



The Quail Runner

For and By the Residents
of The Villages at Quail Run



March - April 2024

Began Publishing 2003
www.QuailRunHudson.com

Hudson, Massachusetts

UPCOMING EVENT



Murder Mystery Party

Date: May 4
Where: Community Center
Time: 7:00 PM.
Cost: \$5.00 per person

A sign up sheet is posted at the
Community Center.
Contact person is **Bonnie
DeRusha**, 508-481-6315.

Part 1: Appetizers
Part 2: The Murder and Clues
Part 3: Solving the Murder
Part 4: Dessert and Coffee

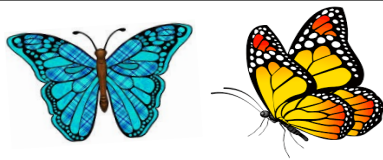
Bring your best Sherlock Holmes and have fun!



Health Benefits of Chocolate



Tis the season of chocolate treats for Easter and Mother's Day, so if you are feeling guilty for indulging you should know that in addition to being delicious, chocolate also has several health benefits. It improves memory, healthy skin, and overall heart health. It also fights low blood sugar and increases iron. Dark chocolate also helps you sleep. So eat them in good health!



Happy Spring!

BOG Elections - Annual Meeting

Date: May 9
Where: The Community
Center
Time: 7:00 PM



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The Quail Runner Staff

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Newsletter Published the last week of January, March, May, July, September and November.

Newsletter Article Deadlines: articles must be submitted to the QR editor by the 23rd of the month listed above to be included in the newsletter.

You can view all the back issues of the *Quail Runner Newsletter* on: <https://quailrunhudson.com>



May 12

Editor's Desk Lori Robak



When I moved to the Villages at Quail Run a little over 10 years ago, I was very impressed when I received my first issue of the *Quail Runner*. I found the newsletter informative, fun-to-read, and it brought home the sense that the Villages at Quail Run is a community where people really care for each other.

As the new editor of the *Quail Runner*, I hope to continue that feeling of community. I want to thank my predecessor, Kareen Shaw, for her great work as editor (and also thank her for helping me as I become acclimated to this new position). I also want to thank my assistant editor, Sue Lalli, and all the other *Quail Runner* staff members for their help, dedication, and hard work.

I'm looking forward to this new venture and welcome any comments or suggestions. You can reach me at lorirobak@gmail.com.



Passover Begins April 22nd

Real Estate at Quail Run

For Sale: 11E Autumn Drive, B Style,
\$579,900



Our Board of Governors

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BOG Monthly Meetings are open to all Quail Run unit owners. Please check for dates and times on the Quail Run website.

HEALTHY LIVING

by Peggy Rittenhouse

Your Brain and TV Watching



A short, interesting article appeared in the March, 2024 issue of *Harvard Women's Health Watch* entitled "Too Much TV Might be Bad for Your Brain." The article was published online Nov. 2023 by the *International Journal of Behavioral Nutrition and Physical Activity*. Their conclusion was that excessive TV watching, defined as four or more hours daily, is associated with a great risk of developing brain-based disorders such as dementia, depression, and Parkinson's disease. The study looked at data on more than 471,000 adults ages 39 to 72 who were enrolled in a large study in the UK.



Compared with people who watched TV for less than an hour each day, participants who reported watching four or more hours of TV daily had a 28% higher risk of dementia, a 35% greater risk of depression, and a 16% higher risk of Parkinson's disease. But people who reported a moderate amount of computer use, 30 to 60 minutes per day, appeared to have lower risks of those three conditions compared with participants who reported the lowest levels of computer use. The study was observational, meaning it couldn't prove that excessive TV watching in itself causes these problems, is an early sign of them, or results from other factors contributing to these disorders.



PLAY BRIDGE ON MONDAYS
 Community Center
 1:00 - 3:00 PM
 Contact person:
Theresa Bosio, 978-568-1416



Shred Days

If you do not have your own shredder at home, free "Shred Days" sponsored by local banks are a great way to reduce the risk of identity theft and help the environment through recycling unwanted documents. Here's a list of upcoming dates and locations. Check each Bank's website to see addresses, details and confirm the event is still scheduled.

