  
Time: 6:00 PM  
Cost: \$10.00 per person



A sign-up sheet is posted at the Community Center, please sign up prior to October 11 or call one of the contact people listed so that they will know how many pizzas they need to order. Contacts: **Donna Milot**, 978-618-9631 and **Jane Pugsley**, 978-310-7893.

### Pot Luck Supper



Date: Saturday, November 11  
Where: The Community Center  
Time: 6:00 PM  
Cost: \$3.00 per person - BYOB

A sign-up sheet will be posted at the Community Center in mid-October. Contact person: **Marlie Stott**, 978-567-5912.

Please note: A 50/50 raffle will be held. The Social Committee portion of the raffle will be donated to the Hudson Food Pantry so they can purchase food items for Thanksgiving dinner celebrations.

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## Save The Following Dates!

- \* Hazardous Waste Day for Hudson and Marlborough residents - Oct. 7
- \* Fire Dept. Prevention visit for residents at the Community Center - Oct. 12
- \* Senior Center assistance for Medicare health plans/questions for 2024, must make appt. if interested, Oct. 15 - Dec. 7
- \*VQR9 Meeting at the Community Center - Oct. 18
- \* Special Town Meeting at the Hudson High School - Nov. 20

(Read details on each event in this newsletter)



Happy Fall!

Board of Governors News  
Page 6

### The Quail Runner Staff

Editor: **Kareen Shaw**  
 Assistant Editor: **Sue Lalli**  
 Distribution Manager: **Joyce Blank**, and Assistant Manager: **Peggy Sullivan**  
 Advertising Manager: **TBA**  
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 2/4/9 Autumn **Barbara Baker**  
 5/7 Autumn **Claire Kilcommins**  
 6/11 Autumn **Jane Pugsley**  
 1/3 Strawberry **Sally Mauro**  
 2/4 Strawberry **Nicole Baker**  
 5 Strawberry **Lee Rouse**  
 6/8 Strawberry **Clare Moschella**  
 7/12 Strawberry **Joyce Blank**  
 1/2/3 Rotherham **Donna Milot**  
 4/6 Rotherham **Harry Morgan**

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Technology Corner: **Carole Perla**  
 Healthy Living: **Peggy Rittenhouse**

#### Communications Chair: Kareen Shaw

Quail Run Telephone & Address Directories: **Cathy Bernhardt**  
 Quail Run Communications & Email List: **Carole Perla**  
 Quail Run Website: QR liaison **Sally Mauro**, Webmaster, **Mark Reid**

**Newsletter Published** the last week of January, March, May, July, September and November.

**Newsletter Article Deadlines:** articles must be submitted to the QR editor by the 23rd of the month listed above to be included in the newsletter.

You can view all the back issues of the *Quail Runner Newsletter* on:

[www.QuailRunHudson.com](http://www.QuailRunHudson.com)

### Vacation Delivery

Give your Circle Reporter or the Editor a long envelope with two first class stamps, and print your name and vacation address on the envelope. Or you can view all published issues online at:  
[www.QuailRunHudson.com](http://www.QuailRunHudson.com)

Editor's Desk, Kareen Shaw



**Kevin Fitzgerald** of Rotherham Way has decided to retire after 18 years of supporting the Quail Run community as Circle Reporter. **Donna Milot** has volunteered to take over from Kevin at the end of September. Thanks so very much Kevin and welcome Donna!

\*\*\*\*

*Happy New Year to our Jewish residents*



\*\*\*\*

If you shop or use the services of **any** of our newsletter advertisers, **please** let them know you saw their ad in our *Quail Runner Newsletter*, thank you.



### Real Estate at Quail Run

Pending: 1H Autumn Drive, B Style, - asking \$515,000



### Our Board of Governors

**Diane Bemis** dianegbemis@yahoo.com 978-310-7676  
**Mike McCormack** mocrown@verizon.net 978-562-1266  
**Klaus Schneller** kssmet@verizon.net 978-562-1779  
**Alison Towle** alisonjtowle@gmail.com 508-523-6767  
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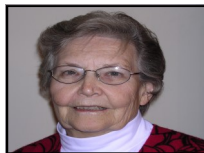
This information is on page 2 in the *QR Directory*.