Avidia Bank: <https://www.avidiabank.com/shred-days-2024/>

April 27: Northboro, May 11: Hudson, June 1: Clinton, Sept 7: Framingham, Sept 14: Marlboro, Sept 28: Leominster and Oct 12: Westboro

DCU: <https://www.dcu.org/community/shredder.html>
 October 5: Marlboro

Main Street Bank: <https://www.bankmainstreet.com/events/>
 May 4: Marlboro

St. Mary's Credit Union: <https://www.stmaryscu.org/about/community-events.html>
 June 8: Hudson, August 31: Marlboro, and September 14: Westboro

-Submitted by **Sue Lalli**



May 27

*Honoring Those Who Died
 Serving in the US Armed Forces*

Intel: Security Phone Number is 978-553-7733

Quail Run Birthdays

April

Gary Hegan-3
Carolyn Bongiorno-11
Kathy Middleton-11
Sharon Berthiaume-12
David Moore-18
Cheryl Presley Baker-19
Charlie Bosio-20
Marsha Strauss-21
Sue Fox-21

May

Arnold (Arnie) Johnson-4
Janice Hornberg-7
Roger Montgomery-9
Zainab Mahmood-15
Alan Danehy-20
Lisa Bannon-22
Patricia Ruest-23
Kevin Wentzell-26
Nancy Nykiel-26
Kareen Shaw-27
Jeff Coulson-29



To include a birthday, contact your Circle Reporter or the Editor

ROMEO's

Retired Old Men Eating Out

Peter Recklet is checking out the options for the next lunch. He will send an email with the details.

Please contact Peter at 978-562-2721 or precklet@live.com if you plan to attend. The group is open to all men at Quail Run.



In Memory

Nancy Johnson of Autumn Drive



Stitch & Knit

The Stitch & Knit Group meets at the Community Center the 4th Tuesday of the month from 2:00 - 4:00 PM. Contact **Marie Kapsalis** at 978-568-0713.

Curtain Call

Meetings are usually held on the first Tuesday of the month, when members of the group meet and select local theater performances to attend. Please contact me if you would like to be added to the Quail Run Curtain Call Mailing list. **Lorraine Cochran**, lorrainecochran@comcast.net, 978-568-0165.



March 31



Eye Glass Donations

The Stow Lions Club collects old eye glasses. If you would like to donate, please contact me at 978-568-8586. Thank you!



- Submitted by **Arnie Johnson**

POKER PLAYERS WANTED



Every Monday from 4:00 - 6:00 PM, at the Community Center. Contact **Lenny Suslowicz** at 617-669-6986.

kw BOSTON NORTHWEST
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Realtor
978-257-3211
E: DianePJohnson@kw.com
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200 Baker Ave. Ste 205
Concord MA 01742

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Diane Johnson

Spring Cleaning Help



If you recently did some spring cleaning or are about to start, here's some ideas about where you can dispose of all that STUFF that you no longer need or want.

Fresh Start Furniture Bank: accepts any of your gently used furniture and home goods. FSFB, located at 16 Brent Drive, Hudson is a volunteer-run charity which collects furniture, small appliances, kitchen items and linens from the public and distributes them, for free, to people in need to furnish their home. (All clients must obtain a referral from a social service agency.) FSFB is open for donations on Tuesday and Thursday from 9:00 AM -12:00 PM for housewares only and on Saturday from 8:30-10:30 for furniture and housewares. Please check their website at <https://freshstartfurniturebank.org> or Facebook page at <https://www.facebook.com/FreshStartFurnitureBank> for details.

Charities that will Pick-Up Donations
The following charities offer free pick-up (including at Quail Run) of small household goods, linens or clothing which they sell and then use the proceeds to fund their programs to help the people they serve. To schedule a free pick up and check their list of accepted items go to each charity's website.