*BOG Monthly Meetings are open to all Quail Run unit owners. Please check for dates and times on the Quail Run website.*

## HEALTHY LIVING

by Peggy Rittenhouse

### How to Live Longer



I recently came across an interesting study of how one can live longer with a few changes in their lifestyle. As reported in neurosciencenews.com, over 700,000 veterans participated in the study.

The study revealed eight lifestyle habits that could extend life expectancy significantly. Veterans who incorporated physical activity, freedom from opioid addiction, nonsmoking, stress management, good diet, minimal binge drinking, good sleep hygiene, and positive social relationships into their lives by middle age, could expect to live up to 24 more years for men and 21 more years for women.

This study emphasizes the role these lifestyle factors have in reducing chronic diseases and highlights that adopting healthier habits, even later in life, can still contribute to longevity. Low physical activity, opioid use and smoking had the biggest negative impact on lifespan increasing the risk of death by 30-45%. The researchers were really surprised by just how much could be gained with the adoption of even one, two, or three changes, or all eight lifestyle factors. The findings underscore the role of lifestyle factors in contributing to chronic disease such as type 2 diabetes and heart disease that lead to premature disability and/or death.

So always keep it in your mind, apparently it is never too late to adopt a healthy lifestyle!

### Please give to the Hudson Food Pantry

The Quail Run Community collects for the Hudson Food Pantry. Items and/or checks can be dropped off at **Barbara Baker's** home at 4D Autumn Drive. Thank you so much!



### QUAIL RUN LIBRARY

The Quail Run Library is open to everyone to borrow and bring books and puzzles. We are limited for space so often we sort and make room for new donations. If at anytime you want to take a book to share with someone, please do! You don't need to return to us. Donations are welcomed if they are within the past 20 years. Any questions please call **Alison Towle** at 508-523-6767.



**PLAY BRIDGE ON MONDAYS**  
Community Center  
1:00 PM - 3:00 PM  
Contact: **Theresa Bosio**,  
978-568-1416.



Steven Lipsitt, Music Director

Join us in celebrating our 87th Season

Sunday, November 19, 2023 at 4:00 PM  
St. Mark's School, Southborough

*Voices of Joy and Thanksgiving*

The Online Box Office will open on October 18, 2023.

See [https://heritagechorale.org/wp2/?page\\_id=8140](https://heritagechorale.org/wp2/?page_id=8140) for more details.

For more information contact **Elaine Recklet** at 978-562-2721 or [erecklet@comcast.net](mailto:erecklet@comcast.net).

### Symphony Pro Musica

The first Symphony Pro Music concert of the season will be Saturday, November 4th at 7:30 PM at Hudson High School and Sunday, November 5th at 3:00 PM at St. Mark's Putnam Family Performing Arts Center.



The program will include *Starburst* by Jesse Montgomery, *Symphony No. 2* by Sergei Rachmaninoff and *Flute Concerto* by Jacques Ibert, Ethan Lin-Swartz, flute soloist.

Discount:  
\$15.00 tickets will again be available to Quail Run residents and their guests by email: [phyllisnovick8@gmail.com](mailto:phyllisnovick8@gmail.com) or 978-621-3993.

- Submitted by **Phyllis Novick**

Intel: Security Phone Number is 978-553-7733

**Quail Run Birthdays**

October

- Claire Kilcommins -4
- Barbara Picarello -5
- Ralph Trask -7
- Nancy Puia -7
- Rosalie Green -11
- Ken Hart -12
- Bernadette Peck -12
- Marc Marcello -15
- Helen Montgomery -17
- Nancy Dome -20
- Paul Bongiorno -20
- Mary T. Brown -21
- Judy Johnson -21
- Peggy Payne -24
- Harold Edelstein -26
- Harry Morgan -30



November

- Nicole Baker -1
- Bob Rittenhouse -1
- Rosemary Fitzgerald -4
- Jim Carvalho -6
- David Betz -6
- Susan Bleeker -6
- Tamara Boriakoff -18
- Patricia Smith -19
- Donna Milot -25
- Ellen Ferri -26
- Betty Moore -30

To include a birthday, contact your Circle Reporter or the Editor

**ROMEO's**

**Retired Old Men Eating Out**

**Peter Recklet** is checking out the options for the next lunch. He will send an email with the details.

Please contact Peter at 978-562-2721 or precklet@live.com if you plan to attend. The group is open to all men at Quail Run.



***New Resident Information***

No new residents have moved into Quail Run in September.

Please contact **Marlie Stott**, 978-567-5912 or **Carol Suslowicz**, 617-957-2693 if someone new moves to Quail Run.



***Words of Wisdom***

*The more we learn,  
the more we discover  
how much we do not know.  
-Yoda*

***Curtain Call***

Meetings are usually held on the first Tuesday of the month, when members of the group meet and select local theater performances to attend. Please contact me if you would like to be added to the Quail Run Curtain Call Mailing list. **Lorraine Cochran**, lorrainecochran@comcast.net, 978-568-0165.



***Stitch & Knit***



The Stitch & Knit Group meets at the Community Center the 4th Tuesday of the month from 2:00 PM - 4:00 PM.  
Contact: **Marie Kapsalis** at 978-568-0713.

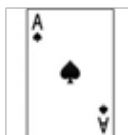
**Eye Glass Donations**

The Stow Lions Club collects old eye glasses. If you would like to donate, please contact me at 978-568-8586. Thank you!



- Submitted by **Arnie Johnson**

**POKER PLAYERS WANTED**



Every Monday from 4:00 PM - 6:00 PM, at the Community Center. Contact: **Lenny Suslowicz** at 617-669-6986.

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**SAVE THE DATES!!!**

**Thursday, October 12**

October is Fire Prevention Month and October 8 -14 is Fire Prevention Week this year. Since the goal of Fire Prevention Month/Week is to raise fire safety awareness and help protect homes and families, the Hudson Fire Department's Fire Prevention Team will be returning to Quail Run. The purpose of their visit is to assist any residents who need help changing the batteries in their smoke alarms and carbon monoxide detectors. Fire-fighters will also check the expiration date of all your detectors and tell you when they need to be replaced. (FYI: Batteries on some devices must be changed in Fall and Spring. Detectors do not last forever.) There is no charge for this service but residents must provide the necessary batteries for their detectors. Please watch your email for a message with more details (e.g., exact time during the day, sign up instructions, etc.) about this great opportunity.



**Wednesday, October 18 at 6:00 PM**

The VQR9 has received a request from Kristina Johnson, the Director of the Town Planning and Community Development Department, to meet with the residents of Quail Run in anticipation of the November Town Meeting. Kristina along with Pam Helinek, the Conservation Agent, will discuss and answer questions about articles they are sponsoring on the Town Warrant relative to zoning and conservation/wetlands. More details and sign-up instructions will be emailed in early October. The VQR9 hope you will be able to attend!

- Submitted by **Sue Lalli**

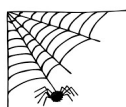


Play **Pitch** on the first, second and third Tuesday of each month, 1:00 PM - 3:00 PM.  
Contact: **Eileen Devlin**, 978-310-7384.



**Fall Jokes to Enjoy**

1. What do you call a small pepper in late Autumn?
2. What do farmers wear under their shirt when it gets cold in the fall?
3. How do you fix a broken pumpkin?
4. What kind of music did the Pilgrims listen to?
5. Why do birds fly south in the fall?
6. What is a scarecrow's favorite fruit?



Answers on page 8

**Items for Free and For Sale**

**FREE**

- NEW COMPUTER KEYBOARD, brand new unused Corsair K70 keyboard for use with a Windows PC. It has a mechanical keyboard, and has the feel of an electric typewriter like an IBM Selectric. It is wired (USB), and has a USB jack on the back to plug in accessories (like a wired mouse, or a memory stick, etc.). Bonus: you can turn on this wild multi-color backlighting. It's a high-quality \$100 keyboard, and free for the asking for someone with nostalgia for the old feel of keyboards.