Big Brothers Big Sisters: <https://www.bbbsfoundation.org>

Vietnam Veterans of America: <https://vva.org/donate/>

Charities with Drop-Off Location
Goodwill: has a drop off trailer located behind the stores located in the Shaw's Plaza on Route 20 in Sudbury. Details at: <https://www.goodwillmass.org/what-to-donate/>

Bay State Textiles Recycle Boxes: Since it is against the law in Massachusetts to throw out old clothing and linens in the trash, the Hudson Public Schools have the perfect solution to help you dispose of your unwanted goods and in return help the schools earn money. Hudson has teamed up with BST and their white Recycle Boxes are located in the parking lots of all the Hudson Public Schools. BST is a no cost program and four times a year reimburses the schools for all goods placed in the white bin. Textiles include any clean and dry clothing, footwear, bedding, curtains and fabric even if they are worn, torn, or stained. So next time you're getting ready to clean out your drawers or closets, don't throw those mis-

matched socks with holes or the tablecloth with the spaghetti sauce stain in the trash — instead grab a bag and then drop it off at the big white Recycle Box in the parking lot at any of the Hudson Public Schools including Forest Avenue Elementary School at 138 Forest Avenue. For more information go to: [Bay State Textiles](#)

- Submitted by **Sue Lalli**

Have a Heart and Give Blood!



Please consider helping others by donating blood if you are able. Every two months a blood drive is held at Tatnuck Booksellers at 18 Lyman Street in Westborough. For Thursday, April 18th please [use this link](#) and for Saturday May 4th [use this one](#) to make an appointment.

Thanks in advance for your help with this essential cause. If you have any eligibility questions please reach out to the Boston Children's Hospital Blood Donor Center staff at 617-355-6677 or email them at blooddonorcenter@childrens.harvard.edu. (Please note that they are closed on Mondays.)

- Submitted by **Pauline Sciarappa**



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March - April Board of Governors (BOG) News



As you all probably know the town of Hudson now has a Stormwater Management Director. Stormwater management is mandated by both the Federal and State Governments. The Villages at Quail Run is in compliance with all of the stormwater management laws with one exception. Our retention pond has never been maintained for the last 20 years. Basically, it was a case of out of sight, out of mind. We are now searching for a company with retention pond experience who can clear the trees and shrubs around the retention pond and advise us as to the need for dredging the debris/dirt that we are sure has accumulated at the bottom of the pond. Doing this will allow us to apply to the town of Hudson for a discount on our stormwater assessment of \$15/unit/year.

The Board decided not to turn on the irrigation system this year due to the high cost of water. Fertilization and tree spraying will continue per the contract with J&J Landscaping. Also watering of gardens and circles will only be allowed by handheld hoses and watering cans.

Due to the depletion of our reserve fund and the unexpected increase in the water and sewer bills, we will be postponing the pavement of Autumn Dr. until next year. We are also investing money from the reserve fund into CD's with less than a year maturity. Current interest rates are much better than they have been in the past, and this will allow us to put our money to work earning money.

This year the members of the Board approved the repair of the (high) deck at 1G Autumn drive due to extensive rot on the rim joist and repair of the (low) deck at 1F Rotherham for bad stringers and deck surface. Both decks will have 6x6 inch support posts installed to replace the 4x4 inch posts. Rotted wood will be replaced and new decking applied. These decks will be demo decks to see how much we can salvage from our current decks. This will give us an idea of what it will take to bring the decks up to the new Massachusetts building code and a better handle on the costs of repair going forward.

Forbes Construction has been inspecting the siding above and beside the sliding glass doors on B style units. Some B units will need areas of siding and rotted wood replaced. When we found it necessary to put

new roofs on the units, vinyl siding was installed on many of the peaks and dormers. In this case the siding was improperly installed because the "J" channels above the sliding door were not caulked at the ends and no drainage holes were drilled to allow water to escape. This resulted in water infiltration behind the siding and this caused the underlayment to rot. Repairs have begun to correct this situation and all B unit owners have been notified that construction work will be taking place on their unit.

Thiago's Painting will resume painting the buildings in April. The Community Center and buildings 4,6,9 and 11 Autumn Drive are on the schedule to be painted. Power washing will occur first then after two days of drying, painting will commence weather permitting. Additional information will be forthcoming and affected unit owners will be notified in advance.

QUAIL RUN LIBRARY



The Community Center Library is open. Please use the baskets when returning the books to the library. Donations are welcome if they are within the past 20 years.

Contact person: **Alison Towle**, 978-568-0806.

Annual Town Meeting and Town Elections !
Please let your voice be heard!

The Annual Town Meeting will be held on **Monday May 6th** at 7:30 PM at Hudson High School, Brigham St.