**FOR SALE**

- Set of 4 tires with plenty of tread left on them. Size 215/60R16, they fit many mid-sized sedans such as a Camry. Asking \$50 for the set.

Call **Dave Bernhardt** at 978-568-1671 if you are interested in the above two items.

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**September - October Board of Governors (BOG) News**

The Board voted for the installation of 24 wireless fire alarm communicators at the August meeting. The cost of installation is \$12,950 and the monitoring charge is \$12,000 annually. The fire alarm radio boxes were installed in all host units, pump house and the community center.

The Board reviewed the updated Rules and Regulations and is sending corrections back to the Rules and Regulations Committee members. After review of the final draft, the document will be finalized and sent to unit owners.

Norel Fire Services conducted the annual fire alarm tests on Wednesday, September, 20th and Thursday, September 21st. They performed an audio and visual inspection of the alarms inside each unit. A Board member accompanied the technicians. Also, Norel is having the fire department come out and inspect one unit that the new fire alarm radio box was installed in, and inspect and test the pump house and community center in order for the fire alarm test reports to get completed.

A J&J contractor came out on September 20th to shut down the irrigation system and winterize it.

Ellingwood Paving came out on September 21st to pave two circles on Autumn Drive. Going forward the plan is to pave all of Autumn Drive next year.

The Board would like to thank Mark Reid for all his work on the new Quail Run Calendar. There is much more information when you run your cursor over an activity on the website calendar.

**Sue Lalli** and the **VQR9** have arranged two events for the residents of Quail Run on Oct 12th and 18th. Details of these events are in this issue of the *Quail Runner Newsletter* on page 5. The Board encourages residents to participate in these two upcoming informative events.



*On November 5,  
Turn your clocks back  
one hour!*

*Later in Life*

I hate it when I see an old person and then realize we went to high school together.

My wife says I only have two faults. I don't listen and something else....

At my funeral, take the bouquet off my coffin and throw it into the crowd to see who is next.

I thought growing old would take longer.

The officer said, "You drinking?" I said, "You buying?" We just laughed and laughed.... I need bail money.

I think the reason we are born with two hands is so we can pet two dogs at once.

Scientists say the universe is made up of protons, neutrons and electrons. They forgot to mention morons.

The adult version of "head, shoulders, knees and toes" is "wallet, glasses, keys and phone."

Life is too short to waste time matching socks.

My Wi-Fi went down for five minutes, so I had to talk to my family. They seem like nice people.

Some people call me crazy. I prefer happy with a twist.

My doctor asked if anyone in my family suffers from mental illness. I said, "No, we all seem to enjoy it."

I really don't mind getting old, but my body is having a major fit.

Measure once, cuss twice.

The world's best antidepressant has four legs, a wagging tail and comes with unconditional love.

I've reached the age where my train of thought often leaves the station without me.

If you're happy and you know it, it's your meds.

- Submitted by **Pat Ritter-Waltrup**

**Hudson News**

**Household Hazardous Waste Collection Day**  
Saturday, October 7, 9:00 AM - Noon

Once again, the Town of Hudson and the City of Marlborough will hold the Fall bi-annual Household Hazardous Waste Collection Day. This event is open and FREE of charge for Hudson and Marlborough residents only, with proof of residency. The event is held at the Marlboro East Wastewater Treatment Facility located at 860 Boston Post Road.

For a list of acceptable items please go to the following website: [marlborough-ma.gov](http://marlborough-ma.gov) and click on the News tab to read the notice about this event.

**News from the Senior Center**

Beginning October 15th, the Senior Center Medicare SHINE (Serving the Health Insurance Needs of Everyone) Counselors will be available to meet with you to determine if you need to change your Medicare health or prescription drug plans for 2024.

The Medicare Open Enrollment Period starts October 15th and ends December 7th. Very soon you will start receiving information in the mail about your current health insurance plan and/or prescription drug plans.

The Senior Center recommends that you have your health insurance plan reviewed by a SHINE counselor every year, regardless of how well it worked for you for this past year. Premiums can change, copayments can change, and the list of medications Medicare and third-party insurance plans cover, can change.

To sign up to meet with a SHINE counselor during Open Enrollment, contact the Hudson Senior Center at 978-568-9638 for an appointment. You will also need to complete the Pre-Enrollment form which will be available in their October newsletter.

**Town Municipal News**

November 9, 2023 is the last day for new residents to register to vote at the November Town Meeting.

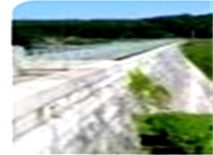
November 20, 2023 is the Special Town Meeting at 7:30 PM at the Hudson High School.

For more information about registering to vote or the Town meetings, contact the Town Clerk's Office at 978-568-9615 or go to the Town Clerk's website at [townofhudson.org/town-clerk](http://townofhudson.org/town-clerk).

**Wachusett Dam Day**

Sunday, October 8, 10:00 AM - 1:00 PM  
265-283 Boylston Street (Rte. 62), Clinton

Did you ever walk across the top of the Wachusett Dam? The grounds around the dam are open year-round from sunrise to sunset but the walkway along the top of the majestic Wachusett Dam was closed in the 1990s due to water supply security and public safety concerns. However, in recent years, the Department of Conservation and Recreation (DCR) has been able to open the dam to the public for one day during the spring and fall for the public to access and walk across the top.



The next "Dam Day" is October 8th. DCR Watershed Rangers will be on hand to provide information regarding the agency's watershed protection program.

The Wachusett Dam was built by immigrant laborers and completed in 1905. At the time it was the largest gravity dam in the world. It was built to create the reservoir and hold back the Nashua River. The reservoir holds about 65 billion gallons of water for metropolitan Boston. It is the second-largest body of water in the state.

Special Notes: There is limited parking for people with disabilities at the entrance to the promenade. The area is not easily accessed with walkers or strollers, there are no restroom facilities and no dogs allowed. Due to security issues, briefcases and other large bags are not allowed and other items may be subject to search.

- Hudson News and Wachusett articles submitted by **Sue Lalli**



Amanda Boudreau  
Owner/Operator

40 Washington st.  
Hudson, MA 01749

978-562-3800  
[Aboudreau@kithandkinhudson.com](mailto:Aboudreau@kithandkinhudson.com)



## Autumn Word Search

B	U	G	U	N	T	L	C	Z	M	A	D	A	O	F
M	Q	A	E	A	T	Y	I	Q	U	R	P	E	A	L
E	T	A	U	H	S	P	S	T	K	P	E	M	G	F
A	C	N	A	N	A	N	U	E	L	O	I	W	N	E
Y	J	N	Z	Y	R	M	I	E	R	L	I	G	F	T
S	K	G	V	O	N	D	C	P	Y	O	G	Z	U	A
S	M	X	C	M	Y	I	D	S	U	X	M	B	V	T
H	Y	A	K	S	D	S	C	D	A	M	O	S	E	X
J	E	R	Q	E	H	A	G	B	L	E	P	U	C	U
C	K	G	R	L	R	W	S	I	L	M	A	K	S	W
K	R	U	X	E	J	I	K	K	E	B	V	E	I	J
J	U	M	C	V	V	D	D	C	A	O	Q	S	P	N
S	T	R	K	A	C	D	P	D	V	T	J	O	S	X
O	O	B	O	N	F	I	R	E	E	L	U	T	A	I
W	E	D	I	R	Y	A	H	R	S	S	O	M	D	U

ACORN  
APPLE CIDER  
AUTUMN  
BONFIRE

FAMILY  
HAYRIDE  
LEAVES  
PUMPKIN

SCARECROW  
SMORES  
TURKEY  
THANKS

### Answers to the Fall Jokes from page 5

1. A little chili
2. A har-vest
3. With a pumpkin patch
4. Plymouth Rock
5. Because it is quicker than walking
6. Straw-berries