The Annual Town Elections will be held on **Monday, May 13th** from 7:00 AM to 8:00 PM.

See page 11 for more information about these important elections.

- Submitted by **Diane Bemis**

The group meets every Friday from 10:00 -12:00, at the Community Center.

Contact person is **Dave Sanderson**, 978-212-5655.



Technology

Accessibility/Assistive Software - Predictive Text & Speech Recognition

By Adele Fontana



Did you know you can save keystrokes by using built-in features on your device? One such feature is “Predictive Text” which presents words to finish sentences based on patterns of the language, or words in their entirety when you’ve only typed a few letters of that word. You just tap/click the correct choice. For example, if I type “Can” into a text/email, I’m presented with a series of pronouns, “you, he, she...” If I type “Can you call me to”, I’m presented with options of “today, tomorrow, discuss, go over...” To use predictive text, its setting must be enabled. On an iPhone/iPad, ensure it’s activated at Settings/General/Keyboard/Predictive Text. On a Samsung Android phone, you activate it at Settings/General management/Samsung Keyboard settings/Predictive text.

Beyond issuing short voice commands/questions to Siri or Alexa, you can use “Speech Recognition” to dictate texts, email (AOL, Gmail, Outlook, Yahoo) and documents (Word, Google Docs). To dictate on an iPhone/iPad, you activate the feature at Settings/General/Keyboard/Enable Dictation. When ready to dictate, tap the microphone icon on the keyboard.

Saying “hi kim comma newline let’s go to the concert at 7 period” yields:
Hi Kim,
Let’s go to the concert at 7.

On a Samsung/Android Phone if you want to dictate a text, tap the microphone on the keyboard. You’ll receive a message to “Allow Samsung Keyboard to record audio?” You can choose “While using the app” or “Only this time.”

To dictate into Google Docs, ensure audio input is enabled. Then under Tools on the main menu, tap/click “Voice typing.” A microphone icon appears at the top left of the document, with messages/prompts directly beneath it. One challenge in dictating lengthy emails/documents is getting the punctuation and formatting correct.

A list of punctuation and formatting commands used in most speech recognition software is at: <https://eshop.macsales.com/blog/49440-a-list-of-siris-punctuation-and-text-formatting-commands/>

If you don’t want to learn punctuation and formatting commands, you can generally dictate and type simultaneously. Or, you can use speech recognition to get all your thoughts down first and then use the keyboard to fine-tune punctuation, formatting and wording. Headsets/earphones with a good microphone increase vocal acuity and decrease background noise. The more you use speech recognition the more it adapts to your style of speaking, in terms of accent and the way you turn a phrase.

If using these features, be aware of the privacy agreements and what data is stored and transmitted to the app/device manufacturer. The above features are available on most devices and operating systems (OS) be it Android, ChromeOS, iOS or Windows. The exact commands may vary depending on your device, software and version of OS. For further info, search accessibility/assistive features for your specific device.



Play **Pitch** on the first, second and third Tuesday of each month, 1:00 to 3:00 PM.

Contact person:
Eileen Devlin 978-310-7384



P: 978.562.5309
P: 877.7CHAVES
F: 978.562.1026
15 Bonazzoli Avenue
Hudson, MA 01749
www.chaveshvac.com

Pun-ny Funnies



I once dated a girl who broke up with me because I only have eight toes. Yes, she was lack-toes intolerant.

I've started telling everyone about the benefits of eating dried grapes. It's all about raisin awareness.

I've started investing in stocks: beef, vegetable, chicken. One day I hope to be a bouillianaire.

If you boil a funny bone, it becomes a laughing stock. Now that's humerus.

I accidentally rubbed ketchup in my eyes. Now I have Heinzsight.

Did you know muffins spelled backwards is what you do when you take them out of the oven?

Scientifically, a raven has 17 primary wing feathers; the big ones at the end of the wing are called pinion feathers. A crow has only 16. Therefore, the difference between a raven and a crow is only a matter of a pinion.

I was walking in the jungle and saw a lizard on his hind legs telling jokes. I turned to a local tribal leader and said, "That lizard is really funny!" The leader replied, "That's not just any old lizard ... he's a stand-up chameleon."

I tried to come up with a carpentry pun that woodwork. I thought I nailed it, but nobody saw it.

- Submitted by **George Shaw**

JULIETS NEWS

Just Us Ladies Interested in Eating Together

April 9th (Tuesday) at 12:30 at Evviva Trattoria in Marlboro, separate checks.

Contacts: **Janet Bucceri** 978-310-7943 and **Diane Stronach** 978-212-5838.



May 15 (Wednesday) at 12:30 at Franco Trattoria, 365 Boston Post Road, Sudbury, separate checks.

Contacts: **Nancy Reid** 978-562-6282 and **Theresa Bosio** 617-650-9536.

Sign-up sheets are available in the Community Center.



Steven Lipsitt, Music Director
Join us in celebrating our 87th Season

Sunday, May 19, 2024 at 4:00 PM
Fuller Middle School
31 Flagg Drive, Framingham

Hold Fast to Dreams

Roland Carter: *Hold Fast to Dreams*
(Langston Hughes)

Florence Price: *Abraham Lincoln Walks at Midnight*
(Vachel Lindsay)

Margaret Bonds: *Simon Bore the Cross*
(Langston Hughes)

See https://heritagechorale.org/wp2/?page_id=8480 for more details.

For more information contact **Elaine Recklet** at 978-562-2721 or erecklet@comcast.net

- Submitted by **Elaine Recklet**

AIRTEK

THE TOTAL CLEANING COMPANY



Neil Maloney, ASD, WRT, IOT, VSMR
282 Central Street
Hudson, MA 01749

Tel: (978) 567-1072
(800) 287-4200
Fax: (978) 567-1090
nmaloney@airtekma.com

QUAIL RUN BOWLERS

If you are interested in bowling, we bowl at the Acton Bowling Lanes every Wednesday morning.

Please call **Carole Mahoney**, 508-746-8635 or **Donna Milot**, 978-618-9631 for more information.

Hudson and Local Happenings

Hudson Spring Markets

Saturdays, April 15 and May 20
11:00 AM – 2:00 PM
Hudson Town Hall Driveway

The two Spring Markets are advertised as “a Farmers’ Market without abundant produce.” The rain or shine markets highlight 16 small farmers and makers where you typically can find fresh baked goods, dog treats, farm fresh eggs and meat, maple syrup, jam and jelly, honey, hot sauce, soap, cards and candles. For a list of vendors, click [HERE!](#) or visit their Facebook page at: <https://www.facebook.com/hudsonsfarmersmarket/>.

Hudson Town Spring Clean-Up Day

Saturday, April 20 (Raindate – Sunday, April 21)
9:00 AM – 3:00 PM

Green Hudson will be handing out bags and collecting the trash that people clean up at the Rimkus Clubhouse at Riverside Park. Green Hudson is partnering with Keep Mass Beautiful (<https://keepmassbeautiful.org/>), the Rail Trail Flatbread Company and the New City Microcreamery. Volunteers will be invited for pizza and ice cream by Rail Trail/New City. More information is available at <https://greenhudson.org/town-wide-clean-up-day/>.

ArtsFest Hudson

Saturday, May 4, 12:00 PM – 4:00 PM
Main Street

This festive event celebrating the arts in the community features local arts and craft vendors and a full schedule of live performances of music and dance. For the latest updates including the entertainment schedule go to <https://www.discoverhudson.org/> and click on Celebrate.



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Marlboro Garden Club Plant Sale

Saturday, May 11. 8:30 AM – 10:30 AM
Whitcomb Middle School
25 Union Street

This annual event is open to the public who are invited to browse the hundreds of plants for sun, shade, and everything in between that will be available for purchase. Selections will include perennials, shrubs, ground covers and herbs/edibles. Details at: <https://www.marlboroughgardenclub.org/>

Household Hazardous Waste Collection Day

Saturday, May 11, 9:00 AM - Noon
860 Boston Post Road, Marlboro
(East Wastewater Treatment Facility)

The Town of Hudson along with the City of Marlborough once again will offer residents this spring collection event. The event is FREE with proof of residency. Check the Hudson Board of Health website at <https://www.hudsonhealthdept.org/news> for list of items that will be accepted.