### Social Committee Plan Ahead Schedule



**Community Coffee**, Saturday, October 7, 9:30 AM - 11:00 AM, \$2.00 per person

**Pizza Party and Game Night**, Saturday, October 14, 6:00 PM, \$10.00 per person

**Community Coffee**, Saturday, November 4, 9:30 AM - 11:00 AM, \$2.00 per person

**Pot Luck Supper - 50/50 Raffle**, Saturday, November 11, \$3.00 per person - BYOB

**Community Coffee**, Saturday, December 2, 9:30 AM - 11:00 AM, \$2.00 per person

**LOOKING AHEAD TO DECEMBER - DATES TBA**

\* **TOYS FOR TOTS COLLECTION**

\* **THE HOLIDAY PARTY AND GIFT EXCHANGE**

### JULIETS NEWS

*(JUST US LADIES INTO EATING TOGETHER)*

October 12, Thursday, 12:30, at Stephen Anthony's Restaurant, Rt 20, Marlborough, separate checks.  
Contact: **Marlie Stott**, 978-567-5912.



November 14, Tuesday, 12:30, at the Chill Restaurant, 416 Boston Post Road, Marlborough, separate checks.  
Contacts: **Bonnie DeRusha**, 508-481-6315 and **Bernadette Peck**, 508-259-6479.

Sign-up sheets are available in the Community Center.

**AIRTEK**  
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nmaloney@airtekma.com



*An Update:*

**The Epicurean Restaurant**

The Assabet Valley Regional Technical High School Epicurean Restaurant will begin operation for the 2023-2024 school year on Wednesday, October 4th.

It is a full-service, student-operated public restaurant located at the school. It will be open on Wednesday, Thursday and Friday as follows:

\* First and Third Wednesday of the month: Open from 9:00 AM - Noon serving a breakfast buffet for \$10 per person.

Open from 10:45 AM - 12:45 PM offering a lunch menu of soups, salads, sandwiches, entrees and desserts.

\* Second Wednesday of the month: Open from 10:45 AM - 12:45 PM serving a lunch buffet for \$12 per person.

\* Fourth Wednesday and Fridays: Open from 10:45 AM - 12:45 PM offering a lunch menu of soups, salads, sandwiches, entrees and desserts.

The daily menu can be viewed at: <https://www.assabet.org/Give-Back/Services-Open-to-The-Public/Epicurean-Restaurant/>.

For questions or reservations (which are recommended) call 508-485-9430. Catering is also available. The school is located at 215 Fitchburg Street, Marlborough.

- Submitted by **Sue Lalli**

**A Little Bit of Humor**

~ John Glenn...

As I hurtled through space, one thought kept crossing my mind - every part of this rocket was supplied by the lowest bidder.

~ David Letterman...

America is the only country where a significant proportion of the population believes that professional wrestling is real but the moon landing was faked.

~ Howard Hughes...

I'm not a paranoid, deranged millionaire. I'm a billionaire.

~ Jean Kerr...

The only reason they say 'Women and children first' is to test the strength of the lifeboats.

~ Harrison Ford...

Wood burns faster when you have to cut and chop it yourself.

~ Spike Milligan...

The best cure for Sea Sickness is to sit under a tree.

~ Robin Hall...

Lawyers believe a person is innocent until proven broke.

~ Arnold Schwarzenegger...

Having more money doesn't make you happier. I have 50 million dollars but I'm just as happy as when I had 48 million.

~ Johnny Carson...

If life were fair, Elvis would still be alive today and all the impersonators would be dead.

~ Steve Martin...

Hollywood must be the only place on earth where you can be fired by a man wearing a Hawaiian shirt and a baseball cap.

~ Jonathan Winters...

If God had intended us to fly, he would have made it easier to get to the airport.

- Submitted by **George Shaw**

**November 11**



**Rick Mitchell  
Window Cleaning Service  
Fully Insured**

**Call for a Free Quote**

**978-430-4523**

**rmitchell82@comcast.net**

**HELLO FALL!**

By Sue Lalli

Does the start of the Fall season bring thoughts of crisp apples, bright orange pumpkins and colorful foliage to mind?