Wachusett Dam Day

Saturday, May 11, 2:00 PM - 5:00 PM
Clinton, MA

The grounds around the dam are open year-round but the walkway along the top of the majestic Wachusett Dam was closed in the 1990s due to water supply security and public safety concerns. Recently, the Department of Conservation and Recreation (DCR) has been able to open the dam to the public for one day during the spring and fall for the public to access and walk across the top. The next “Dam Day” is Saturday, May 11. For details, go to:

<https://www.mass.gov/locations/wachusett-reservoir> and scroll down to Upcoming Events.

14th Annual Marlborough Car Show

Sunday, June 1, 9:00 AM – 2:00 PM
Main Street

A 300-car exhibition of all cars and trucks pre 1990 and any year Camaro, Corvette and Mustangs with free admission for spectators, music and refreshments available for purchase.

- Hudson Happenings submitted by Sue Lalli

SAINT STEPHEN
PRESENTS

SPRING CONCERT

Piano, Viola, Harp, Oboe, - Oh My!

3 pm, Sunday, April 7, 2023
Saint Stephen Lutheran Church
537 Bolton St
Marlborough, MA 01752



Linda Hanson, violin
Stan Hanson, piano
Erin Kaye, harp
Ron Kaye, oboe
Steven Kaye, cello
Tammy Kaye, viola
Lily Ruggiere, vocalist



Enjoy ice cream during intermission

Admission: Donate new unopened packages of underwear or socks for the April 27 free Clothing Giveaway

Condo care

"Hints and Tips"

Finding Big Black Flies In Your Home?

A few folks at Quail Run have observed many large black flies in their units. These flies may be the type called "Cluster Flies." This time of year in the spring, they often enter houses through small cracks in foundations, cracks in walls, loose electrical outlets, under roof eaves, openings around pipes or even through the small holes on the bottom railing of your sliding glass doors. They are very resourceful in finding ways to enter your home and can be a real nuisance.

Chasing the flies around your home with a fly swatter is the obvious choice and gives you a lot of exercise, but who needs more exercise, right?

There are a couple of other ways to get rid of them before you end up calling the Pest Company. They do not like the smell of a "Citronella" fragrance wick; leave one near the source if you think you know where it is in your home. Another tip is leaving out a bowl of apple vinegar mixed with a little liquid dish detergent, this method seems to be very effective. The flies will be attracted to the vinegar solution and will fly into the bowl with the detergent. Shortly thereafter, they will drown and will fall to the bottom of the bowl where you can easily flush the contents of the bowl into the toilet. Hope these tips will help, if you see some of these unwanted visitors in your home.

-Submitted by **George Shaw**

Reminder — Solar Eclipse on April 8

The US will experience a total solar eclipse on **April 8, 2024**. The path of totality (where the moon completely obstructs the sun) will pass over Dallas, TX, Indianapolis, IN, Buffalo, NY, Burlington, VT, and Houlton, ME. Hudson, MA will experience 95% (near totality), at about 3:30 PM.

Don't forget to protect your eyes when looking at the sun!!

- Data originally Submitted by **Dave Bernhardt**



May 5



Amanda Boudreau
Owner/Operator

40 Washington st.
Hudson, MA 01749

978-562-3800
Aboudreau@kithandkinhudson.com



\$5 off \$25

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**Town of Hudson Municipal News
Spring Town Meeting and Elections**

April 26: Last day for new residents to register to vote for May Town Meeting and May Town Election.

TBA: In-Person early voting at Town Hall from 8:30 AM – 4:30 PM.

May 6: Annual Town Meeting, 7:30 PM at Hudson High School.

A copy of the Town Warrant can be viewed at <https://www.townofhudson.org/home/news/annual-town-meeting-warrant>. To receive a summary of the Articles on the Town Warrant from Thomas Gregory, Executive Assistant, sign up for email notices from the Town. See instructions below in “Keeping Informed.”

May 13: Annual Town Election - Polls Open 7:00 AM - 8:00 PM

FYI: Residents of Quail Run are in Precinct 5 and vote at the Hudson High School. Among the offices on the ballot are: Select Board, Town Moderator, School Committee, Planning Board, Board of Health, Municipal Light Board and Library Trustee.

For more information go to the Town Clerk’s website at: <https://www.townofhudson.org/town-clerk>.

Candidates' Night

The Assabet Chamber of Commerce and League of Women Voters will once again present a Candidates' Night in Hudson for those running in any of the contested races. The event is on May 1st at 7:00 PM at the Hudson Senior Center. It will also be livestreamed at <https://www.hudtv.org/livestream> or can be viewed on Comcast Channel 8 or Verizon Channel 47.

Keeping Informed

To keep up-to-date with news from the Town Hall, go to the town website at <https://www.townofhudson.org/> and click on the STAY INFORMED button in the banner on the top of the page. Add your email address and then click on the notifications that you wish to receive such as Urgent Town Alerts, the Senior Center Newsletter or announcements from any Town Boards or Departments that you wish to keep informed about.

The *Community Advocate* is a free weekly newspaper published on Friday and includes local municipal and business news, school and sports updates, obituaries and

human-interest features. It is available on-line at <https://www.communityadvocate.com/>. Scroll down the page and you may sign up to receive the Marlborough/Hudson edition emailed to you.

- Submitted by **Sue Lalli**

Symphony Pro Musica



The last concert of the season will be *Brahms and his Influence* on Saturday, May 18 at Hudson High School at 7:30 PM and Sunday, May 19 at The Putnam Center at St. Mark's School at 3:00 PM. The program will include *Symphony No. 3 in F minor* by Johannes Brahms, *Seven Early Songs* by Alban Berg, and *Lustspiel Overture* by Alexander von Zemlin-sky. The soloist, Jennifer Johnson Cano, Mezzo Soprano, an internationally acclaimed vocal artist, whose voice was declared by the Boston Globe to be "radiant and intense, rich in the lower part of her range, bright and precise at the top with an uncanny ability to embody the character of each work".

Discount:
\$15.00 tickets will again be available to Quail Run residents and their guests by email: phyllisnovick8@gmail.com or 978-621-3993.

- Submitted by **Phyllis Novick**

**Social Committee
Plan Ahead Schedule**



COMING EVENTS

- April 6th - Monthly Coffee Hour, 9:30 AM
- May 4th - Murder Mystery, 7:00 PM
- May 11th - Monthly Coffee Hour, 9:30 AM- Please note for only this month it is the 2nd Saturday of the month.

LOOKING AHEAD

- June 1st - Monthly Coffee Hour, 9:30 AM
- June 8th - Strawberry Social, 7:00 PM- A sign-up sheet will be posted in the Community Center in May



The Book Club Group meets the last Wednesday of each month at the Community Center at 4:00 PM. For more information contact **Phyllis Novick** at phyllisnovick8@gmail.com, or at 978-621-3993. Everyone is welcome!

April The Women of the Chateau Lafayette by Stephanie Dray

May Someone Else's Bucket List by Amy Matthews

June The Rose Code by Kate Quinn

July The Seven Husbands of Evelyn Hugo by Taylor J. Rei

- Submitted by **Phyllis Novick**

SO YOU THINK YOU KNOW EVERYTHING?

A dime has 118 ridges around the edge.

A cat has 32 muscles in each ear.

A crocodile cannot stick out its tongue.

A dragonfly has a life span of 24 hours.

A "jiffy" is an actual unit of time for 1/100th of a second.

A shark is the only fish that can blink with both eyes.

A snail can sleep for three years.

Al Capone's business card said he was a used furniture dealer.

- Submitted by **George Shaw**

Nickels Game Night

Every Tuesday at the Community Center, 7:00 - 9:00 PM.

Contact person:
Marlie Stott, 978-567-5912



Players meet at the Community Center, Wednesday and Friday at 1:30 PM. Contact person: **Pat Trask**, 978-212-5201.

Photos from 80th Birthday Party for Clare Moschella of Strawberry Lane



Prevent Financial Fraud and Scams Workshop

On Wednesday, March 27, the Hudson Police Department visited Quail Run and presented an informative workshop to on how to “Prevent Financial Fraud and Scams”. Presenters included Lt. Roger Downing and Detective Chad Crogan. They were accompanied by MURF, the HPD Community Service Dog who entertained the 52 residents who attended! Murf is an English Cream Golden Retriever and joined the force in 2022 when he was four months old. And he even has his own Facebook page: <https://www.facebook.com/HpdMurf/>

- Submitted by **Sue Lalli**
- Photos submitted by **Diane Bemis**