If your answer is yes, please read on.

It's been said that Fall in New England is one of the nicest times of the year. It has some of the best activities to enjoy such as leaf peeping, and apple and pumpkin picking. Fortunately for us we live in a great area to enjoy all three activities. There are so many orchards that you can visit and either pick fresh apples off the tree or purchase already picked apples at their farmstand. What's better than the variety or freshness of apples from the orchard? There is no comparison to those from the grocery store.

The following is a list of some great local spots (most less than a ten mile ride) where you can pick your own apples (PYO) or get fresh-picked apples, apple cider, a pumpkin or a freshly made apple crisp, pie or cider donut from the farm's bakery. Some orchards/farm stands also serve food or ice cream, have petting zoos and sell fresh produce plus many other goodies.

So before you head out, check the websites or call for more details to plan your adventure!

**Hudson**

*Ferjulians*, 7 Lewis Street

ferjulians.com/978-562-3447

Fresh-Picked Apples, Donuts (on weekend), Pumpkins, Produce Stand, Plants and Flowers

**Berlin**

*Berlin Orchards*, 310 Sawyer Hill Rd (Rte. 62 West)

berlinorchards.com/978-838-2400

Fresh-Picked and PYO Apples, Cider, Donuts, Pumpkins

**Bolton**

*Bolton Orchards*, 125 Still River Road (Rte. 117)

boltonorchards.com/978-779-2733

Fresh-Picked Apples, Baked Goods, Cider, Donuts, Pumpkins, Deli, Produce Stand, Ice Cream, Gifts

*Bolton Springs Farm*, 149 Main Street (Rte. 117)

boltonspringfarms.com/978-779-2898

Fresh-Picked and PYO Apples, Baked Goods, Cider, Donuts, Pumpkins

**Lancaster**

*George Hill Orchards*, 582 George Hill Road (12 miles)

yourfavoritefarm.com/978-365-4331

Fresh-Picked and PYO Apples, Baked Goods, Cider, Donuts, Pumpkins

**Northboro**

*Davidian's Farm Market*, 500 Church Street

davidiansfarm.com/508-393-3444

Fresh-Picked Apples, Baked Goods, Cider, Donuts, Pumpkins

*Tougas Farm*, 234 Ball Street

tougasfamilyfarm.com/508-393-6406

Fresh-Picked and PYO Apples, Baked Goods, Cider, Donuts, Pumpkins

**Stow**

*Carver Hill Orchard*, 101 Brookside Avenue (off Rte. 62 East)

carverhillorchard.com/978-897-6117

Fresh-Picked and PYO Apples, Baked Goods, Cider, Donuts, Pumpkins

*Derby Ridge Farm*, 438 Great Road (Rte. 117)

derbyridgefarm.com/978-897-7507

Fresh-Picked Apples, Baked Goods, Cider, Donuts, Pumpkins

*Honey Pot Hill*, 16 Boon Road (off Rte. 62 East)

honeypothill.com/978-562-5666

Fresh-Picked and PYO Apples, Baked Goods, Cider, Donuts, Pumpkins

*Shelburne Farms*, 106 West Acton Road (off Rte. 62 East)

shelburnefarm.com/978-897-9287

Fresh-Picked and PYO Apples, Baked Goods, Cider, Donuts, Pumpkins



**Things You Learn if You Live Long Enough!**

I choked on a carrot this morning. All I could think of was, "I'll bet a doughnut wouldn't have done this to me."

Nothing spoils a good story more than the arrival of an eye witness. (Mark Twain)

I finally realize why I look so bad in pictures. It's my face.

It only takes one slow-walking person in the grocery store to destroy the illusion that I'm a nice person.

Sorry that I'm late. I got here as soon as I wanted to!

It's fine to eat a test grape in the produce section, but you take one bite of rotisserie chicken and it's, "Sir, you need to leave!"

I told my physical therapist that I broke my arm in two places. He told me to stop going to those places.

Do you ever get up in the morning, look in the mirror and think, "That can't be accurate!"

A guy walks into a lumberyard and asks for some 2x4s. The clerk asks, "How long do you need them?" The guy answers, "A long time. We're gonna build a house."

I just burned 1,200 calories. I forgot the pizza in the oven.

I like to make lists. I also like to leave them laying on the kitchen counter, and then guess what's on the list when I am at the store.

*(continued)*

Players meet at the Community Center, Wednesday and Friday at 1:30 PM.  
Contact: **Pat Trask**, 978-212-5201



**QUAIL RUN BOWLERS**

If you are interested in bowling, we bowl at the Acton Bowling Lanes every Wednesday morning.

Please call **Carole Mahoney**, 508-746-8635 or **Donna Milot**, 978-618-9631 for more information.

A giraffe's coffee would be cold by the time it reached the bottom of its throat. Ever think about that? No, you only think about yourself.

Ask your doctor if a drug with 32 pages of side-effects is bad for you.

I just read a book about marriage that says treat your wife like you treated her on your first date. So tonight after dinner I'm dropping her off at her parent's house.

The best way to get back on your feet is to miss two car payments.

I love bacon. Sometimes I eat it twice a day. It takes my mind off the terrible chest pains I keep getting.

As I watch this generation try to rewrite history, one thing I am sure of is that it will be misspelled and have no punctuation.

Driver: "What am I supposed to do with this speeding ticket?" Officer, "Keep it. When you collect four of them, you get a bicycle."

I asked a supermarket employee where they kept the canned peaches. He said "I'll see" and walked away. I asked another and he also said "I'll see" and walked away. In the end, I gave up and found them myself in Aisle C. Before I leave the store, I'll find those employees and let them know where they can find the peaches.

I just relabeled all of the jars in my wife's spice rack. I'm not in trouble yet, but the thyme is cumin.



- Submitted by **George Shaw**



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The Book Club Group meets the last Wednesday of each month. For the time and location of the next meeting, contact **Phyllis Novick** at phyllisnovick8@gmail.com, or at 978-621-3993.

2023:

October: The Irish Boarding House by Sandy Taylor

November: All The Broken Places by John Boyne

December: Meeting cancelled

2024:

January: The Paper Daughter of Chinatown by Heather Moore

February: Irena's War, by James Shipman

- Submitted by **Phyllis Novick**

**Hudson Public Library**

There is a new website for the Hudson Public Library. The website link is <https://www.townofhudson.org/library>.

- Submitted by **Carole Perla**

The group meets every Friday from 10:00 AM - 12:00 noon, at the Community Center.

Contact: **Dave Sanderson**, 978-212-5655.



**AUDIOLOGY AFFILIATES**

**Loleata Wigall, M.S., CCC-A, FAAA**

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MARLBORO, MA 01752  
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FAX: 508-481-7542

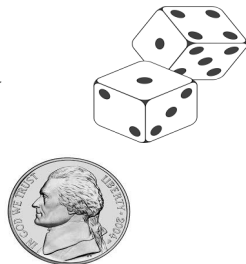
490 SHREWSBURY STREET  
SUITE 2  
WORCESTER, MA 01604  
TEL: 508-755-1391  
FAX: 508-363-4019

**Nickels Game Night**

Every Tuesday at the Community Center, 7:00 PM - 9:00 PM.

Contact:

**Marlie Stott**, 978-567-5912.



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**Did You Know?**

There are Metro Trains which pass through apartments in China.

There are 10,000 beaches in Australia. You could visit a different beach in Australia for 27 years and still not see them all.

A pineapple is not a single fruit, but a group of berries that have fused together.

The Rolex Watch Company is run by a non-profit charity trust and they donate 90% of their profits to charity because the founder was an orphan.

More than 16,000 children attend school in Syria under donations received from "The Messi Foundation".

Taiwan is the first country in the world to offer free Wi-Fi connectivity to its citizens and all its foreign tourists.

Employees of Ferrari are not allowed to buy Ferrari cars.

Iceland has no army and is also recognized as the world's most peaceful country.

- Submitted by **Pat Ritter-Waltrup**

